

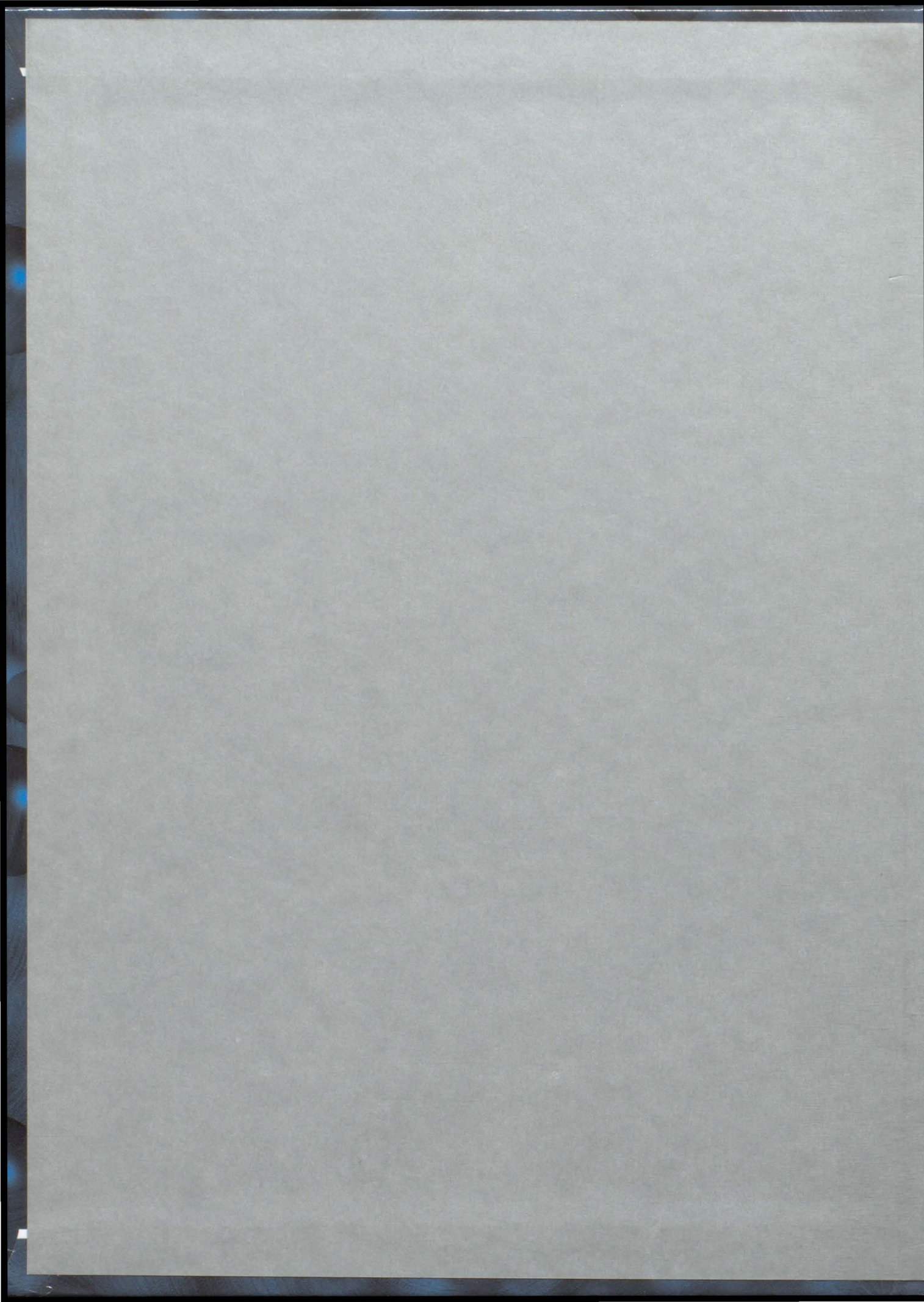
Includes: Student Life, Seniors, Academics, Undergrads, Clubs and Organizations, Sports, Special Events, and Parental Displays of Affection

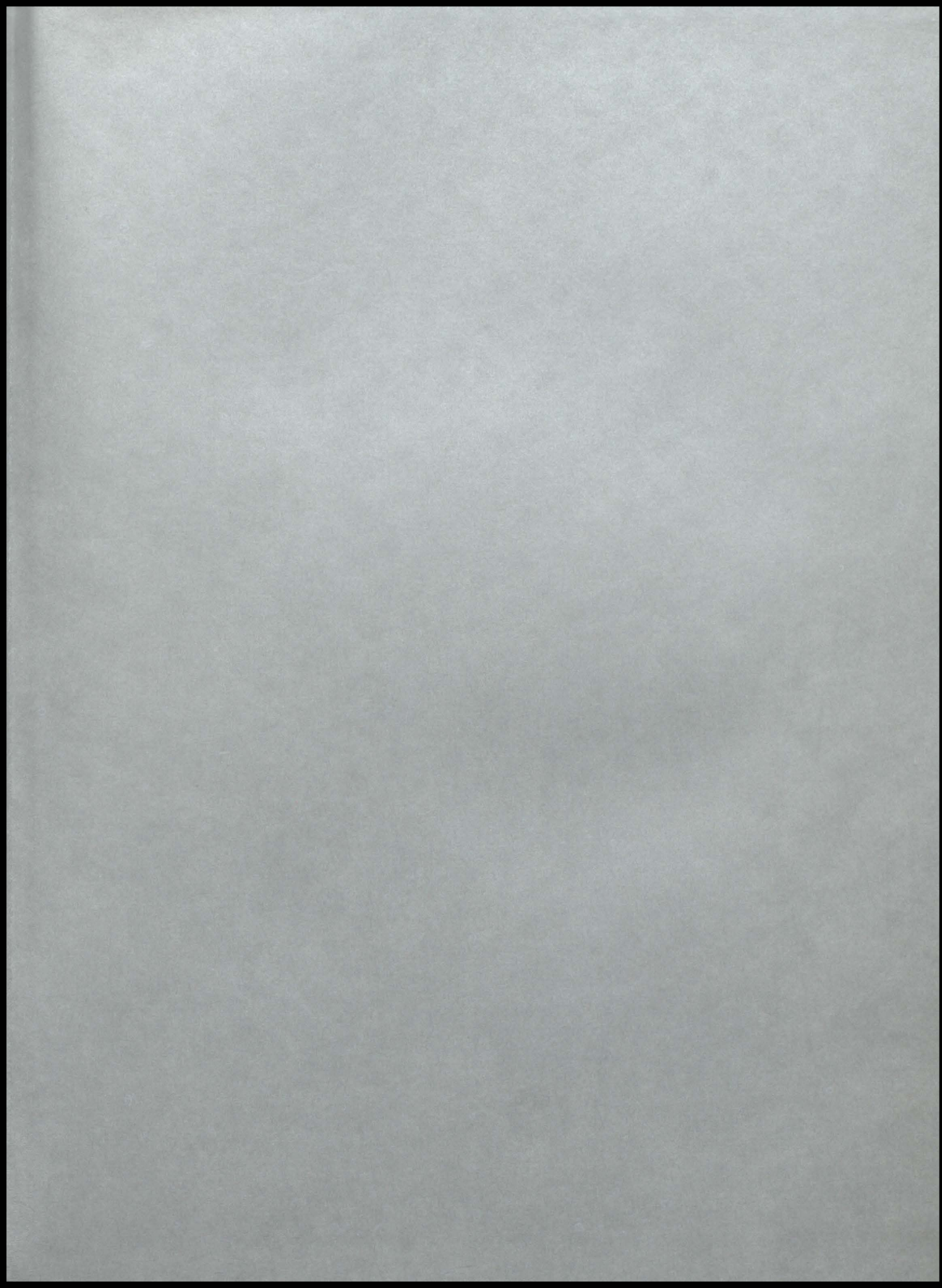
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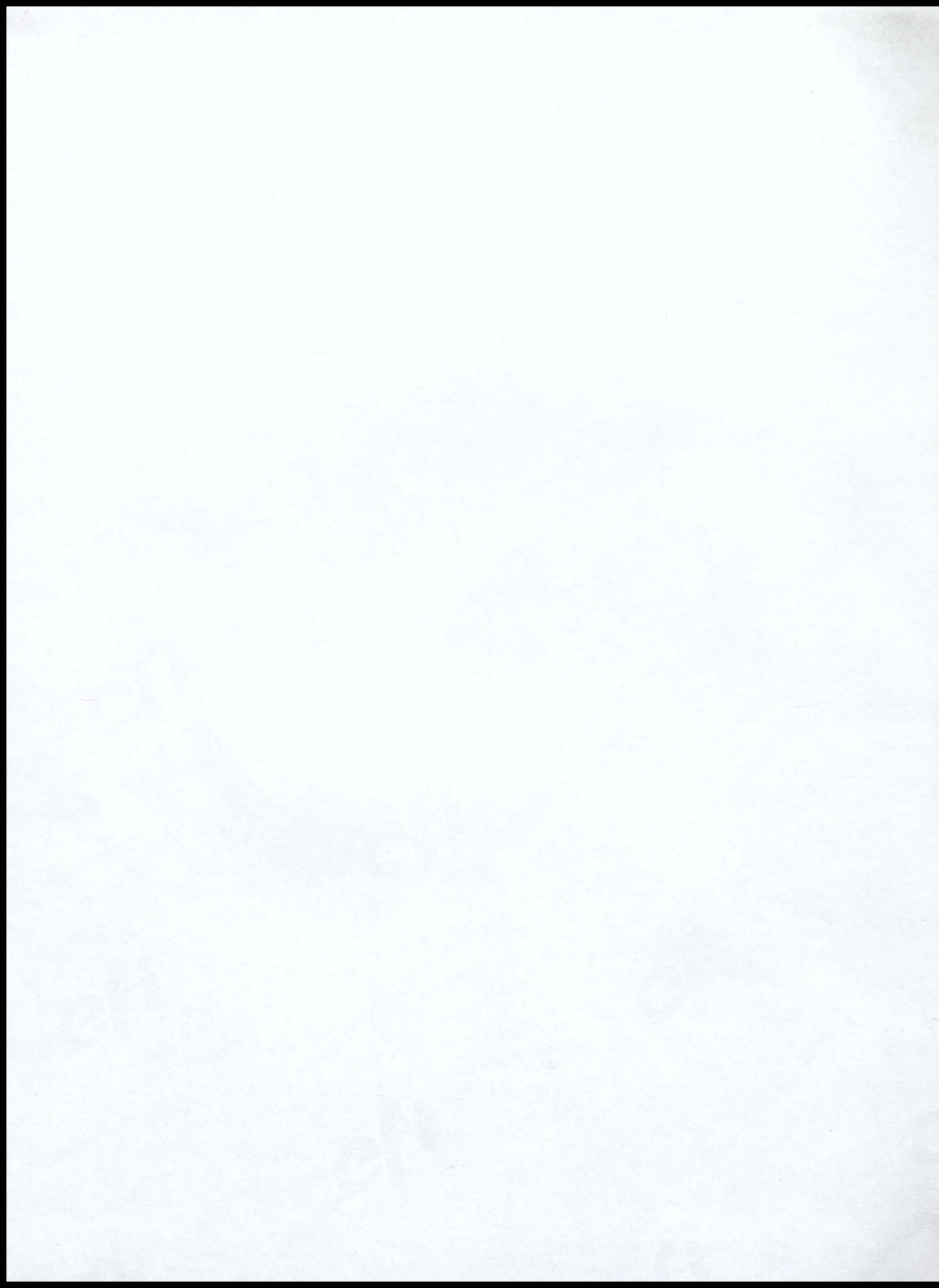
THAT'S WHAT I CALL CAPAC

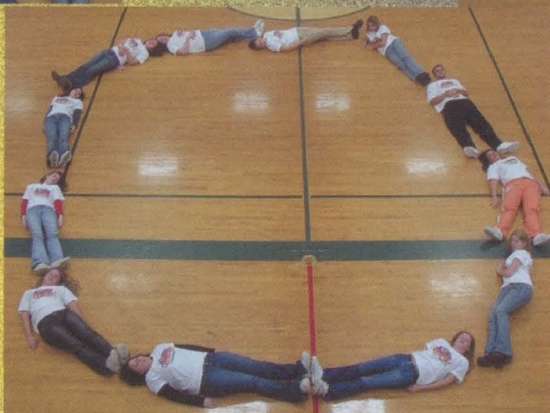
2004

208 Top Page Designs









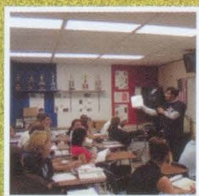
That's What I Call Capac



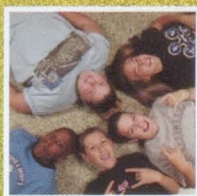
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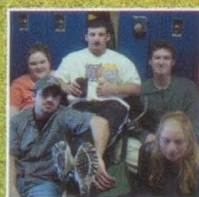
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Page: Katie Hollenbeck

The 2004 Yearbook is dedicated to the students we lost this year.



Frank Maczala Jr.

August 28, 1987 - August 21, 2003



Kristen Marie Keller

June 3, 1990 - January 24, 2004



Matthew Hunsucker

October 24, 1989 - February 10, 2004

Journey of Hearts
By: Kirsti A. Dyer

I find an old photograph
and see your smile.
As I feel your presence anew,
I am filled with warmth
and my heart remembers love.

I read an old card
sent many years ago
during a time of turmoil and confusion.
The soothing words written then
still caress my spirit
and bring me peace.

I remember who you used to be
the laughter we shared
and wonder what you have become.
Where are you now,
Where did you go,
When the body is left behind
and the spirit is released to fly?

Perhaps you are the morning bird
singing joyfully at sunrise,
or the butterfly that dances
so carelessly on the breeze
or the rainbow of colors
that brightens a stormy sky
or the fingers of afternoon mist
delicately reaching over the mountains
or the final few rays of the setting sun
lighting up the skies
edging the clouds with a magical glow.

I miss your being
but I feel your presence,
In whatever form you choose to take,
however you now choose to be.

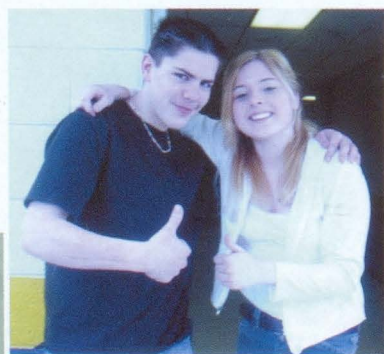
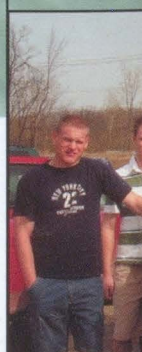
Your spirit has become for me
a guardian angel on high
guiding, advising, and watching over me.

I remember you.
You are with me
and I am not afraid.

Divider Section
Leo Treadway

Student Life

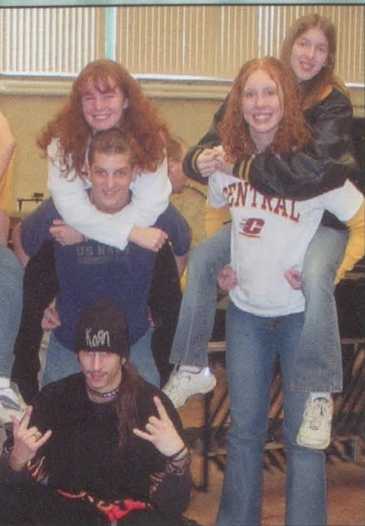
Below
Mike Kot,
Right:
Middle
Middle
the day.



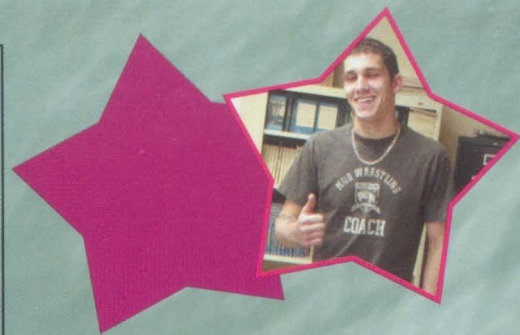
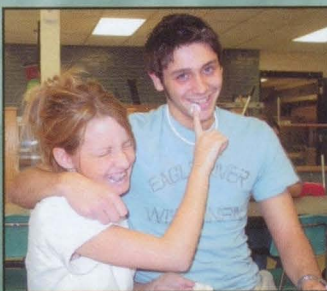
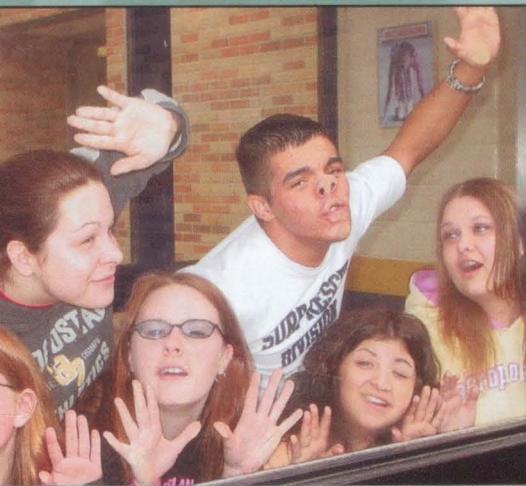
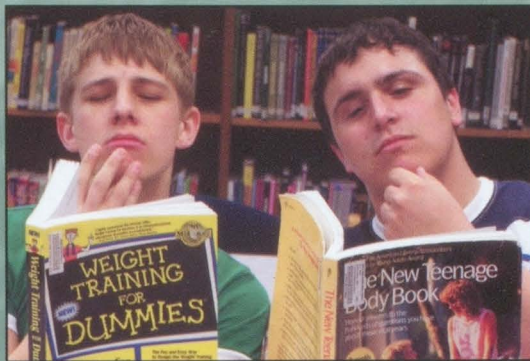
"Have some fun, enjoy yourself, live for once..."
Song: "The Weekend"

Artist: Brooklyn

(pictures left to right; top to bottom): A group of band members and rockers, including Joel Williams, Jim Davidson, and Nina Forton, just hanging out in the band room. Nate "Trout" Kilgore and Senior Kenny Hummel doing a little reading up on their favorite subjects. Left: Either Senioritis hit and the Seniors are trying to find away out or they've all gone crazy. Right: If the school went up in smoke, Seniors Korrine Wojcik and Steve Johnson are prepared to save Far (Middle) Left: Must be one nice purple truck to attract that much attention from the Seniors.



Far (Middle) Right: Undergrad Rockers kickin' back and acting crazy in the small gym. Bottom Left: Seniors Tracy Pelton & Tina Remeselnik. Bottom Middle: Got Milk for that cake? Senior Cayce Cameron and Junior Jeff Kolp. Bottom Right: Seniors Tom Libkie & Sarah Rinke, Biggest Rebels? I wonder why?



"These are the years we're given,
And these are the moments, These are the times, Let's make the best out of our lives..."

Song: "Our Lives"
Artist: The Calling

STUDENT LIFE PAGES

Foreign Exchange: 6

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"I'm nice to everybody in school, whether cool or uncool."

Artist: Apathy Song: "School"



Kaoru Tanaka is an exchange student from Tokyo, Japan. She likes all of the countryside in Capac compared to the big cities she's used to. She participates in Jazz Band and Tennis and enjoys them both.



Dominik Becker is an exchange student from Kiel, Germany. He participates in Cross Country and enjoys coming to school in Capac.

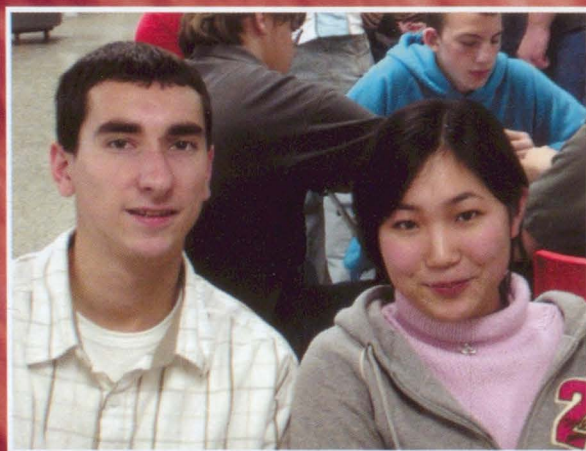


Christian Richter is an exchange student from Leipzig, Germany. He participates in Football and basketball and really enjoys the football program and the students at Capac.

CAPAC FOREIGN EXCHANGE STUDENTS



Above:
Exchange student Dominik Becker chillin' with his girls, during B Lunch.



Left:
Hanging out in B Lunch exchange students Kaoru Tanaka and Christian Richter.





Left: Miranda Edgerton, Jennifer Smith, and Michael Baird express their loving affection for each other.

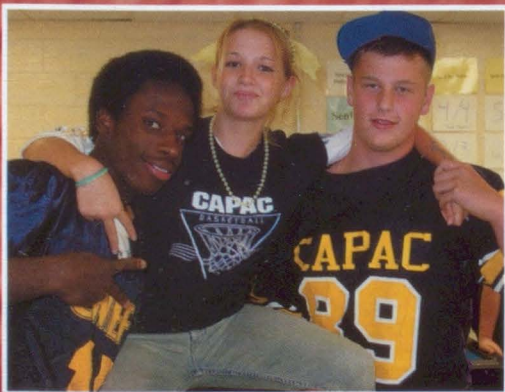
Below: Rachel Morrow and Ashley McMillian show off their bubbly smiles.



Above: Alyssa Lubahn playfully chokes David Smith as Meghan Martin watches.

Right: A group of friends hanging out at lunch, stops for a quick picture.

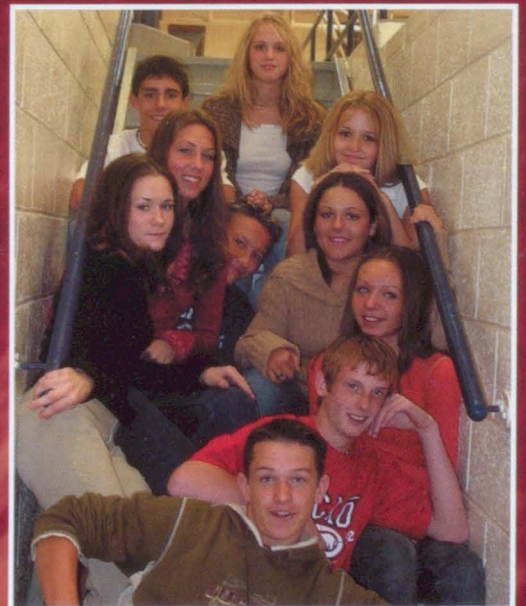
Left: Peter Browning, Cayce Cameron, and Joe Harvey show there school spirit during spirit week.



COOL THOUGHT

“Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment.”

-Buddha

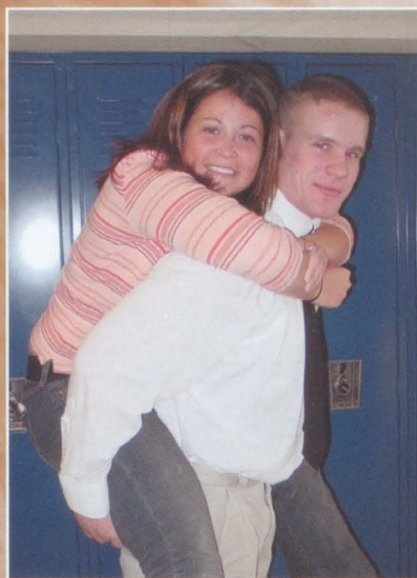


Sweethearts

I Wanna Be With You

Right: Senior couple Cliff Patton giving Katie Hollenbeck a ride to her next class.

Below: Seniors Meghan Martin and David Smith having fun during school playing rodeo.



"I'm on the prowl for a sexy man with a lot of money!"

Ashley Ogden



"She would definitely have to give me baked goods every friday!"

Nate Kilgore



"I am looking for someone who buys me ice cream, bakes me apple pie, and sends me flowers!"

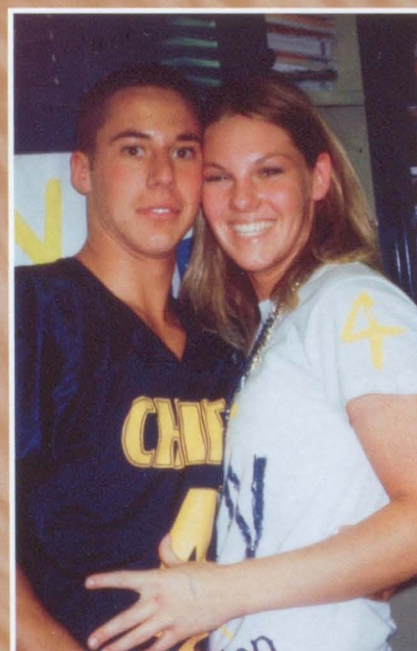
Sara McConnell

What qualities do you look for in your other half?



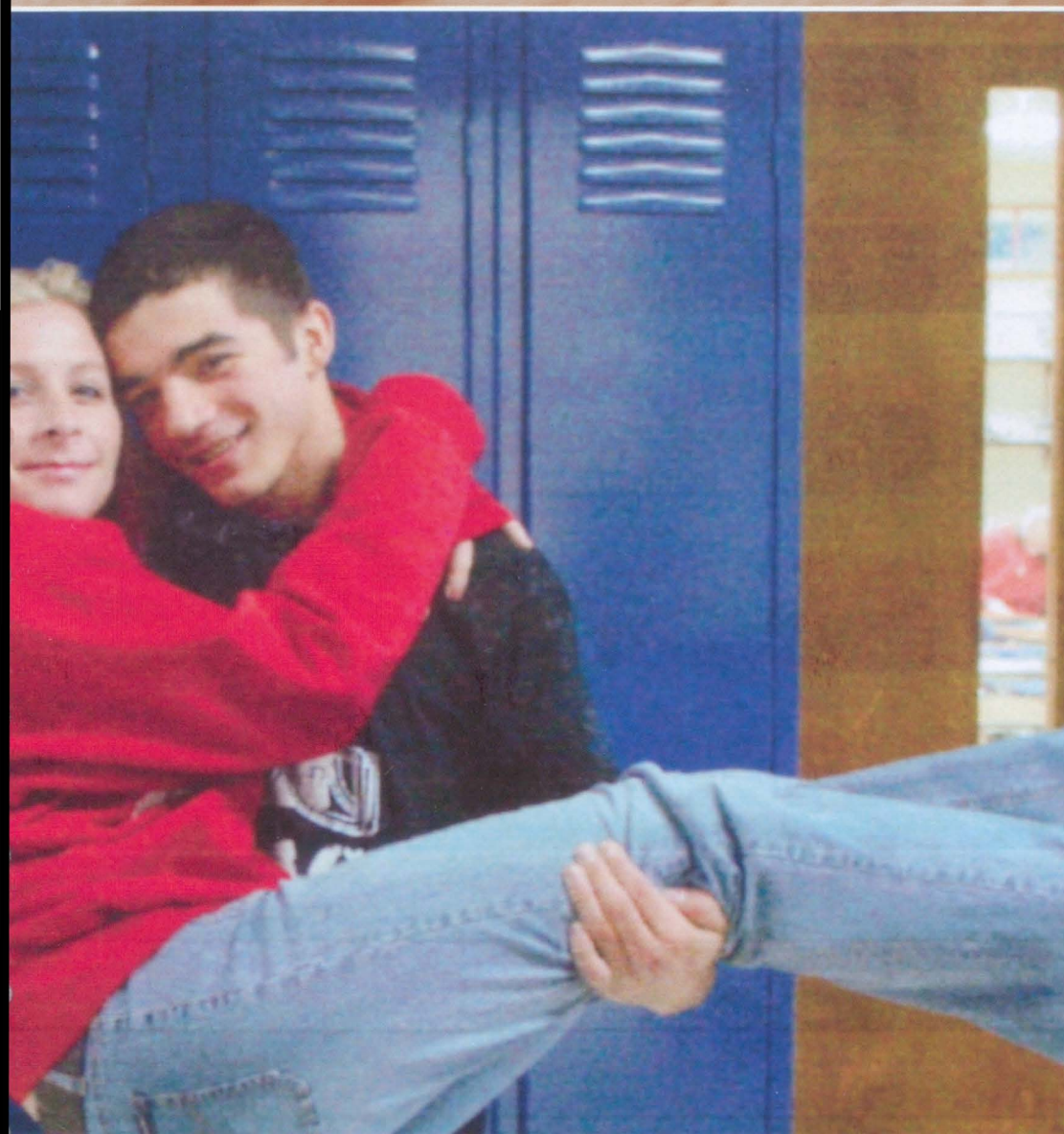
Above: Juniors Alicia Wegner and Ryan Manger riding her horse, down on the farm.

Right: Ann Meikle and Josh Swatsell stop smoochin' by their lockers to pose for a picture.



Left: Josh Murphy and Amanda Watson sharing some of the best days of their lives together.

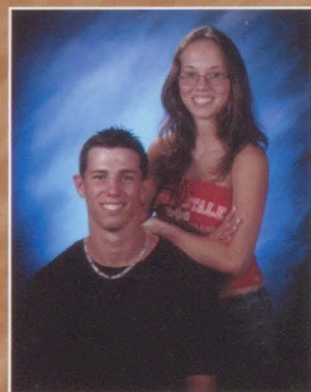
Below: Jessica Martin is Brian Klein's true princess.



COOL THOUGHT

"If you live one hundred days, I want to live one hundred minus one, so I never have to live a day without you."

WINNIE THE POOH



Above: Seniors Leo Treadway and Heather Doutry building a love that will last forever.

Left: Seniors Nathen Boller and Krystal Kowalewski are always there to pick each other up.

You Got A Friend In Me

Right: Best friends Sharleen Hagel, Marissa Moore, and Ashley Martin having fun on Halloween.

Below: Sophomore Amanda Koshak gives her Freshman friend Katie Hlubic a hug.



"We watched Queer Eye for the Straight Guy. That was pretty crazy!"

Chris Mousseau



"My friend and I made up our own radio station and put it onto a CD. It was really cool!"

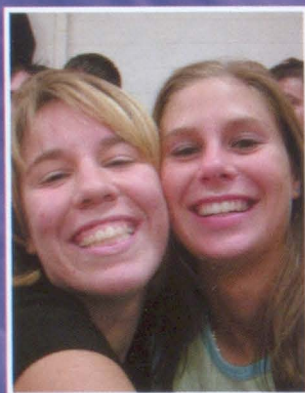
Bethany Palmateer



"We went to the dollar store, bought a whole bunch of beach toys, and drove to the beach for the day!"

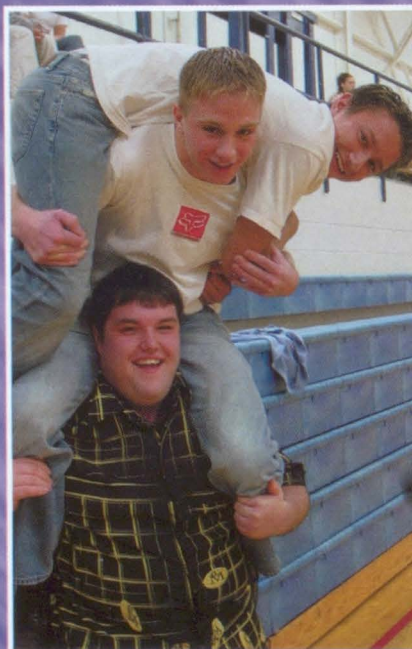
Ashley Wright

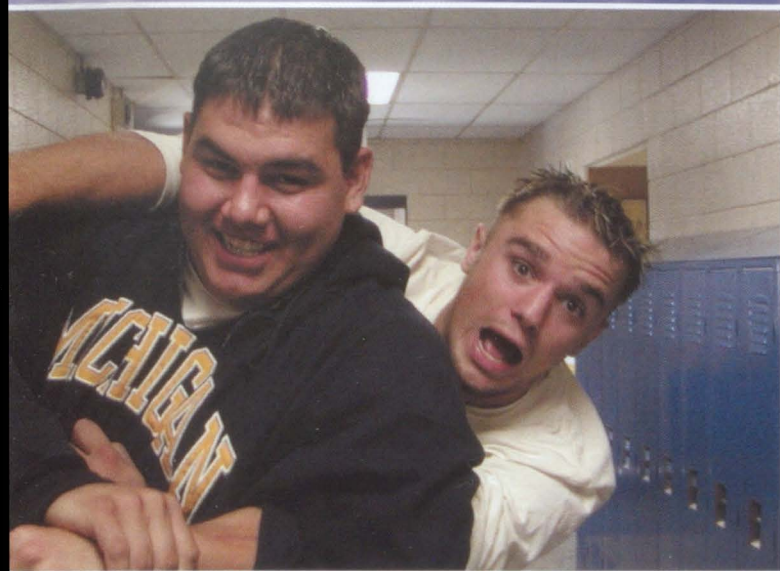
What is something really crazy or fun that you have done with your friends?



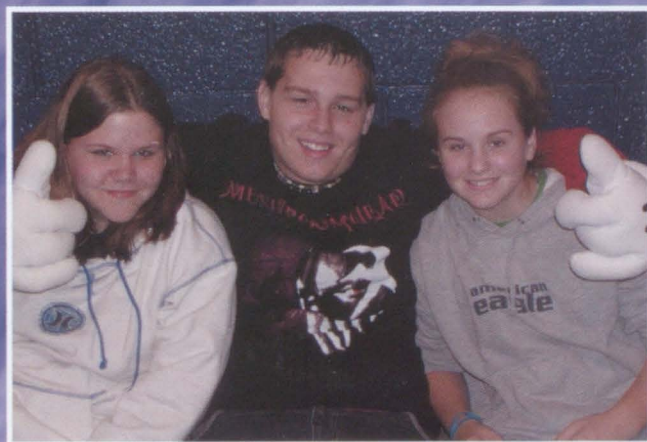
Above: Seniors Melanie Johnson and Alyssa Lubahn take time out of an assembly to enjoy each other's company.

Right: David Holland holds up Donnie Hunsucker and Joe Camire. Just don't fall Dave!





Left: Anthony Aguinaga tries to break his friend Luke Stuever's arm again. Violence is not the answer Anthony!



Below: Brandon Bonkowski gives the thumbs up for his best friends Maureen Hunter and Ashlee Heilig.



COOL THOUGHT

"Friendship...is not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything."

MUHAMMAD ALI



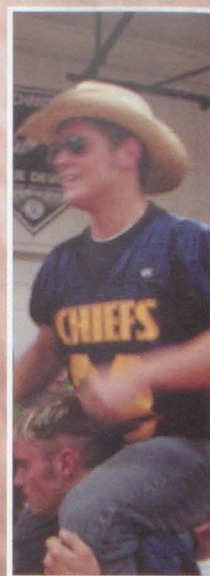
Above: April Wilcox and Stacey Charbeneau are looking cozy during lunch.

Left: These Senior ladies ponder what they will have for lunch tomorrow.

Shake Ya Tailfeather

Right: Senior class members getting pumped up at the pep assembly. And...Seniors Rule!

Below: Don't worry Mary Beth, it's only George showing some school spirit.



Blue and gold day of course. Cause we get to kick the crap out of somebody after.

Luke Stuever, 12th



Country day because you get to see everyone dressed up like they lived in Hicksville, USA.

Ashley Martin, 8th



Blue and gold day was the best because the other ones weren't any fun.

Robert Patton, 10th

What spirit week day do you consider to be the best and why???



Above: Is that how you dress everyday Olivia? Lookin' good girl!

Right: Melanie Johnson and Alyssa Lubahn excited about winning at musical chairs.

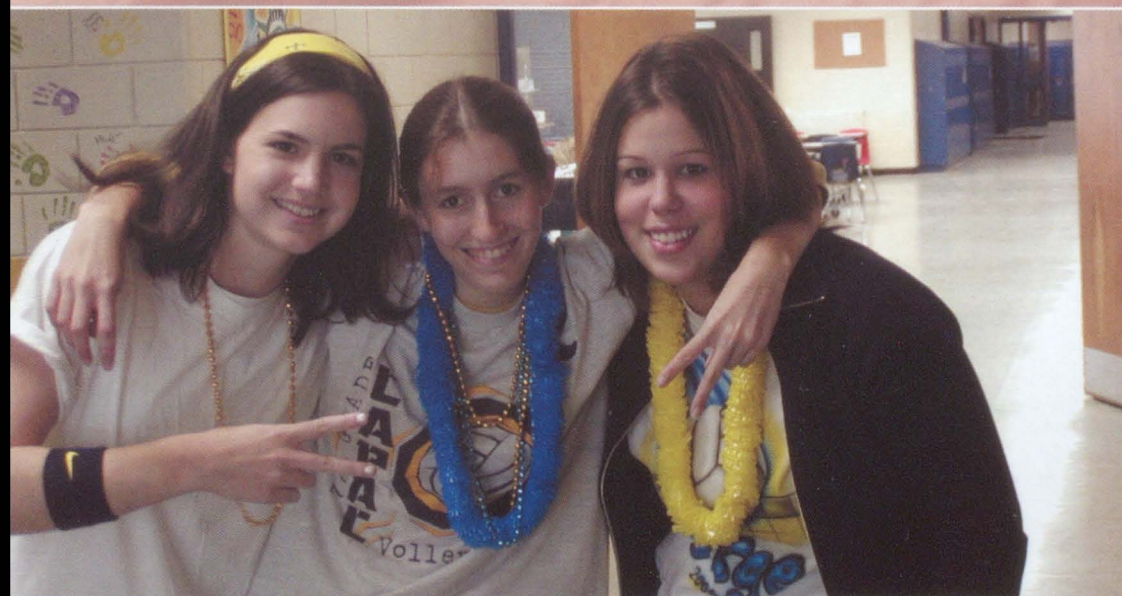




Left: The varsity football team is getting ready to shake their tail feathers at the big game



Below: Sophomore class getting down at the pep assembly. Let's go!



COOL THOUGHT

Life's a dance you learn as you go, Sometimes you lead, sometimes you follow, Don't worry about what you don't know, Life's a dance you learn as you go.

John Michael Montgomery



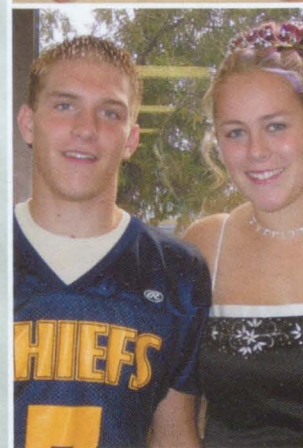
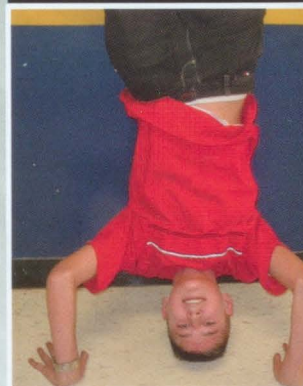
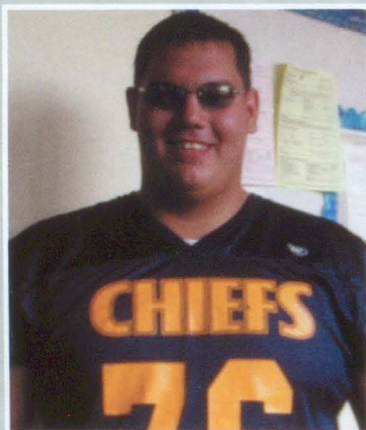
Above: Anthony Aguinaga looking pretty, waiting for his special kiss.

Above Left: Sarah Bainbridge, Sara Bosch, and Jessica Martin aren't afraid to show off their school spirit.

Left: Sara McConnell, Jackee Barbier, and Connie Rossow are excited for the big game tonight!

Homecoming Royalty

"We just wanna stand out from the rest... We're royalty" - Gangstarr feat. K-Ci and JoJo



Above Left: Homecoming King Anthony Aguinaga lookin' good in his shades.

Above Right: Homecoming Queen Nicole Gresell gives a big smile for the camera.

Above Far Right: Shane Sinda is so excited in being elected as Freshman Prince that he can't even stand on his own two feet!

Above Farther Right: Emily Mayer and Nicole Gresell huddle together for warmth at the Homecoming game.

Above Middle: Undergrad boys Brian Klein and Joe Harvey help out Ryan Manger by giving him a "lift" down the Senior Wing.

Right Center: Luke Stuever and Alyssa Lubahn look a little too happy, sporting huge grins during the Royalty Dance.

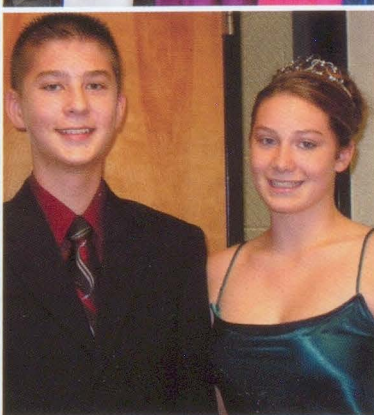
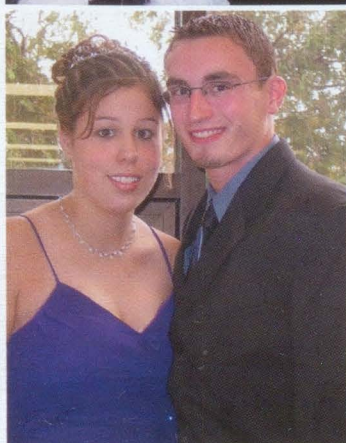
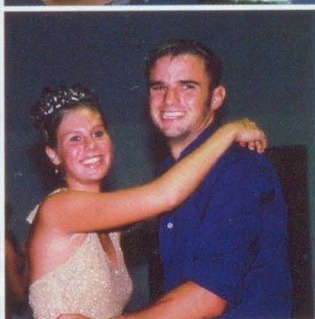


Left: King and Queen smile for the camera while gettin' their groove on.

Far Left: Senior Court - Melanie Johnson, Edward O'Halloran, Emily Mayer, Anthony Aguinaga, Alyssa Lubahn, Lucas Stuever, Nicole Gresell, Kenneth Hummel, Christine Felek, and Gregory Lewis get "down on bended knee" after their halftime walk rehearsal for Friday's Homecoming game.

Bottom Row L-R: Junior royalty Ryan Manger and Chelsea Beischer. Sophomore royalty Jessica Martin and Brian Klein. Freshman royalty Shane Sinda and Samantha Owsen. Eighth grade royalty Joseph Harvey and Anna Cyrus. All lined up for "picture duty".

Bottom Center: Friend Amanda Palmateer congratulates the Senior girls on their nominations to court.



Hanging By A Moment

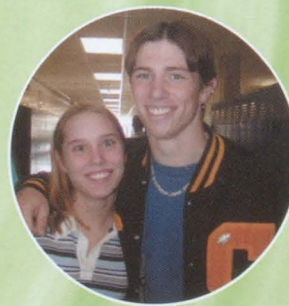
"Facing Graduation"

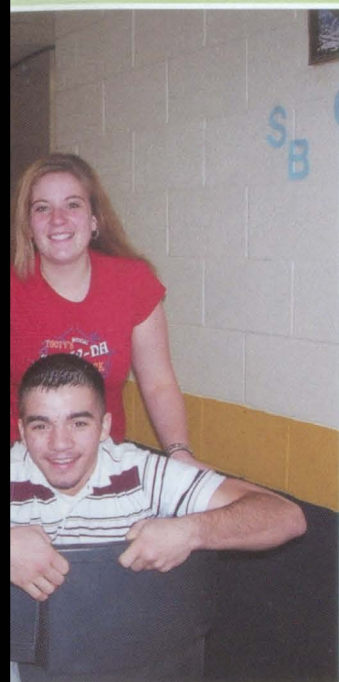
*Faces of old and faces of new,
People we know and people we knew.
Growing together then drifting apart,
Always an ending and now a new start.

At graduation we all grow nearer
And all our friends seem so much dearer.

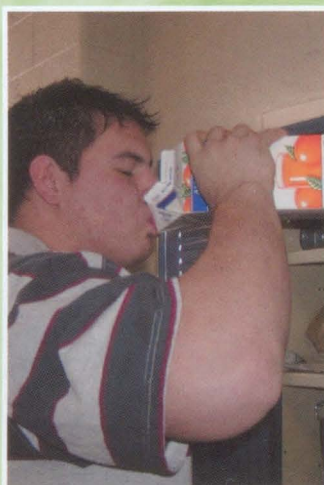
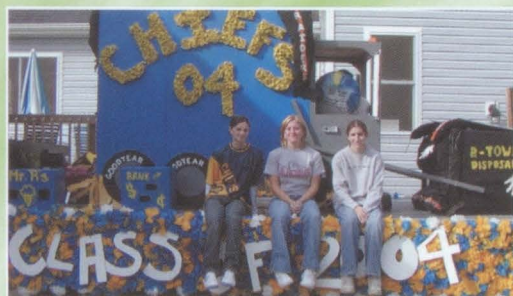
And as we say our final goodbye,
One last embrace and one more cry.

A "keep in touch" and a "promise I will,"
A "remember when" but, better still,
A place in my heart, you'll always stay,
This is what's said as we go our own way.*





Below: Senior class members proudly showing off their float that they worked so hard on. Great job seniors! **Middle Right:** Anthony Aguinaga chugging some Tropicana Orange Juice before school starts. **Bottom Right:** Earl Brinker and Steve Fletcher opening up the door for everyone, how nice! **Bottom Left:** Senior class officers clowning around: Vice President-Melanie Johnson, President-Krystal Kowalewski, Student Council Reps.-Mike Senkow, Kyle Dove, and Jason Heilig, Secretary-Sara Bosch, and Treasurer- Nicole Gresell. **Left:** Ashley Koshak taking Nate Boller for a ride in one of the garbage cans. Can I have a ride next?



Above: Cayce Cameron proves that school lunches really aren't that bad!

Middle: Senior class members decide to have lunch off campus! Skippers!

Anthony Aguinaga

"The game of life is a lot like football. You have to tackle your problems, block your fears, and score your points when you get the opportunity."

~Author Unknown



Sarah J. Bainbridge

"The future belongs to those who believe in the beauty of their dreams."

~Eleanor Roosevelt



Amanda Berger

"If at first you don't succeed, try, try, try again."

~Author Unknown



Ashley Michelle Bluhm

"What you do for yourself is gone when you are gone but the things you do for others remain as your legacy."

~Les Brown

Sara Lynne Bosch

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind."

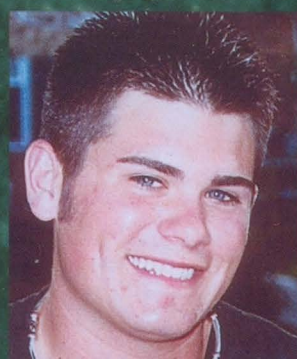
~Dr. Seuss



Carl Bowerson II

"Ride, Race, Live."

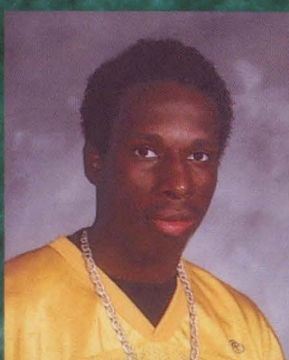
~Shift MX



Earl Brinker

"If you think you can do a thing or think you can't do a thing, you're right."

~Henry Ford



Peter Browning

"Only those who dare to fail greatly can ever achieve greatly."

~Author Unknown

Amy Marie Burk

"What lies behind us and what lies ahead of us are tiny matters compared to what lies within us."

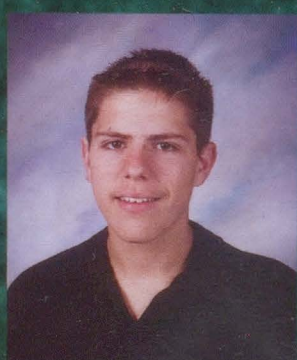
~Oliver Wendall Holmes



Chad Cadreau

"Don't ask what you can do for your country, ask what your country can do for you."

~Dave Mustaine Megadeth



**Adrienne Patricia
Bearden**

"Enjoy yourself, these are the good old days you are going to miss in the years ahead."

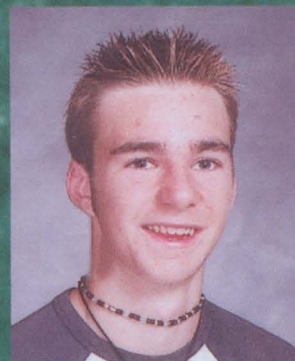
~Anonymous



Dominik Beckers

"Quitting is a shortcut to losing."

~Author Unknown



Donald M. Bluhm

"Life is like poker. It has an element of risk, and that shouldn't be avoided. It should be faced."

~Eminem



Nate Boller

"Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending."

~Anonymous



Tristan Boyd

"Don't grow a wishbone where your backbone ought to be."

~Clementine Paddleford



**Robert
Bridgewater**

"School is like my second home, the classroom...my second bedroom...my desk...my second bed."

~Author Unknown



Randi Buckhanon

"The person you consider ignorant and insignificant is the one who came from God, that he might learn bliss from grief and knowledge from gloom."

~Kahlil Gibran



Allan J. Burk

"And miles to go before I sleep. And miles to go before I sleep..."

~Robert Frost



**Cayce Renee
Cameron**

"A place in time still belongs to us, stays reserved in our minds... I won't let time erase one bit of yesterday."

~Mariah Carey



Chris Castle

"Never be critical or judgmental of a person until you have walked a mile in their shoes."

~Author Unknown



Jacklyn Clements

"We will either find a way or make one."

~Hannibal



Jim Davidson

"Do not follow where the path may lead, go instead where there is no path and leave a trail."

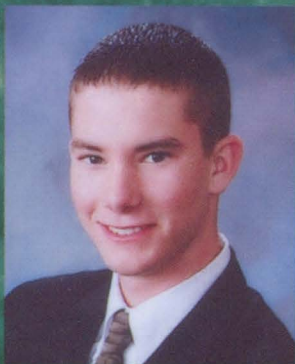
~Muriel Strode



Scott Dotson

"Do or do not. There is no 'try'."

~Yoda



Heather Doutry

"Love is life... And if you miss love, you miss life."

~Leo Buscolgia



JoAnn Lynn Edgington

"The good I do is never remembered, the bad-never forgotten!"

~The Bikers



Dawn Marie Elliot

"Scars heal, glory fades and all we're left with are the memories made."

~Chris Cagle



Jennifer Marie Fink

"Remeber-everything happens for a reason."

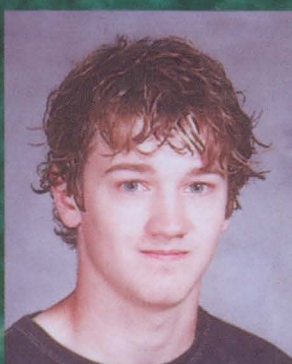
~Anonymous



Steve Fletcher

"It takes a mopar to catch a mopar."

~Anonymous



Derrick Giroux

"The man who goes alone can start today; but he who travels with another must wait till that other is ready."

~Henry David Thoreau



Nicole Gresell

"Everything happens for a reason."

~Anonymous



Jeania Deaton

"Maybe it's only fair to judge someone on who they want to be, not who they are or have been."

~Myself



Theresa Doering

"When you're up it never seems as good as it should, and when you're down you think you'll never be up again."

~Anonymous



Stephanie Ann Doutry

"In three words I can sum up everything that I've learned about life: it goes on."

~Robert Frost



Kyle Dove

"We were young and we were stupid, but now that we are older it only makes sense to be wiser."

~Myself

Christine Ann Felek

"When you know you are going to get caught, make the best of it."

~Been



Doug Ferdinande

"Moving on is a simple thing, what it leaves behind is hard."

~Dave Mustaine Megadeth



Nina Cherie Forton

"If I can stop one heart from breaking, I shall not live in vain. If I can ease one life the aching, or cool one pain, or help one fainting robin unto his nest again, I shall not live in vain."

~Emily Dickinson



Whitney Fraley

"Youth's the most unfaithful mistress. Still we forge ahead to miss her. Rushing our moment to shine."

~Chris Carrabba (Dashboard)

Anthony Grubowski

"If I'm going to miss getting into heaven, why miss by inches?"

~Anonymous



Samantha Karen Hansen

"If you cry over losing the sun, your tears will make it impossible to see the stars."

~Anonymous



Jamie Harris

"Even if you are on the right track, you will get run over if you just sit there."

~Will Rogers



Jason A. Heilig

"It is the mark of an educated mind to entertain a thought without accepting it."

~Aristotle



Kathryn J. Hollenbeck

"Trust life. When you fall off the edge of the earth, keep falling. The universe will pick you up."

~Anonymous



Benjamin James Hoover

"If you're worried about falling off the bike, you'd never get on."

~Lance Armstrong

Kenny Hummel

"Can't live for tomorrow, I might not have that long."

~Smashing Pumpkins



Burke Jenne

"Whatever."

~Anonymous



Steve Johnson

"Pain heals, chicks dig scars...glory lasts forever."

~Shane Falco



Tim Johnson

"God bless us, every one!"

~Tiny Tim

Jon Justice

"As this hour glass filters out, it's final grain of sand. I lift my glass to the memories we had."

~The Ataris



Rhonda R. Kaiser

"The goddess protects us in ways we only begun to understand. Blessed be!"

~Mystic Elder



Lynette Hernden

"No one ever injured their eyesight from looking on the bright side of things."

~Anonymous



Robyn Higgs

"Other people may be there to help us, teach us, guide us along our paths...others may knock us down. What's important is that you get back up and never give in."

~Anonymous



Ashley Horan

"It's never too late to learn how to love and forget how to hate."

~Ozzy Osbourne



Kevin Hulett

"Only two things are infinite, the universe and human stupidity, and I'm not sure about the former."

~Albert Einstein

Melanie L.E. Johnson

"You only live once, but if you work it right, once is enough."

~Anonymous



Robin Lynn Johnson

"Do as you will, but harm no one."

~Anonymous



Jon Jones

"It's not whether you get knocked down, it's if you get back up."

~Vince Lombardi



Blaire A. Jozefiak

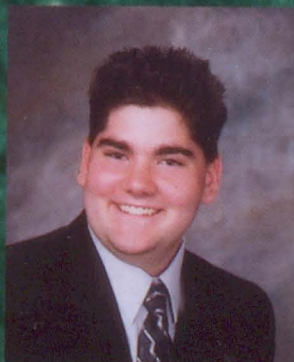
"They may forget what you said, but they will never forget how you made them feel."

~Carl W. Buechner

Carl Kenny

"All people are bound by the rule of one, one life, one destiny."

~Anonymous



William Kevin Knop Jr.

"Success seems to be connected with action, successful men keep moving. They make mistakes but they don't quit."

~Conrad Hilton



Shelly Kort

"I'm 5'2" and proud of it."

~Myself



Ashley Nicole Koshak

"There's a point in your life when you realize who really matters, who never did, and who always will."

~Anonymous



Amber Ann LaFreniere

"We will either find a way, or make one."

~Hannibal



Maleen (Mai) Lee

"You are never too old to set another goal or to dream a new dream."

~Les Brown

Tom Libkie

"I live for the nights I won't remember, with the friends I'll never forget."

~Anonymous



Alyssa Renee Lubahn

"I just wanna leave this game with level head intact."

~Eminem



Jessica Matthews

*"Yesterday is history.
Tomorrow is a mystery.
And today? Today is a gift.
That's why we call it the present."*

~Babatunde Olatunji



Emily J. Mayer

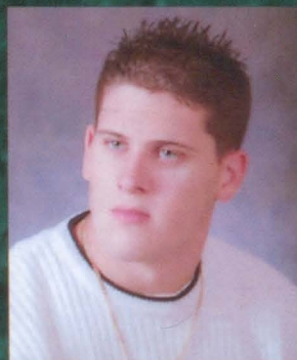
*"Yesterday is history.
Tomorrow is a mystery.
And today? Today is a gift.
That's why we call it the present."*

~Babatunde Olatunji

Nicholas Maurizio Mini

"Wise men say, forgiveness is good, but never pay full price for a late pizza."

~Michaelangelo



Nichole Elizabeth-Jayne Morrow

"The way the world looks depends on how you're sitting."

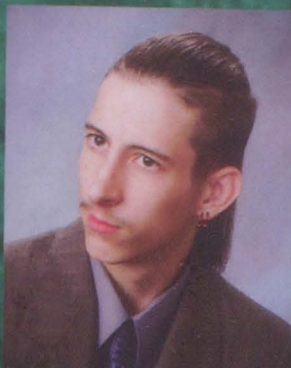
~Anonymous



Michael P. Kot

"The answer to your question is...welcome to tomorrow."

~Dave Mustaine
Megadeth



Krystal Ann Kowalewski

"Sometimes a majority simply means that all fools are on the same side."

~McDonald



Kenneth C. Leonard

"The house always wins, play long enough and the house will take you. Unless on that one perfect hand you bet big and you take the house."

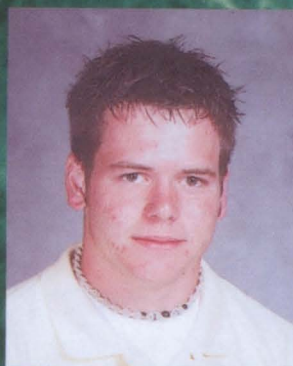
~Danny Ocean,
Ocean's Eleven



Gregory Alan Lewis

"When you've got something to prove, there's nothing greater than a challenge."

~Terry Bradshaw



John Makdisi

"It is a rough road that leads to the heights of greatness."

~Seneca



Meghan Lynn Martin

"The hardest thing in life is knowing which bridge to cross and which to burn."

~David Russell



Nicole Kristen McQueen

"Worrying is like a rocking chair. It gives you something to do, but it doesn't get you anywhere."

~Van Wilder



Thomas Michniacki

"And in the end it's not the years in your life that count. It's the life in your years."

~Abraham Lincoln



Tristan Moseley

"Adversity causes some men to break; others to break records."

~William A. Ward



Samantha Lee Noonkester

"Holy geez, that silly penguin's back again."

~Billy Madison



Lewis Norton

"I know everything there is to know about nothing."

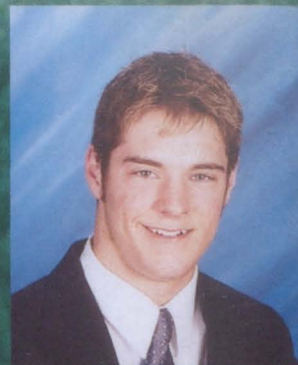
~Anonymous



Edward O'Halloran

"24."

~Switchfoot



Mary Beth Osmulski

"Shoot for the moon. Even if you miss, you'll land among the stars."

~Les Brown



Racheal L. Owens

"Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen."

~Carl H. Voss

Clifford G. Patton

"I've had a wonderful time, but this isn't it."

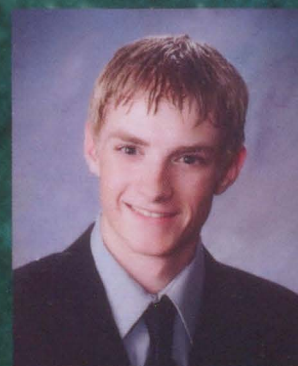
~Groucho Marx



Brandon D. Pauli

"Always leave them laughing when you say goodbye."

~Anonymous



Rachael Ashley Adamson Peters

"If love could have saved you, you would have lived forever."

~Anonymous



Amanda Therese Phillips

"I don't want to change the world and I don't want the world to change me."

~Ozzy Osbourne

Tina Marie Remeselnik

"You can only see as far as your headlights, but you can move the whole trip that way."

~E.L. Doctorow



Christian Richter

"Treat others in a way that you want to be treated."

~Anonymous



Kevin O'Neill

"If stupidity got us into this mess, then why can't it get us out."

~Will Rogers



Ashley Aleece Ogden

"You have to take big risks, in order to receive big rewards."

~Erik



Amanda L. Palmateer

"A true friend is one who thinks you are a good egg even if you are half cracked."

~Anonymous



Thomas P. Paluch

"The time is gone, the song is over, thought I'd something more to say."

~Roger Waters (Pink Floyd)

Shannon Nicole Pelshaw

"Always be a first-rate version of yourself, instead of a second-rate version of somebody else."

~Judy Garland



Tracy Pelton

"What lies behind us and what lies before us are tiny matters compared to what lies within us."

~Oliver Wendell Holmes



Ruthie Phillips

"Our lives are like the sun, they rise and fall so fast we have to make the most of every day."

~Anonymous



Cassandra Quandt

"Get rich or die trying."

~50 cent

Sarah Rinke

"The most beautiful discovery true friends make is that they can grow separately without growing apart."

~Elisabeth Foley



Angelina Amalia Rosillo

"Losers quit when they're tired. Champions quit when they hold the gold."

~Anonymous



Alexandra Santi

"Dream as if you will live forever-live as if you will die today."

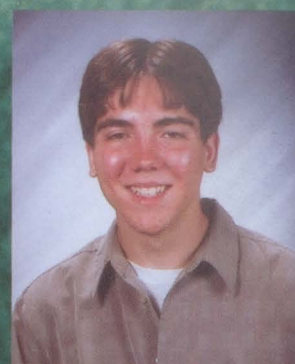
~Anonymous



Michael Senkow

"Hah! And you thought it was going to make sense..."

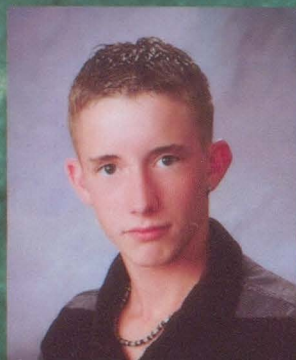
~Matthew J. Senkow



Jordan Ray Smith

"Do not go where the path may lead...go instead where there is no path and leave a trail."

~Ralph Waldo Emerson



Travis K. Stern

"The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will."

~Vince Lombardi



Kaoru Tanaka

"There are no shortcuts to any place worth going."

~Beverly Sills



Melissa Kay Teatro

"As strong as a smile can be, the river will flow forever. And as long as you are with me, we'll ride the river together."

~Tupac Shakur



Jessica Dawn Tucker

"Those who don't fail haven't tried, those who have failed tried it all."

~Anonymous



Jacob R. Turner

"It's our struggles that define us, our hardships we endure, your spirit can't be broken now, you've come too far."

~Jamen Jasta

Matt Wittstock

"Good-bye. I am leaving because I am bored."

~George Saunders, last words



Kathleen Marie Wnuk

"The wool of a black sheep is just as warm."

~The Sound of Music



Matthew Sinda

"When you lose, don't lose the lesson."

~Anonymous



David Michael Smith

"The key to success is determination and patience."

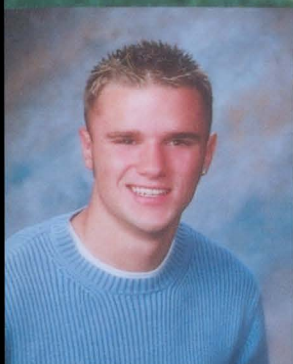
~David M. Smith



Lucas G. Stuever

"Charm is a way of getting the answer yes without asking a clear question."

~Albert Camus



Lindsey Tabor

"The future belongs to those who believe in the beauty of their dreams."

~Eleanor Roosevelt

Amanda Ann Judith Thomas

"If you don't make mistakes, you're not working on hard enough problems. And that's a big mistake."

~F. Wozzek



James (Leo) Treadway Jr.

"Don't worry about what other people say about you. When you get out, you choose who you see and who you don't see."

~Leo Treadway



David M. Whitmer

"It wasn't me."

~Shaggy



Joel Williams

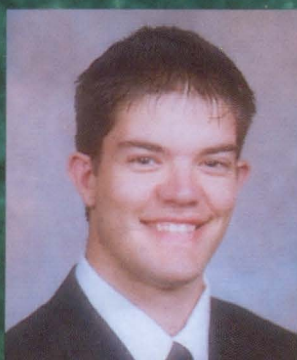
"There ain't no rules around here. We're trying to accomplish something."

~Thomas Alva Edison

Brad Wright

"Make someone happy today, mind your own business."

~El Lobo



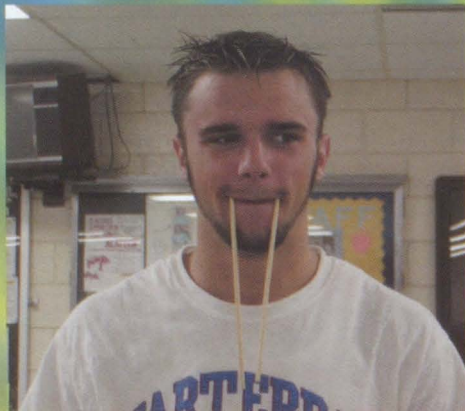
Not Pictured

Christopher Bearce, Adam Boughner, Richard Brown, Nicholas Dodd, Kevin Hibbert, David Kuczynski, Rebeca Leon, Ryan Mazur, Ashley McMillan, Laura Morales, Martin Nemeckay, Todd Starks, Bryan Weaver, Korrine Wojcik, Jaimie Ziolkowski

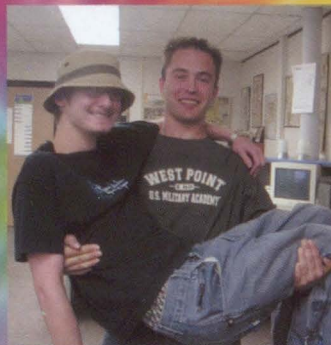
Somewhere In Time

Luke, I don't think that you are supposed to use chopsticks as walrus teeth!

Stephanie Doutry and Ashley Ogden taking cover during a tornado drill.



Kathleen Wnuk and Dawn Elliott pose for a picture in the gym during their lunchtime.



Matt Wittstock and Matt Sinda- what a cute couple! These two have fun being aides for Mr. Topie's tech class.



Robyn Higgs, Jen Fink, Jaimie Ziolkowski, and Blaire Jozefiak chillin' by the cop car. Just don't drive away with it!

What are you going to miss the most after you graduate??

I can't think of anything I'll miss, but I will miss Mr. Sampson and Ms. Joy.

Korrine Wojck



Seeing the crew everyday; Amanda, Eddie, Ryan, Alli, and Kyleigh.

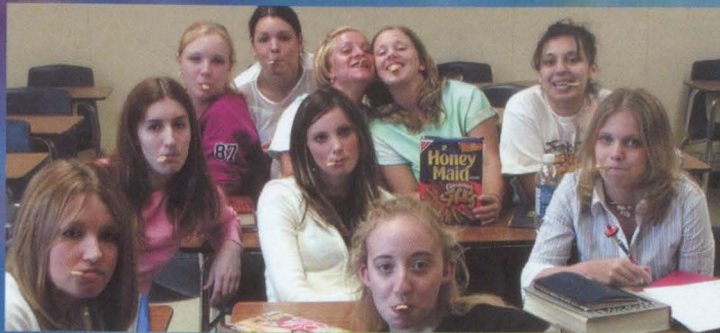
Donny Bluhm



I will miss getting up early to come to this prison they call school everyday.

David Smith







Seniors! Class of
2004



"Make the most of yourself,
for that is all there is of you."
~Ralph Waldo Emerson



Alyssa Lubahn and
Melanie Johnson support-
ing their fellow classmates
at the senior/staff
basketball game. The
seniors lost, but the
teachers still drool!

Sarah Bainbridge and
Katie Hollenbeck caught
skipping class and hiding
out in the boys bathroom.
Bet they didn't think we
would find them in there!



Amanda Thomas and
Amanda Berger resting in
the hallway before classes
begin.

Nate Boller is getting
ready to flash the
crowd...take it off, Nate!

They always say 2 heads
are better than one, but 4
heads are better than 2!
Cayce Cameron, Jeania
Deaton, Ashley Bluhm,
and Melissa Teatro.



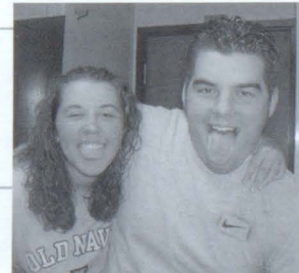
Randi Buchannon and
Ashley Horan



Theresa Doering and
Scott Dotson



Racheal Owens and
Shelly Kort



Ashley McMillan and
Alan Burk

Senior Divider
Sara Bosch/Sarah Bainbridge

Academic Divider



Is this thing on?
Miranda
Edgerton
checks to
make sure her
writing utensil
will get her
through her
class work.

Academics, they are the reason we are in school and often, the reason it feels more like a jail cell, a penitentiary. From essays to tests, group projects to speeches, then the added pressure of adults telling us to do good so we can go to college, a university and get a real job, it's easy to feel bombarded. It's important to stay on top of everything and to not give up. Even more so, to stay true to yourself. It'll all be worth it when you finally get your diploma and the freedom to pursue all that highschool has prepared you for.

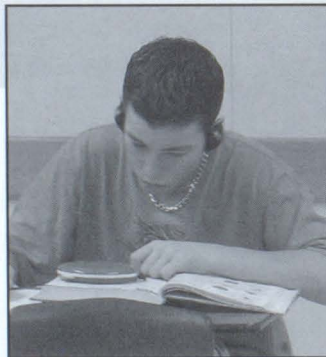
"So many things you taught me, and even when you caught me, I always knew that you could still see the best in me"

~Kelly Osbourne

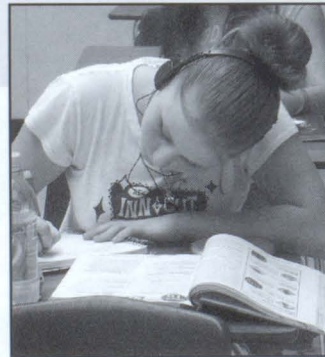
What music do you listen to when you study?



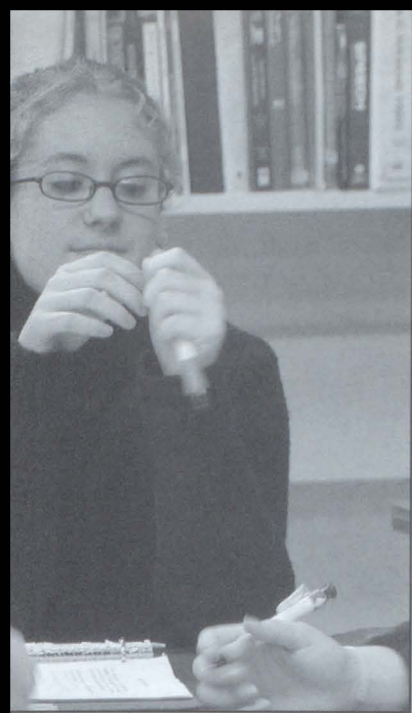
Ashley Koshak 12th- Sublime
KRS 1



John Godek 10th- Get Lo and
Shake Ya Tail Feathers

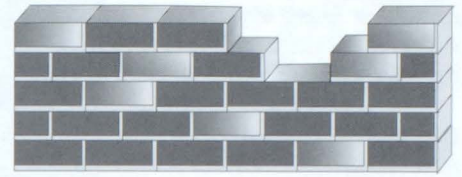


Lindsey Kilgore 11th- T.I.
24's



"Another Brick In The Wall"

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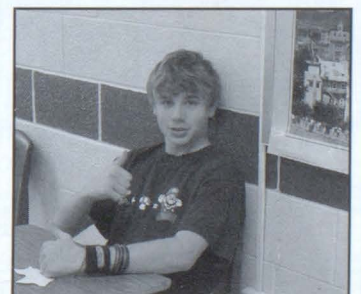
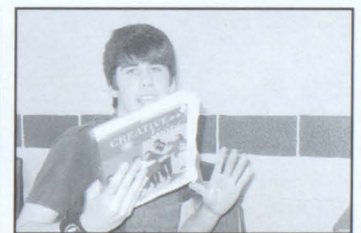
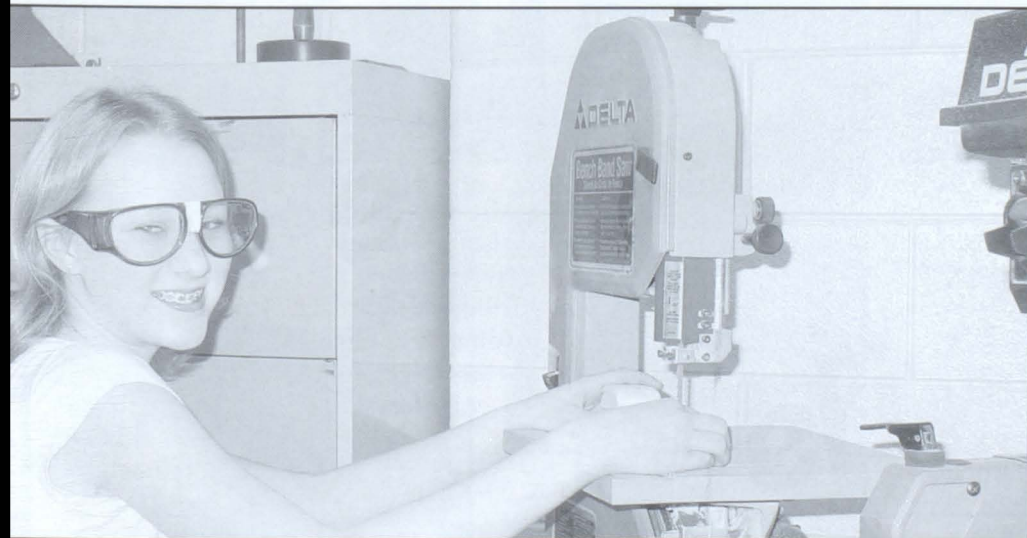
Top left: Anthony Grubowski uses a globe to explain his plan for world domination.

Top right: Melanie Johnson and Samantha Noonkester expand their art technique by trying out a new canvas, each other. Super!

Bottom left: Tara Mustaffa models her fashionable, yet protective sexy specs complete with tape, while working on her car in the 8th grade tech lab.

Way right top: Phil Doucette demonstrates how Life Management taught him to balance his life and his book.

Way right bottom: Chuck Morgan thinks class is cooler than cool, it's ice cold.



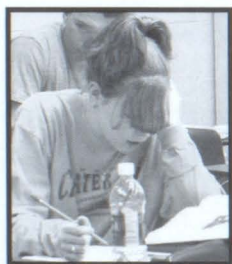
Right: The Eighth Grade Agri-Science class takes time from their busy schedule of studying chickens to pose for a picture.

Below: The smart group in Algebra II, Brandon Hackelburg, Amanda Kaltz, and Lee Peters group together for a picture.



Good Times

Class Time



Above: Raychel Soullier makes use of her time in Mr. Cutlers 11th grade Government class with his light load of homework.



Above: Rachel Morrow stops for a moment to tell that her afternoon Tec class is definitely the best part of her day. "It's school, but it's fun school."

"Making use of class time, the best part of the day and the not so good moments of a school day..."



Above: Senior Tristan Moseley pauses during a diligentsilent reading in English class to get a picture.

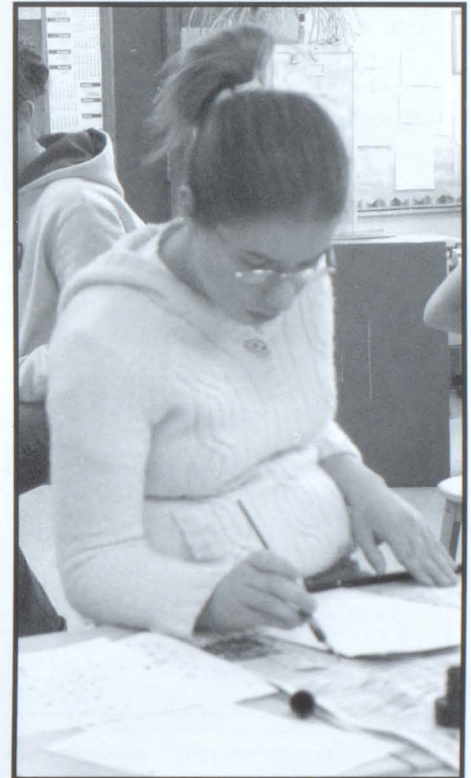
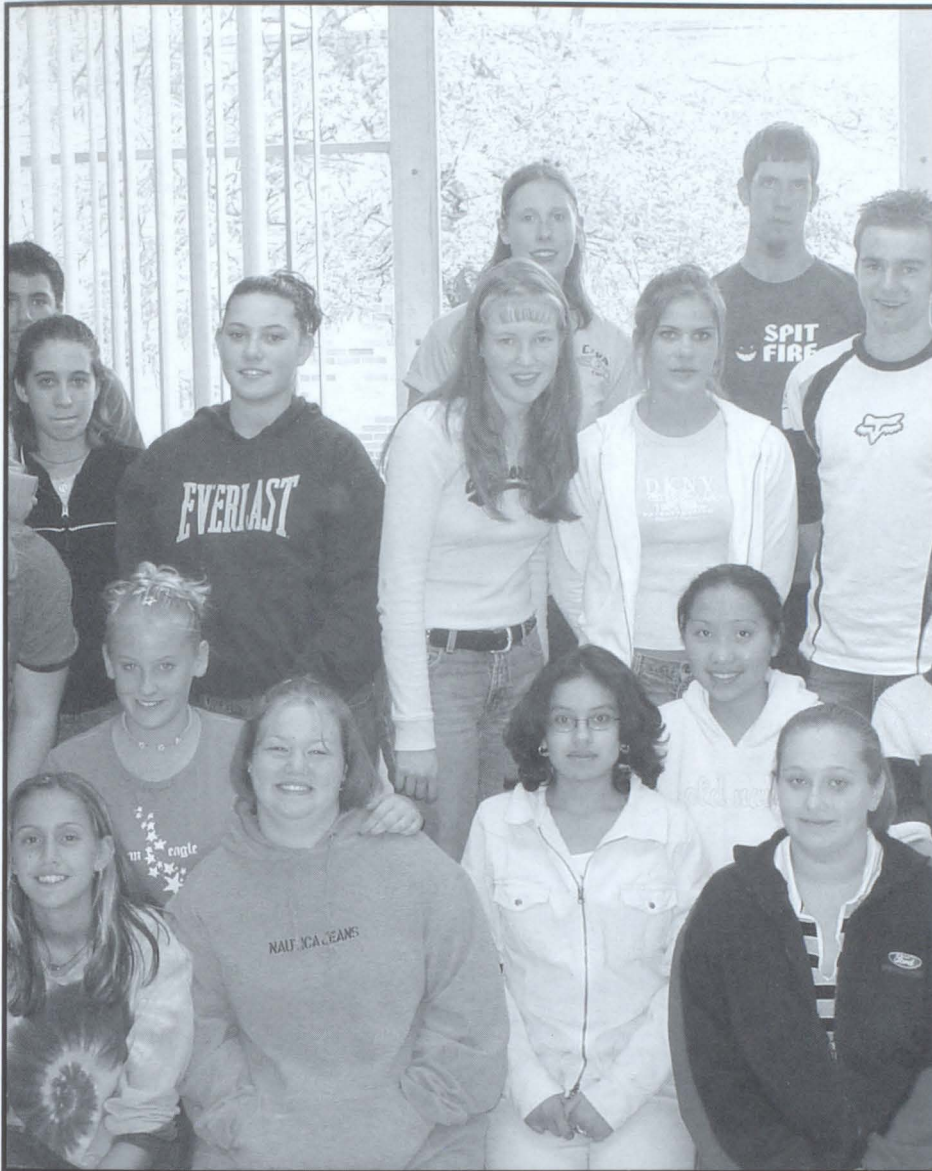


Above: Brandon Hackelberg says, "the worst part of his day happens when he unfortunately ends up with a frozen milk during lunch."

READ & SUCCEED

Left: Our large and diverse French I Class takes time for a quick picture during their heavy session of French vocabulary.

Below: Ruth Phillips works carefully to create an artistic masterpiece.

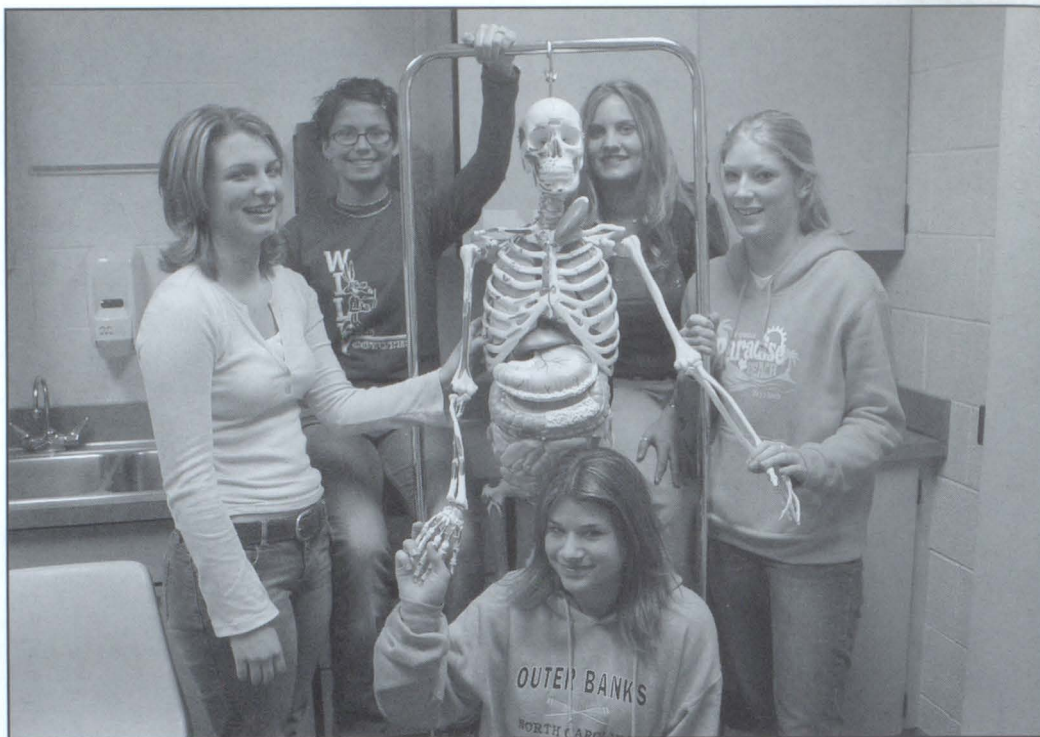


Left: Rachel Morrow works hard to finish her homework before the bell rings.

Above: MaryBeth Osmulski sits unamused while Ashley McMillian and Tristan Boyd lighten the stress level in class by taking a moment to smile.

Right: Lindsey Bilinski, Danni Kiss, Alli Santi, Casey Almany and Krystle Franckowiak, taking time to have some fun with the skeleton in the Health Class.

Bottom: Working on their engine is Steve Fletcher, William Knop, Sarah Rinke, and Earl Brinker in Auto TEC Class.



TEC

"Take this job and Shove it"



Amber
LaFreniere

Business Services

Business Services class gives you skills that you can use in any job out of High School.



Doug
Ferdinande

Construction

It's cool to look back on something that I have built during my years at TEC.

What TEC class are you in right now and what made you decide you wanted to take it?



Mary Lou
Aguniga

Business Services

I enjoy working on Computers. I also like learning new things about new and different software.



Sarah
Rinke

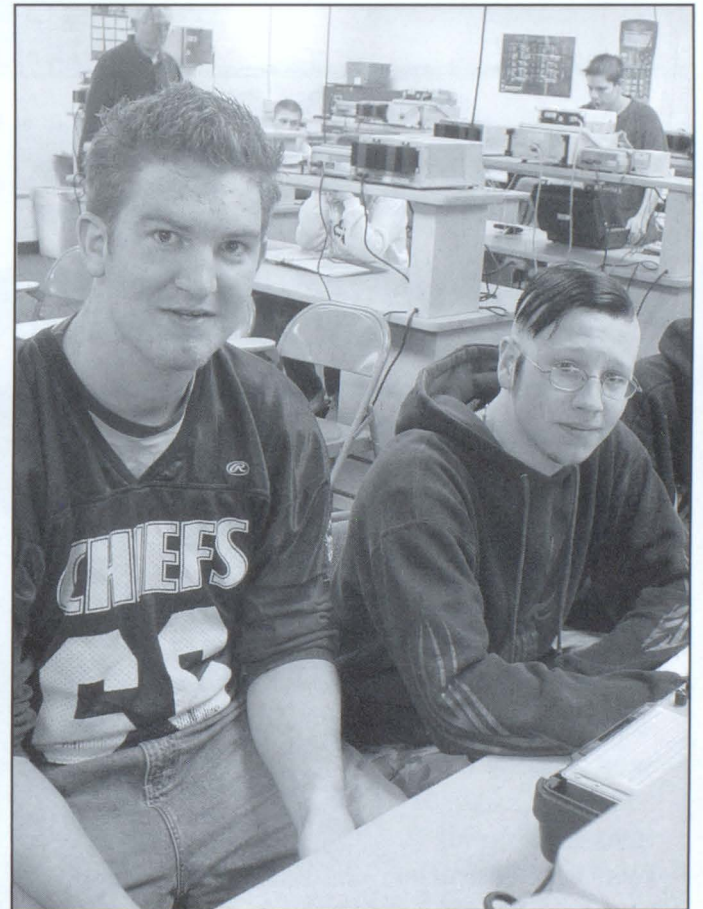
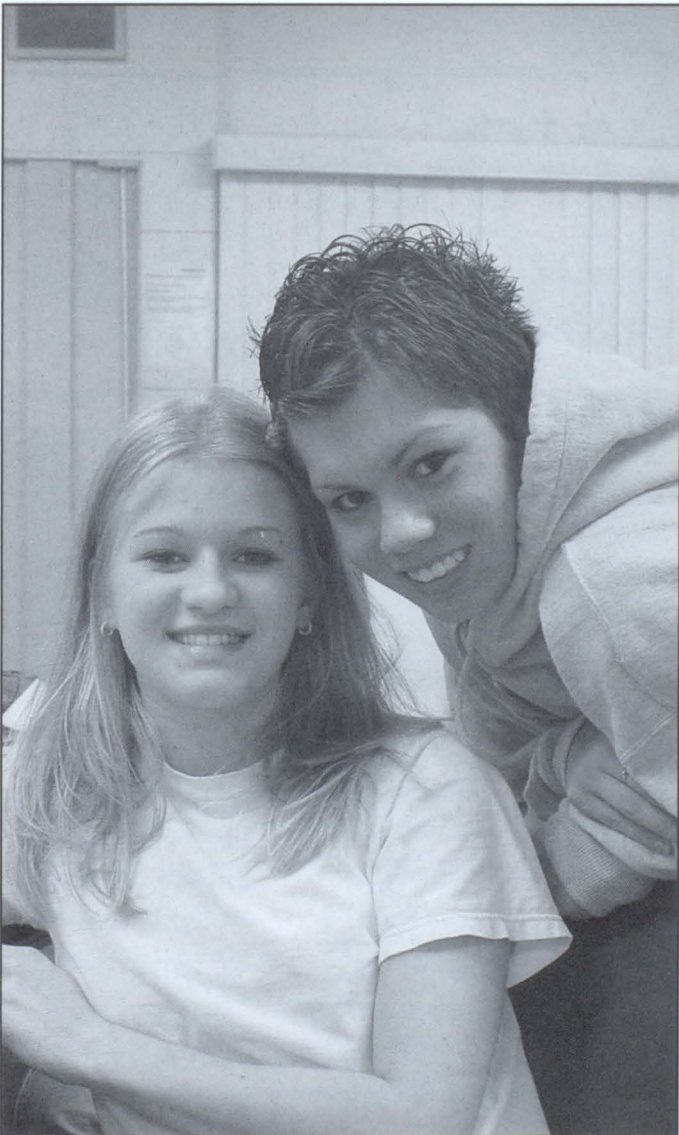
Auto Tec

Auto Tec is very Educational. It's a different learning experience. Plus if I have something wrong with my car, I can figure out what it is.



Left: Ashley Horan and Tracy Pelton take a moment away from their Culinary Arts Program to pose for the camera.

Bottom: Chad Cadreau and Leo Treadway showing their skills of using the black box in the Electronics Program.

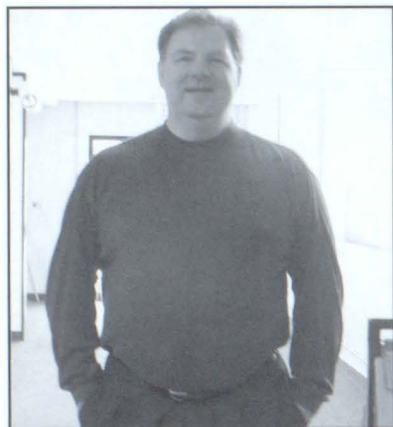


Left: Look at the enthusiasm that Mary Lou Aguinaga and Ashley Ogden have for Business Services!

Above: Jon Justice and Eric Linegar are working on fixing an amplifier for a student.

Below: What a day....

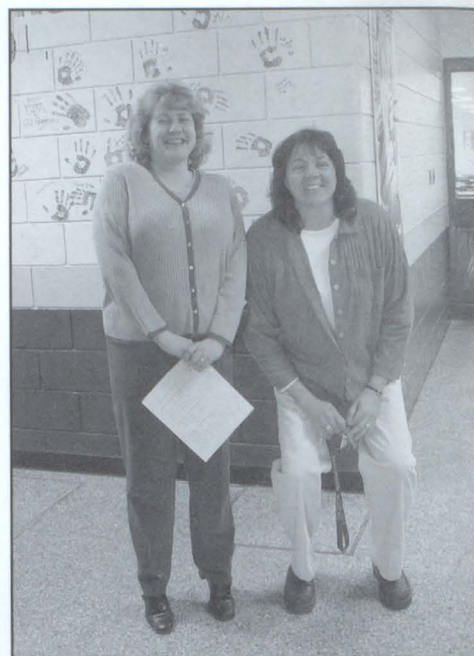
A long day of yelling at misbehaving teenagers should make one appear tired and strained, however, our principal looks quite refreshed, go figure.

**Right: Going down...**

Mrs. Klocke squats down so she can fit in the picture with the slightly shorter vice principal, Mrs. Maruca. What a pal!

Below: In the line of duty.

For Officer Jhonson, working at the high school must be a cake walk compared to patrolling the dangerous streets of Capac.



"Funny Moments"

Office Administration

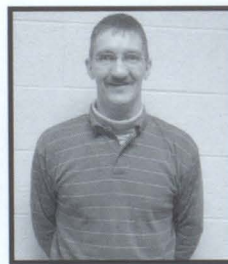


Mrs. Palmateer was there when "Mrs. Klocke was looking all over for her golf cart because she couldn't remember where she parked it!"



Mrs. Wright liked "when the 'west wing' of the office had dueling fight songs happening. Ms. Kish, Mr. Mineau, & Mrs. Klocke are very true to their alma mater! There were recordings left on voice mails, etc."

**What is the
funniest
thing
you have
seen
or
experienced
while
working in
the office?**



Mr. Mineau says "The practical jokes; for example, the missing Santa and disappearing hand. Both involved ransom notes and mystery."



Mrs. Malburg remembers "the time Ms. Kish said she could fix the beeping on the fire alarm and actually set it off, then we all had to go outside!"



Left: Work it girl!

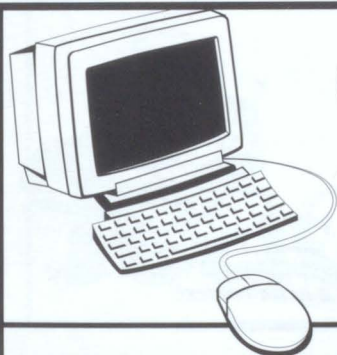
The working women of the central office take time out of their busy schedule to pose for a group picture, recognize the one in front? That's Brittany Chouinard, a 2003 CHS graduate.

Below: Central office...huh?

In case somebody didn't know exactly what we meant by "central office" here is a picture that may help you out.



"Who are you?"



Central Office

"...as I get to the office I can hardly speak, cuz' it's the third late pass that I got this week....." -Young MC



Pat Stier:
In charge of Internal Accounts at the central office.



Sue Hoffman:
The Chief Financial Officer at the central office.

Many people don't know very much about you, what are your names and what are your positions at Capac Schools?



Shannon Griffin:
Curriculum Supervisor and temporary Super Intendent.



Janet Sonner:
The Secretary at the Central Office.

Below: Everyday these hard working women prepare our lunch, but are still just as friendly and willing to strike up a conversation!

Right: This group of Juniors show their smiles of appreciation for the things our school administration help make happen, like our spanky, attractive sign!



Memories

Special Services



*What you want,
Baby I got it! What you need,
Do you know I got it? All I'm asking
is for a little respect!*



When a girl I was working with dropped a pan of food and was so embarrassed that she didn't want anyone to see her so she climbed underneath the cupboard!
-Kay McKee-



One day the fire alarm in the office was making a little noise and K2 said "Well what if we push this button here" and before I could stop her she pushed the button and set off all the alarms!
-Mrs. Malburg-

What's the funniest thing that has happened or your favorite memory of working here at Capac High?



I remember all of Mr. Remenap's jokes. He would always have a "joke of the day" to tell. He was always making everyone laugh.
-Mr. Mineau-



Mrs. Beischer dropped a huge jar of mustard and it flew everywhere! She may not think it was too funny though since it bruised her foot!
-Kris Steece-



Left: Staff should be thankful to have aides who are as fun filled and enthusiastic as Seniors Jen Fink, Alli Santi, Blaire Jozefiak and Sarah Bainbridge!

Below: Mrs. Wright looks pretty happy with the service that these aides are providing! Ashley Wright, Heather Ferrett, and Jessica Rawlins look pretty happy about their jobs too!



Wackyness

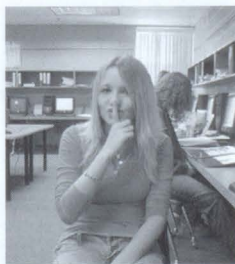
Teacher Aides

*Seven days, underpaid gotta give it up
Got no time for this life
that I'm livin' up*



Mr. Hitchcock is the messiest, most unorganized man I know! Cleaning his desk takes forever!

-Sandy Bullock-
Junior



When Mr. Muldoon is asked a question he doesn't wanna answer or doesn't know the answer to, he ignores it or he'll just yell at the person for asking!

-Cayce Cameron-
Senior

Are there any secrets about the teacher you aide for that no one else knows? Any wacky habits?



EVERY day Ms. Hill makes me go get her a diet Pepsi from the pop machine after lunch.

-Robyn Higgs-
Senior



Mr. Topie is secretly actually really nice! He's a hardnose on the court, but a softnose off court!

-Heather Brooks-
Junior

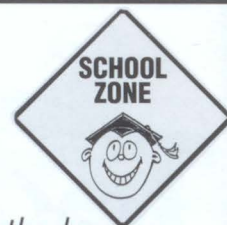
Below: Patrick Braun and his friend Sara Tomeo pose for a quick shot outside the 8th grade doors on their way to the bus. Don't they look happy to be out of school?

Right: Soon these freshman will be taking Drivers Ed, and next thing you know they'll be taking the Seniors & Juniors "spots" in the parking lot! Better watch out, upper classmen!



Moments

Bus Rides



*"Jump in lets go,
Lay back enjoy the show.
These are the days when anything goes!
Everyday is a winding road..."*



Our bus stalled in the middle of the road and we had a semi coming at us!

Josh got scared, shoved Nicole on the floor & got out and ran to the front of the bus.

-Christine Boyd-
Junior



I remember when the high schoolers & elementary kids got into a huge water gun fight and the elementary kids actually won!

-Courtney Ferdinande-
8th grade

**What's the
funniest
thing to
happen on
your bus or
your best
memory?**



During one of our fire drills when we had to evacuate the bus, Shawna jumped off the back of the bus during a fire drill... She didn't exactly land on her feet either!

-Kayla Smith-
Sophomore



One time when our bus was stopped, Aaron Dickens got up out of his seat and mooned the cars that were behind us!

-Colleen Bush-
Freshman



Left: These goofy students think the library is time for fun and games instead of work, but Tom Murawsky looks pretty serious about his reading!



Below: Christal Panutich, Colleen Bush, Mrs. Behnke and Ms. Hill look happy as they show their smiles of appreciation for the media center!

Changes

Media Center



*"Now the story's played out like this,
Just like a paperback novel
Let's rewrite an ending that fits..."*



The librarians would lighten up! Just because you have to pay a 10 cent overdue doesn't mean they can't say "Have a nice day"!
-Victoria Plemmons-
Junior



I would put beds and couches in there so that we'd be able to sleep!
-Tom Michniacki-
Senior

If you could change anything about the Media Center, what would it be?



I would have more computers so that every single student in a class would have one to use without sharing.
-Jackie Barbier-
Sophomore



They need some more magazines in there, a wider variety that kids will want to actually read.
-Kyle Palmateer-
Freshman

Below: The staff performing in the "Explosion of Music" benefit concert. Their performance was similar to that of the musical *Stomp*. Their instruments were made up of school props.



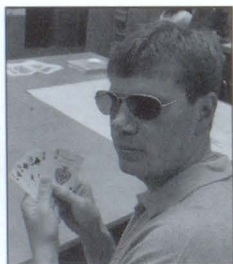
Right: Mr. Cutler and Mrs. Shurat played victims hit by a drunk driver on prom night in the mock crash put on in front of the school by the students in SADD.



Staff and Faculty



"My favorite memory of the class of 2004 is their unique sense of humor. Each group of kids that you see in the hall has their own jokes that continue through out the year. Laughter will continue to serve you well in the future."
Mr. Mineau



"My favorite memory is when we won the 2004 District in Boys Basketball. I also have enjoyed the arguing over Brackets, Texas hold'em at team dinners, and helping get Luck S. and Anthony A. out of the ditch."
Mr. Lengemann

What is
your
favorite
memory
of the
graduating
class of
'04?



"My favorite memory was the Freshmen Football Team we had four years ago. We went 6-1 and had a dominant ground attack featuring Steve J., Eddie O., Peter B., and Kevin H. Anthony A. dominated both lines of scrimmage and Luke S. was a great defensive back."
Mr. Manney



"My Favorite memories are the times we went to Central with Leo T., Travis S., Ben H., Matt S. and Brad W. It was so much fun watching them "playing chicken" in the pool. They loved the hot tub in their room, had a great eating contest, and I'll never, ever forget the brain freeze that Travis got!"
Mrs. Wright

"Another Brick In The Wall"



Behnke, Wanda
Bennett, Jessica
Campau, Chad
Carey, Kathy
Caughel, Lori
Cutler, Chris
Darnton, Mary

Fionda, Lena
Forti, John
Fox, Steve
Fuller, Rand
Gendreau, Sandra
Gillespie, Pam
Hitchcock, Mike

Huss, Chris
Hutchinson, Melissa
Johnson, Trevor
Joy, Heather
Kish, Kathy
Klocke, Jesse
Klocke, Maureen

Kluger, Denise
Kotermanski, Chistine
Kurelich, Kathy
Lengemann, Bill
Leonard, Denise
Lloyd, Paula
Malburg, Coreena

Manney, Tom
Maruca, Amy
Mawer, Angel
McKee, Kaye
Miller, Susan
Mineau, David
Morris, Sheryl

Mrozinski, Mike
Muldoon, Tim
Niemi, Kristal
Osentoski, Leigh
Palmateer, Denise
Prendergast, Linda
Redding, Barb

Roehring, Gerred
Sampson, Steve
Schneider, Troy
Shurat, Janette
Socia, Laura
Steece, Kristine
Stoldt, Tracy

Sulkowski, Rachael
Surrette, Linda
Thacker, Beth
Topie, John
Vangel, Ryan
VanLoon, Dan
Walker, Beth

Wallace, Sue
Watt, Paul
Winiarski, Teresa
Wright, Llyn
Young, Dave



Above: Mr. Jack Lengemann was student teaching for Mrs. Redding's gym classes. He is done student teaching and currently substitute teacher for the Capac community.
Below: Ms. Jackie Hoffert, was a student teacher for Mrs. Caughel, here she is telling the class about their assignment for the day. She will be administering the test over the book Lord of the Flies.



UNDERGRADS

"Everybody knows everybody..."

The 2003/2004 school year may have seemed long, but the memories that filled the days will forever be cherished. Slowly coming are the closing stages of high school for Juniors and yet the beginning stages for Eighth graders.

In the eyes of a Junior, the first year at Capac High School may have brought the thought that the rest would be endless, however, as the last year sets in they will be challenged with becoming a Senior, overcoming senioritis, and receiving their diploma.

In the eyes of an Eighth grader, this year, being their first, started them off on either the right or wrong foot for the rest of their high school years, which will come to an end sooner than they may believe.

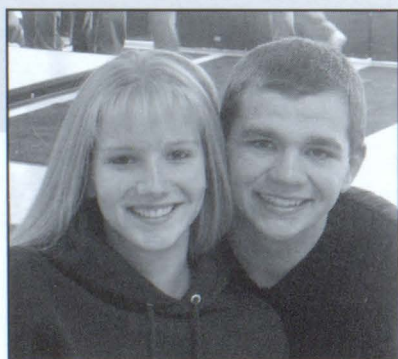
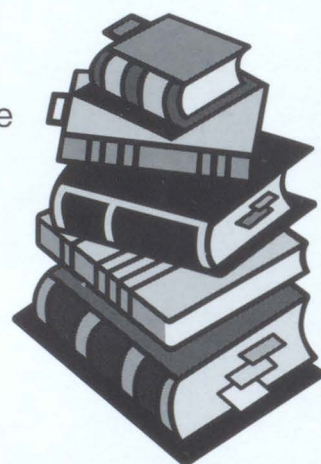
All the same, before the Undergrad's journey of life and responsibility begins, memories of the past, present, & future are being and will be forever treasured as well as preserved in a book that will never be forgotten.

Artist:

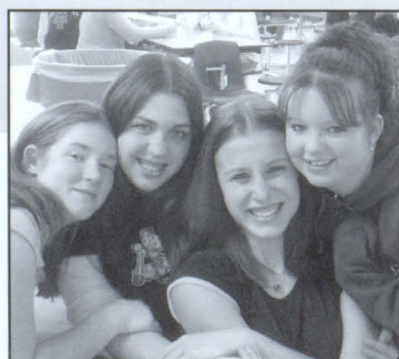
Tracey Byrd

Song:

"I'm From the country"



Above: Newest edition to CHS April Wilcox with Adam Porter



Above: Kelsie Quandt, Kendra Cook, Amanda Kaltz, & Brandi Conner.



Above: Crazy A lunchers.



Below: Juniors guys showing off their stuff.

Middle Left: Chris Ballard chillin' in B lunch.

Bottom Left: Sophomores Carey Cameron & Jamie Martin watching the guys play basketball during C lunch.

Middle: Undergrads Stacey Charbeneau & Pat Braun.

Middle Right: Friends Tracie Sivec & Raychel Soullier.

Bottom Right: Concentrating hard in English class, Nathan Jackson.

Below: Shelby Nahernak, Jennifer Sirovey & freinds.



Undergrad Pages

Junior Mugs 50

Junior Class Gov. 55

Sophomore Mugs 56

Sophomore Gov. 61

Freshman Mugs 62

Freshman Gov. 67

8th Graders 68

8th Grade Gov. 73

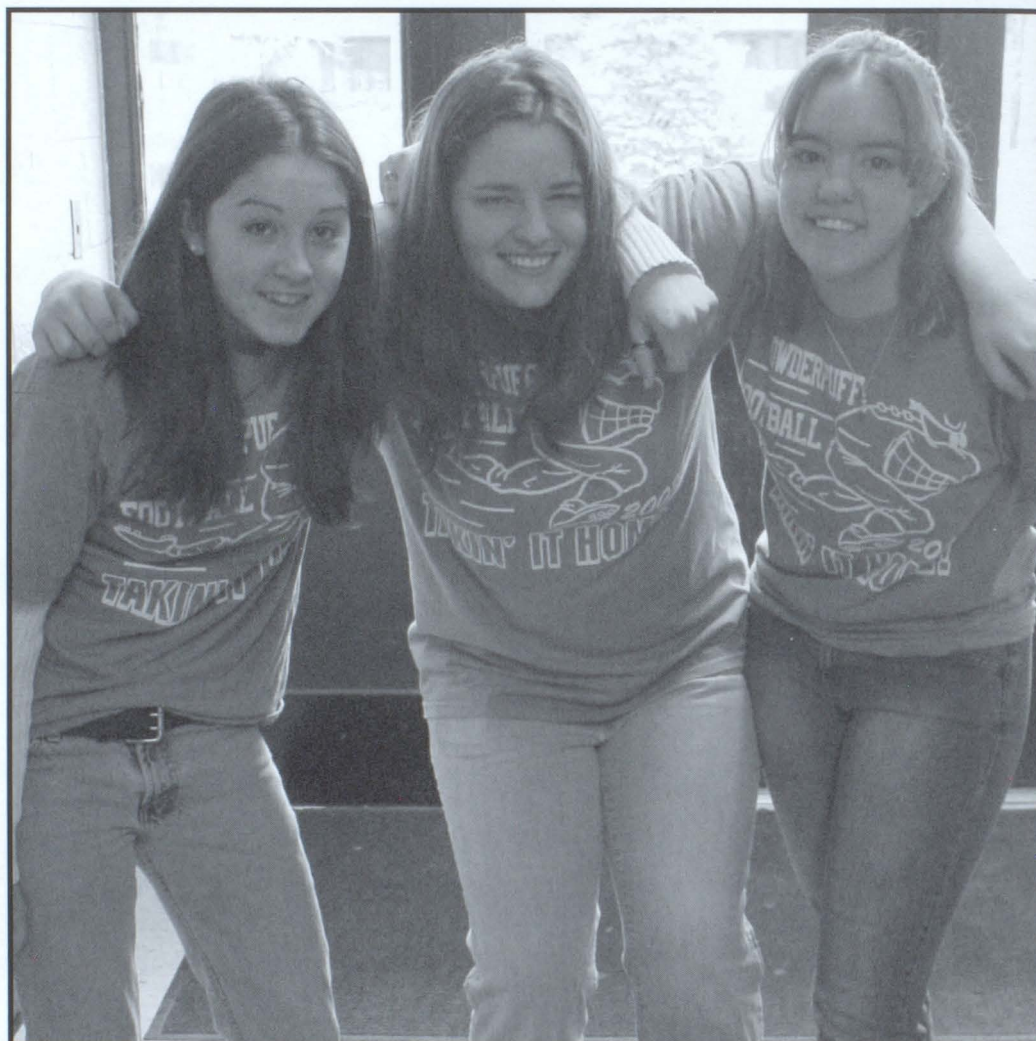
Undergrad Collage 74

Juniors

Class of 2005

Right: Chris Durand, Wesley Burns, and Ryan Manger take advantage of their time being out of class to take a funny picture.

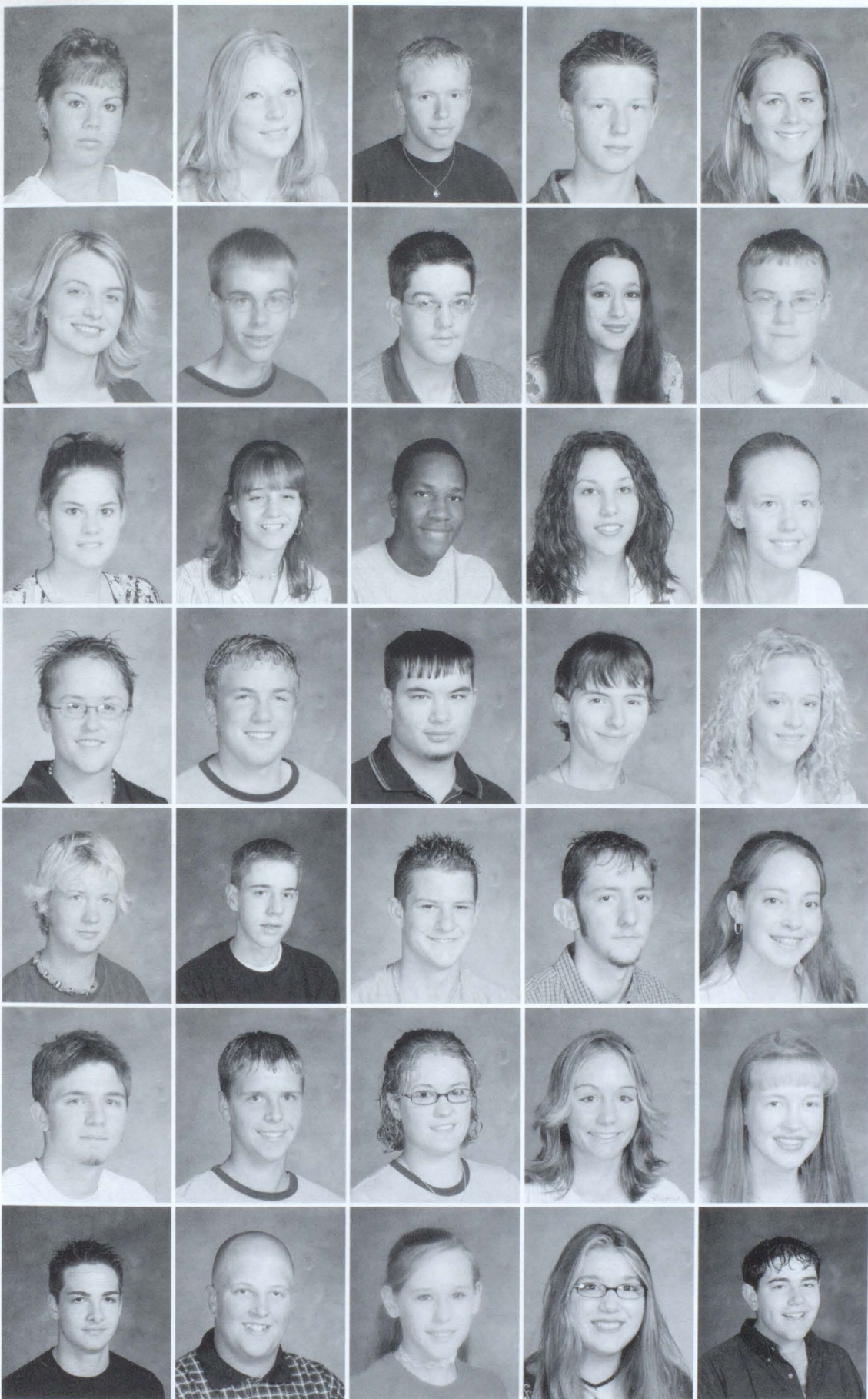
Class of
2005



Above: Val Kettlewell, Lindsey Mayer, and Ashley Wright are getting pumped for the big game against the seniors.

Right: Ryan Collins, Jeff Kolp, Amanda Hoskey and some other members of the junior class are keeping it real outside by the sign.





Maria Louisa Aguinaga
Casey Almany
Michael Baird
Christopher George
Ballard
Chelsea Beischer

Lindsay Bilinsky
Adam Blumerich
Alan Boadway
Shanelle Bonfiglio
Justin Bostian

Christine K. Boyd
Heather E Brooks
Gerald Browning
Amanda Buckhanon
Sandra Bullock

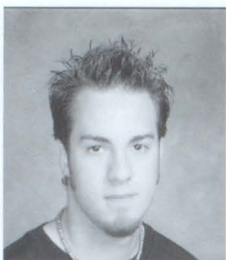
Jon Bunker
Frank Burns
Joshua Butterfield
Joel Carden
Katie Chalabian

Joseph Chetosky
Justin Childs
Ryan Collins
Anthony Conforti
Rachel Crane

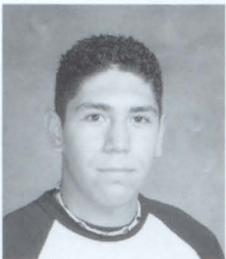
Matthew Deel
Christopher Durand
Miranda Edgerton
Ashley Engelhardt
Erin Ensley

Adam Felek
Christopher Ferrett
Heather Ferrett
Anita Flannigan
Matthew Fletcher

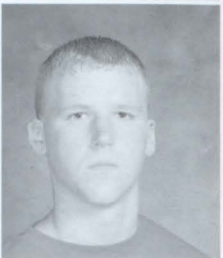
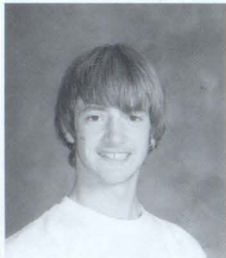
Christopher Foland
Dawn Forton
Bruce Foster
Krystle Franckowiak
Ashley Gamblin



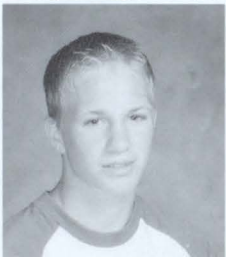
Justin Michael Gavlinski
Andrew Geoit
Amber Gonzalez
Michael Gutierrez
Alicia Haner



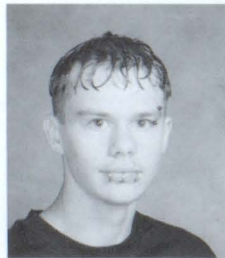
Kera R Harris
Scott Harris
Jamie Harvey
Mai Her
Andrew Hoeft



David Holland
Stephanie Hopkins
Amanda Hoskey
Donald Hunsucker
Anthony Jackson



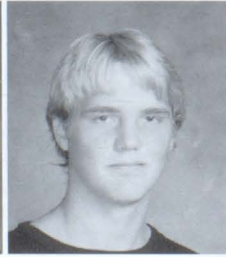
Eric A Jozlin
Douglas Kaltz
Valerie Kettlewell
Lindsey Kilgore
Danielle Kiss

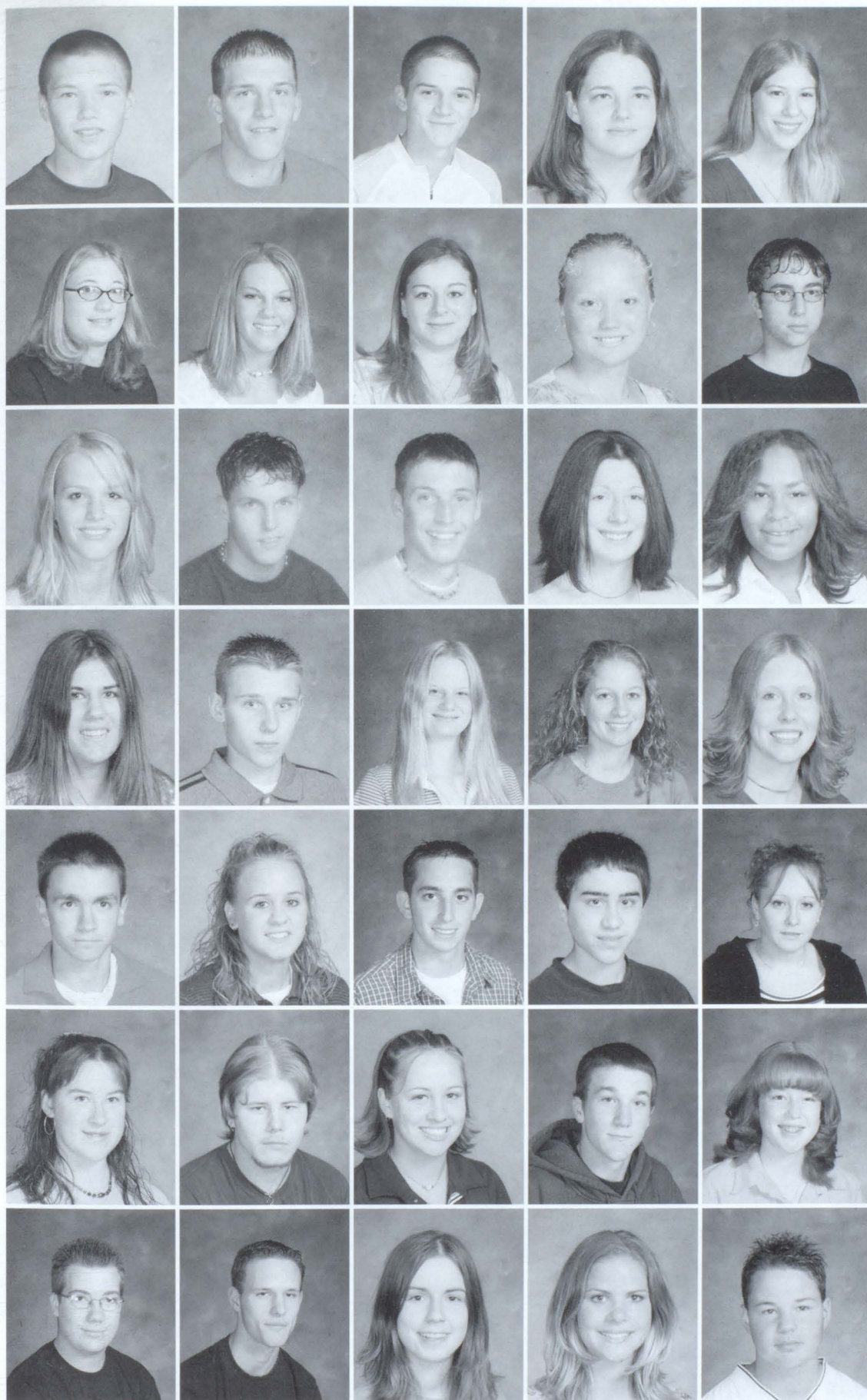


Danielle Klocke
Jamie Kmetz
Jeffrey M Kolp
Michael Lafferty
Ryan La Roche



Joshua Lawrence
Roi Lemier
Eric Linegar
Erica Livermore
Stevie Marie Lyon





Frank L Maczala
Ryan S Manger
Steven Mauk
Lindsay Mayer
Heather Mazur

Samantha McQueen
Annmarie Meikle
Jolene Miller
Rachel Morrow
Thomas Murawsky

Lindsey Murphy
Ryan Murphy
Justin Neville
Sara Owsen
Erica Phillips

Victoria Plemmons
Frank Printz
Michelle Ramage
Jessica Rawlins
Constance Michelle
Rossow

Joey Ruprecht
Amanda Saelens
Anthony Sammut
Eric Schmidt
Amanda Sitton

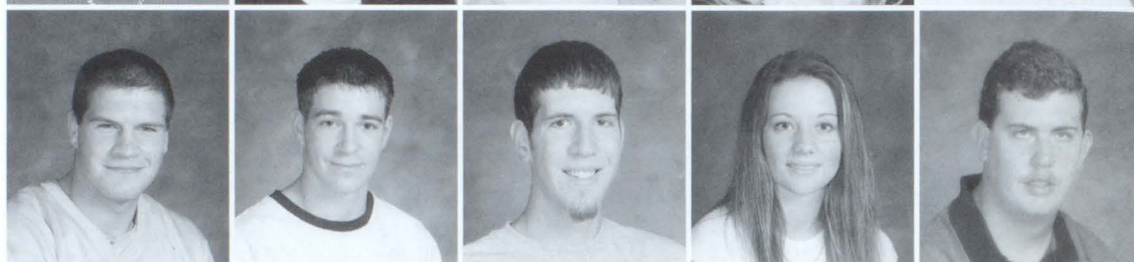
Tracie Sivec
Jeremiah Smith
Victoria Smith
Stephen Sonner
Raychel Soullier

Scott Sowers
Eric Stasik
Ashley Stelzer
Deanna Stiefel
Eric E. Stine

Joshua Swatsell
Michael Thomas
Sarah L Thompson
Amanda Tilton
Charles Tyckowski



Brandon Van Camp
Rob Vanlerberghe
Kurt Waltzer
Alicia Wegner
Eric Wendt



Melissa Willis
Nicole Wilson
Abby Withun
Ashley Wright



Class

Officers

Junior Class Government



Left: Top: Ann Marie Meikle, Erin Ensley. Bottom: Stephanie Hopkins, Chelsea Beischer, and Dawn Forton.

Below: Ms. Cugel, the Junior class advisor says "There was a lot of people who worked hard on the prom and I was pleased with the results. I did not hear any complaints, so all in all it was a successful prom."



Ann Meikle

"I think the most fun of being in student government was organizing and having the prom."



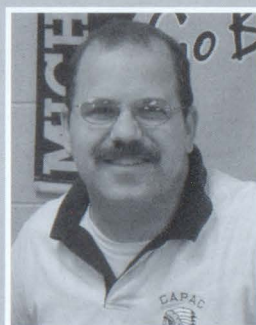
Erin Ensley

"I like getting people involved in fundraisers and float construction."



Dawn Forton

"I like the Homecoming and Snowcoming festivities, along with getting people involved in spirit week."



Mr. Vangel

"I have enjoyed watching the students getting involved with prom and their class."

Sophomores Class of 2006

"It's my life, don't you forget, It's my life..." ~ No Doubt

Right: A tenth grade History class featuring students, Carey Cameron, Jacquelyne Barbier, Amanda Kaltz, Jon Boyd, Erica Stewart, Scott Smith, Jon Paluch, Brandon Bidwell, Calvin Smith, and many other fellow peers.

Below: Kevin Rodriguez, Steve Owsen, Susan Hart, Jessica Koltunowicz, Keeley Stewart, & other friends just chillin' during B-Lunch.



Class President:
Sara McConnel



Left: The smell of the garbage can doesn't stop Nate Kilgore in his adventure of trying to hide from his wild & crazy friend, Olivia Kolaczynski.



Above Right: Kyle, Brandi, Kristi, Tara, and Jacqueline silent reading during their 2nd hour English class.



Maira Aguilar
Jacquelyne Barbier
Brandon Bidwell
Michael Blackstock
Kimberly Bolday

Kyle Bollaert
Brandon Bonkowski
Christopher Botwin
Jonathan Boyd
Kristi Burk

Brittany Burke
Jason Busch
Carey Cameron
Stephanie Carrier
Curt Chalabian

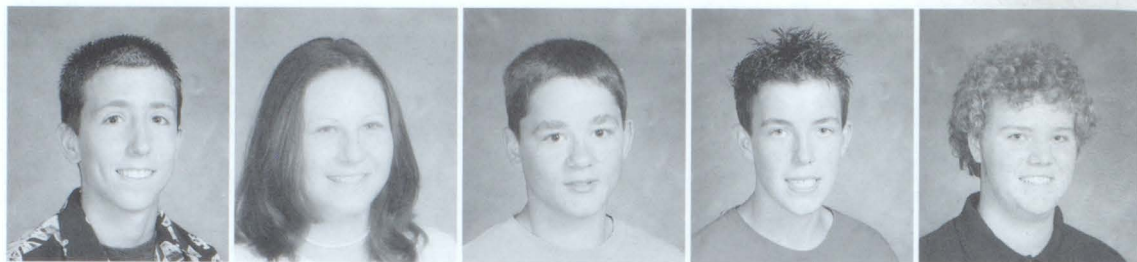
Phillip Chalabian
Jennifer Charbeneau
Kyle Cicchini
Brandi Conner
Kendra Cook

Kenneth Corey
Amber Craft
Renee Czarnecki
Joanne Daoust
Nicole Debouvre

Casey DeClerck
Paul Dewitte
Anthony Distefano
Mary Dodes
Shannon Donnellon

Lelia Dudley
Janette Eades
Tara Eberling
Johnathon Edgington
Hilary Ellis

Daniel Engelhardt
Kayla Finn
Matthew Godbold
John Godek
Brian Godo



Steven Graves
Stephanie Gray
Jacqueline Gresell
Yuliana Guerrero
Corey Guigar



Lacey Gunn
Brandon Hackelberg
Ashlee Heilig
David Hernden
Brandon Hill



Danielle Hockey
Jake Hoover
Jacqueline Horan
Samantha Hudack
Nathan Jackson



Sarah Jozlin
Amanda Kaltz
Rachel Kidwell
Nathan Kilgore
Brian Klein

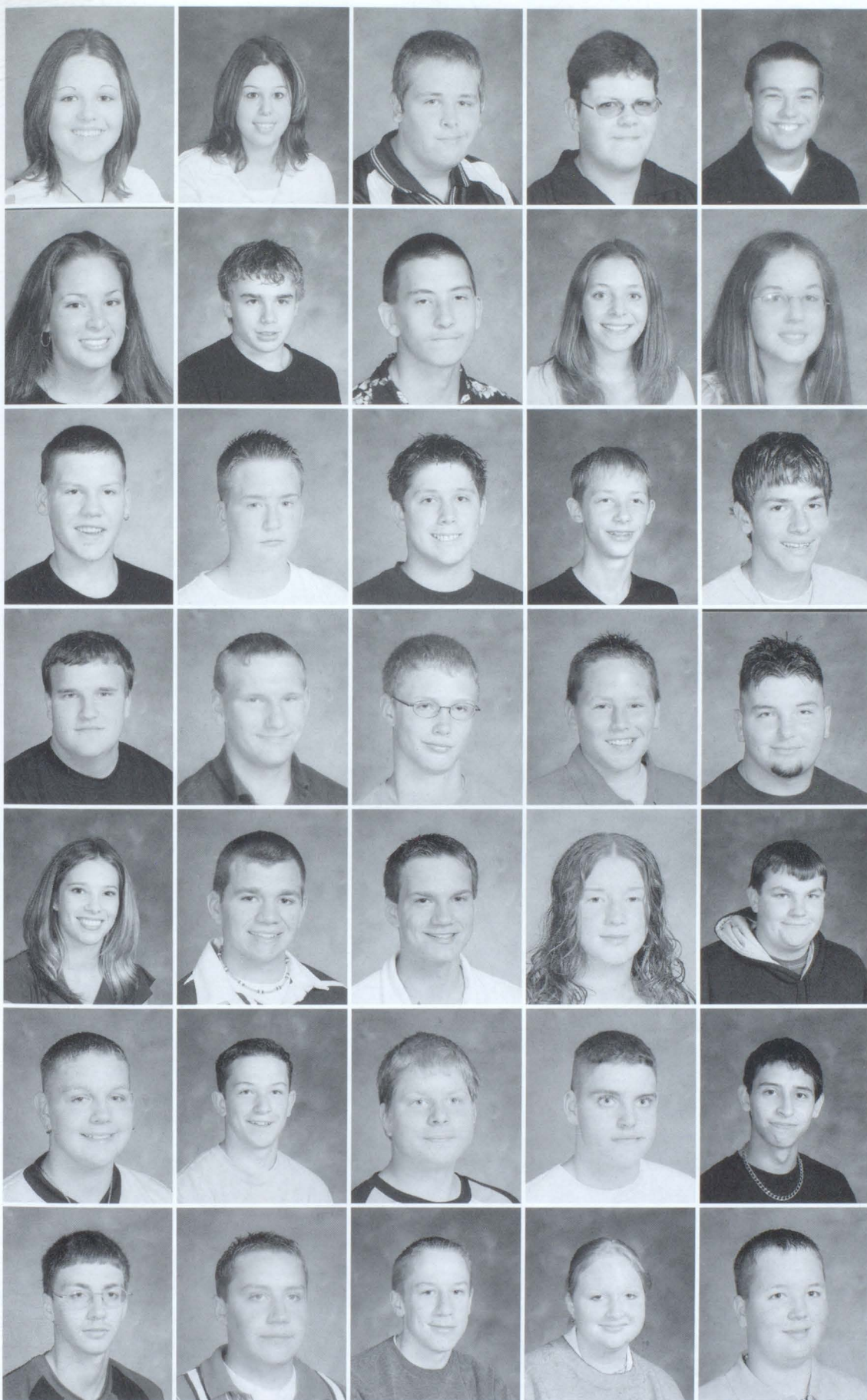


Erin Kluger
Tasha Kmetz
Olivia Kolaczynski
Jessica Koltunowicz
Kyleigh Konyha



Amanda Koshak
Derek Krauss
Ashley Kruger
Kathleen Lopez
Benjamin Mackay





Jamie Martin
 Jessica Martin
 Edward McCallumore
 Michael McClellan
 Christopher McKee

Kareyna Miller
 Charles Morgan
 Neil Murray
 Shelby Nahernak
 Kristin Nahorodny

Kyle Oakley
 Anthony Ortenburg
 Steven Owsen
 Justin Palmateer
 Kyle Palmateer

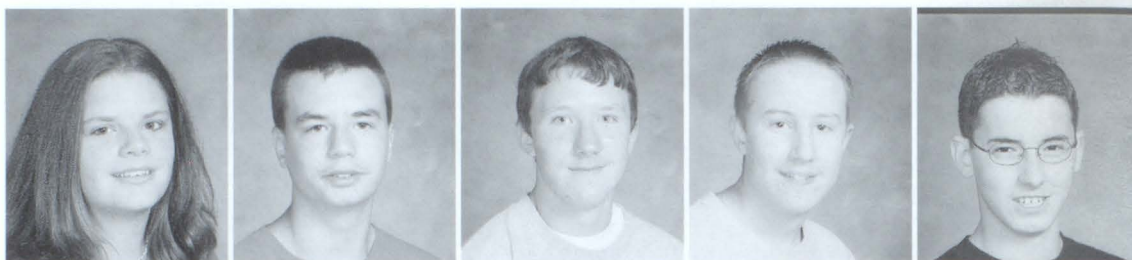
Jonathan Paluch
 Robert Patton
 Benjamin Pauli
 Jeffrey Pelc
 Lee Peters

Jerrica Polzin
 Adam Porter
 Ryan Protasiewicz
 Kelsie Quandt
 Michael Radatz

Daniel Ray
 Jacob Richey
 Benjamin Rix
 Christopher Robinson
 Jose Rodriguez

Kevin Rodriguez
 Gary Ross
 Michael Roy
 Amanda Russell
 Andrew Sawicki

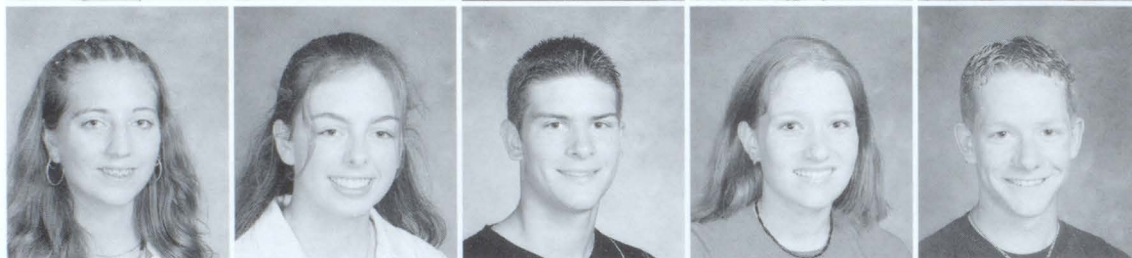
Ashley Sheldon
Derek Shutt
Bryan Sivec
Andrew Skuratowicz
Calvin Smith



Elizabeth Smith
Joshua Smith
Kayla Smith
Scott Smith
Stephanie Smith



Erica Stewart
Keeley Stewart
Daniel Stiefel
Amanda Strunk
Theodore Thomas



Katherine Turner
Tria Vang
Amanda Veryser
Brittany Walsh
Karl Waltzer



Elizabeth Ward
James Watson
Chelsi Wilson
Kimberly Wisenbaugh
Michael Zarkowski



Kristin Ziats



Class of 2006

Not Pictured: Pamela Adams,
Susan Hart, Brett Lajdziak,
Sara McConnell, Ashley
McKenzie, Alysha McMann,
Justin McMann, Kassandra
Sinka, Jennifer Smith, Sara Trott,
& Katelyn VanCamp.

Class Government



Sophomore Student Council

Right: The entire 10th grade Class Government, Amanda Strunk, Olivia Kolaczynski, Jacqueline Gresell, President; Sara McConnell, Jake Hoover, and Brandon Hill. *Not Shown:* Representative; Kyleigh Konyha, because of a certain teacher who would not let her out of class for the group photo.



Representative:
Amanda Strunk,
"My favorite part of being in Student Council is getting to go to the conferences & being a part of the decision making for our class."



Class Treasurer:
Jake Hoover,
"This is my third year as Class Treasurer and I really enjoy being in Student Council."



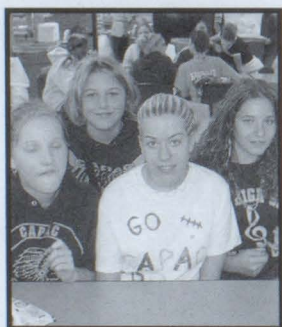
Representative:
Jacqueline Gresell,
"This is my third year in Student Council & I plan on being in it for my next two years. My favorite part is to the conferences."



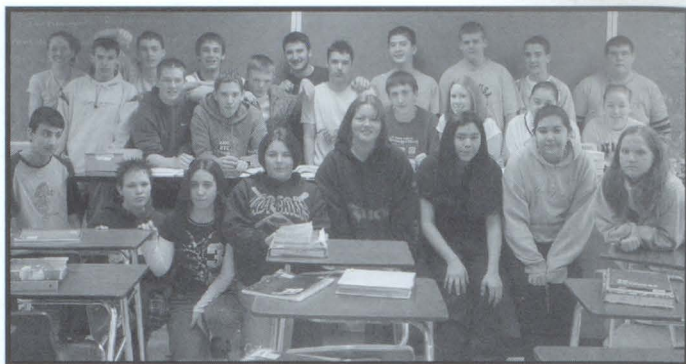
Vice President:
Brandon Hill,
"This is my first year as Vice President of my class & I enjoy working with & making decisions for my class."

Freshman Class of 2007

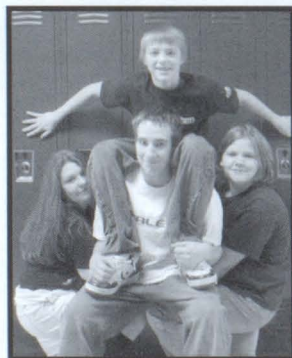
"For the life of me, I cannot remember, what made us think that we were wise and we'd never compromise..... we were merely Freshmen" - Verve Pipe



Right: Say Cheese!
Mr. Fuller's second hour class looks so relieved to take a break from the grueling lessons of physical science.



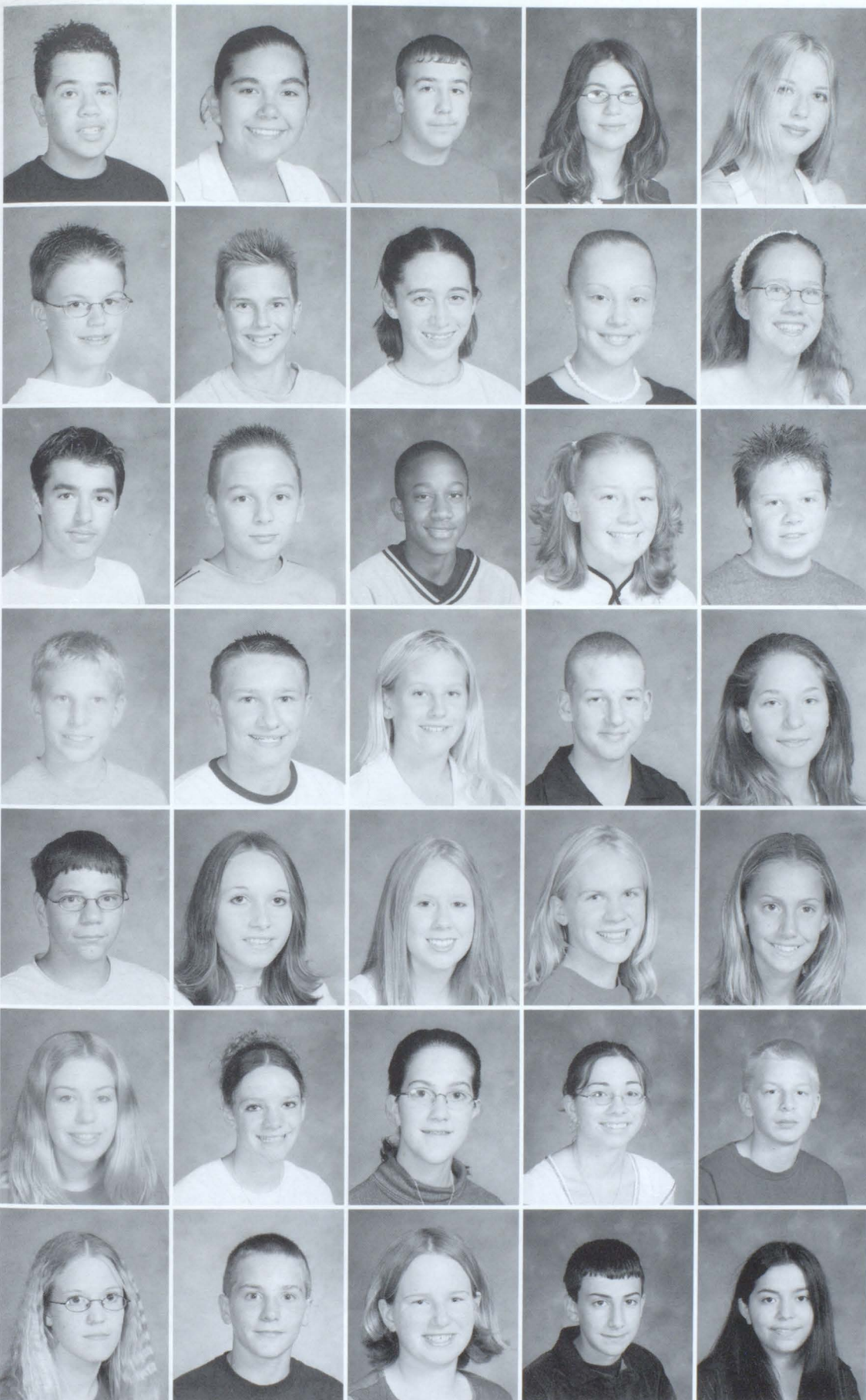
Below: Let's Get Physical!
A group of creative ninth graders pose for a photo before beginning their third hour Phys. Ed. class - stop goofing around and get started guys!



Above: Wow, boys are lighter than they look..
Debbie Rybicki and Maureen Hunter support Todd Lawrence and Josh Murphy, showing that girls can be tough too.



Above: It's Lunch Time, Finally!
Eighth grader Joe Harvey pops in for a picture with freshmen Katie Hlubic and Amanda Watson while they eat lunch with some friends.



Matthew Aguinaga
 Tiffany Aguinaga
 Matthew J. Anglebrandt
 Mallory L. Arthur
 Amanda Artley

Michael T. Bainbridge
 Jason M. Barkley
 Chelsea Bednarski
 Jessica Lynn Blackstock
 Christina Bolda

Adiano V. Bonfiglio
 Patrick Braun
 Alan Browning
 Melissa Bullock
 Michael Burkel

Wade A. Burns
 Joseph Camire
 Kristina L. Campbell
 Thomas Carter
 Khrystyna Catalina

Raymond Caughel
 Jessica Chambe
 Stacey Charbeneau
 Jennifer Chetosky
 Jacqueline A. Clark

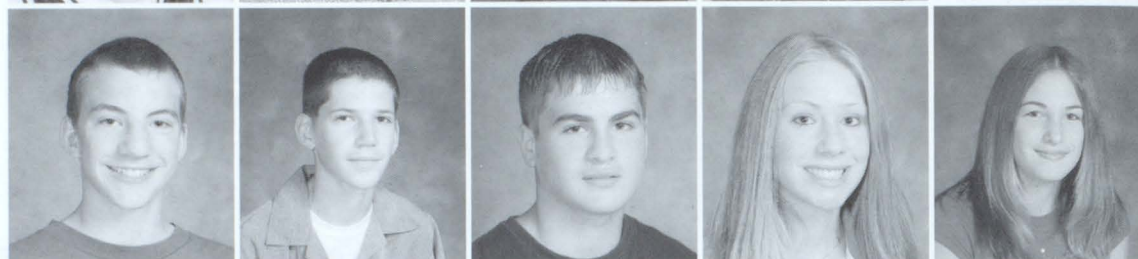
Ashleigh Colwell
 Samantha Nicole
 Compton
 Rebecca Crane
 Jaclyn Decker
 Aaron Dickens

Chelse Edgerton
 Bryan Forton
 Kristy Frantz
 Joseph F. Furby
 Kelly Garza

Steven Gilbert
Matthew Glombowski
Amanda Gonzalez
Jessica Gundlach
Audrey Haner



James Hansen
Christopher Henry
David D Hibbert
Kylie L Hill
Katie Hlubic



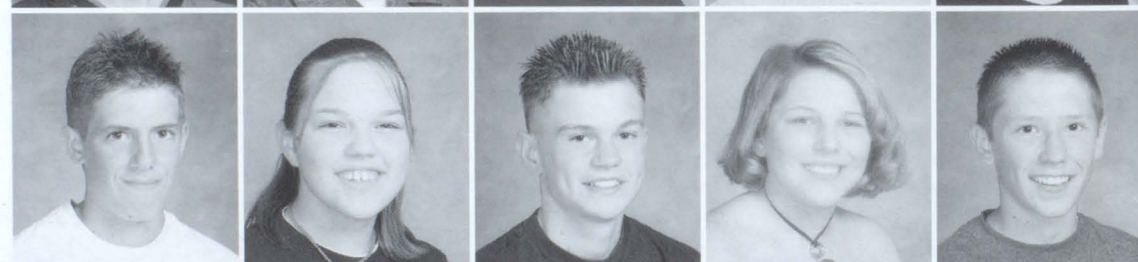
Michael Hull
Karl M. Hummel
Maureen Hunter
Amber Jacques
Robert Johnson



Jeffrey Judd
Michael W. Justice
Michael Kammerer
Nicholas Kegler
Amanda J. Kenny



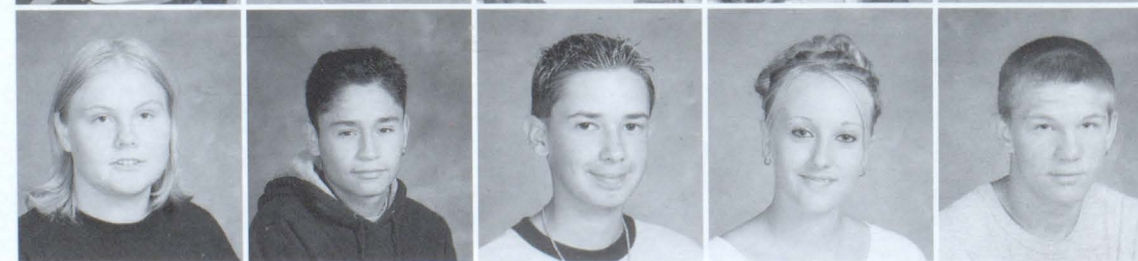
Joseph Klocke
Andrea Kluger
Edward Kluger
Felicia Knop
John Kotermanski

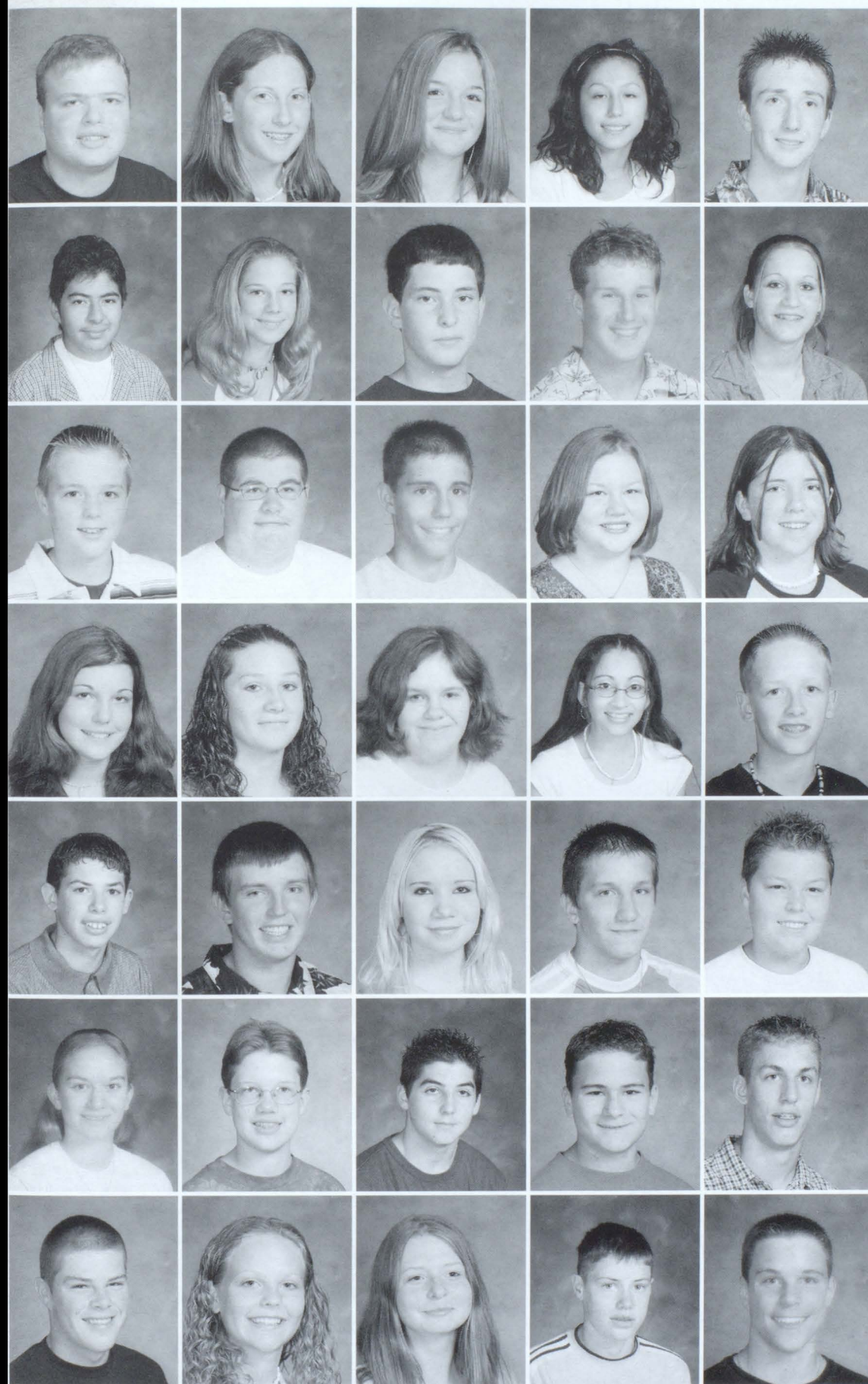


Kaitlyn Kowalewski
Leif Kowalewski
Angela Lafreniere
Amy Lauwers
Todd Lawrence



Lacey Lemier
Jonathan Leon
Carl Leonard
Christina R Lockhart
Chance M. Martens





John Marth
Abby McConnell
Jessica McMann
Jessica Medrano
David Moore

Juan Morales
Alexandra Morton
Alex Moseley
Duane Mousseau
Katie Mowery

Joshua Murphy
Benjamin Nelson
Jacob Nemecek
Samantha Nemeckay
Therese O'Brien

Danielle Osentoski
Samantha Owsen
Elfrieda Pack
Jessica Padilla
Jeffrey K. Palmateer

Zachary Parker
Blaise Pewinski
Rita Phillips
Brian Pietrzak
George S Pittenturf

Heather M Porter
James Pouliot
Wesley Randall
Aaron S Ransom
Jacob Rawlins

Robert Ringle
Carisa Rinke
Deborah L Rybicki
Christopher Sarnowski
Brian Sass

Christopher Sass
Andrew Schrader
Ashley Scott
Deanna S. Shpilia
Timothy Shurat



Christopher Simms
Shane Sinda
Jennifer Lee Sirovey
Kimberly Smith
Scott Smith



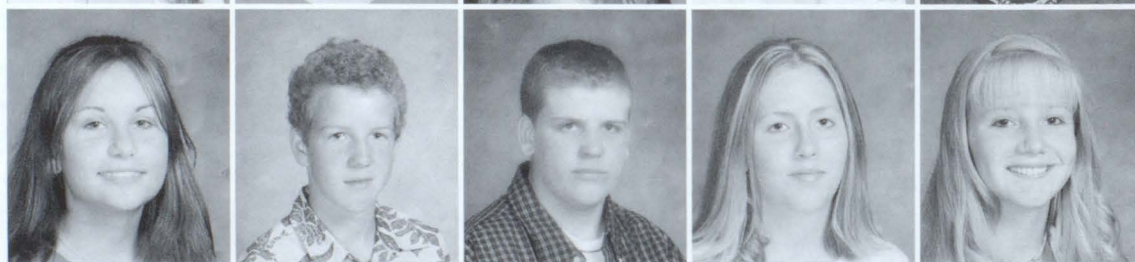
Levi A Spalding
Stephen A Spencer
Jessica Stewart
Shane Stroup
Nancy Szymanski



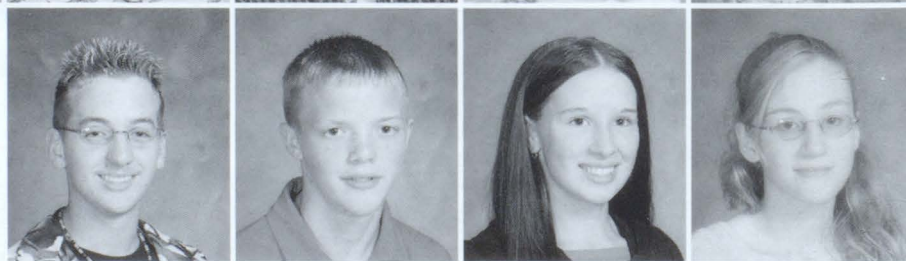
Amanda L. Tobian
Jennifer Tyckowski
Chelsea Urbanek
Lindsey Victor
Matthew Walker



Amanda L. Watson
Steven Welch
Sean Wendt
Kristie Wheeler
April Wilcox



Andrew Williams
Franklin D Williamson
Cortney A Wojcik
Sarah Zak



Student Council

"...and we would change a thing or two...."- Good Charlotte

What are the perks of being in student council?



Left: Smiling Faces.

The Freshman student council shows us their biggest grins, what are they so happy about anyway...?

Below: Presidential Treatment
Freshman President Josh Murphy gets the best treatment, he doesn't even have to walk down the halls of the school!



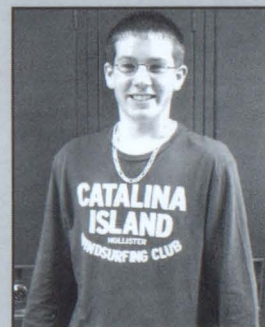
Josh Murphy, Freshman class President, says he likes getting out of class and being in a lot of pictures. "



Chris Mousseau, Vice President of the Freshman class, says the perks are "getting out of school and meeting new people when we go on trips."



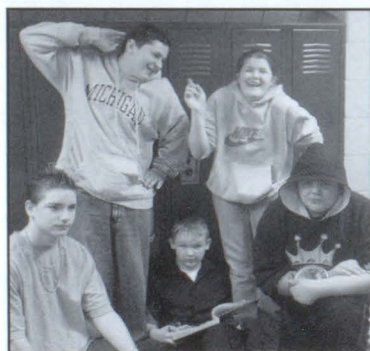
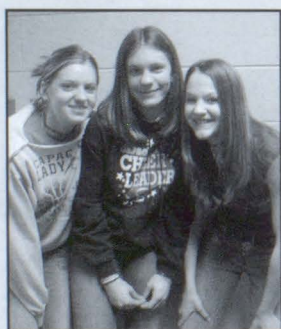
Kylie Hill, class Secretary, enjoys "hanging out with all the cool student council people!"



Mike Hull, Freshman class Treasurer says the perks are "getting out of class to get pictures taken and going to different places."

8th Graders Class of 2008

"No one should take themselves so seriously, with so many years ahead of me to fall in line... I'll never want to act my age, what's my age again?" ~ Blink 182



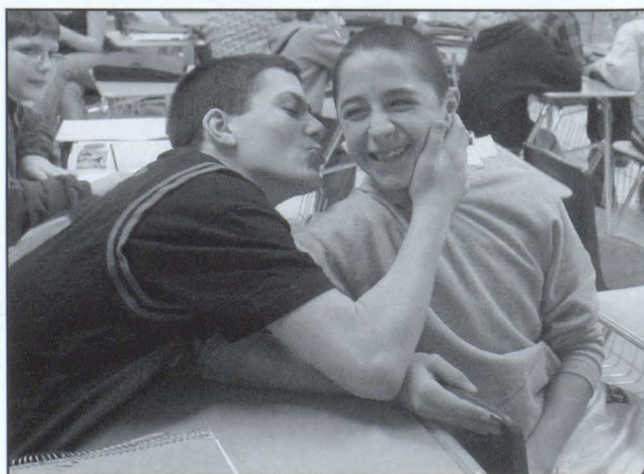
Above: Skippers!
Some sneaky kids pose for a picture while enjoying hallway life... hey, aren't you guys supposed to be somewhere else right now?



Left: Already chasin' the girls.
Kenny Randall, Kevin Bollaert, Joe Frazier, Dan Jackson, and Kye Kurtzhals each show us their best "chick magnet" faces.



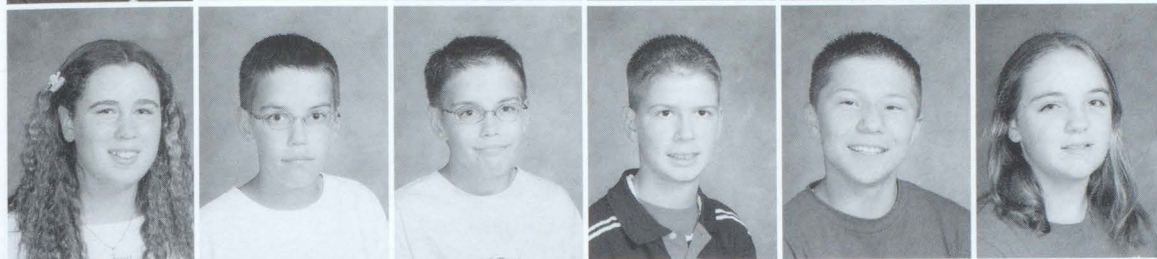
Below: Getting together.
Students of the eighth grade class get together to take a big group picture, it looks like they'd make a nice road-block....



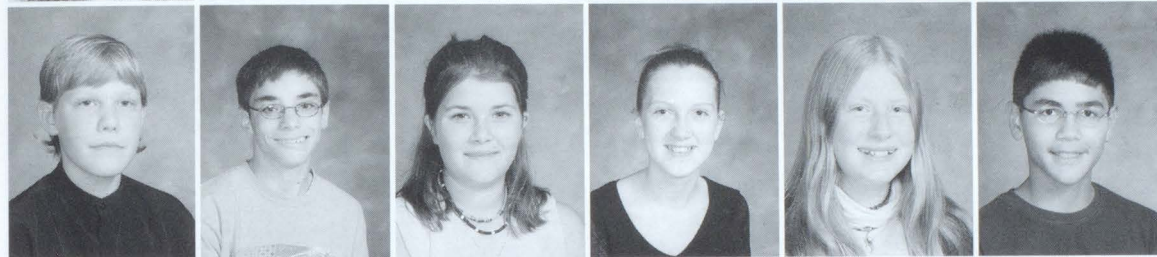
Above: A little *too* close for comfort....
Chris Schroeder loves his friend Mike Walker so much, that he can't even wait until class is over to show him how he really cares!



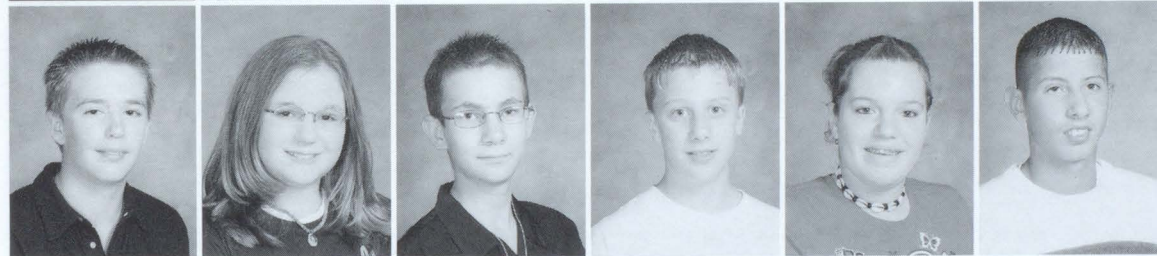
Katherine Allemon
Samantha Batchelder
Jaimie Beischer
David Berlin
Bryanne Bidwell
Courtney Biggs



Brandy Bly
Andrew Bollaert
Eric Bollaert
Kevin Bollaert
Josh Boller
Angelina Bonino



Zachary Boseak
Paul Bourgeois
Carlee Bowerson
Kayla Bringard
Alexis Brovage
Christopher Bruce



Thomas Brys
Ashly Burk
Kenneth Burk
Anthony Burkel
Nicole Burton
Jonathan Carroll



Nathan Carver
Adrian Collins
Kimberly Collins
Nicole Cook
Anna Cyrus
Niles Czekiel

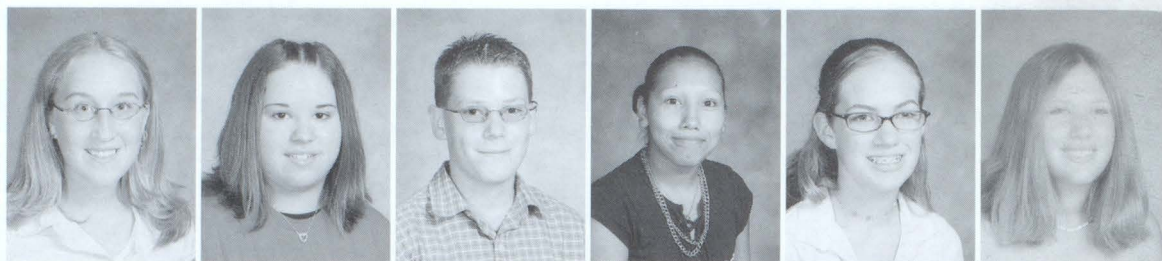


Kristen Dewitte
Samuel Dodes
Sarah Dove
Chad Dudley
Sarah Ensley
Veronica Ezyk

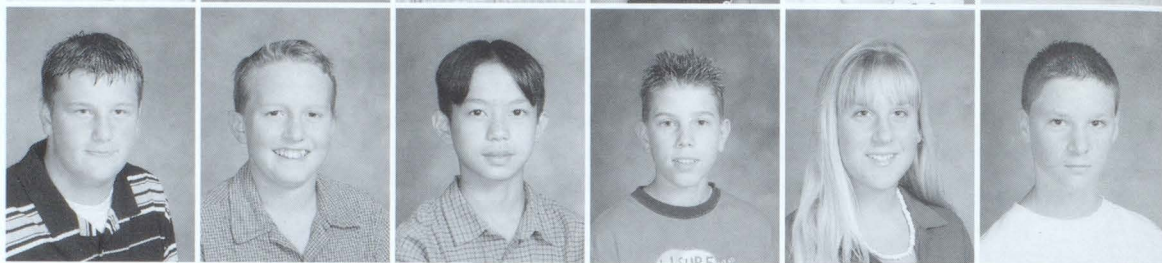


Michelle Failer
Courtney Ferdinande
Ashley Ferrett
Cassandra Ferrett
Jesse Fielitz
Joseph Frazier

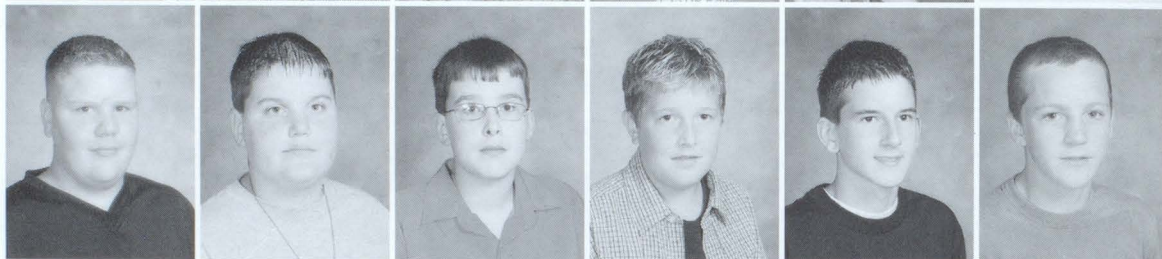
Brittany Friedenstab
 Maria Gonzalez
 Corey Green
 Dora Gutierrez
 Mackenzie Hackelberg
 Sharleen Hagel



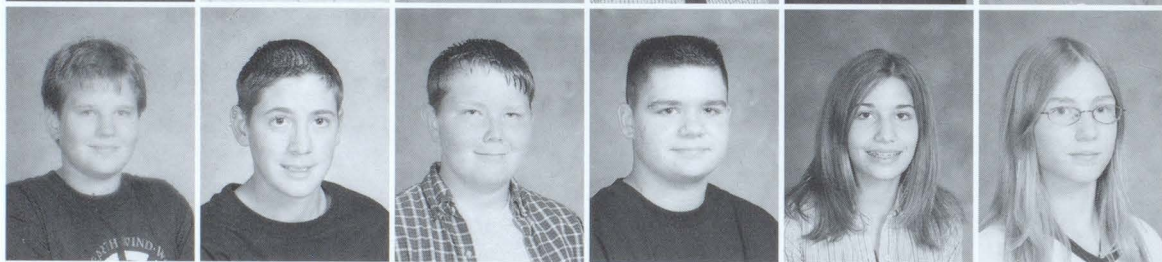
Joseph Harvey
 Brandon Heiden
 Phong Her
 Jacob Hill
 Megan Hoeft
 Michael Hoeft



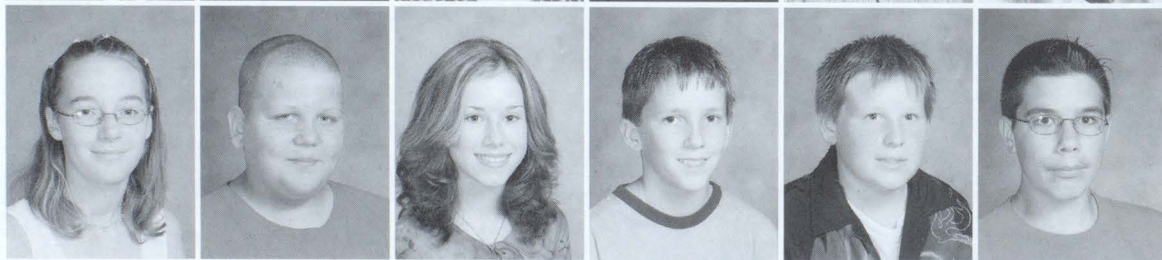
Ryan Holmes
 James Horan
 Leland Horan
 Anthony Hoskey
 Gregg Hulett
 Matthew Hunsucker



Brett Ide
 Daniel Jackson
 James Jordan
 Brian Jozlin
 Samantha Kaufman
 Kristen Keller



Kimberly Kidle
 Anthony Klobnock
 Nichole Kluger
 Jordon Konyha
 Nicholas Krauss
 Kye Kurtzhals

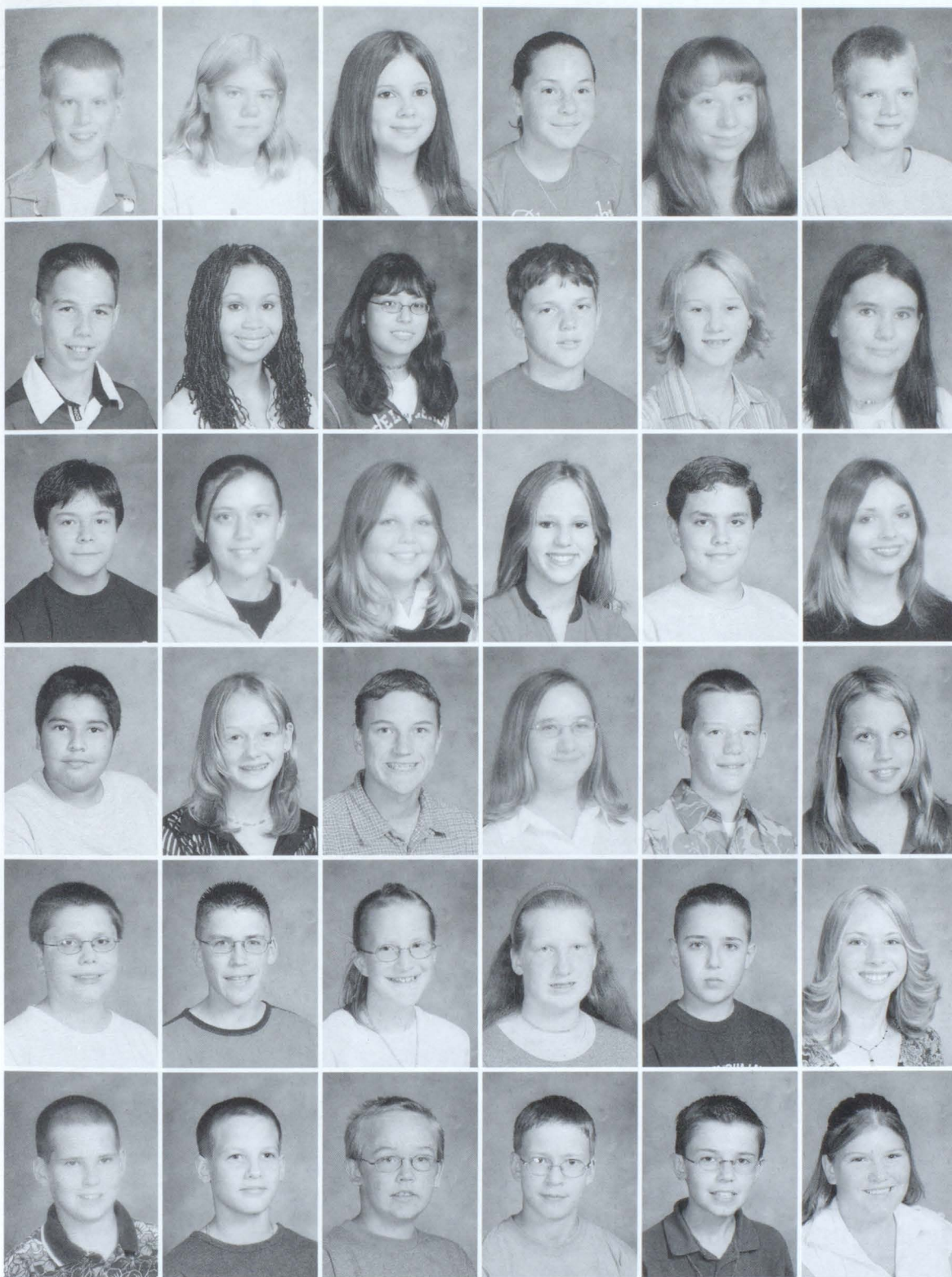


Justin Kurzynski
 Robert Lang
 Ana Leon
 Deisy Leon
 Daisy Lopez
 Amanda Lucido



Brittiany Ludington
 Mark Maisano
 Lindsey Manning
 Ashley Martin
 Andrew Maul
 Mitchell May





Ian McDonald
Kaitlin McDonald
Heather McLaughlan
Alyssa Miller
Stacy Miller
Michael Mills

Brandon Mirling
Marissa Moore
Vanessa Morales
Matthew Morrow
Tara Mustaffa
Michelle Nalezty

Ruben Nino
Aimee Nitschke
Ashley Nyquist
Katie Oakley
William Ogden
Stephanie Olszewski

Fernando Padilla
Bethany Palmateer
Jeremy Paluch
Cristal Panutich
Daniel Patton
Lauren Pelc

Grant Pentecost
Brendan Pfeifer
Kayla Porrett
Sarah Pouliot
Joseph Printz
Kelsey Pywell

Kenneth Randall
Anton Rank
Jesse Raska
Travis Rice
Michael Riley
Katlyn Ringle

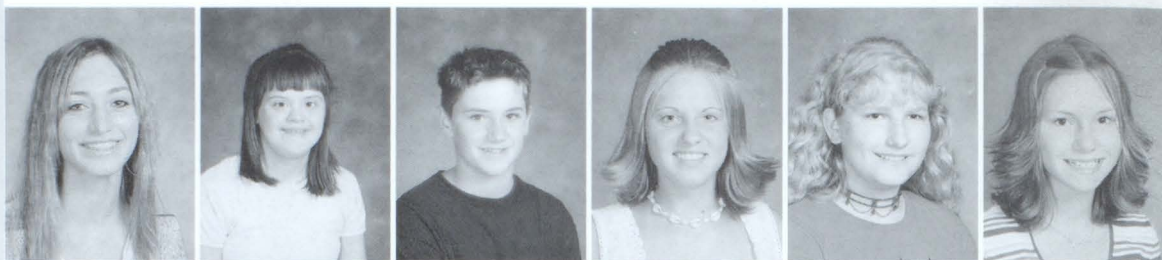
CLASS OF

2008

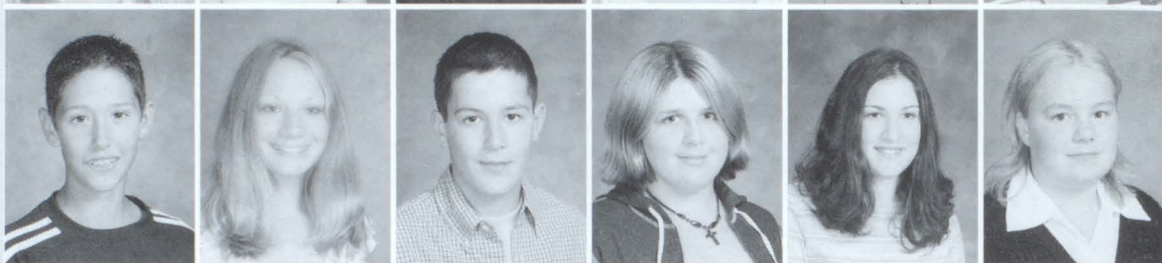
Undergrads
Cayce Cameron

71

Jessica Roberts
Jillian Rucinski
Zachary Ruddock
Natalia Santi
Courtney Sawdon
Melissa Sawicki



Nicolas Schofield
Krystal Schram
Chris Schroeder
Samantha Schultz
Sydney Seefeldt
Tonya Slayton



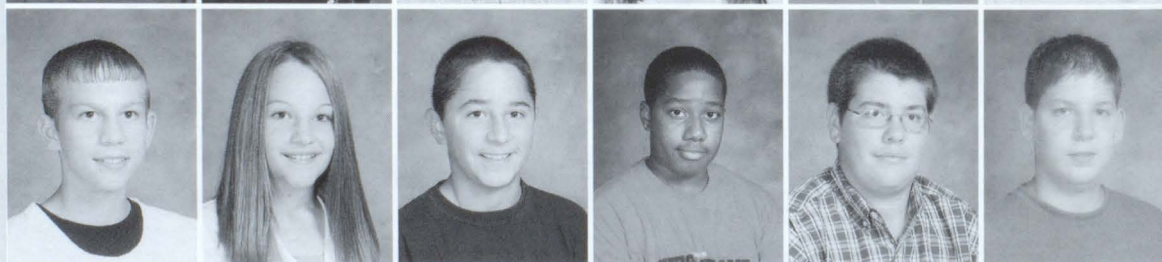
Danielle Smith
Megan Spencer
Tonya Stern
Konstantino Stewart
Chelsea Stoddard
Benjamin St. Onge



Ronald Strunk
James Swenson
Anthony Theel
Sara Tomeo
Zane Treadway
Falecia Trendy



Justin VanBibber
Cassandra Veryser
Michael Walker
Duane Warren
Alexander Wegner
Sean Wilson



Michael Withun
Jake Young
Teshia Zabik
Rebecca Zarkowski
Michael Zuniga
Yesenia Zuniga



Class

Government

What do your class leaders have to say about the Student Council ?

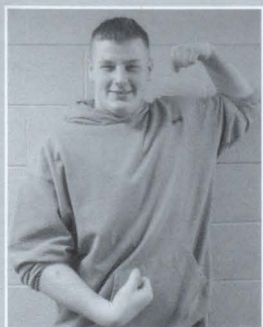


Left: "First Family"

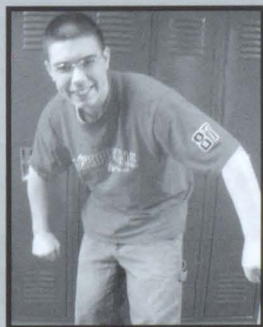
The political group of the eighth grade get along so well they are just like a great, big, happy governmental family!

Below: Brains vs. Braun.

The girls of the student council work together to balance the crazy ideas that those silly boys come up with.



Joe Harvey, Class President says "I like that I meant something to the 8th grade, that I was part of the reason we did some of this stuff".



Kye Kurtzhal, Vice President says "I like being kind of in control of the grade".



Anna Cyrus, class Secretary says "My favorite part of student council is getting to plan stuff and knowing stuff before everyone else knows about it."



Becky Zarkowski, class treasurer says "We need more people to be active in it, but we don't really do too much."





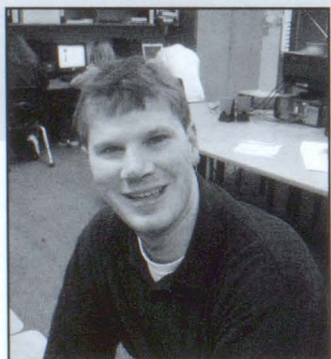
Clubs & Organizations

"Excuse me
Flow?"

Nicole McQueen
proudly flaunts
her new style!

Be young, have fun & join a club. One of the most important things that you could ever do in high school is to join a club or organization. Whatever you like to do there is a club/organization for it. If you are into agriculture then join FFA. If you are into singing join Choir. Playing instruments then join Band. Other Clubs include BPA, NHS, Science Club, Math, Woodshop.

Mr. Lengemann



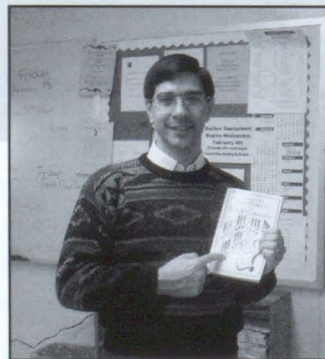
I like working with all the fantastic students including Stephanie and Ashley.

Mrs. Osentoski



I love working with all of the kids.

Mr. Cutler



I enjoy being involved in all of the student activities.

School Activities

Band 78

NHS 90

Choir 80

Quiz Bowl 92

Select Ensemble 81

Spanish Club 93

Jazz Band 84

PALS 94

Student Council 84

Woodshop 95

FFA 86

Newspaper 96

BPA 88

Yearbook 98

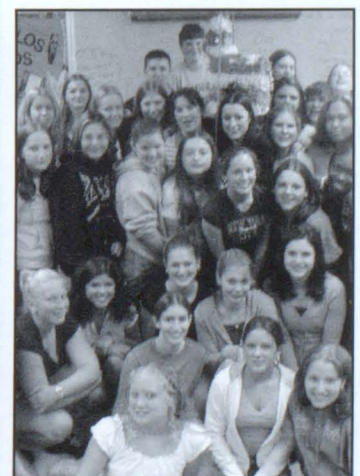


FAR LEFT: BPA Sign.

LEFT: FFA groups together for a picture during a state convention at Michigan State.

BELOW LEFT: Clarinet players from the band.

BELOW RIGHT: The spanish club groups up before a luncheon to show off their pearly whites!



**What will you
always remember
about being in
band?**



"I will always remember the great friendships, the feeling I get when we march onto the field and the first time all the color guards spun together."

Robyn Higgs, Senior



"I'll never forget when Mr. Fox fell in a mud puddle while showing the band how to run from one side of the field to the other."

Jamie Harris, Senior



"I will never forget the first halftime show this year. I heard people hushing the crowd and the old men under the booth even clapped after the show!"

Jim Davidson, Senior

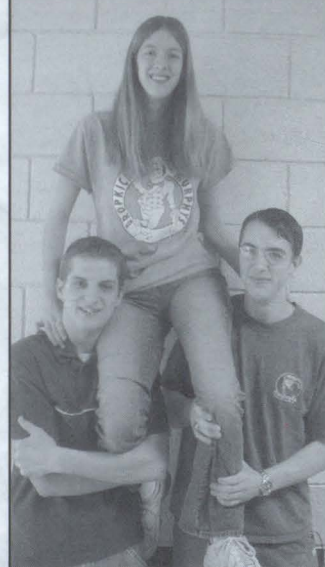
Below: The High School Band performing at the Festival Concert in March. The Band played some very challenging music and had a great time performing for this event. The Festival Concert also included the Capac High School Choirs and an art exhibit by the students of Ms. Miller.



Band "This is the Time"

Below: Capac's first group of color guards made up of Christine B., Samantha H., Robyn H., Kera H. and Mary Lou A.

Right: Jim D., Jamie H., and Burke J. were the band assistants for the 2003-2004 school year. They assisted Mr. Fox in rehearsals with 5th and 6th grade bands and helped to maintain the band office when they got around to it!



Left: Ms. Joy stepping in playing some music with her favorite students at a home game. Mr. Fox getting lost in the music as he conducts them to keep them sounding oh so good.

Above: The marching band traveled to Yale for a competition where they took the trophy of the most spirited performance. They had a great turn out and support from all the fans that traveled to support their favorite marching band.



Top: Joel Williams and Nina Forton playing at the Yale competition. **Above Left:** Nick Dodd all dressed up to rehearse his moves. **Above Right:** Raychel Soulier holding Matt Sinda at a basket ball game.



Top: Burke Jenne and Rachel Crane after the jazz band concert. **Middle:** Kaoru Tanaka playing piano and Scott Harris on the drums. **Bottom:** Conny Rossow directing the percussion at the Yale competition.



2003-2004 Capac High School Band

Back Row: Mary Lou Aguinaga, Samantha Hansen, Connie Rossow, Jamie Harris, Jessica Rawlins, Kera Harris, Christine Boyd, Robyn Higgs **Fourth Row:** Burke Jenne, Eric Wendt, Amanda Kenny, Jeff Judd, Kurt Waltzer, Nick Dodd, Rebecca Crane **Third Row:** Sara Owsen, Jim Davison, Rachel Crane, Melissa Bullock, Andrew Williams, Andy Sawicki, Alysha McMann, Nina Forton, Joel Williams, James Hansen, Aaron Ransom, Theo Thomas, Jon Bunker **Second Row:** Rhonda Kaiser, Stephanie Gray, Sandy Bullock, Dawn Forton, Amy Lauwers, Jon Boyd, Erin Kluger, Kylie Hill, Raychel Soulier **Front Row:** Mr. Fox, Mike Kot, Matt Sinda, Joel Carden, Scott Harris, Jeff Pelc, Matt Deel, Brandon Heiden, Lindsey Victor, Joe Furby **Not Pictured:** Shane Sinda, Andrea Aldrich

**What was the
funniest thing that
happened in class
this year?**



"The funniest part of choir this year was when Miss Joy busted out gospel style during Higher Ground."

Amanda Hoskey 11th



"The funniest thing is that I wasn't supposed to be in choir but Joel changed my schedule when I wasn't looking."

Bruce Foster 11th



"The funniest part of choir this year was the way some people who can't sing are really loud."

Kendra Cook 10th

Below: Miss Joy directing the choir as they practice performing their festival material at a school concert.

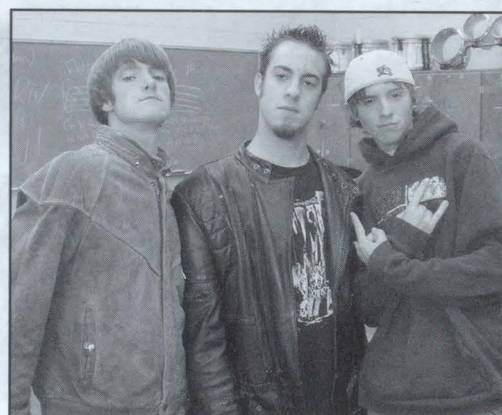


Choir

"Teacher thinks that I sound funny"

Below left: Randi Buckhanon, Racheal Owens, Blaire Jozefiak, Korrine Wojcik, Jaimie Ziolkowski, Emily Mayer and Rachael Peters reign seniority in choir class. this year.

Below right: Bad boys, bad boys, watcha gonna do?



Above: Amanda Hoskey are you giving Andrea a hug or is that a head lock?



Above: The choir welcomed a new teacher this year, with the well deserved name, Miss Joy.



Above: Randi smiling pretty before the choir performances.

No Boys Allowed and 7th Hour A Cappella Groups



Above: Jacky Horan, Rachel Crane, Amanda Hoskey, Shannon Donnellon, Khrystyna Catalina, Director: Miss Joy, and Jeania Deaton

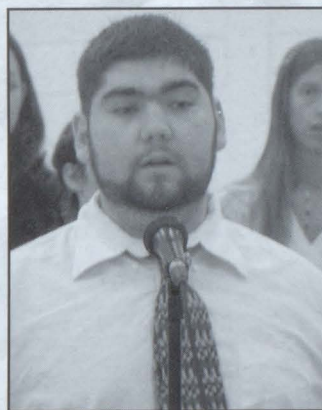
Right: Rob Vanlerberghe, Jim Davidson, Burke Jenne, Tom Paluch, Scott Harris, Joel Carden and Bruce Foster



Below: Karou, an exchange student, played accompaniment for both choirs this year.



Above: Ashley Stelzer sings her solo to please the crowd.



Above: Carl Kenny sings his solo at the Spring Arts Festival.

Select Ensemble *"... but she likes the way you sing"*



Above: Select ensemble performing at a school concert while Miss Joy plays piano.

What was the funniest thing that happened in class this year?



"The funniest part of choir this year was the fact that choir is a two man job."

Rob Vanlerberghe 11th



"The funniest part of choir was sitting next to Bruce and the color of the day."

Christine Felek 12th



"When the tenors pretended to know what they were doing."

Tom Paluch 12th

What is the best thing about jazz band?



"I think it was really cool to play with another instrument as a band because I always played solo piano."

Kaoru Tanaka 12th Grade



"What I enjoyed most about jazz band is the variety it added to my drumming."

Scott Harris 11th Grade



"What I enjoyed most about jazz band was being able to go to school everyday and play my favorite instrument with a bunch of my friends."

Jim Davidson 12th Grade

Left to Right: Scott Harris, Jim Davidson, Mike Kot, Jamie Harris, Kurt Waltzer, Sara Owsen, Kaoru Tanaka, Rachael Crane, Nina Forton, Burke Jenne, Joel Williams, Mr. Fox, and Michael Senkow



Jazz Band *"We're gonna lend an ear to all that jazz"*

Below: Mike Kot knows that practice makes perfect and that perfection is behind a good band.



Right: Kurt Waltzer poses tough with his bass guitar after a performance.



Left: Connie Rossow and Jim Davidson performing at Holly Meadows.

Above: The jazz band practicing their pieces during class second hour.



Above: Local firefighters help assist a victim in the mock crash to remind students to make good decisions about impaired driving.

Below: Juniors and Seniors pose for a picture on Grim Reaper Day to remind everyone to be safe on prom.

Below Left: The victims from the mock crash pose for a picture.

Below Right: S.A.D.D. worked together to paint a new mural on the school wall by the office.



SADD Officers



President

Ashley Bluhm 12th Grade



Vice President

Jamie "Turtle" Kmetz 11th Grade

"Turn around bright eyes"

S.A.D.D.



First Row: Amanda Thomas, Rhonda Kaiser, Ashley Bluhm, Melanie Johnson

Back Row: Timothy Shurat, Erica Phillips, Jen Charbeneau, Stephanie Carrier, Lacey Gunn, Brandy Bly, Ashly Burk, Kim Kidle, Bethany Palmateer



Secretary

Amanda Sitton 11th Grade



Treasurer

Melanie Johnson 12th Grade

What is your favorite part about Student Council?



My favorite part of Student Council is when we put on workshops and when we attend different conferences.

Jacqueline Gresell, Sophomore



My favorite part about Student Council is being able to interact with everyone and being involved in different activities.

Amanda Strunk, Sophomore



The different activities, and I love our President Donny Bluhm. Also high-way pickup!

Kyleigh Konyha, Sophomore

Below: Sophomores, Kyleigh Konyha, Ashley Sheldon and Amanda Strunk work together on a leadership program with students from the Middle School.

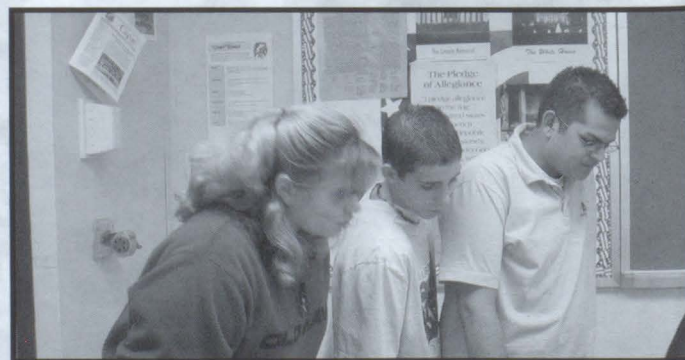


Student Council

Below: Erica Phillips(left) and Dawn Forton(right) taking time out for a picture from a busy meeting!

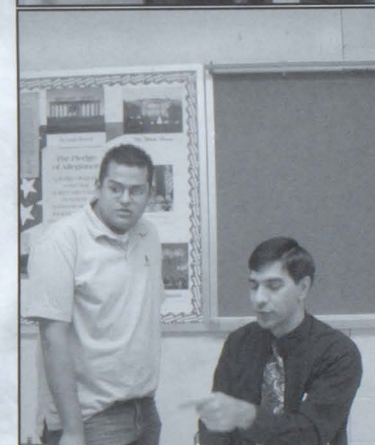


Right: President Donny Bluhm poses for a picture after a long meeting!

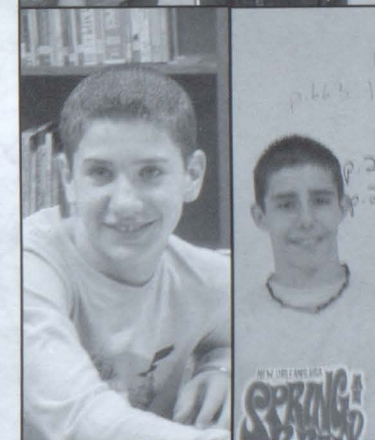
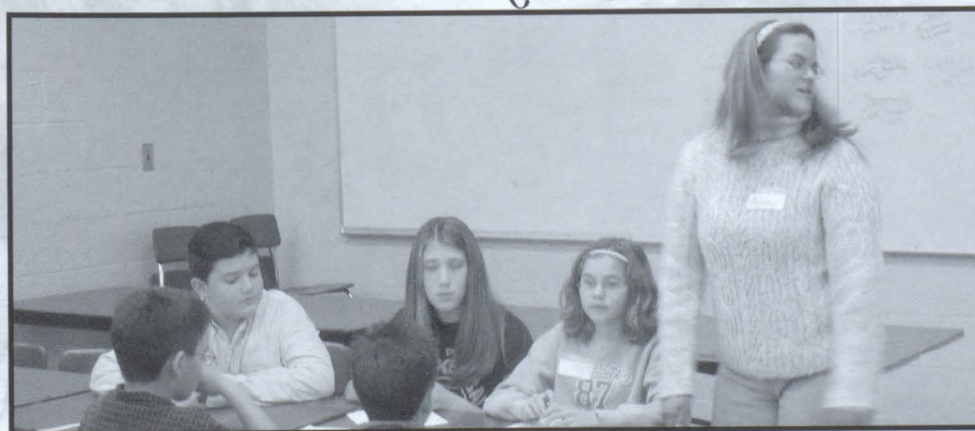


Left: Seniors Rachael Peters and Nicole Gresell working with Middle School students at the leadership workshop!

Above: Dawn, Jake, and Donny looking to see what is next to do!



"We Work Together"



Top: Student Council Officers, Ashley Bluhm, Donny Bluhm, Amanda Palmateer, and Nicole Gresell discussing the upcoming events.

Middle: Sophomore, Jacqueline Gresell works with Middle School students on Leadership Day!

Above: Senior Ashley Bluhm working with Middle School students on Leadership day!! Are you guys having fun yet??

Top: Jacqueline Gresell, Kyleigh Konyha, and Ashley Sheldon.
Second: Middle School Students.
Third: President Donny Bluhm and Mr. Cutler.
Bottom left: Middle School student Jon Botwin.
Bottom Right: Jake Nemecek.

Clubs/Organizations
Page: Jessica Martin

What is your favorite memory of FFA this year?



Going to officer camp and getting woken up really early by a drill sergeant and learning how to use my deer ears on a nature walk.
~Amy Lauwers



When we got in trouble at Nationals for having guys in our room!
~Jackee Barbier



Going to National Convention and being pushed around in my wheelchair.
~Chris Ferret

Below: FFA officers, Advisor-Mrs. Osentoski, Treasurer-Connie Rossow, Reporter-Sara McConnel I, Parliamentarian-Chris Ferret, Historian-Amanda Palmateer, President-Kenny Hummel, Secretary-Jeff Pelc, Sentinel-Adam Blumerich, Student Council Rep.-Patrick Braun, Student Council Rep.-Amy Lauwers, and Vice President-Sara Bosch.

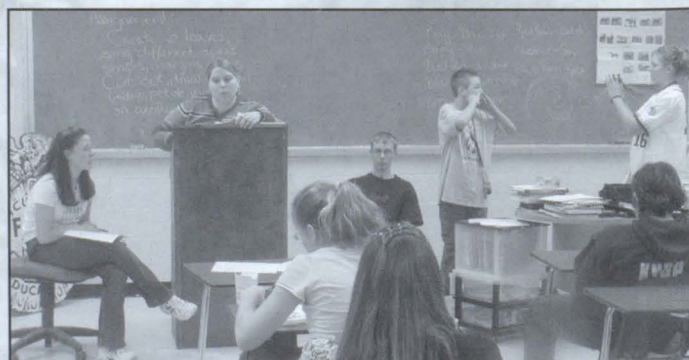


FFA Follow Me

Below: FFA members getting ready to compete at Districts. Good luck!



Right: Cassie Ferret at States in Lansing holding the trophy her team won.



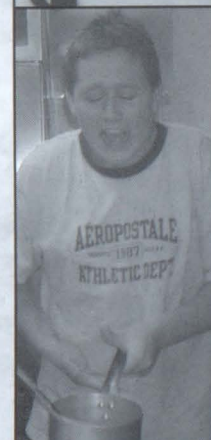
Left: Kenny Hummel preparing food at the Christmas Dinner. Don't burn it!

Above: FFA member listening attentively to Leigh Osentoski at a general meeting.



The 76th National FFA Convention in Louisville, Kentucky

FFA members taking time out of their busy schedule during the National Convention to pose for a quick picture. Jeff Pelc, Sara Bosch, Jackee Barbier, Leigh Osentoski, Danielle Hockey, Kayla Finn, Adam Blumerich, and Chris Ferret. Looking good in your official dress!



Top Right: Danielle Hockey.
Middle: Sara McConnell.
Above Right: Sara Tomeo and
Veronica Ezyk. Above Left:
Jeff Pelc. Middle: Karl
Hummel. Top Left: Ben St.
Onge

What was your favorite part of BPA this year?



Amanda Palmateer

My favorite part of BPA this year was participating in all of the events and spending time with friends!



Jennifer Fink

My favorite part of BPA this year was being with my friends.



Ashley Bluhm

My favorite part of BPA this year was going on all of the trips. Good luck next year!

Below: Ben Hoover, Amanda Palmateer, Ashley Bluhm, and Hilary Ellis smiling on stage after claiming their award for their event.



Business Professionals of America

Below: Donny and Ashley Bluhm smiling for the camera at their State's Competition when Ashley received an award.



Right: Jessica Gundlach & Kylie Hill stop and smile pretty for a picture during the dance at BPA States.

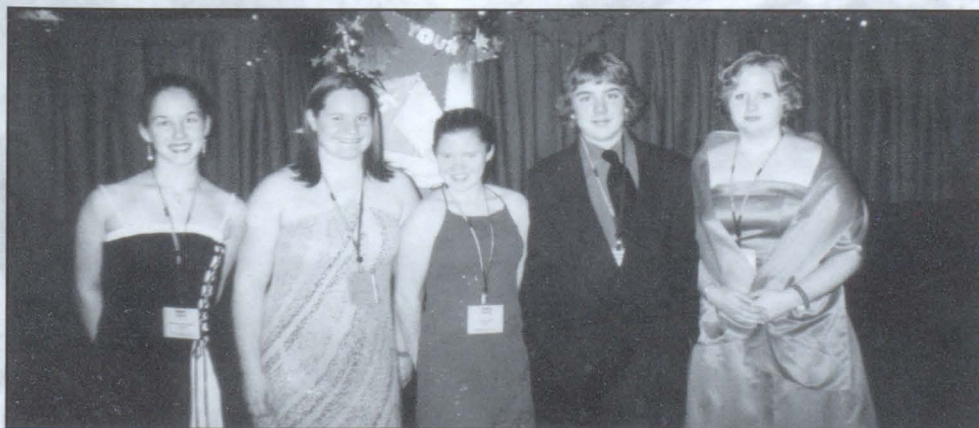


Left: Mrs. Winiarski & Mr. Hitchcock posing while supervising at BPA States.

Above: Alan Boadway, Jake Hoover, & Ben Hoover eating at their Formal.

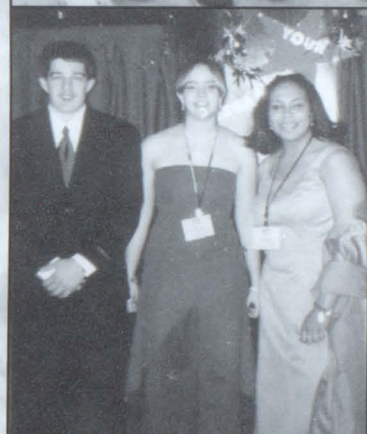


“Takin’ Care of Business”



Top: The new officers for the BPA Chapter for the 2004-2005 school year poses for a shot after a chapter meeting.

Above: Kristin Nahorodny, Kim Wisenbaugh, Lacy Gunn, Jake Hoover, & Amanda Russell looking good all dressed up.



Top: Jessica Rawlins & Jessica Gundlach
Middle: Alan Boadway, Ashley Wright, & Erica Phillips
Bottom Left: Jessica Gundlach, Mr. Hitchcock, & Jessica Rawlins
Bottom Right: Jessica Gundlach & Mrs. Palmateer

Clubs/Organizations
Stephanie Doutry

What was your favorite volunteer project?



"Taking pledges on Channel 56 because we have some strange conversations with pledgers."

Mary Beth Osmulski
Senior



"The senior citizen prom because you get to help old people have fun!"

Greg Lewis
Senior



"Tutoring all of the underclassmen because I like knowing that I am making a difference in my school."

Tom Michniacki
Senior

Below: Alyssa Lubahn, Ashley Koshak, Katie Hollenbeck, Sarah Bainbridge, & Mary Beth Osmulski serve up some donuts and orange juice at the 2nd card marking honor roll breakfast.

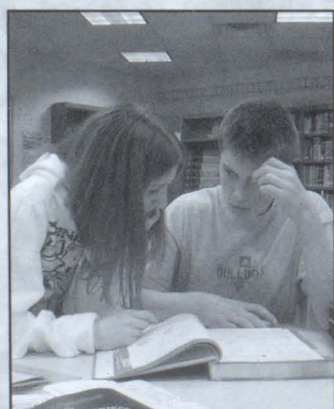


Workin' Hard in the Neighborhood

Below: Medilodge of Yale Sponsored a Senior Citizen Prom and 8 seniors got their groove on with some seniors of another generation!

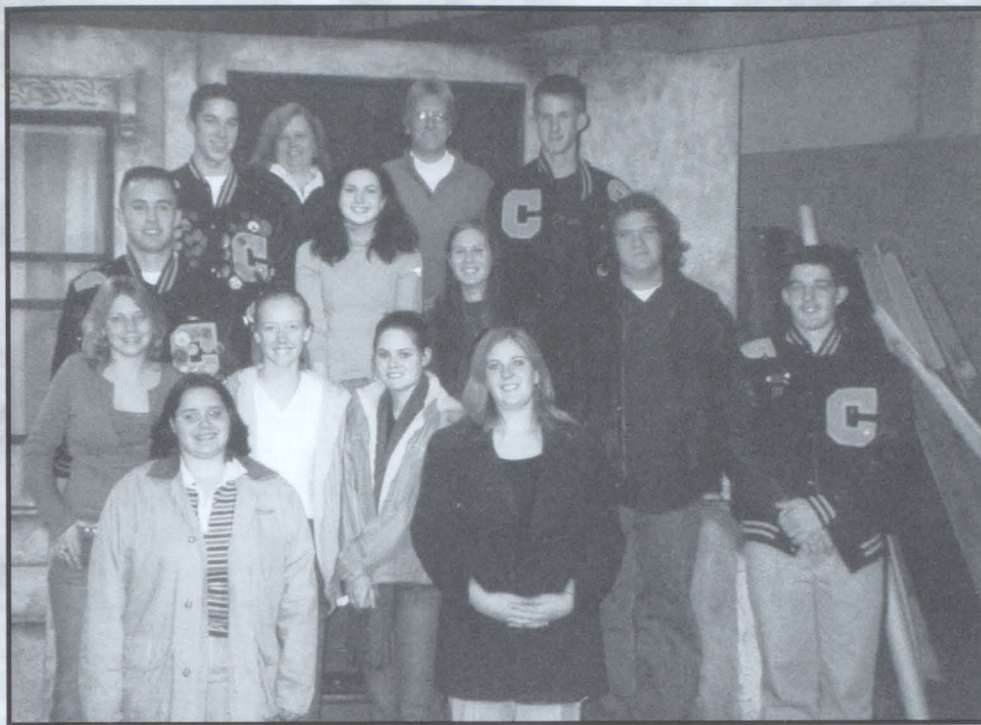


Right: Doesn't he look good in a skirt? Mr. Vangel was a great sport in Buy-A-Friend Day. He was bought by some very creative students.



Left: Sara Bosch tutors Brendan Pfeifer at the NHS's afterschool tutoring program.

Above: Amanda Palmateer, Ben Hoover, Katie Hollenbeck, and Nicole McQueen, hanging out in the party bus on the way to the Senior Citizen Prom.



Above: Many students went to Channel 56 to answer phones to help raise money for various organizations. This picture was actually taken on the set of sesame street. Where's Big Bird and Elmo?

Left: Sarah Bainbridge answers the phone taking pledges one of the channel 56 pledge - a - thons. There were 15 other participants from NHS this year.



Above: (L to R) Katie Hollenbeck, Valerie Kettlewell, Ashley Wright, Dani Klocke, and Alyssa Lubahn participate in the March of Dimes Walk America and raised over four hundred dollars!



Above: Each year the NHS actions off the members to be friends to other students. This time we had staff participate and the students definately had some fun with them!

What is your best memory in Spanish Club?



Sara Bosch

"It has to be when we went to Don Pablos's and we mixed hot sauce and other nasty stuff in someone's drink and they definitely didn't know it."



Señora Walker

"The best part would be San Antonio because it was fun, warm, and a trip I will never forget!"



Ashley Bluhm

"The cowboys at the Rodeo when we went to San Antonio!"

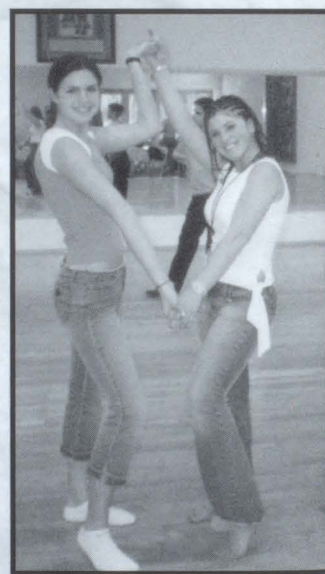
Below: The Spanish Club traveled to San Antonio, TX to explore some Spanish culture. The students wandered through the Alamo, learned how to dance the Merengue, floated down the river walk and ate some authentic Mexican food. They even had a special treat; they got to enjoy the music of Lonestar after they watched the Rodeo.



Living' La Vida Loca

Below: The 2003-2004 Spanish Club members. The Spanish Club advisor is Mrs. Walker and has fifty members. Each year they eat spanish food and break piñatas.

Right: Sarah Bainbridge and Nicole Gresell learning some Spanish dance moves in San Antonio.



Left: Pucker up Mrs. Osentoski. Was it better than your husband when he said, "I do"?

Above: Members of the Spanish Club try to break the Piñata at their annual luncheon.

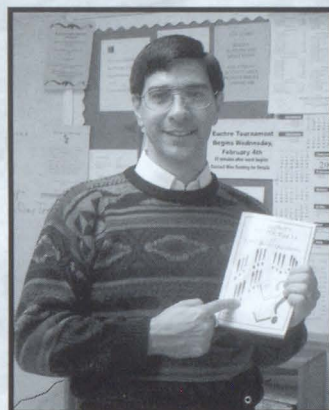
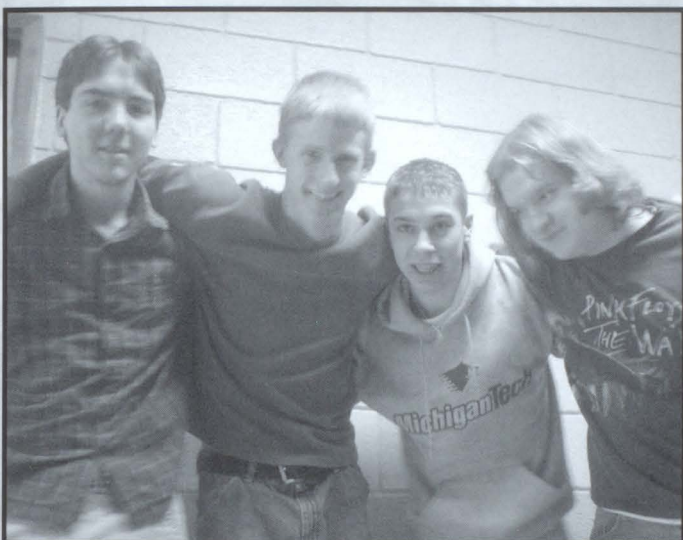


Left: The team getting set up to start the match. Go get 'em boys!

Below: Jake Hoover listens attentively to what the question is during one of their quiz bowl matches.



Lower Left: The senior members of quiz bowl.



Above: Mr. Cutler, the Quiz Coach, explains the strategy to winning the match.

Quiz Bowl



Above: The 2004 Quiz Bowl Team consists of (L to R, sitting) Mike Hull, Shane Sinda, Jake Hoover, Tom Paluch. Standing are Kevin Hulett, Ben Hoover, Mike Senkow.

What do you do to prepare yourself for a match?



"I do as little as possible to prepare myself for a quiz bowl match. And I drink lots of Mountain Dew."

Captain, Michael Senkow



"First, we stretch, then Cutler gives us a motivational speech about Lord Of The Rings, and we eat lots of candy bars. Finally, we break it down and say, 'Win one for C-man.'"

Tom Paluch



"I use my knowledge in my noodle and review other questions to get in the mood."

Shane Sinda

What is your favorite thing about PALS?



Donnie Hunsucker

"My favorite part about PALS is when we go help the little kids at the elementary school."



Olivia Kolaczynski

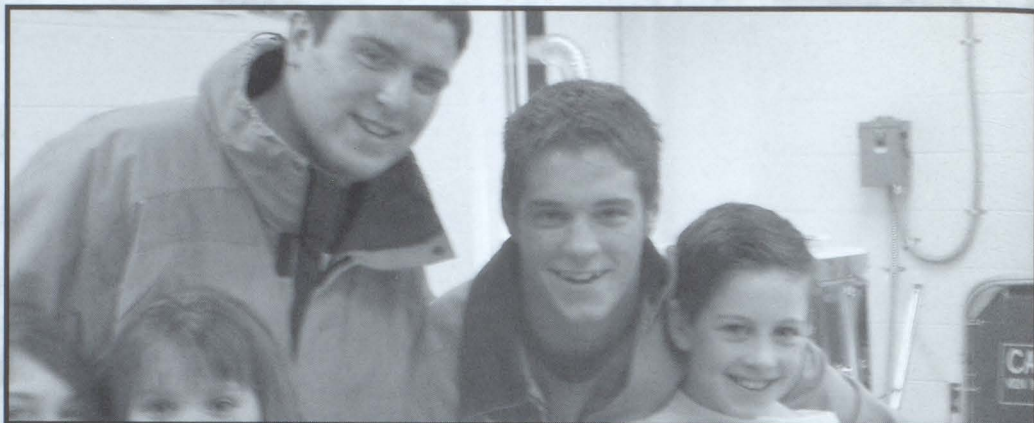
"When we get to hang the little kids up by their underwear."



Amanda Palmateer

"It is hilarious going to the elementary school and hearing Mrs. Scrafano sing."

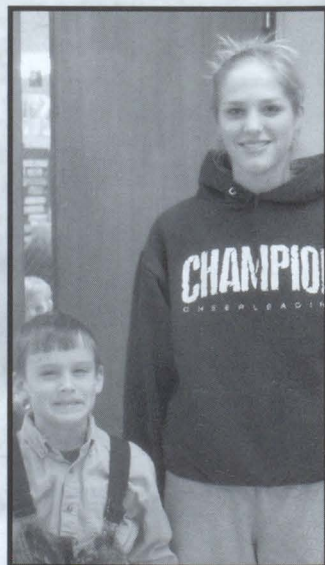
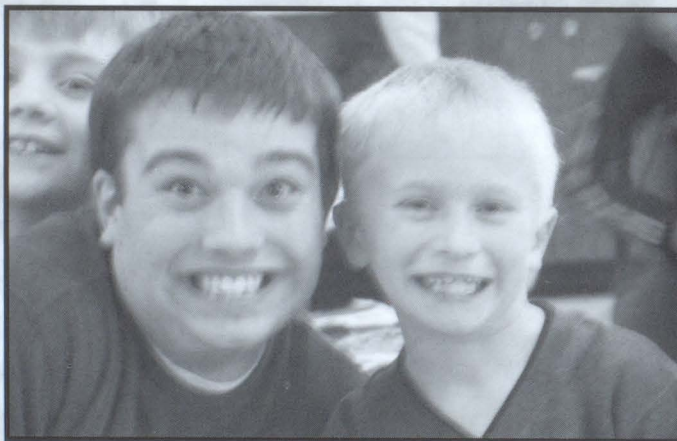
Below: Kenny Hummel, Edward O'Halloran, and Mitchell Hunsucker take time out from their PALS visitation to smile for the camera. Edward and Kenny remind me of the perfect PALS maybe its the fact that they possess the certain qualities needed to provide the necessary care taking that Mitchell requires. Whatever the reason Mitchell agrees.



PALS

Below: Chris Mckee and his pal are in class and loving it and judging by the face the kid behind them is too.

Right: Donnie Hunsucker and his pal take a break from all the crazy action of recess to take a picture.



Above: Amanda Strunk and her pal are making pretzel houses.

Above: Lindsey Murphy and her pal give a good smile for the camera.



Left: Mike Roy and Ryan Protasiewicz work together to stain one of the sections of a nearly finished bar.

Below: Mike Roy, Brian Godo, and Ryan Protasiewicz are seen here taking advantage of their time in the woodshop.



Above: Carl Bowerson works on his project.

Why do you like Woodshop?



Mike Roy

"Personally I like to wear these nifty spectacles."



Paul Dewitte

"I think the best part of woodshop is when we finish our projects and get to take them home"



Ryan Protasiewicz
"Because Mike Roy a.k.a Smoid is in here."

Woodshop



Above: Matt Fletcher shows his custom guitar.



Above: Jordy Smith stands next to his nearly finished gun cabinet.

Woodshop
Nate Kilgore

2004



*The Spear's
Editor
Nicole Gresell*



*The Spear's
Photo Essay
Editor
Amanda Palmateer*



*The Spear's
Feature Editor
Kenny Hummel*



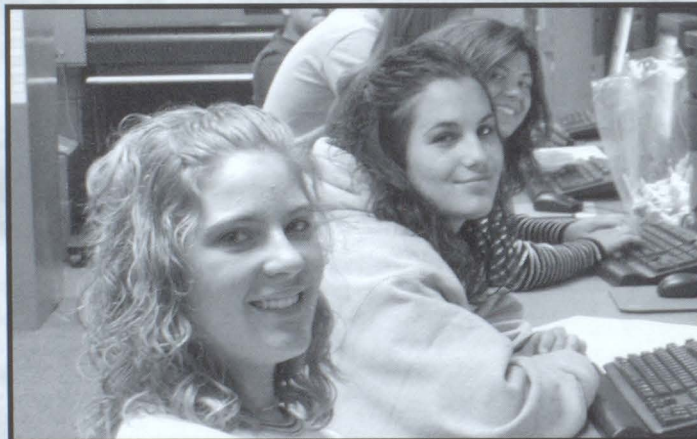
The Spear

Left: Giving a helping hand for the holidays, the entire Spear staff volunteer at a church soup kitchen.

Newspaper

"We were brave, we were crazy, we were mostly young..." - Kenny Chesney

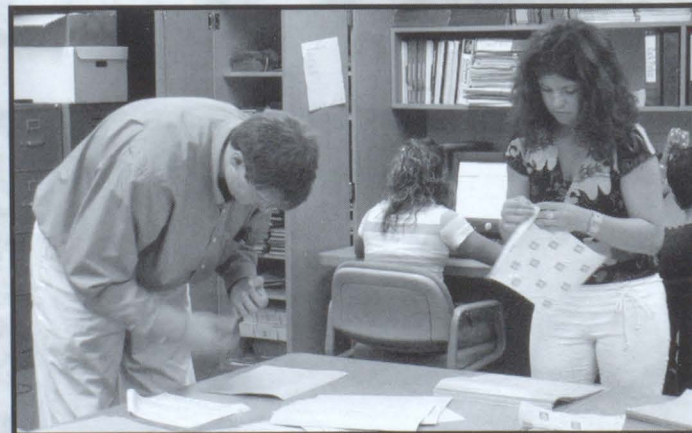
Below: Ashley Koshak, Olivia Kolaczynski, and Nicole Gresell working hard on their Spear news stories.



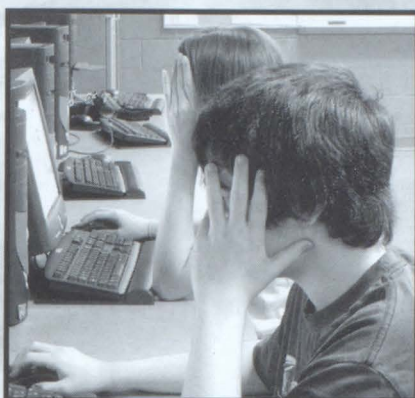
Right: What kind of game is this?



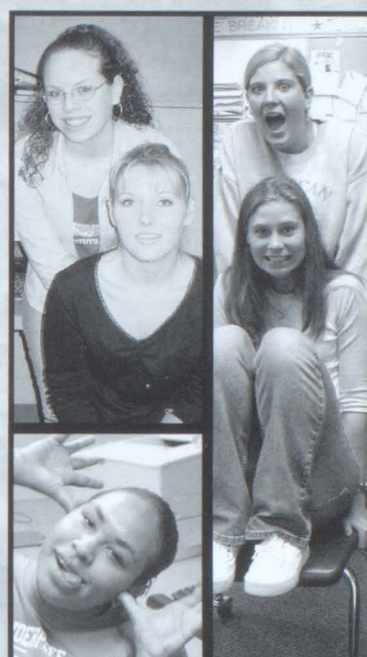
Above: Kathleen, Melissa, & Erica kickin' back!



Above: Mr. Lengemann & Nicole Gresell mailing out issues to our parent subscribers.



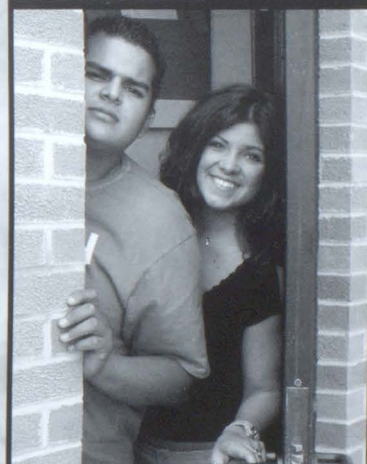
Far Left:
Just hanging out waiting for the last week of school to go by, Kenny & Olivia.



Above Left:
Eric Schmidt & Katie Turner I love those beautiful smiles!!!



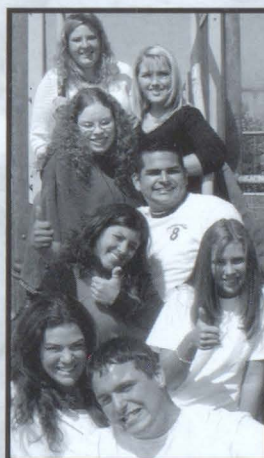
Left:
Seniors of *The Spear* showing off their stuff! Senior Rule!!!



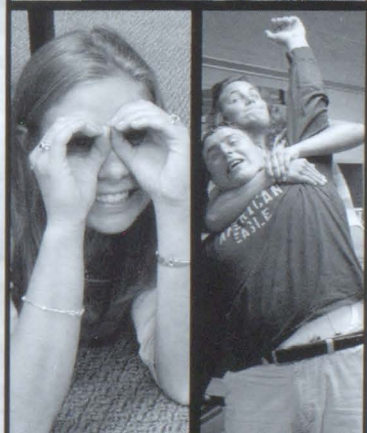
The Spear Staff of 2004

Above; Left to Right; Top to Bottom:

Erica Phillips, Eric Schmidt, Katie Turner, Melissa Teatro, Kathleen Wnuk, Ashley Koshak, Olivia Kolaczynski, Mr. Bill Lengemann, Kenny Hummel, Amanda Palmateer, Alyssa Lubahn, Nicole Gresell.
Not Shown: Donny Bluhm



Above: Senior staff members soaking up some sun rays after a day of hard work on the Senior Edition.



"We were wanna be rebels who didn't have a clue..."
- Kenny Chesney

2004



*Yearbook
Advisor
"Wild Bill"
Mr. Lengemann*



*Yearbook
Editor
Sara Bosch*



*Staff Members
Melissa Teatro
& Cayce Cameron*

Below: Jessica Martin, Sara Bosch, and Sarah Bainbridge sort through Business AD's that will be placed in the back of the yearbook.



Below: Senior Jeania Deaton and Sophomore Amanda Koshak hanging out during the seniors last week of school.



Yearbook Staff

"I will remember you, will you remember me?"

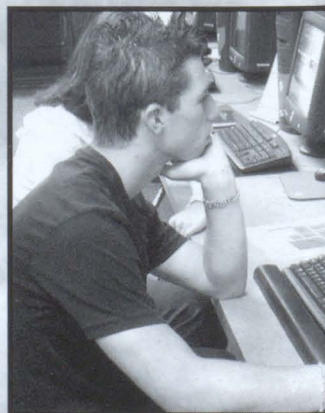
Below: Mr. Lengemann is helping Seniors Jeania Deaton and Katie Hollenbeck layout their yearbook pages.



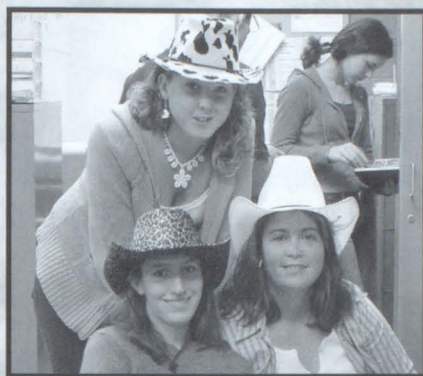
Right: The yearbook staff takes a moment for a class picture which, is missing a few fellow yearbook peers.



Above: Ping-Pong? No, that's not what the class does in their spare time, but we did manage to incorporate it into a class photo.



Above: Leo Treadway working hard on his page, hopefully making the powder puff girls proud of their accomplishments.



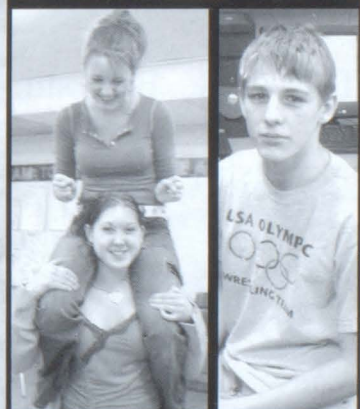
Left: Nichole Morrow, Sara Bosch, & Katie Hollenbeck show their spirit during the Homecoming Spirit Week.



Upper Left: Sara McConnell and Katie Hollenbeck try to decide what music the class should listen to so, we keep working hard.



Left: Most of themembers on the CHS Yearbook Staff , just hanging out in the small gym and throwing up the peace sign.



Left, Right, to Bottom: Amanda Koshak; Jeania Deaton; Ashley Kruger; Nicole Wilson & Melissa Teatro; Nichole Morrow & Cayce Cameron; Nate Kilgore;



2003/2004 Yearbook Staff

Left to Right: Sara McConnell, Amanda Koshak, Sarah Bainbridge, Jessica Martin, Ashley Kruger, Leo Treadway, Sara Bosch, Ashley Ogden, Katie Hollenbeck, Nichole Morrow, Melissa Teatro, Cayce Cameron, & Nicole Wilson;
Not Shown: Jeania Deaton, Stephanie Doutry, Nate Kilgore, & retired staff member Luke Stuever

Sports Divider

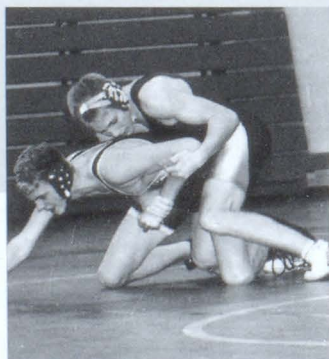
This year will be a year to remember in the Capac athletics history. It began early when the Varsity Football team qualified for the MHSAA playoffs for the 6th time in the last 7 years. The Cross Country team also made it the the State meet at MIS. That was followed by strong seasons by all of the winter sports teams. The wrestling and volleyball teams each made huge improvements compared to last years results. The boys Varsity Basketball team also had an outstanding season. They went into districts with a record of 12 wins and 8 losses, they came out District Champions. The Track, Baseball, and Softball teams also were successful this year.

Right:
Sara
McConnell
connects with
another
successful kill
during a
volleyball
match.

*2003-2004
Boys Basket-
ball District
Champions.*



Olivia Kolaczynski



Donnie Hunsucker



Corey Guigar

Chief Athletics

Varsity Football 102

Girls Basketball 110

Boys Basketball 120

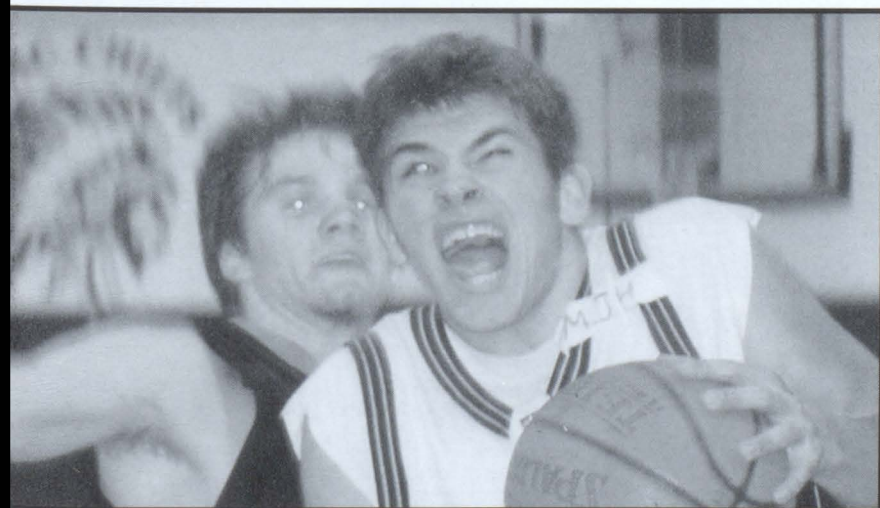
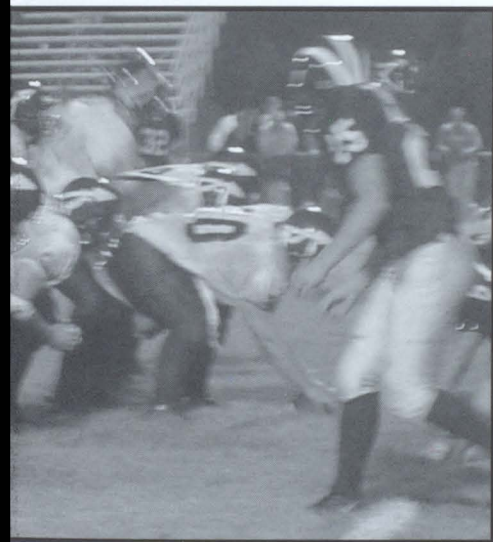
Wrestling 130

Volleyball 132

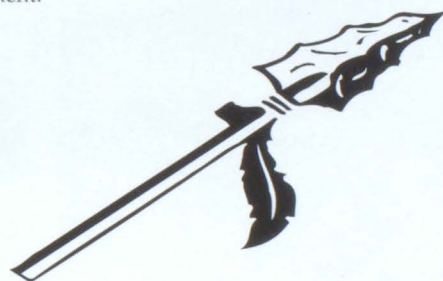
Baseball 138

Softball 140

Varsity Track 144



Far Left: The Varsity Football team starts their drive in this seasons game against Algonac. **Left:** Luke Stuever with an attempt at the school record in long jump. **Bottom Left:** Kyle Palmateer takes the ball to the hoop in their BWAC league game against Richmond. **Bottom Right:** The Varsity Wrestling team after they had a Fourth Place showing at this years Yale Team Tournament.



Divider Section
Nate Kilgore

101

Football Varsity

Another one bites
the dust

2003

The Making of
the Chiefs
Attacking
Offense



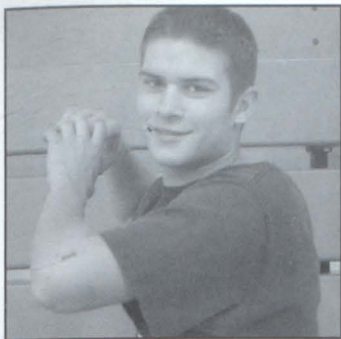
Above: OFFENSE! The offensive line is in the huddle as the defense takes the field.



Top: Danny Stiefel chooses the next play with Head Coach Nestle. **Upper Middle:** Lee Peters and the "O" line is ready for the snap. **Lower Middle:** Danny Stiefel hands off and swings back around to help finish off the play. **Bottom:** Greg Lewis holds the snap as Stiefel kicks the extra point.



Top: Kyle Palmateer, Peter Browning, Lucas Stuever, Eric Wendt, Jonathan Justice, Anthony Aguinaga, Jamie Harvey, Michael Blackstock, Daniel Stiefel
Second Row: Gregory Lewis, Edward O'Halloran, Bryan Sivec, Anthony Sammut, Matthew Sinda, Kyle Bollaert, Christopher Botwin, Kenneth Hummel
Third Row: Brandon Hackelberg, Leo Treadway, Coach Baker, Coach Forti, Coach Nestle, Coach Klink, Coach Schneider, Michael Guterrez, Brian Klein
Fourth Row: Jose Vergara, Joshua Swatsell, Nicolas Mini, David Hernden, Anthony Jackson, Neil Murray, Donald Hunsucker, Nathan Kilgore
Bottom Row: Jacob Richey, Curt Chalabian, Ryan Manger, Nathen Boller, Steve Johnson, Phillip Chalabian.



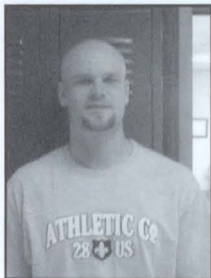
Left: Quarterback Danny Stiefel shows us his passing form. Which was pretty effective throughout the season.



Above: Lucas Stuever gets up after making a great catch gaining 15 yards on the catch. **Left:** Peter Browning is getting up after making a spectacular tackle.

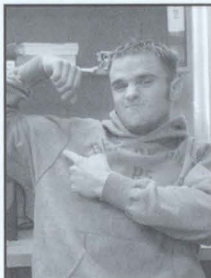


What was the FUNNIEST thing that happened this season?



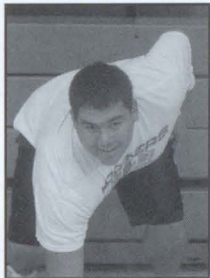
Coach Forti

When Anthony went for a punt and totally fell on his back!



Lucas Stuever

When Eddie hit my shoulder pad and dislocated his finger and then coach Forti pulled it back out, Eddie definitely looked like he was going to cry!



Anthony Aguinaga

When Kevin Kissane went and tackled the Armada Tiger because he stole the victory stick! It was hilarious!



Above Right: Athletic Trainer Ashley Kruger and Water Supply Manager Sara McConnell take some time out of there busy schedule. **Above Left:** Lee Peters rubs ball boy Shane Stroups head for good luck!

2003 Season Scores

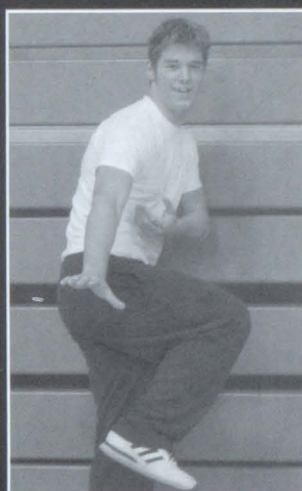


Regular Season:

	US	THEM
New Lorthrup	13	35
Imlay City	54	20
Algonac	36	8
Cros-Lex	52	24
Almont	38	7
Richmond	17	23
Armada	22	15
Yale	0	3
North Branch	48	31

Play-offs:

Goodrich	33	40
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Above: The Sophomores and Jamie Harvey take a knee during the play-off game at Goodrich while a player was injured on the field.



Sports
Sara McConnell

Football

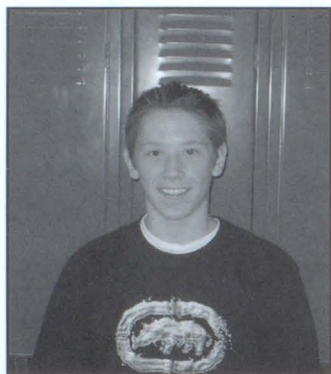
"Hit'em High Hit'em Low"

9th grade



Right: John Kotermanski the freshman quarterback is leading the team to victory every week.

Below: The Capac defense is getting ready to stuff Armada's offense.



Left: Brian Sass is making a great open field tackle in the game verse Armada.

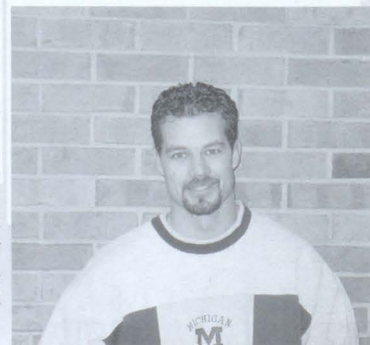
Below: Coach Harms is making some game changes while in a time out.



Top(Lto R) Coach Baba, Alex Mosley, Blaise Pewinski, Matt Glombowski, Jake Rawlins, Ben Nelson, Wesley Randall, Sean Wendt, Coach Harms, **2nd Row:**(LtoR) Andrew Schrader, Brian Sass, Scott Kulman, Matt Walker, Chris Sass, Frank Williamson, Leif Kowalewski, Chris Mousseau, **Front**(LtoR) Adiano Bonfiglio, Steven Welch, Bryan Forton, Steve Gilbert, Mike Bainbridge, Jon Kotermanski, Brian Pietrzak

Freshman Football

	Us	Them
Imaly City	0	32
Algonac	14	13
Richmond	26	32
Yale	0	41
N.Branch	20	32
Cros-lex	14	26
Armada	0	32



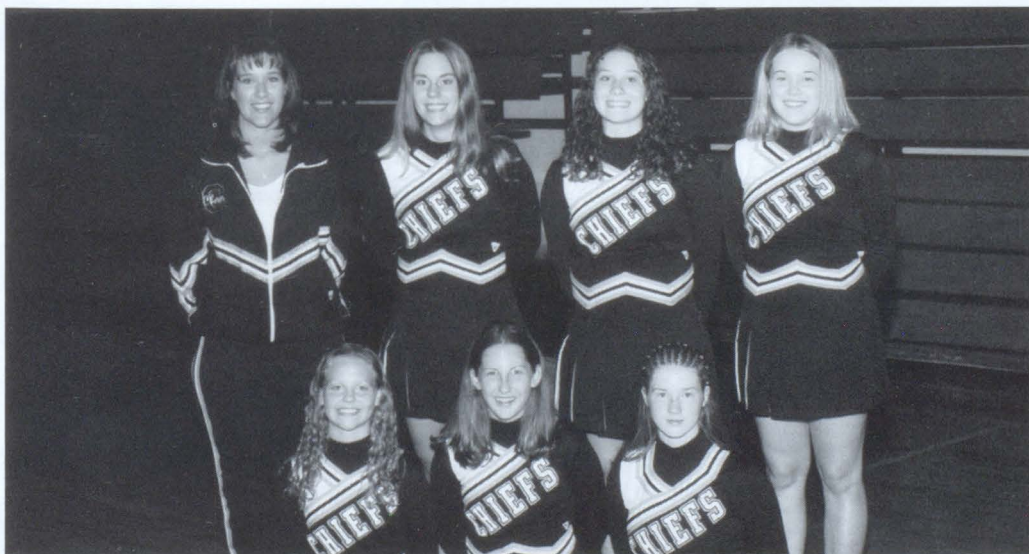
Cheerleading

"Hey Mickey" 9th grade



Left: The Freshmen Cheerleaders take some time to pose for a group photo while cheering at the Yale game.

Below: Jen Smith and Danielle Hockey strike a pose during one of their games.



Above:(L to R) Top Coach Zink, Danielle Hockey, Samantha Owsen, Jen Smith, **Bottom:**, Carisa Rinke, Abby McConnell, Kelsie Quandt

This years cheerleading squad led by example for the rest. They didn't have very many cheerleaders but they stuck with it. Coach Zink was their coach throughout the season and she said that "this is a great group of girls with a lot of potential to have something good if they keep working hard." Keep your eye out for these girls, they are all varisity material.

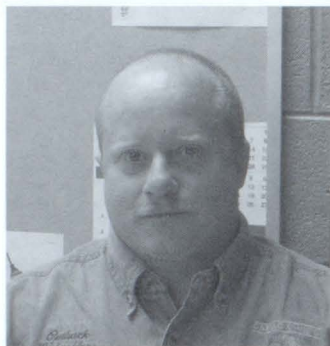
Football 8th 2003

"And The
Crowd Goes
Wild"

Right: 8th grade football coach Mr. Muldoon takes time out of his busy schedule for a picture.

Far Right: Jon Carroll being taken down after a long gain against Armada.

Below: Kevin Bollaert getting ready to do what he does best, throw the ball.



Bottom Row (L to R): Joshua Boller, Rich May, Andrew Bollaert, Kenny Randall, Eric Bollaert, Anthony Hoskey, Chad Dudley **2nd Row:** Ruben Nino, Kenneth Burk, Dan Patton, Matt Hunsucker, Kevin Bollaert, Thomas Brys, Billy Ogden **3rd Row:** Tino Stewart, Nick Kowalewski, Alex Wegner, Chris Bruce, Andrew Maul **Top Row:** Coach Klug, Jon Carroll, Ryan Holmes, Dan Jackson, Joe Harvey, Anthony Theel, Brian Jozlin, Coach Muldoon

2003 Scores

	Us	Them
Imlay City	0	10
Algonac	0	6
Almont	6	22
Richmond	22	42
Armada	36	28
Yale	13	26

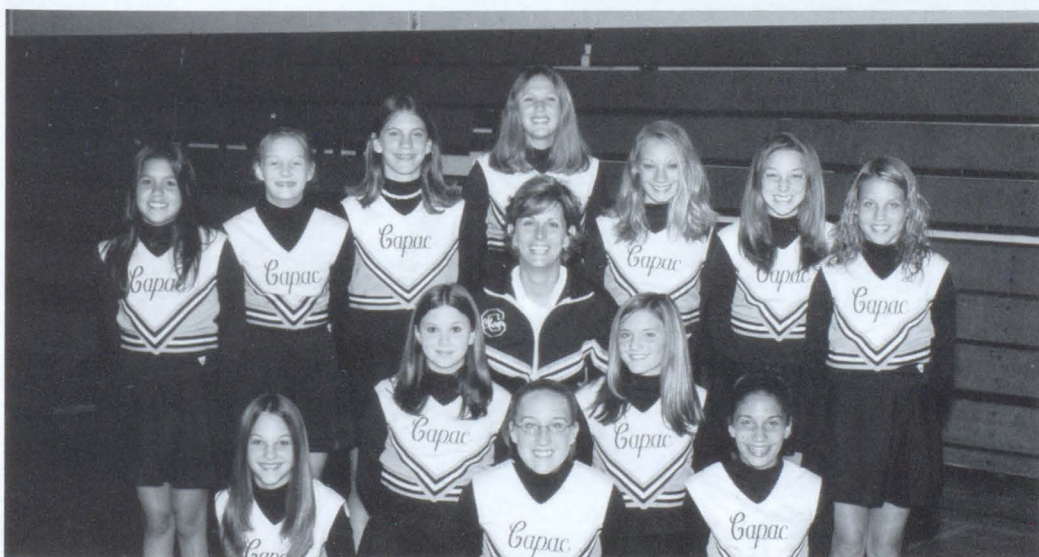
Quote from the Coach

"Football is not a one person sport. Winning can only be accomplished when everybody does their job and works together as a team"

Cheerleading 8th

"We've Got
The Beat"

2003



Above: 1st Row (LtoR): Cassie Veryser, Brittany Friedenstab, Samanthat Kaufman 2nd Row: Heather McLaughlan, Coach Cabinallis, Anna Cyrus 3rd Row: Ashley Martin, Bethany Palmateer, Courtney Biggs, Sharleen Hagel, Krystal Schram, Nicole Cook, Lauren Pelc

Above: Anna Cyrus trying to get the guys pumped up during their game.

Top Left: The 8th grade cheerleaders pumping up the team and the crowd.

Top Right: Lauren Pelc getting the crowd into it.

Sports 8th Cheerleading
Ashley Kruger

107

Football Cheer

Varsity 2003

Varsity
Cheerleading

"Fire It Up"



Top- Deanna Stiefel and Amber Craft taking a break cheering. **First Middle-** Lindsay Murphy cheering for her team. **Second Middle-** Amber Craft is also cheering her team on. **Bottom-** Deanna Stiefel taking a break from cheering



Above: Cheerleading squad posing for the Capac Chiefs big win against North Branch.

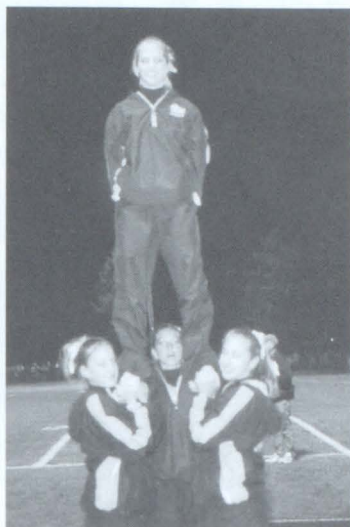


Top- Shelby Nahernak, Kim Bolday, Hilary Ellis, Amber Craft, Coach Robinson, Katie Hlubic, Jennifer Sirovey, Heather Porter **Middle-** Jamie Kmetz, Deanna Stiefel, Stephanie Hopkins, Lindsay Murphy, Chelsea Beischer **Bottom-** Rachael Peters, Emily Mayer, Nicole Gresell.



Above: Nicole Gresell is caught in profile as she inspires the crowd and cheers on the team.

Below: Katie Hlubic, Stephanie Hopkins, and Amber Craft putting Lindsay Murphy into a stunt.



Coaches Quote- I am proud to have coached such a great group of girls. They all have winning attitudes, and it shows when they are firing up the crowd and supporting their football team.



Above: Katie Hlubic getting ready to do a back handspring while her team is cheering her on.

What was the funniest thing that happened this season?



Emily Mayer

When they were at cheerleading camp and they were doing a basket toss with Lindsay and she took out the whole stunt group.



Lindsay Murphy

When they were at the Armada game and there was two other coaches that were taking pictures but not really taking them and talking on there Nextels about them.



Jamie Kmetz

All of the cheerleaders were eating lunch at the beach and when they looked up they saw a skater boy with his pants down so they pulled there pants down and took a picture with him.



Above: Heather Porter, Katie Hlubic, Jamie Kmetz, and Rachael Peters are cheering on their offensive team.



Above: Team doing push-ups to support their team after the offense scores.



Above: Chelsea Beischer doing a funny push up after the offense scored.

Girls Basketball Varsity

"Can't Touch This"

2003

Lady Chiefs
Basketball



Above: Sara McConnell looking to pass the ball to one of her teammates in a game against Brown City.



Top: Amanda Palmateer getting into position for the rebound. **Upper Middle:** Sara McConnell rushing to get the ball. **Lower Middle:** Olivia Kolaczynski going for a lay-up. **Bottom:** Amanda Palmateer drives around her opponent looking to score.



Top: Coach Bastianelli, Jessica Rawlins, Danielle Klocke, Theresa Doering, Coach Topie **Middle:** Olivia Kolaczynski, Amanda Gonzalez, Angelina Rosillo, Alicia Wegner **Bottom:** Amanda Palmateer, Jerrica Polzin, Ann Meikle.



Above: Jerrica Polzin dribbling the ball down the court getting ready to go up for a lay-up to score against Cros-Lex.

Below: Ann Meikle getting ready to pass the ball to one of her team mates.



What was the best part of the season?



Amanda Palmateer
"Mr. Lengemann hitting on the safety at the girls State Finals."



Angelina Rosillo
"Hanging out with the team."



Ann Meikle
"When Theresa would try to make Mr. Topie laugh."



"Last year we learned to crawl, this year we learned to walk, and maybe next year we can run."
-Coach Topie

	Us	Them
Notre Dame	30	56
Seaholm	35	47
Brown City	38	54
Armada	39	22
Imlay City	37	35
Algonac	37	48
Cros-Lex	30	70
Almont	43	32
Richmond	48	45
North Branch	34	26
Lapeer West	45	52
Yale	34	52

	Us	Them
Imlay City	45	42
Algonac	29	32
Cros-Lex	27	43
Almont	37	40
Caro	37	39
Richmond	44	33
Armada	46	21
Yale	41	37
Mt. Clemens	56	60



Above: Alicia Wegner trying to get the ball from her opponent while Sara McConnell is trailing behind them.



Above Left: Olivia Kolaczynski is putting a hurt on her Cros-Lex opponent with some Tenacious "D." **Above Right:** Varsity Cheerleading squad cheering on their Varsity Girls Basketball.



Girls Basketball

J.V. 2003



Glory Days

Lower Left: Coach Jack Lengemann sits in his usual style on the bench. Cool, calm, and collected unlike Heather Brooks and Sam McQueen who look rather unsure of how this game will turn out. **Upper Left:** Victoria Plemmons goes up for the jump ball. You Go Girl! **Left:** Gonzo drives to the basket in a head-to-head challenge against Imlay City.



Bottom Row: Ashley Scott, Kyleigh Konhya, Jacqueline Gresell **Middle Row:** Stephanie Smith, Heather Brooks, Sam McQueen, Vicotia Plemmons **Top Row:** Ashlee Heilig, Coach Jack Lengemann, Amanda Koshak

2003 J.V. Girls Basketball

Seaholm	L
Brown City	L
Armada	W
Imlay City	L
Algonac	L
Cros-Lex	L
Almont	W
Richmond	L
Wesleyan Christian	W
Lapeer West	L
Yale	W
Imlay City	L
Algonac	L
Cros-Lex	L
Almont	W
Caro	L
Richmond	L
Armada	W
Yale	W



Ashlee Heilig

Ashlee anxiously awaits for the ball to be shot so she can grab the rebound!



Gonzo

Gonzo shows us her game face as she is warming up for her game.



Amanda Koshak

Amanda is showing us her "defensive" position. This scares them all away!

Girls Basketball

Good Timin' 9th 2003



Put me in COACH! Kim Smith and Jessica Gundlach wait for their chance to get back into the game.



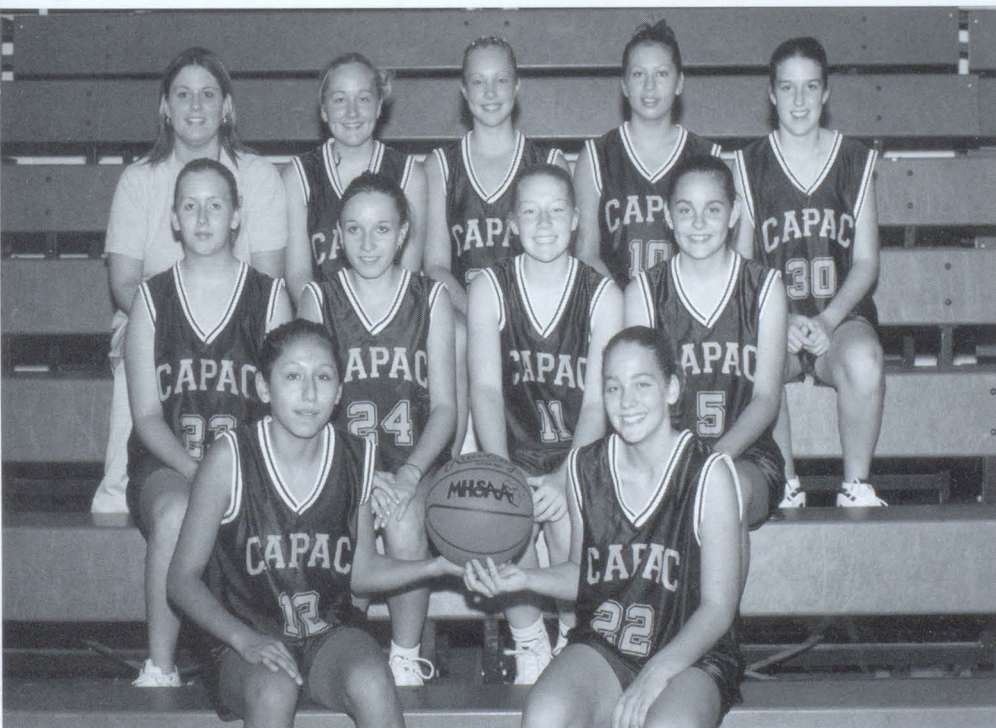
Kim Smith looks to penetrate to the basket as her defender approaches her.

Lindsey Victor awaits for the next play that coach Cutcher makes so they can take this game in for the win!



Coach Cutcher
After the victorious win over the Algonac Muskrats Coach Cutcher is **HAPPY HAPPY HAPPY!**

Amber Jacques watches the ball as she waits for the steal!



Bottom Row: Jessica Medrano, Amber Jacques **Middle Row:** Kristie Wheeler, Jessica Chambe, Melissa Bullock, Lindsey Victor, **Top Row:** Coach Cutcher, Kaitlyn Kowalewski, Jessie Blackstock, Jessica Gundlach, Kim Smith

2003 Season

Us Them

Notre Dame	8	22
Imlay City	39	30
Algonac	21	20
Cros-Lex	24	50
Richmond	13	19
Algonac	28	29
Yale	23	42
Imlay City	39	28
Algonac	33	36
Cros-Lex	19	50
Caro	25	24
Richmond	21	20
Imlay City	34	41
Yale	40	46

Freshman Basketball
Sara McConnell

Basketball

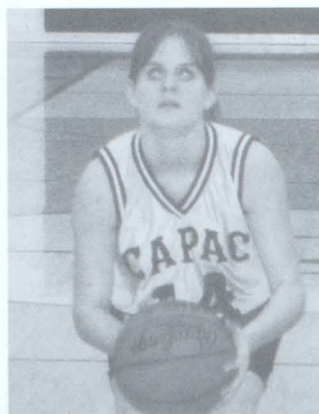
8th Girls

"Girls Just Wanna Have Fun"



Right: Coach Redding said the team worked hard, improved throughout the season and were fun to work with. She wishes them all good luck next year and in the years to come.

Below: Brandy Bly is looking for an open teammate during their game against Almont.



Left: Kristin Dewitt goes to the line and tries to give her team an extra two points.

Below: A number of Capac defenders waiting for the rebound.



Bottom Row (L to R): Felicia Trendy, Jamie Beischer, Melissa Sawicki, Natalia Santi, Rebecca Zarkowski
Middle Row: Marissa Moore, Chelsea Stoddard, Lindsey Manning, Brandy Bly, Kristin Dewitt, Sarah Batchelder, Tonya Stern
Top Row: Amanda Palmateer, Sarah Tomeo, Courtney Ferdinand, Veronica Ezyk, Coach Redding

2003 - 2004

	Us	Them
Imlay City	29	20
Algonac	18	26
Almont	22	39
Richmond	25	14
Armada	19	16
Yale	35	32
Imlay City	32	23
Algonac	25	34
Almont	17	33
Richmond	24	11
Armada	17	15
Yale	21	36

Record 7 - 5

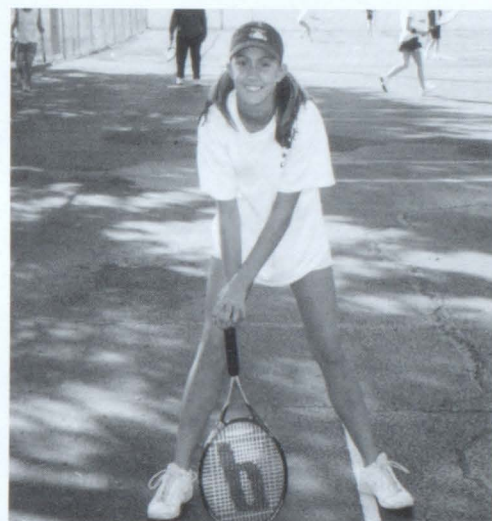
Tennis Girls 2003

This was the first year for tennis at Capac High School. The girls had a lot of fun and worked very hard throughout the season. Next year they should be even better, and hopefully more people will try out.

"Hit Me With Your Best Shot"



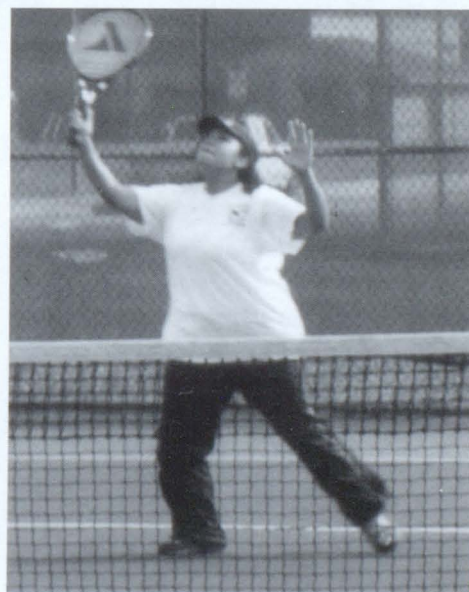
Above: Ashley Wright and Mr. Hitchcock take time out of their busy practice to take a picture.



Above: Jackie Clark poses for the camera during a practice this year.



Bottom Row (L to R): Sarah Bainbridge, Ashley Wright, Jennifer Chetosky, Mary Lou Aguinaga, Meghan Martin, Top Row: Kelly Garza, Allie Santi, Lindsey Mayer, Jackie Clark, Melanie Johnson, Brittany Burke, Kairo Tankura, Erica Phillips



Above: Erica Phillips trying to score a point during a tennis match this year.

Sports
Tennis: Ashley Kruger

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Cross Country

Varsity 2003

"Ready To Run"

Keepin' it real
cross-country
style



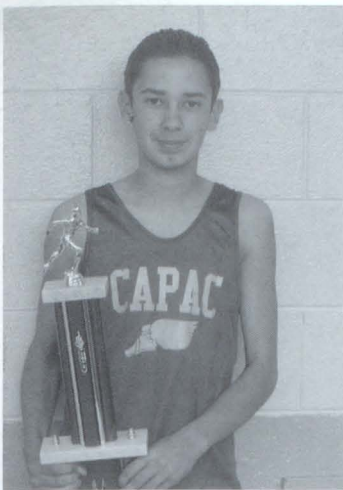
Above-The Regional Champion Cross Country team poses for a picture.



Top-Jason Helig, Tom Paluch, Kevin Hullet, Ben Hoover, and Jake Turner before a race. 1st middle-The Jr. High team on the bus before a meet. 2nd middle- The team breaks it down before the big meet. Bottom- The 2003 cross country team.



Front row L to R- Erica Willis, Nicole McQueen, Dani Kiss, Melanie Joshnson, Mary Lou Aguinaga, Heather Ferrett, Katie Turner. 2nd row-Rhonda Kaiser, Tim Shurat, Carl Leonard, Joe Camire, Mike Hull, Tyler Morely, John Makdisi, Kylie Hill. 3rd row-Steve Sampson, Louis Norton, Ben Hoover, Tom Paluch, Dominik Beckers, Kevin Hullett, Jake Turner, Sara Bosch.



Above- Carl Leonard shown here holding the Regional Championship trophy. Carl had an outstanding season becoming the fastest freshman in Capac Cross-Country history.

Below- Joe Camire making his way through the treacherous course at this years league meet in Cros-lex.



What was the FUNNIEST thing that happened this season?



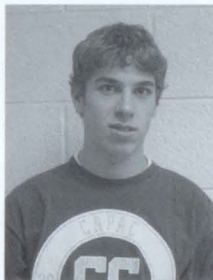
Kylie Hill

"When we all would joke around before the meets."



Joe Camire

"Timmy was just hilarious and always made us laugh."

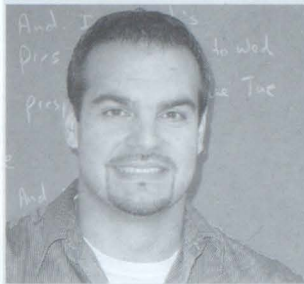


Ben Hoover

"The soccer games, big piles of people and Sampson jumped on them."



Above- Ben Hoover, Jake Turner, Kevin Hullet, Dominik Beckers, and Joe Camire wait for the race to begin at the BWAC meet.



Coach Sampson

"Long, slow runs make long, slow runners."

"It's a fast course today!"

Coaches comments:

"The boys were pretty confident going into the season. We felt that we worked hard all summer and were ready to run. Our one goal was to make it to states and we achieved that goal!"

"There was a lot of first year runners on the girls team this year. We were seeded 9th in the league and ended up placing 5th at the league meet. I thought they were successful this season."

Captains

Boys:

Ben Hoover
Tom Paluch
Jake Turner

Girls:

Melanie Johnson

Managers

Sara Bosch

2003-2004 Cross Country 2003 Results

	Boys	Girls
Richmond	2nd	6th
Brown City	4th	10th
Algonac	5th	13th
Holly	5th	16th
North B.	2nd	3rd
Algonac	2nd	6th
Harbor B.	2nd	13th
Saginaw	6th	13th
BWAC Meet	2nd	6th
Caro	2nd	9th
Regionals	1st	5th
States	20th	Top Half

Katie Turner



Above- This years Regional Champions leaving for the State Finals.

Sports Cross Country
Nate Kilgore

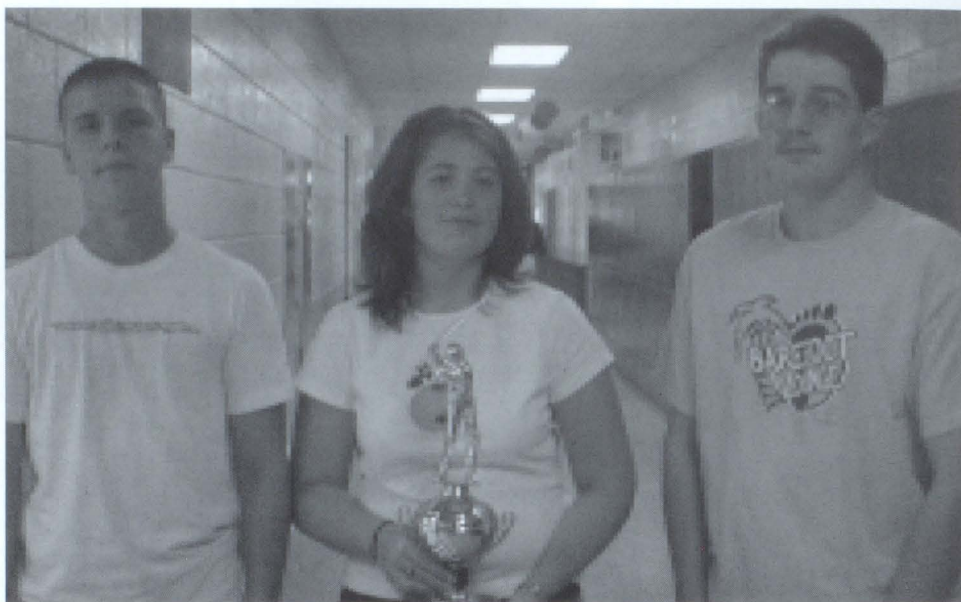
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Golf

It don't mean a thing....If you
ain't got that swing

Varsity

Watch em' sink
that putt!



Above: Chirs Durand, Katie Hollenbeck, and Alan Boadway give us a smile while holding their tournament trophy.

Golf Team 2003



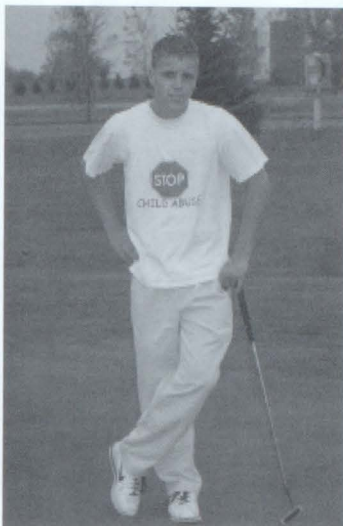
Top: Chris Ballard, Alan Boadway, Brad Wright, Coach Young, Joe Chetkowski, Andy Hoeft, Andrew Sawicki. **Bottom:** Katie Hollenbeck, Justin Neville, Frank Burns, Chris Durand, Jeff Judd, Kyle Palmateer, Jake Hoover.

Top: Katie reads her putt very carefully. **Upper Middle:** Alan Boadway lines up his putt. **Lower Middle:** Chris Durand has a smirk on his face because he knows he has an easy shot ahead of him. **Bottom:** Alan practices his swing before a big match.

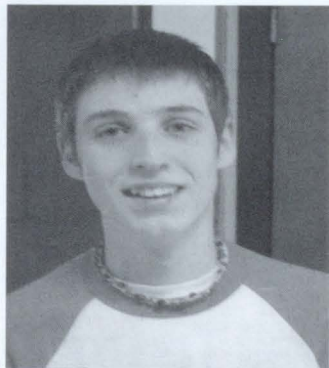


Above: Katie Hollenbeck takes a little practice time before she starts her math.

Below: Chirs Durand poses with his favorite golf club while waiting his turn to tee off.

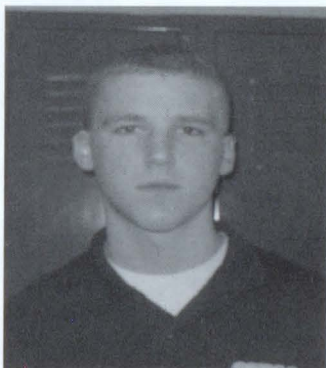


What was your favorite course to golf at?



Justin Neville

"Personally my favorite course is Holly Meadows. Of Course!"



Andy Hoeft

"I really like Four Lakes. It was an awesome course."



Above Right: Katie Hollenbeck uses her time wisely at Holly Meadows to practice her tee shot. **Above Left:** Chris Durand takes a beautiful next shot which lands on the green.



2003 Season

B.W.A.C. Golf 1st Team

Katie Hollenbeck

B.W.A.C. Honorable Mention-

Chris Durand

Captain:

Katie Hollenbeck

B.W.A.C. Record 8-13

Imlay City(L)	179-156
Algonac(W)	176-198
Cros-Lex (L)	184-162
Richmond(L)	171-164
Almont(W)	178-194
Armada(L)	178-159
Yale(L)	178-174
Imlay City (L)	167-153
Algonac(W)	179-187
Cros-Lex (L)	178-154
Richmond (L)	190-170
Yale(L)	174-161
Peck Invite (5th)	353
Armada (L)	176-173
Almont (W)	182-212
BWAC (4th)	346
Regionals (9th)	355



Boys Basketball Varsity

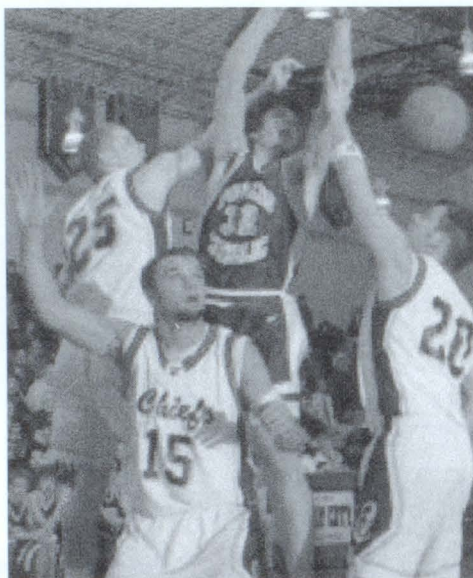
03-04

Put your
Game Face
on!

I wanna be a...Balla



Top: Danny intensely pump fakes as he shows us his game face. **Top Middle:** Kyle Palmateer ferociously goes in for the basket (I LOVE the face). **Bottom Middle:** Nate Boller shows off his game face wearing an awesome fro! FEAR THE FRO! **Bottom:** Anthony puffs out his cheeks while he shows us his game face.



Above: Cliff Patton Blocks the shot as Luke Stuever and Greg Lewis Box out.



Above: Nate Boller tapes up Topies jacket before the game. (See Topie- I told you he did it!)

03-04 Varisty Basketball Team



Left to Right: Coach Lengemann, Chris Durand, Danny Stiefel, Kyle Palmateer, Anthony Aguinaga, Kurt Waltzer, Luke Stuever, Peter Browning, Greg Lewis, Gerald Browning, Coach Topie.

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Varsity Boys Basketball
"I wanna be a...Balla"

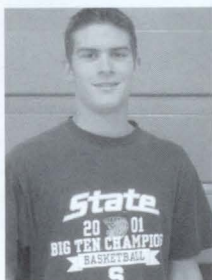


Above: Greg Lewis looks to pass the ball in during a league game.

Below: Kurt Waltzer Goes up for the rebound during a head-to-head match up against the Richmond Blue devils.

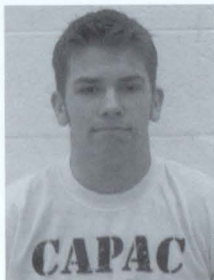


What's the Funniest thing that has happened this season?



Danny Stiefel

"When Anthony got kicked out of the game against Mt. Clemmens. (but we still needed him for the next game) ."



Kyle Palmateer

"Coach's faces and expressions. It was really hard to try and keep a straight face. (Like I am right now!)"



Coach Topie

"When I taped Sara's coat to the chair and she couldn't get it off!"



Above Left: Coach Lengemann gives his boys an intense talk during the time out. Above Right: Luke Stuever boxes out his defender after the free throw was shot and hit the rim.



2003 Season

Coach's Quote

The funniest thing that has happened this season would have to be when I euchred Greg when he went on an alone hand and Greg got all mad and refused to play anymore. Plus my brother Jack and I went undefeated during all of our team dinners. It was a great season.

Districts

	Us	Them
Lutheran North	58	32
Mt. Clemmens	59	56

Regionals

Flint Powers	49	76
--------------	----	----

	Us	Them
Peck	71	59
Swartz Crk.	67	69
N. Branch	89	50
Brown City	43	46
Imlay City	42	53
Algonac	73	57
Cros-Lex	51	47
Almont	64	56
Armada	57	46
Yale	61	49
Imlay City	58	62
Algonac	53	36
Cros-Lex	60	69
Almont	45	50
Richmond	62	59
Armada	60	46
Sandusky	59	66
Yale	68	54
Caro	56	64
Richmond	66	56



Above: The Seniors display there victorious smiles after their win over Mt. Clemmens for the district title.





Boys Basketball

Jv 03-04

Far Right: Coach Rawlins calls a time out to get the team ready for the next play.

Right: Dave Hernden a.k.a The Herndenator puts on some tenacious "D" in order for Capac to pick up the win against Cros-Lex.

Below: Ken Corey, Dave Hernden, Anthony Sammut, and Robert Patton are playing tough defense against Cros-Lex. The Chiefs got the win in this game.



Top Row: Anthony Sammut, Jamie Harvey, Coach Rawlins, Kyle Bollaert, Chris Botwin. **Middle Row:** Alan Boadway, Bryan Sivec, Mike Guterrez, Robert Patton, Josh Swatsell. **Bottom Row:** Christian Richter, Kenny Corey, Jake "The Wave" Richey, and David Hernden.

Jv Basketball

	US	THEM
Peck	69	32
Swartz Creek	60	84
North Branch	44	48
Harry Moore	35	39
Imlay City	46	52
Algonac	42	48
Cros-Lex	63	52
Almont	76	59
Armada	67	50
Yale	55	47
Imlay City	62	46
Algonac	58	50
Cros-Lex	46	62
Almont	56	55
Richmond	58	46
Armada	53	44
Yale	64	56
Caro	77	69
Richmond	58	57

Cheerleading

Jv 03-04



Left: Christie Wheeler, Amanda Tobian, Sam Owsen, Danielle Hockey, and Ashlee Heilig wait for the results of the competition.

Below: Abby McConnell poses during her team's routine.

Right: The J.V. cheerteam makes a textbook stunt at the league competition.



Above: Danielle Hockey, Amanda Tobian, and Jessica Stewart do their routine in hopes of a first place finish at the Blue Water Area Conference cheerleading tournament.

First Row: Samantha Owsen and Abby McConnell. **Second Row:** Jessica Stewart, Christie Wheeler, and Amanda Tobian. **Third Row:** Coach Cabinallis, Lindsey Kilgore, Ashlee Heilig, and Danielle Hockey.

"Keep it Rollin"

Bowling

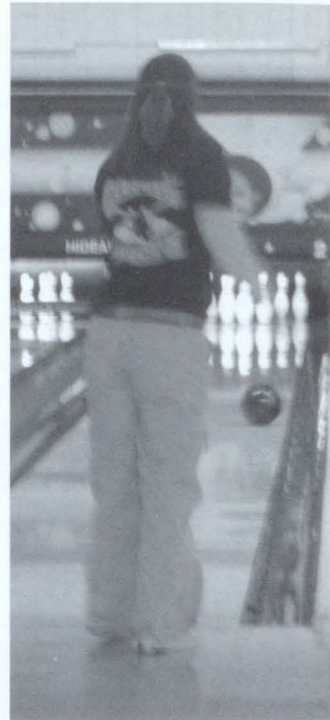
Varsity

03-04

Right: John Makdisi showing off his manly bowling chest. **Right:** Jessica Gundlach bowling a strike. **Far Right:** Ashley Koshak hoping to get a strike.



Below: Ashley Koshak, Rachel Kidwell, Amanda Buckhanon, and Jessica Gundlach posing for a picture while taking a break from bowling.



Top: Amanda Buckanon, Matt Godbold, John Makdisi, Travis Stern, David Moore, Rachel Kidwell.

Middle: Josh Lawrence, Burke Jenne, Tristan Moseley, Alex Moseley, Ashley Koshak, Mr. Marzka

Bottom: Jessica Gundlach, Ashley McMillan, Cayce Cameron, Sarah Bosch, Amanda Berger, Andy Hoeft.

Boys- Our kids were the champs and deserved it.

Girls- Record not great but improved steadily all season.

-Coach Marzka

Scores

	Boys	Girls
Deckerville	W	L
Marysville	W	L
Richmond	W	L
Brown City	W	L
Imlay City	W	L
Almont	W	W
Port Huron	L	L
Sandusky	W	L
Memphis	W	L

Basketball

9th 2004

"I'm playing basketball"



Below: Robert Johnson running to go get the ball.



Above: Chris Mousseau dribbling the ball down the court.

Far Left: Chris Mousseau, and Robert Johnson going up for the rebound.



Bottom: John Kotermanski, Alan Browning, Wade Burns, Karl Hummel, Chris Mousseau **Middle:** Robert Johnson, Andy Schrader, Todd Lawrence, Josh Murphy, Steve Gilbert **Top:** Nick Kegler, Jake Rawlins, Matt Glombowski, Joe Klocke and Coach Rosas

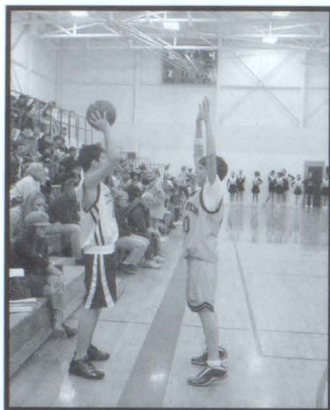
	Us	Them
Peck	60	9
Swartz		
Creek	36	48
North		
Branch	66	32
Brown		
City	32	35
Imlay	37	28
Algonac	34	31
Cros-lex	52	58
Almont	45	39
Armada	40	54
Imlay	42	34
Algonac	46	30
Cros-lex	41	42
Almont	55	31
Rich-		
mond	27	26
Yale	40	49
Armada	45	68
San-		
dusky	46	50
Yale	46	42
Caro	54	57
Rich-		
mond	32	31

Basketball 8th

*"With my unstoppable crew takin' all control,
Get out the lane, I'm comin' through.
And if you don't wanna move
I'm comin' right through you"*

03-04

Far Right: Fellow players follow Kevin Bollaert as he takes the ball down the court. The defense can hardly keep up!



Right: Chris Shroeder looks for an open teammate to get the ball in play.



Below: Chad Dudley takes his place on defense as his team watches with intensity.



Above: Top row: Brian Jozlin, Dan Jackson, Joe Harvey, Alex Wagner, Jeremy Paluch
Middle: Coach Schneider, Justin VanBibber, Joe Frazier, Jon Carroll, Gregg Hullett, Corey Green, Chris Schroeder. Bottom: A.J. Rank, Mike Walker, Kevin Bollaert, Chad Dudley, Kenny Randall

SCORE BOARD

	US	THEM
Imlay City	41	23
Algonac	48	35
Almont	40	30
Richmond	51	33
Armada	45	19
Yale	30	23
Imlay City	49	31
Richmond	33	26
Armada	30	11
Yale	36	31

10
WINS

0
LOSSES

Cheerleading 8th

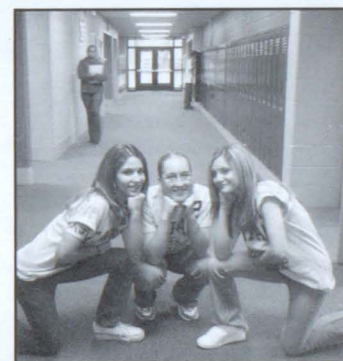
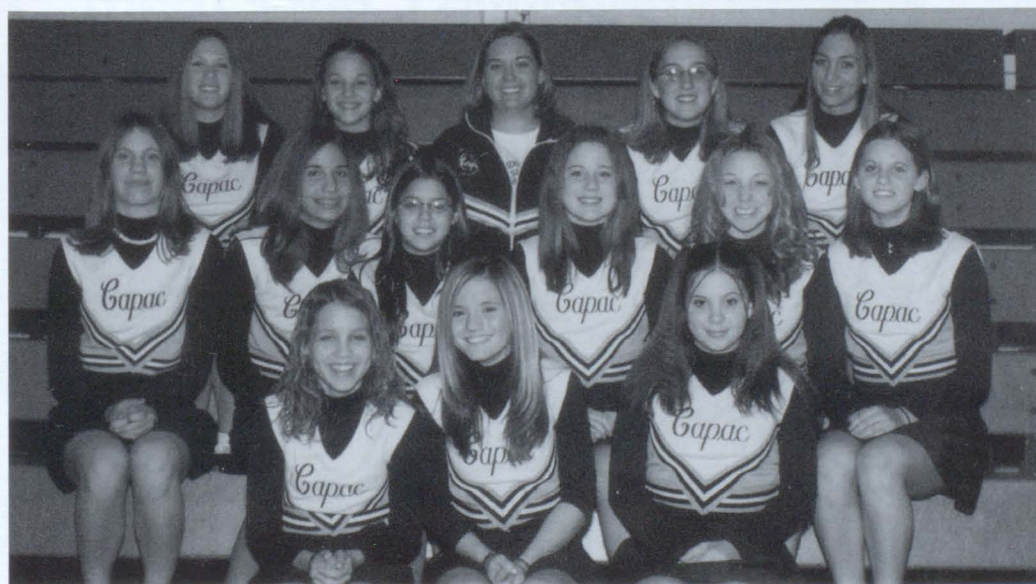
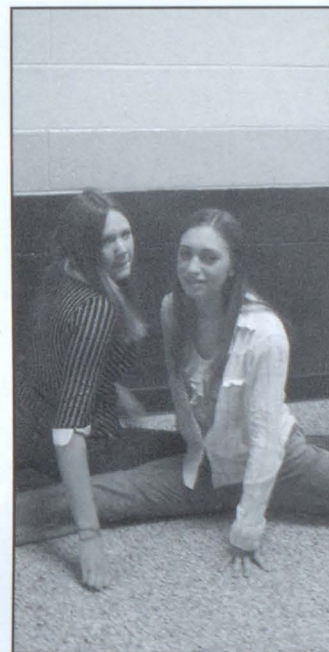
03-04

"Get up, stand up, come on! Come on, throw your hands up. If you've got the feeling jump across the ceiling- Jump Around!"



Below Left: Our girls perform a cheer for the boys on the court to keep 'em playing hard!

Below: Sharleen Hagel and Jessica Roberts show how to do the splits, cheerleader-style!



Above: Top row: Sharleen Hagel, Cassandra Veryser, Coach Hockey, Brittany Friedenstab, Jessica Roberts
Middle: Courtney Biggs, Samantha Coffman, Ashley Martin, Rebecca Zarkowski, Nicole Cook, Natalia Santi
Bottom: Lauren Pelc, Anna Cyrus, Heather McLaughlan

Above: Anna Cyrus, Brittany Friedenstab and Sam Coffman pose for a quick picture in the hallway after class.

Varsity Cheer

03-04

Proud
to be
B-L-U-E!

Just Like That!



Above: Deanna Stiefel, Christine Felek and Melanie Johnson pose for a shot before the game starts. Melanie is looking a little thirsty dont you think?

2004 Competitive Cheer Team



Top Row: Coach Robinson, Hilary Ellis, Kim Bolday, Amber Craft, Shelby Nahernak.
Middle Row: Jamie Kmetz, Chelsea Beischer, Lindsey Murphy, Stephanie Hopkins, DeAnna Stiefel, Rachel Morrow. **Bottom Row:** Katie Hlubic, Emily Mayer, Christine Felek, Melanie Johnson, Heather Porter.

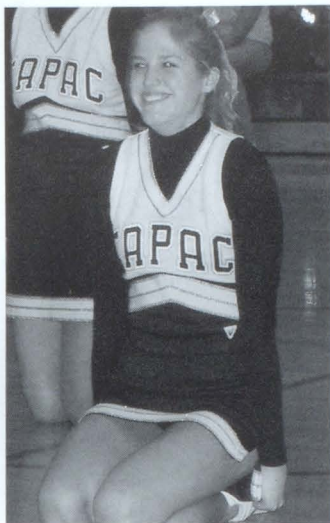


Top: Melanie gives it her all during the half time performance. **1st Middle:** Hilary and Katie clap their hands at exactly the right time. **2nd Middle:** Heather Porter is proud to be... B-L-U-E. **Bottom:** Emily and Stephanie move with the beat of the music.



Above: Emily Mayer does a little dance during a crowd pleasing cheer. Everybody RUMBLE!

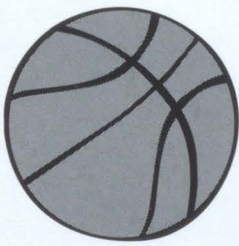
Below: Lindsey Murphy gives the crowd a smile after the great performance of her fellow teammates.



What is the funniest thing that has happened during your season?



Emily Mayer
"Us girls pretended to flash the boys on the bus even though we really didn't, but they couldn't tell anyways! They were still excited! It was hilarious!"



Katie Hlubic
"We were all working very hard to get ready for competition and Lindsey Murphy was supposed to run up someones back and she went face first into Stephanie Hopkins BUTT!"



Right: Melanie and Emily are fly high while they do their toe touches. Above: The squad does their rounds during the BWAC Tournament which was held here in Capac.

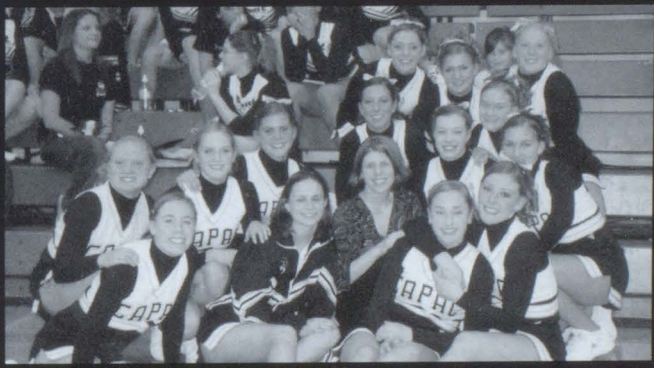


Coach Robinson
"This was a great season for the girls. They worked hard and had a lot of fun doing what they were doing. Our scores may not have been as good as we wanted them, but this was a great learnign experience and now we know what we need to work on for next year."

2004 Season

Davison 1st and 3rd Place
BWAC 3rd
BWAC First Team
Emily Mayer
Lindsey Murphy

Honorable Mention
Hearther Porter
Amber Craft



Above: The Team poses for a shot before they find out their results of the BWAC Tournament. YOU GO GIRLS!



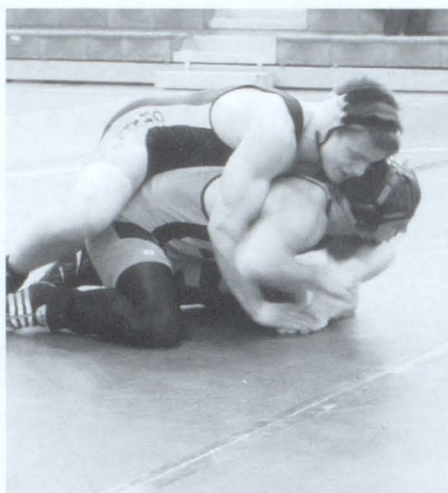
Wrestling Varsity 03-04

Working for
the pin!

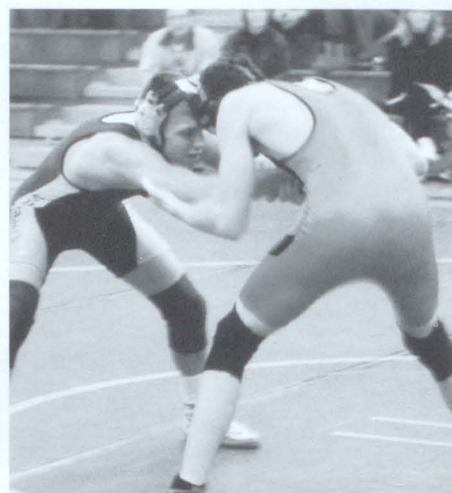


Above: Nate Kilgore is oh so close to pinning his opponent but then loses his grip. Then he tries again for his six points and finally his opponent is pinned.

"CHICKS DIG IT"



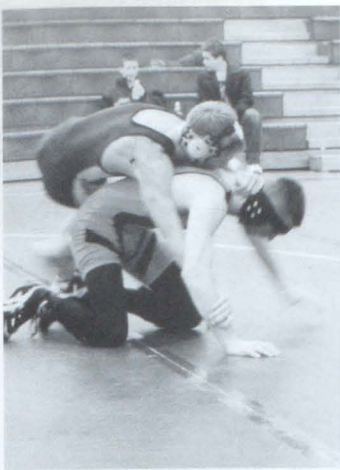
Above: Anthony Jackson trying to get his opponent on his back and get the pin.



Above: Ryan Manger trying to get away from his opponent and get the first takedown.



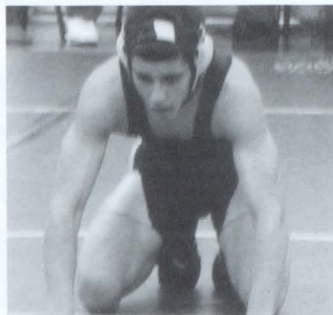
Above: **1st Row (LtoR):** Josh Smith, Bryan Forton, Frank Williamson, Matt Walker, Jake Nemecek, Phil Chalabian, Patrick Braun, Mike Bainbridge **2nd Row:** Dominik Beckers, Brian Sass, Curt Chalabian, Nate Kilgore, Brian Pietrzak, Chris Sass, Joe Camire, James Hansen **3rd Row:** Scott Kulman, Leif Kowalewski, Blaise Pewinski, Corey Guigar, Todd Starks, Anthony Jackson, Adam Porter, Neil Murray **4th Row:** Ryan Manger, Scott Smith, Brad Wright, Dan Ray, Lee Peters, Ben Nelson, Donnie Hunsucker **Top Row:** Coach Klink, Jackee Barbier, Kim Wisenbaugh, Ashley Kruger, Coach Gross



Above: Donnie Hunsucker tries to gain the upper hand in his match.



Top Right: Anthony Jackson is trying to break down his opponent and get yet another win.



Right: Jake Nemecek gets ready for the start of the second period.

What was the funniest thing that happened this season?



Nate Kilgore

"When we were stranded in Ann Arbor for 2 and a half hours because our bus driver forgot what time to pick us up."



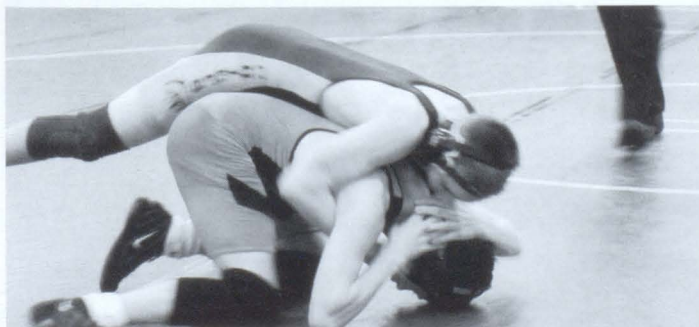
Dominik Beckers

"My first wrestling match because I had no clue what I was doing."



Jake Nemecek

"This one day we were running sprints in the gym. Well Todd Starks slipped on some water and fell flat on his face. It was great."



Above: Freshman Bryan Forton had a successful 1st year. Here he's showing us why he did so well.



Chiefs Wrestling

BWAC Matches:

	Us	Them
Algonac	21	55
Cros - Lex	45	36
Almont	47	30
Richmond	12	64
Armada	39	42
Yale	16	61

Tournaments:

Capac	4th Place
Lake Fenton	3rd Place
Yale	4th Place
Blue Water	9th Place
Mayville	5th Place
Imlay City	3rd Place
Powers	2nd Place
BWAC	7th Place



Above: The guys take a time out after their third place finish at the Tri - City Times Invitational. Hey whats Nick Campbell doing in there?



Above: Exchange student Dominik Beckers trying hard to gain control of his opponent. He did very well this year for it being his first time ever wrestling.

Volleyball

Varsity

"Chicks Dig It"

03-04

Varsity Volleyball



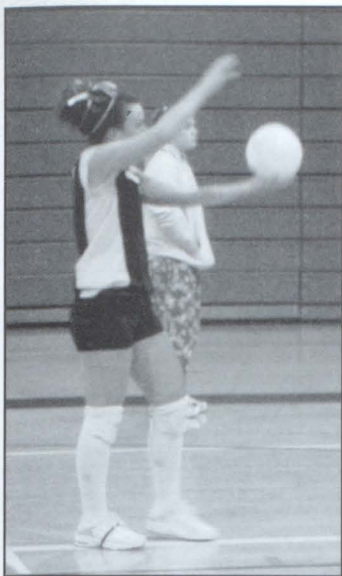
Above: Olivia Kolaczynski sets up Dani Klocke for a kill while her teammates are backing her up.



Above: Team Huddle.
First Middle: Dani Klocke, Sara McConnell, and Connie Rossow are the net keepers. **Second Middle:** Alli Santi and Sara McConnell taking a break.
Bottom: Team pic.

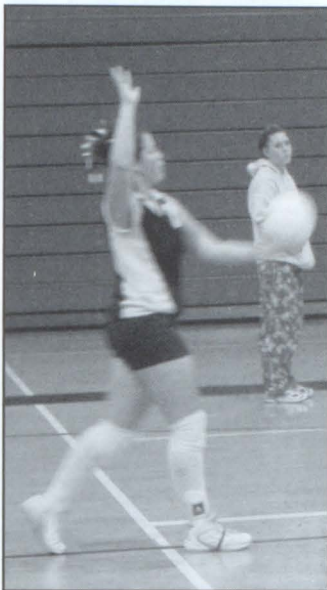


Top: Olivia Kolaczynski, Connie Rossow, and Coach Bastinelli. **Middle:** Angelina Rosillo, Megan Martin, Dani Klocke, Sandy Bullock, Nina Forton. **Front:** Alli Santi, Jerrica Polzin, Amanda Palmateer, Katie Hollenbeck, and Alyssa Lubahn.



Above: Amanda Palmateer getting ready to serve the ball over the net to score some points.

Below: Katie Hollenbeck serving the ball over the net to win the game.



What was the BEST part of the season?



Alyssa Lubahn
"When we beat Imlay City and having new coaches."



Amanda Palmateer
"Team chemistry cause Mr. Young is the assistant coach."



Angelina Rossillo
"Having new coaches"



Above: Angelina Rosillo, Alyssa Lubahn, and Katie Hollenbeck are back row players getting ready for the ball. **Right:** Dani Klocke and Connie Rossow up for a double block.



Bring your best self into the gym everytime. Your Effort = Your Outcome!!
- Coach Bastinelli

Imlay City	L
Cros-Lex	L
Almont	L
Richmond	L
Yale	L
Imlay City	W
Algonac	W
Almont	L
Richmond	W
Armada	W
Yale	L
North Branch	L

Algonac	W
Districts	L



Above: Sara McConnell blocking the ball against Algonac.



Volleyball J.V 2004

"Come Together"

Right: Coach Mawer watches the match. She said although our record may not show it, we as a team did walk away with the better skills. We worked together as a team and towards the end it showed.

Bottom Left: Amanda Koshak jumps up to spike the ball

Bottom Right: Jamie Martin gets ready for the upcoming serve.



Above: The girls rethink their game plan.



Bottom Row (L to R): Ashley Scott, Amanda Strunk, Amanda Koshak, Sara McConnell, **2nd Row:** Stephanie Smith, Jen Smith, Melissa Bullock, Jamie Martin, Ashley Sheldon, Kayla Finn, **Top Row:** Amanda Kaltz, Kelsie Quandt, Amanda Gonzalez, Coach Mawer

03 - 04

Imlay City	Loss
Armada	Loss
Algonac	Loss
Richmond	Loss
Yale	Loss
Imlay City	Win
Almont	Loss
Algonac	Loss
Cros - Lex	Loss
Cros - Lex	Loss
Almont	Loss
Richmond	Loss
Armada	Loss
Yale	Loss
Algonac	Loss

9th Grade 2004

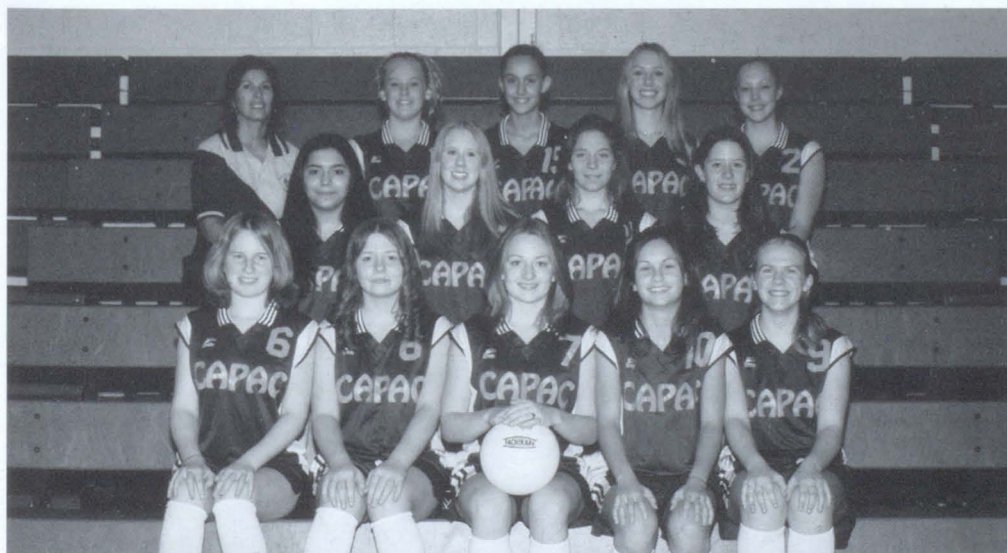
V- Ball "Fun, Fun, Fun"



Above: The girls get ready for the upcoming serve.



Above: Stacey Charbeneau and Kylie Hill acting goofy on the long bus ride home.



Bottom Row (LtoR): Kristy Frantz, Deborah Rybicki, Jennifer Sirovey, Amanda Watson, Jennifer Chetosky, 2nd Row: Kelly Garza, Stacey Charbeneau, Khrystyna Catalina, Amy Lauwers, Top Row: Coach Polzin, Kristina Campbell, Jacqueline Clark, Kylie Hill, Jessica Blackstock

SCORE BOARD

Imlay City	Win
Armada	Win
Algonac	Loss
Richmond	Loss
Yale	Loss
Imlay City	Win
Almont	Win
Algonac	Loss
Cros Lex	Win
Cros Lex	Win
Almont	Loss
Richmond	Loss
Armada	Win
Yale	Loss
Algonac	Win

Volleyball

2004

8th Grade

"JUMP"

Below: Coach Young takes a time out to discuss his team's strategy for the next game.



Above: Natalia Santi goes up for a block or spike during a game.



Above: Anna Cyrus dives to save the ball from going out of bounds.



Top Row (L to R): Jessica Roberts, Tonya Stern, Lindsey Manning, Megan Hoeft, Kristin Dewitt, Britney Friedenstab, Natalia Santi, Courtney Biggs **Bottom Row (L to R):** Ashley Martin, Felicia Trendy, Sarah Tomeo, Samantha Kaufman, Anna Cyrus, Lauren Pelc

03 - 04

Algonac	Win
Cros Lex	Loss
Almont	Win
Almont	Win
Imlay City	Win
Imlay City	Win
Armada	Loss
Armada	Win
Yale	Win
Yale	Win
N. B. W	Loss
N. B. W	Loss

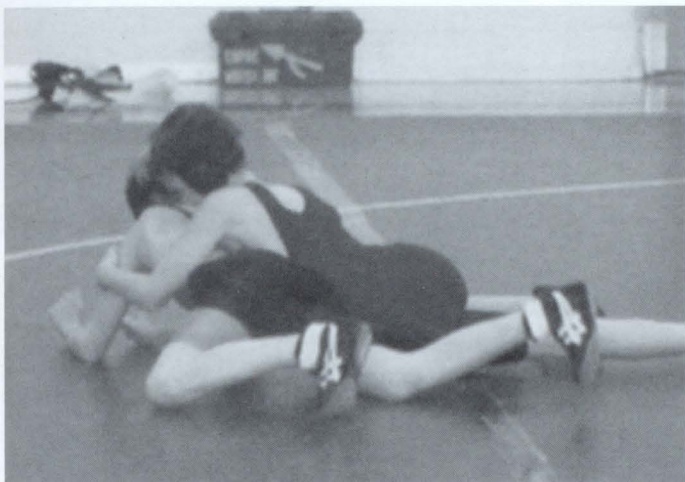
**BWAC
CHAMPS**

Wrestling

Jr. High

2004

"Eye of the Tiger"



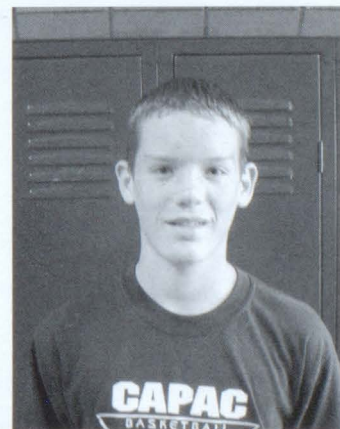
Above: Eric Bollaert grabs the upper hand against his competition.



Above: Andrew Bollaert gets the win.



Bottom Row (L to R): Josh Boller, Jordan Kohnya, Andrew Bollaert, Kenny Randall, Eric Bollaert **Middle Row (L to R):** Zane Treadway, Dan Patton, Alex Wegner, James Jordan **Top Row (L to R):** Justin Craft, Nathan Carver, Tom Brys, Anthony Burkel, Chad Dudley, Anthony Theel, Joe Harvey



Above: Captain Dan Patton can't wait until next season. He says that it should be fun on varsity and he hopes he does as good next year.

Baseball

Varsity

2004

"Batter Up"



Top: Chris Durand throwing a great pitch. **Second:** Tristan Moseley and Josh Lawrence **Third:** Coach Abraham and Coach Manney **Fourth:** Kyle Bollaert awaits the upcoming play.



Above: Brian Klein takes a lead off of second base.



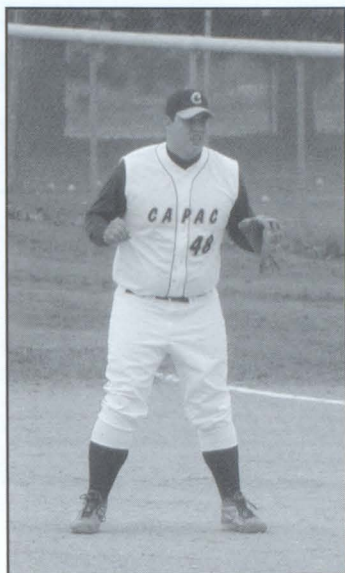
Above: Donnie Hunsucker gets ready to bat.



Back Row(left to right): Coach Abraham, Mike Thomas, Kyle Palmateer, Tristan Moseley, Anthony Aguinaga, and Coach Manney. **Middle Row:** Andrew Hoeft, Alan Boadway, Brian Klein, Kyle Bollaert, and Josh Lawrence. **Front Row:** Donnie Hunsucker, Chris Mousseau, and Chris Durand.

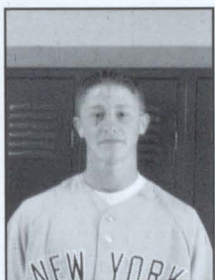


Left: Junior, Alan Boadway waiting for the ball at second base.



Right: Senior, Anthony Aguinaga, getting ready in the outfield.

Which was your favorite game and why?



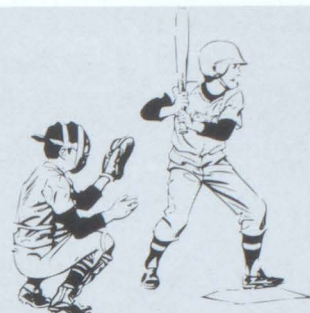
Mike Thomas
"When we played North Branch Wesleyan Academy because we destroyed them."



Brian Klein
"When we played North Branch Wesleyan because we smoked them and four different players hit the ball over the fence."



Kyle Bollaert
"Against North Branch Wesleyan because we won both games by a small margin."



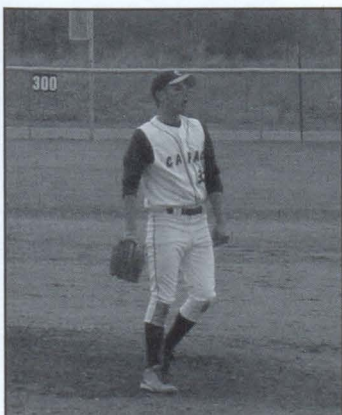
2003 - 2004

	Us	Them
Imlay City	3	7
Algonac	5	9
Almont	1	11
Cros - Lex	3	13
Richmond	14	6
Armada	1	12
Yale	0	11
Imlay City	3	4
N. B. W	22	0
N. B. W	15	0
Cros - Lex	1	9
Almont	2	5

	Us	Them
Richmond	2	10
Armada	12	2
Yale	4	5
Cros - Lex	9	1
Almont	2	5
Richmond	10	2
Armada	2	12
Yale	5	4



Above: Coach Abraham diligently coaches the third base line.



Left: Kyle Palmateer waits for the next play. **Middle:** Tristan Moseley watches from 1st base. **Right:** Chris Mousseau awaits the upcoming pitch.

Softball 2004

Varsity

Baby Come Home

Pitch it!
Pitch it
GOOD!



Above: All pictures show Krystals pitching techniques in order from when she starts and when she finishes.



Back Row(left to right): Coach Redding, Coach Schultz, Coach Kish, & Manager Katie Mailoux. **Middle Row**: Andrea Aldrich, Alyssa Lubahn, Mary Lou Aguinaga, Sandy Bullock, Dani Kiss, & Krystal Kowalewski. **Front Row**: Amanda Palmateer, Katie Hollenbeck, Christine Felek, Ann Meikle, Lindsey Tabor, Amanda Gonzalez.



Top Left: The Amanda's are trying to make their serious game faces. **Top Right:** Ann, Amanda, and Alyssa are ready to take on any team. **Bottom Left:** Ann and Alyssa give the sign with huge smiles on their faces. **Right Page:** Amanda Palmateer gets ready for the next pitch. Gonzo make great contact and hits a double. Danni Kiss gets ready to take a swing at this next pitch.

What was your favorite part about this season?



Baby "K"

"I would have to say that there are many funtimes but I love it when coach Sholtz said..."Ya Know" at least 10 times when he is talking to us!"



Sara

"When the umpire thought Amanda Koshak and I were dancing on the field...But it was one of those times where you just had to be there!"



Gonzo

"When Ann, Alyssa and I got in a mud fight all during practice and after. It was great fun!"



"Our Catchers"

Above Right: Amanda Koshak is ready for the pitch to come in. **Above Left:** Gonzo (G-Baby) is ready at the plate.



Coach Redding

"The Lady Chiefs played their best two games of the season in Districts but fell short. Expectations were high but injuries didn't help the chiefs in the end."

Districts

Memphis
Won 7-1

Brown City
Lost 2-1

2004 Season

Utica	Lost
Imlay City	Won
Sandusky	Lost
Algonac	Lost
Almont	Lost
Cros-Lex	Lost
Richmond	Lost
Armada	Lost
Yale	Lost
Imlay City	Lost
Elk Rapids	Lost
Algonac	Lost
Cros-Lex	Lost
Almont	Lost
Richmond	Lost
Armada	Lost
Yale	Lost
Wesleyan	Lost



Above: The team is just hanging "around" for the rain to pass so they can play.



Sports Divider
Stephanie Doutry

Jv Baseball

9th 03-04

"I said now we're up in the BIG LEAGUES, my dirty it's our turn at bat, just as long as we livin. It ain't nuttin wrong with that, huh - Batter up"

Right: Chris Botwin and Mike Blackstock wait for the next victim to walk up to the plate...

Far Right Above: Catcher Lee Peters is in position and ready to catch a strike ball.

Far Right Below: Kurt Chalabian puts on his game face and gets ready for anything.

Below: Pitcher Chris Botwin throws a fast one at an unfortunate Yale batter.



Team Picture: Top: Coach Forti, George Pittenturf, Lee Peters, Anthony Sammutt, Mike Blackstock, Blaise Pewinski, Coach Gross
Middle: John Kotermanski, Mike Kramer, Brian Pietrzak, Robbie Ringle, Mike Bainbridge, Steve Gilbert,
Bottom: Frank Williamson, Kurt Chalabian

The J.V. Baseball team had a struggle with wins this season, their 3 wins consisting of Armada, Algonac, and Memphis.

Nonetheless they tried hard and put up a fight.

WINS	LOSS
3	9

Jv Softball

"Forfeit the game, Before some-
body else takes you out of the frame-
Puts your name to shame"

9th 03-04



Far Left: Danielle Osentoski stands ready for her turn at the plate as the umpire decides who's safe.

Below Left: Catcher Keely Stewart is ready to feel the strike warm in her glove.

Left: Jamie Martin, Melissa Bullock and fellow team mates relax and pose for a quick picture.



Above: Ashley Scott and Jamie Martin stand alert and ready to catch any hits headed their way.



Team Picture: Top: Coach Klug, Kristie Wheeler, Stephanie Smith, Kimberly Smith, Jessica Blackstock, Ashley Scott, Jessica Gundlach

Middle: Lindsay Victor, Kaityln Kowalewski, Danielle Osentoski, Amanda Watson, Coach Muldoon

Bottom: Keely Stewart, Ashley Sheldon, Jamie Martin, Melissa Bullock

SCOREBOARD

	Us	Them
Almont	17	8
Richmond	5	9
Algonac	6	5
Armada	12	3
Imlay City	19	3
Imlay City	18	7
Algonac	6	10
Luth N.West	13	3
Richmond	5	10
Armada	4	1
Yale	13	1
Yale	10	4

WINS
9

LOSS
3

J.V. Softball
Page by: Nicole Wilson

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Track 2004

Varsity "One Step Too Far"

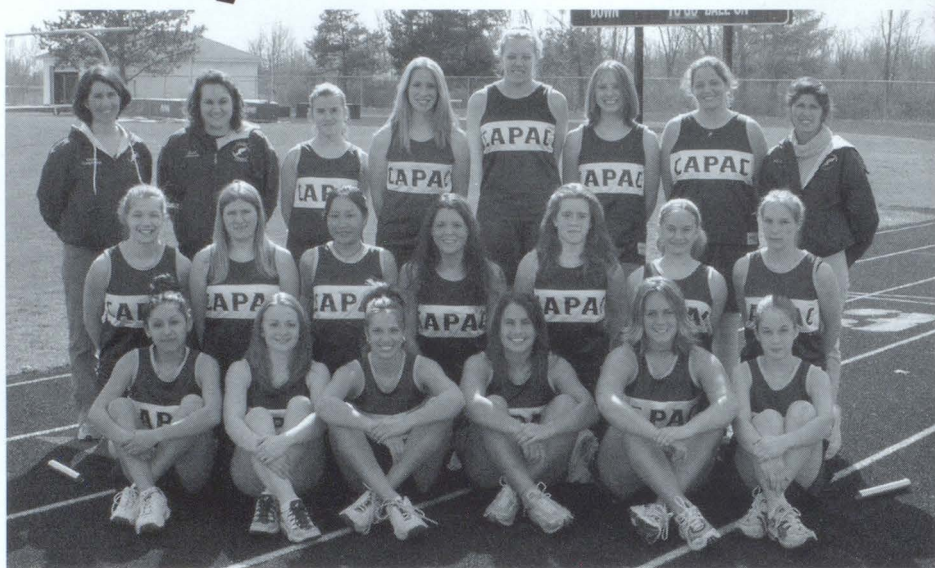
BWAC Tournament



Top: Bryan Sivec and Corey Guigar are trying to keep dry during the BWAC Tournament.

1st Middle: Joey Ruprecht and Kaoru Tankaro take a walk in the rain while sporting their cool ponchos! **2nd Middle:** Mrs. Winarski and Kylie Hill take time out of their rainy afternoon to take a picture together.

Bottom: Members of the boys track team are chilling in the storage barn.



Top: Coach Lengemann, Coach Winarski, Stephanie Grey, Kylie Hill, Dani Klocke, Katit Turner, Lindsay Mayer, Coach Polzin. **Middle Row:** Kim Bolday, Rhonda Kaiser, Karu Tankora, Meghan Martin, Joanne Edgerton, Hearther Porter, Jessica Koltunowicz. **Bottom Row:** Jessica Medrano, Jen Sirovey, Jerrica Polzin, Olivia Kolaczynski, Chelsea Biescher, Kristin Nahorady.



Top: Matt Glombowski, Eric Wendt, Lewis Norton, Kevin Hulett, Coach Lengemann, Kurt Waltzer, Brad Wright, Brandon Hackelburg, Adam Porter, Ben Nelson. **Middle Row:** Zack Parker, Mike Hull, Ben Hoover, Jack Turner, Joe Camarie, Dominic Beckers, Matt Auginagua, Shawn Wendt.

Bottom Row: Jake Rawlins, Nick Minni, Luke Stuever, Eddie O'Halloran, Todd Starks, Leo Treadway, Joey Rubric



Above: Matt Sinda runs with all his might to jump the hurdle while at the Brown City Invitational.



Below: Luke Stuever jumps into the sand for the long jump competition at the Brown City Invitational.

What was the funniest thing that has happened this season.



Joey

"I lov to run track it is alot of fun and I like hanging out with my friends."



Carl

"Track is alot of fun! I liked everyone I ran with and this season went really well"

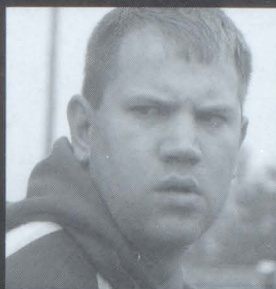


Kylie

"This season was great. Long Distance runners ROCK! I just haven't mastered my push-ups yet!"



Above Right: Eddie O'halloran is at a head-to-head grudge at the Brown City Invitational. **Above Left:** Kurt Waltzer uses his long legs to get over the bar in the high jump competition.



2004 Season

	Us	Them
Imlay City	66	71
Algonac	45	92
Yale	50	87
Armada	98	37
BWAC		6th

Coaches:

GIRLS

Mrs. Winarski

Mrs Lengemann

Mrs. Polzin

BOYS

Mr. Legnemann

Mr. Nestle



Above: The long distance girl runners are wraming up to get ready for there long run.



Sports

Sara McConnell

Jr. High 2004 Track



Above Left: Bethany Palmateer and Taylor Smith getting ready to run.
Above Right: Jon Botwin getting ready to take first at the 100 meter hurdles.

"Catch Me if you can"



Top: Anna Cyrus 2nd from top:
Mackenzie Hackelberg and friend .
3rd Middle: Alex Wenger, Darren
Hunsucker and Kevin Bollaert.
Bottom: Marissa Moore, Laura
Pewinski, Megan Beischer, and
Ashley Martin.



Above Left: Anthony Burkel hands the baton to Mike Hoeft in the mile relay.
Above Right: Kami Misch running the mile relay! Keep up the good work!



Left: Brendan Pfeifer, making his last lap around to beat the school's record.



Right: Melissa Sawicki running the mile..keep up the good work Melissa!



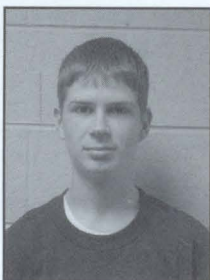
Boys

	Win/Loss
Almont	Win
Algonac	Loss
Richmond	Loss
Armada	Win
Yale	Loss
St. Clair Tourn.	N/A
Bwac Tourn.	5th

Girls

	Win/Loss
Almont	Loss
Algonac	Loss
Richmond	Win
Armada	Win
Yale	Loss
St. Clair Tourn.	N/A
Bwac Tourn.	4th

What was your favorite running event and why?



Kevin Bollaert

"The mile and two mile because I never had to do it"



Marissa Moore

"The 400 meter relay because you get to work together as a team with other people and I like sprinting"

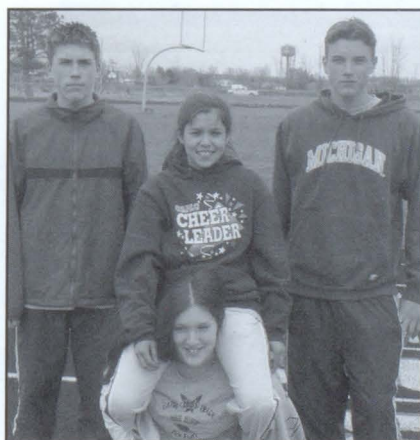


Dan Patton

"I would say the 400 meter relay because you get to share the event and it's kind of short."



Above: Relay team, Gloria Polzin, Marissa Moore, Kayla Weber and Laura Pewinski.



Left: Felicia Trendy running the one mile. **Middle:** Brendon Pfeifer, Ashley Martin, Jeremy Paluch, and Sydney Bowerson. **Right:** Samantha Kaufman taking off to run the 100 meter hurdles.

Special Events Divider

Events such as Snowcoming, Spring Break, Prom, and Graduation are special to the entire school. What makes an event special is the importance as well as the memories people take home with them.

"How do you like me now?"



Left: Matt Waisanen, Bruce Foster, & Mike Kot singing away at the Explosion of Music.

Right: Melanie Johnson and Emily Mayer goofing around on the beach.



Jessica Blackstock



Jamie Ziolkowski



Jessica Martin



Activities

Powder Puff Seniors 150

Powder Puff Juniors 151

Snowcoming 152

Spring Break 154

Dinner Theater 156

Spring Arts Festival 158

Benefit Show 159

Prom 160

Graduation 162

Senior All Night

Party 165



Far Left: Amanda Thomas and Sarah Rinke practicing to beat the juniors at the PowderPuff game!

Left: Joel Carden (Charlie Brown) & Scott Harris (Schroeder) smiling after their dinner theater performance.

Below Left: Melanie Johnson, Emily Mayer, Alyssa Lubahn, Amanda Palmateer, Nicole Gresell, & Sarah Bainbridge hanging out on the beach in the convertible.

Below Right: Rob Vanlerberghe singing his heart out at the "Explosion of Music."

Far Below Right: Robin Higgs and Cliff Patton dancing together after becoming the king and queen of Snowcoming.



Special Events
Stephanie Doutry

Powder Puff "Girls Just Want Seniors 16



Above: A Senior defensive huddle made up of Ashley Bluhm, Heather Doutry, Lynnette Hernden, and Krystal Kowalewski deciding on how to attack the Junior's offense.

Right: Senior JoAnn Edgington punting the ball with the offensive line holding back the defense.

Top Right: The Seniors celebrating after their victory over the Juniors, finishing high school with an over all record of 1-1.

TopLeft: Seniors Melissa Teatro and Cayce Cameron showing how they will react if they win the game.

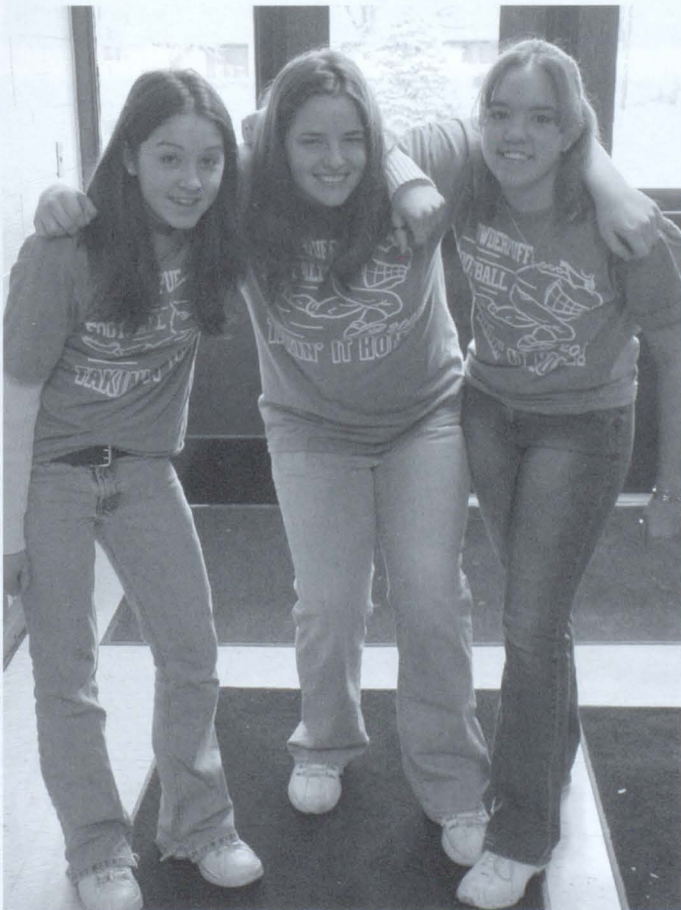
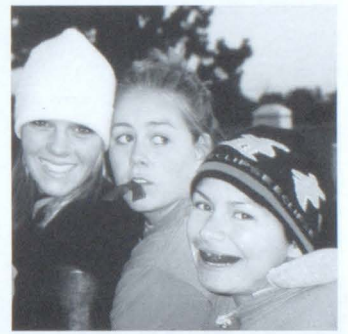
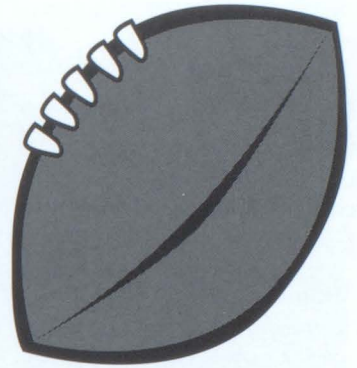


Right: Cassie Quandt and Krystal Kowalewski of the Senior's defense congratulating each other over an awesome play against the Junior's offense.



To Have Fun" Powder Puff

Juniors 14



Above: Juniors Heather Ferrett, Erica Livermore, Amanda Hoskey and Jamie Kmetz hanging out on the sidelines while the defense plays.

Left: Junior Donnie Hunsucker giving advice to the offense on how to score on the Seniors.

Top Right: Juniors Ann Meikle, Chelsea Beischer and Danielle Kiss take a moment from huddling for warmth to pose for the camera.

Top Left: The Junior group photo after a hard loss from the class of 2004, leaving them with an 0-1 record.

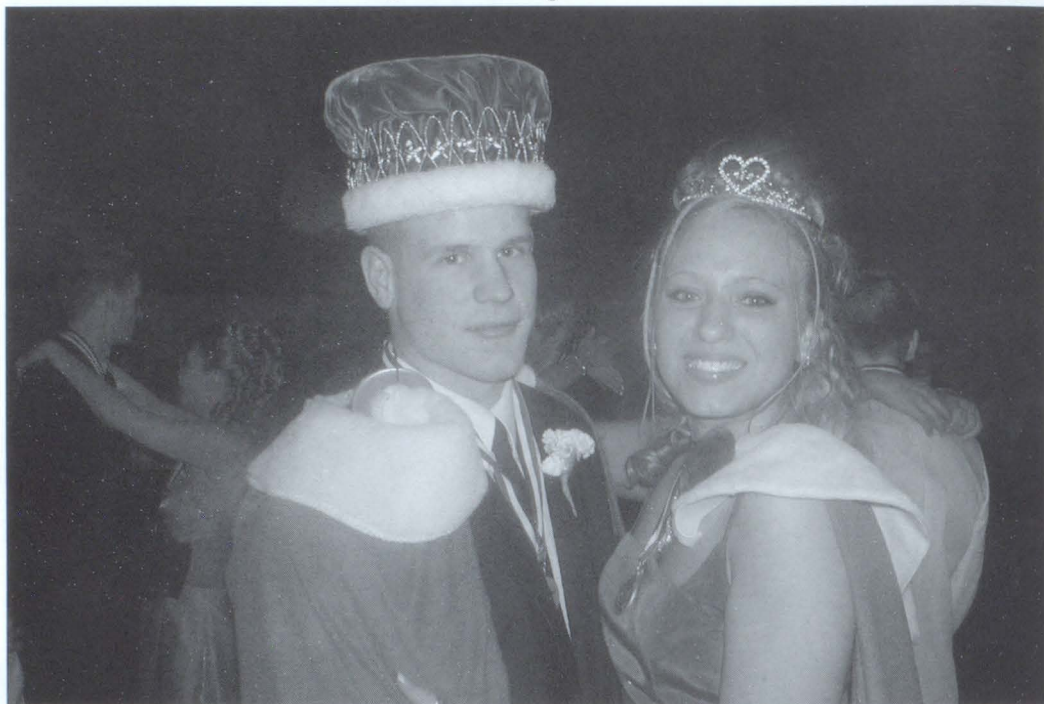
Left: Juniors Valerie Kettlewell, Lindsay Mayer and Ashley Wright taking time out of the hectic game day to pose for the camera.

Snowcoming

When I move, You move... Just like that

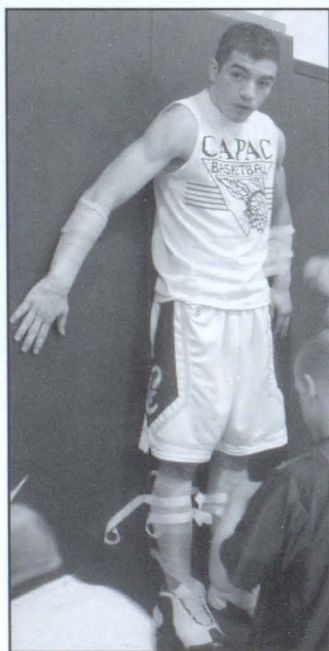
Right: Snowcoming King (Cliff Patton) and Queen (Robyn Higgs) smile for the camera as they get ready for the royalty dance.

Below: Sophomores Rachel Kidwell, Amanda Koshak, and Kyleigh Konyha rooting for their fellow classmates that have been accepted into the royalty family.

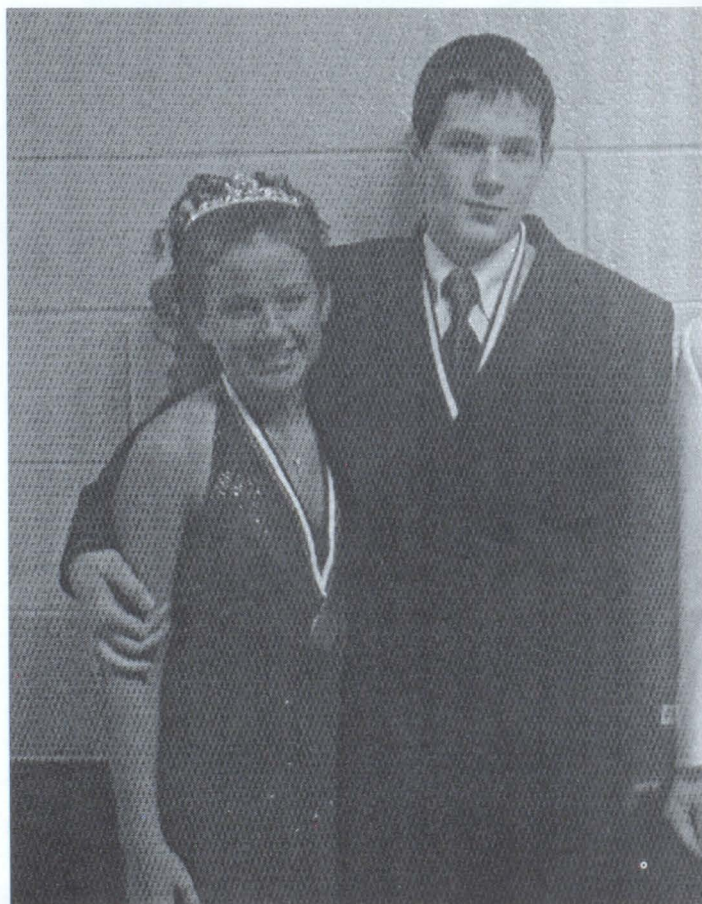


Above: Katie Hlubic, Amanda Koshak and Sara McConnell catch their breath between songs at the Snowcoming Dance.

Far Right: Eighth Grade Royalty Chris Schroeder and Rebecca Zarkowski. Freshmen Royalty Katie Hlubic & Michael Hull.



Above: Senior Nate Boller is being taped to the wall by Cliff and Anthony for the Snowcoming Assembly.





Angelina Rosillo
& Nate Boller



Ben Hoover &
Robin Higgs



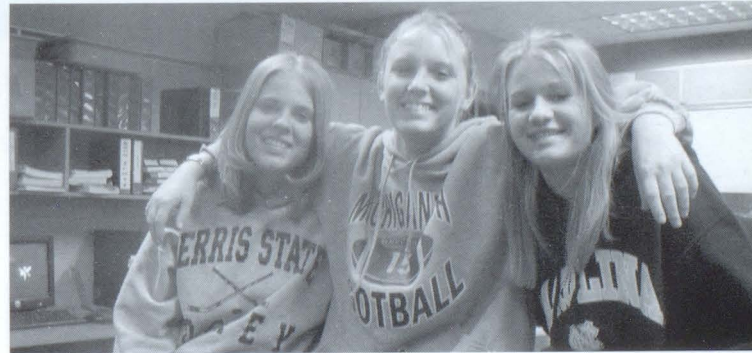
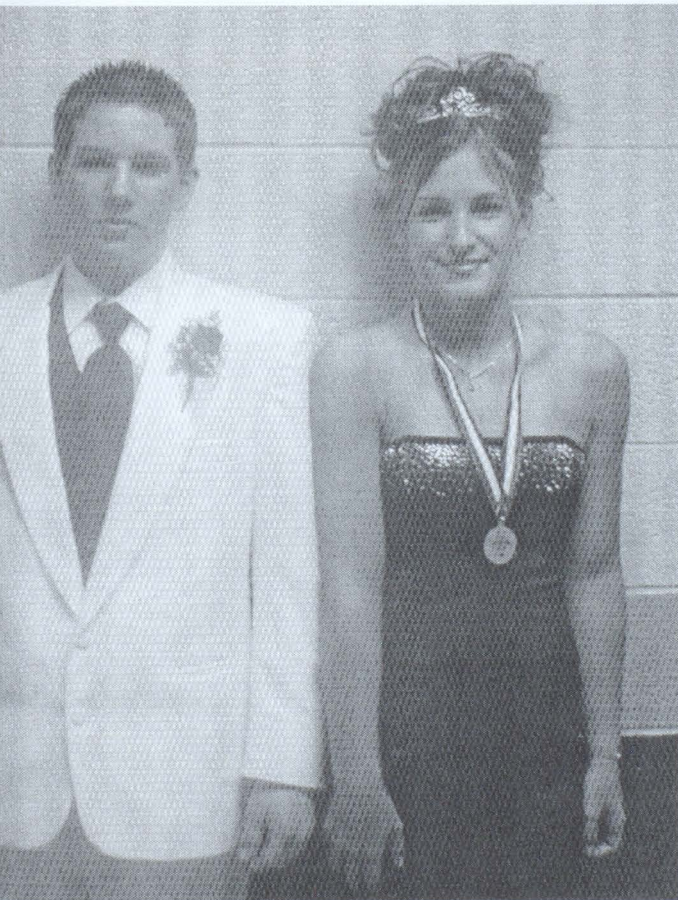
Brandon Pauli &
Sarah Bainbridge



Katie Hollenbeck &
Cliff Patton



MaryBeth Osmulski &
Robert Bridgewater



Above: Amanda Koshak, Stephanie Doutry and Ashley Ogden proudly show off their sweatshirts for College Day.

Far above: The Senior Court altogether! Congratulations guys!

Left: Sophomore Princess Jackie Barbier shows us how excited she is!

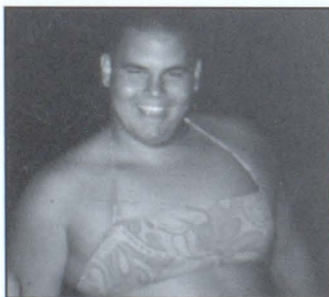
Below: Lynnette Herden and Mary Beth Osmulski standing out in the water in Cocoa Beach, Florida.

Below-Right: Jeania Deaton, Ashley Koshak, Katie Hlubic, & Amanda Koshak smile pretty for the camera during their break in Orlando, Florida.

Two Below: The girls and guys taking a "ride" together down in Daytona Beach!

Spring Break

Soak Up The Sun!



Above: Melanie, Amanda, & Emily smile while having a good time on the beach.

Above: Anthony Aguinage in a GIRL'S BATHING SUIT....oh no!!



Left: Nicole Gresell, Sarah Bainbridge, Emily Mayer, Alyssa Lubahn, & Amanda Palmateer taking time out of their Spring Break to pose with an astronaut.

Below: Anthony Aguinaga, Eddie O'Halloran, & Luke Stuever in Daytona Beach looking good!



Left: Sarah McConnell and Ashley Kruger posing with Rafiki while visiting Disney World.

Above: Greg Lewis, Luke Stuever, Anthony Aguinaga, Nate Boller, & Kenny Hummel hanging out on the beach.



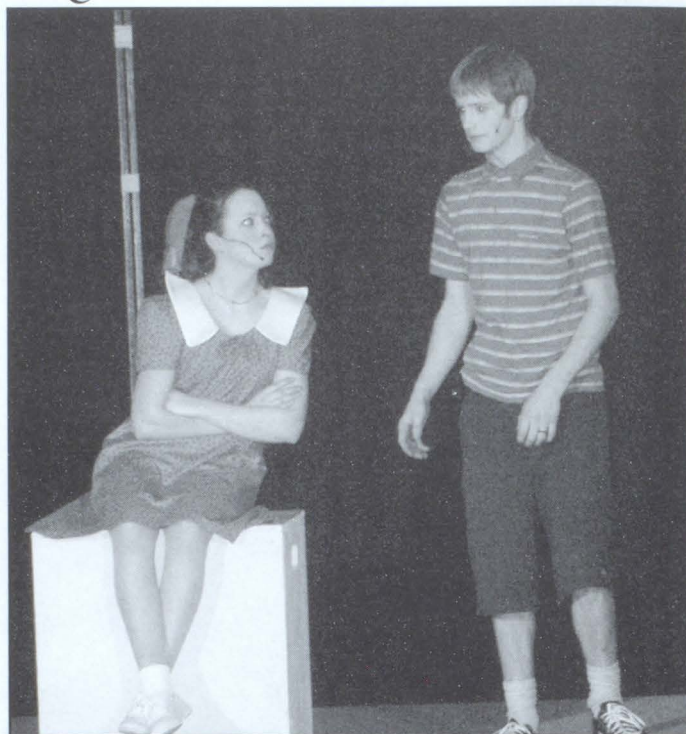
Dinner Theater

You're a good man, Charlie Brown

Far Right: Rachel Crane and Scott Harris acting out a part from "You're a good man, Charlie Brown."

Right: Melissa Sawicki (Sally, Tom Paulch (Snoopy), and Rachel Crane (Lucy) pose for a picture at the end of the show.

Below: The whole crew singing their hearts out at the end of the play.



Above: Emily Mayer (Chorus) and Melissa Sawicki (Sally Brown) caught off stage after the performance.



Tom Paluch



I have been in Dinner Theatre for 4 years now. I like acting and being onstage.

Rachel Crane



This is my first year in Dinner Theatre. I like having Miss Joy as a teacher, and I also love to sing.

Melissa Sawicki



This is my first year in Dinner Theatre. I enjoy acting and Miss Joy is an awesome teacher.

How many years have you been in Dinner Theatre and what persuaded you to join?

Below: Joel Carden (Charlie Brown) and Tom Paluch (Snoopy).



Above: Joel Carden (Charlie Brown) and Tom Paluch (Snoopy) smile proudly for the camera. The Chorus all together.

Left: Bruce Foster, Tom Paluch and Spectator Been Felek.



Far Left: Rachel Crane, Bruce Foster, Joel Carden and Mary Lou Aguinaga.

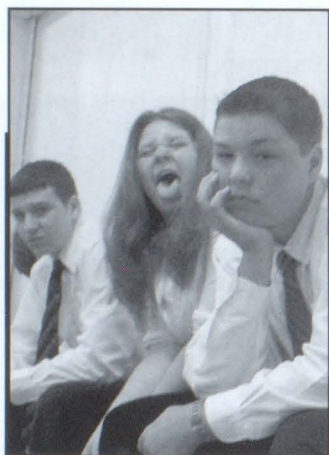
Clubs/Organizations
Ashley Ogden

Spring Arts Festival

Spring is in the air.

Right: Select Choir warming up to sing at the Spring Arts Festival.

Below: Josh Smith, Deborah Rybicki, and George Pittenturf taking some time off at the Spring Arts Festival.



Above: Dawn Forton and Kathleen Wnuk with their art. **Right:** Mrs. Miller displaying her art work.

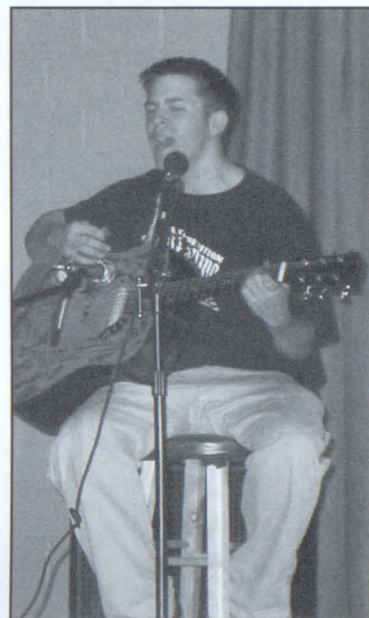


Benefit Show

Explosion of Music



Left: Joel Carden, Rob Vanlerberghe, Jim Davidson, and Jon Bunker singing at the Benefit show. **Below:** Rob Vanlerberghe singing his solo.



Above: Matt Waisnen, Bruce Foster, Mike Kot singing as Project Foster with broken mics.



Left: Jamie Harris did a good job putting together the Benefit Show this year.

Right: The teachers putting on their own rendition of the musical STOMP.

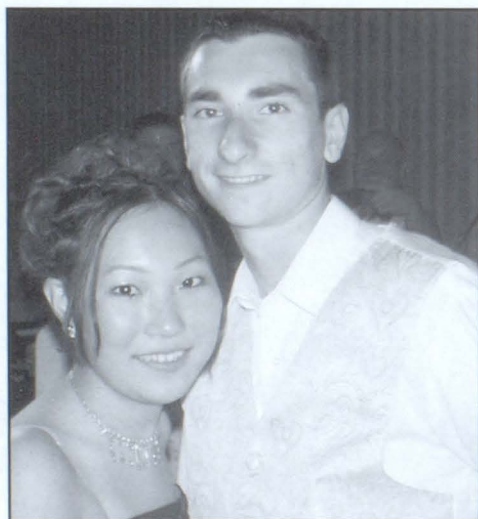
Special Events
Amanda Koshak

Prom *Happily Ever After*

Right: Prom King Anthony Aguinaga and Queen Robyn Higgs share a dance.

Far Right: Angelina Rosillo, Krystal Kowelewski, and Linsey Tabor are looking pretty in their Prom dresses.

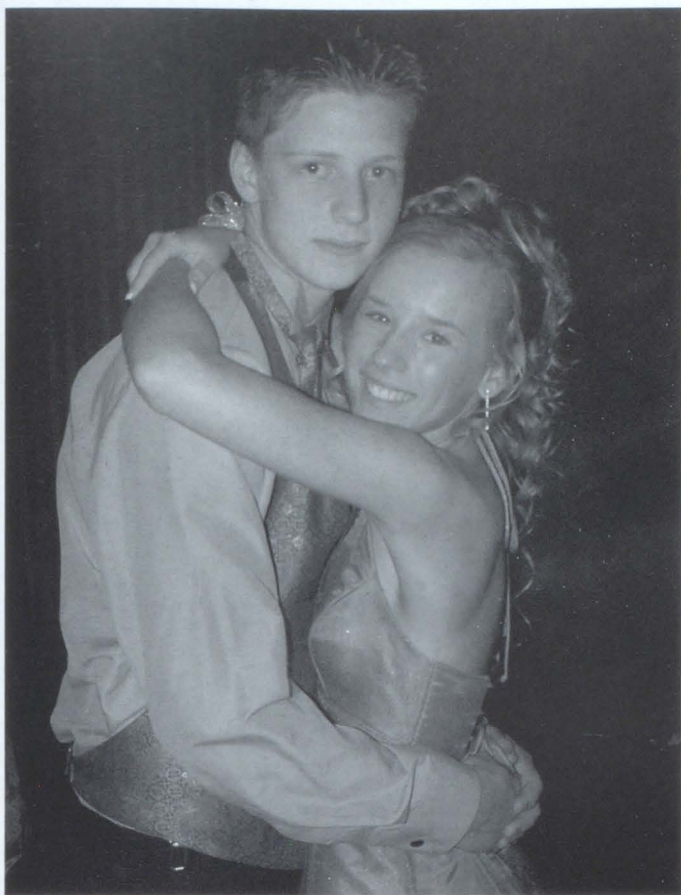
Below: Prom court: Kyle Dove, Jim Davidson, Anthony Aguinaga, Robyn Higgs, Christine Felek, and Nicole Gresell.



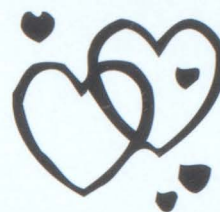
Above: Senior couple Christian Richter and Kaoru Tanaka are having a great time.

Right: The Bro-ha's take the dance floor and pose for a picture.



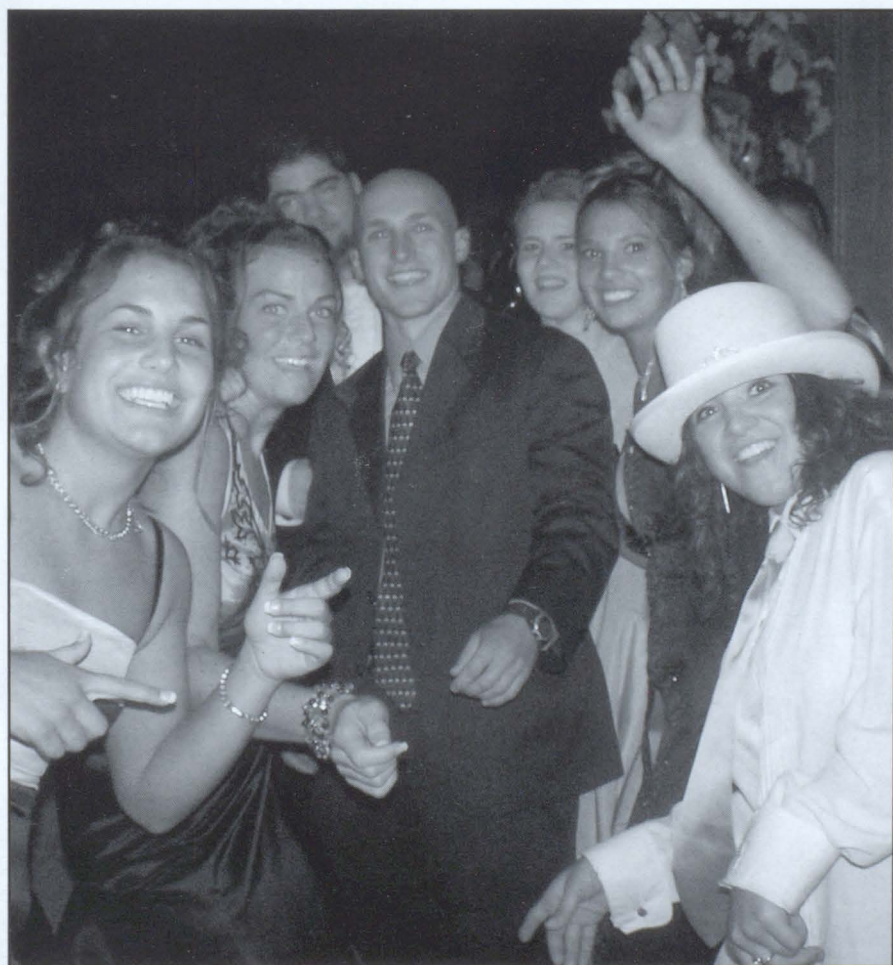


Left: Junior couple Chris Ballard and Heather Ferrett look so cute together!



Left: Emily Mayer and Nicole Gresell sport their purple tuxes and prove that "ladies is pimps too!"

Below: Mary Beth Osmulski and Lynnette Hernden getting their groove on.



Far Above: Katie Hollenbeck, Sara Bosch, Shannon Pelshaw, Ruthie Phillips, and Tristan Moseley sit down for dinner.



Above: These Junior boys are breakin' it down!

Left: Officer Johnson is out of uniform and having fun on the dance floor!

Graduation

2004

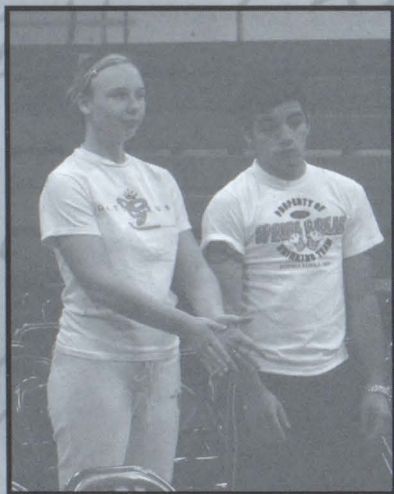
"I've been waiting a long time

for this moment to come,

I'm destined for anything at all..."

Right: Krystal, Lindsay, Nate, Sara and friends gather for a quick picture in the hallway before the ceremony starts.

Below: Randi Buchanan and Nate Boller practice their walk at the practice ceremony. Don't they look excited?



Above: Kenny Hummel, Anthony Aguinaga and Eddie O'Halloran entertain their fellow classmates with a few wise words.

Left: Class President Krystal Kowalewski walks off stage after introducing the Senior Class of 2004!

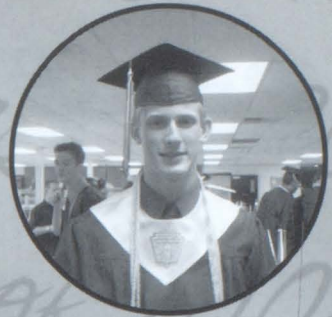




Ben Hoover
Valedictorian



Mike Senkow
Valedictorian



Kevin Hulett
Salutatorian

Right: Kenny Leonard, Kevin O'Neill, Matt Wittstock and Earl Brinker pose for a quick picture.

Below: The first row of Senior girls sit down as the second row get ready to receive their diplomas.

Middle Below: Now it's time for the second row of guys to stand proud and head towards the stage.

Middle Below: Senior class President Krystal Kowalewski and Vice President Melanie Johnson start the walk.

Far Right: Sweethearts Nina Forton and Joel Williams meet with family outside.

Last Right: Randi Buchanon and Rachel Owens pose pretty in their gowns.

Last Below: Ben Hoover gives his touching graduation speech.

BottomRight: Cayce Cameron receives her diploma.

BottomRight: Chris Castle, Nicole McQueen and pals pose.

BottomRight: Matt Sinda gives his dad a hug.



**"It's something unpredictable, but in the end it's right.
I hope you had the time of your life..."**



Good Bye Seniors!

Sr. All Night Party

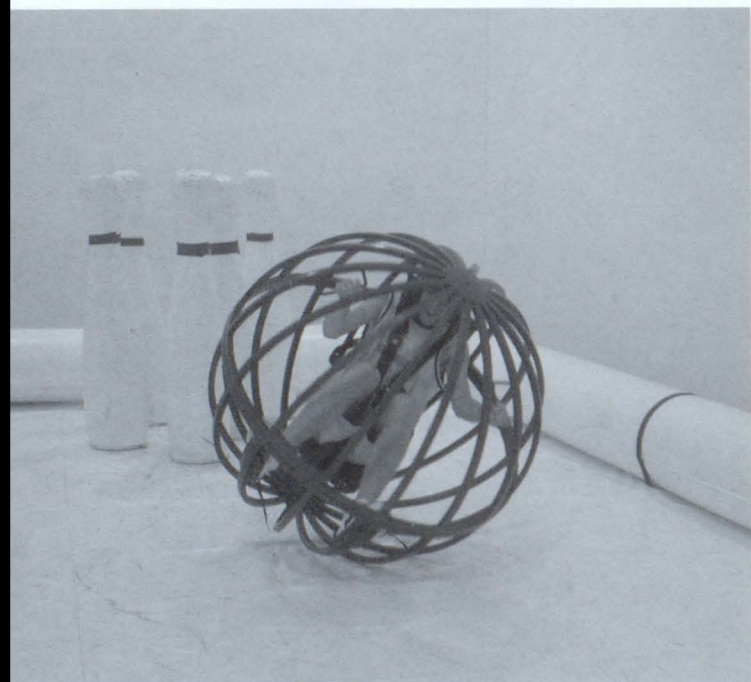
Cause when the sun goes down, we'll be groovin'!



Left: Luke, Steve, and Matt look like they're cold...and getting a little too close for comfort.

Above Left: Sara Bosch and Melissa Teatro duking it out in the bungee run!

Above Right: Katie Hollenbeck and Cliff Patton trying to beat each other.

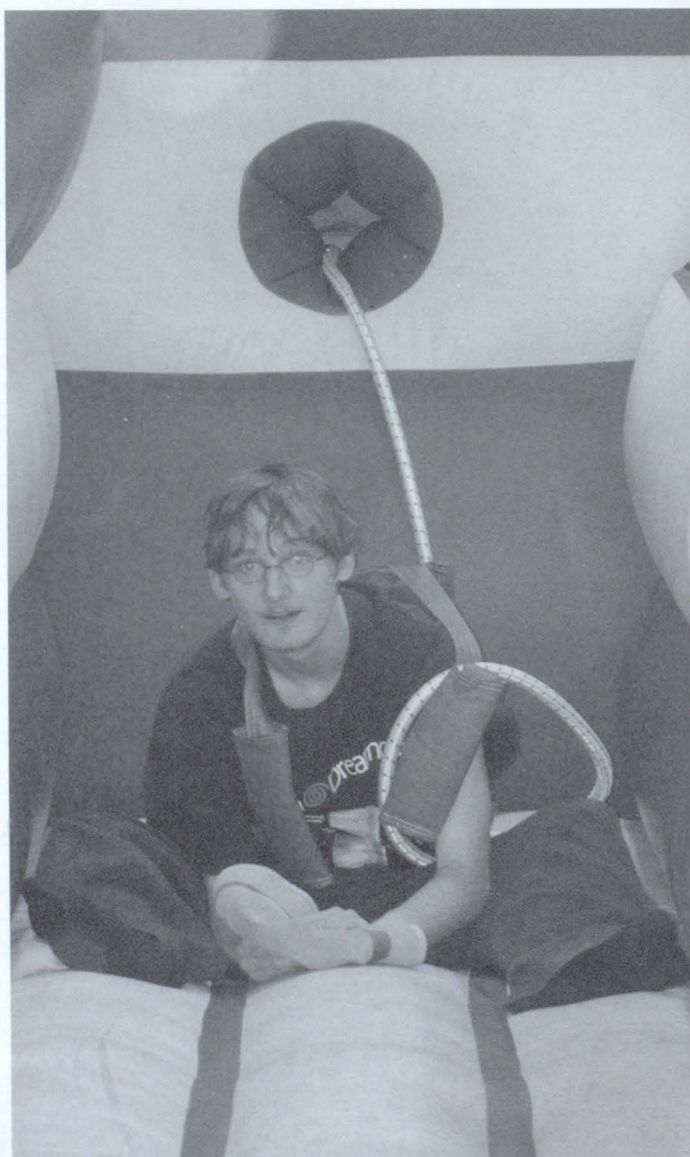


Above: One of the many activities was human bowling. Jason Heilig, going down for the strike.

Right: Rhonda Kaiser and Robin Lemier taking advantage of the pool and cool off.



Far Right: Matt Wittstock shows how exhausting the bungee run can be. Or maybe he's hiding because he just got beat by a girl!





Left: Ruth Phillips, Tina Remeselnik, Shannon Pelshaw, and Sara Bosch all dressed up in luau clothes. Lookin' good!

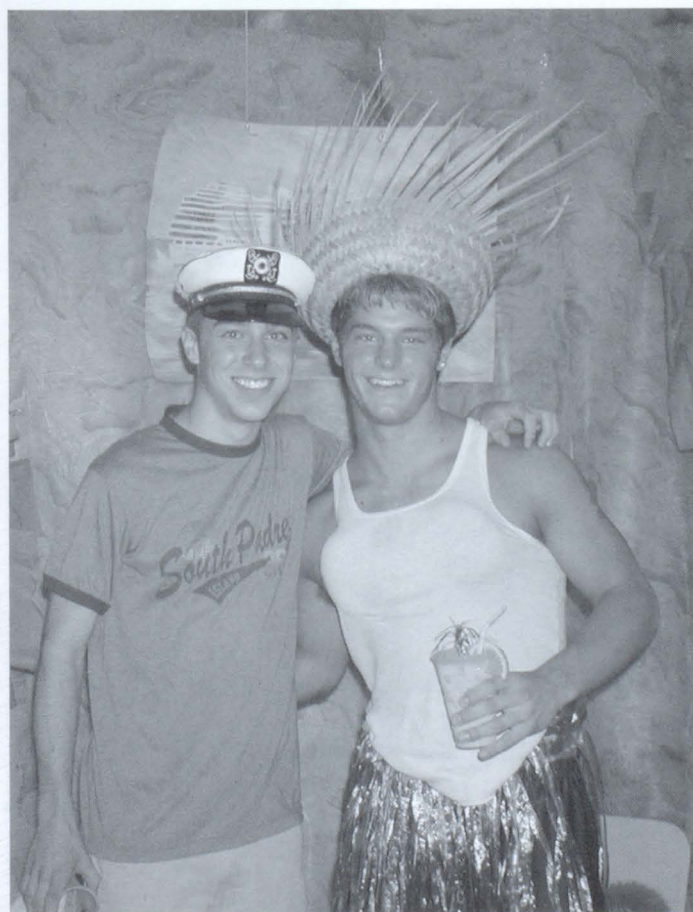
Below: Nicole Gresell is all strapped in and ready to get a strike in human bowling!



Above: Cayce Cameron trying to stay atop the Pro Surf ball. Don't be a chicken, stand up and take it like a man!

Left: Jamie Harris entertaining the crowd with a belly dance! Shake it girl!

Far Left: Ben Hoover and Eddie O'Halloran lookin' sexy in their luau attire!



*When the sun
goes down,
we'll be feeling
alright.*

Parental Display of Affection

This year has a lot of wonderful students, and fantastic parents. Every year we allow the senior parents to insert a personalized statement to their child. This opportunity will last a lifetime, and really lets the children know how much their parents love them. The Capacian Yearbook Staff thanks all the parents who took out a Parental Display of Affection, and congratulates you on the success of your child.

"Teach your children well."

- Crosby, Stills, and Nash



Sara Bosch, 2004 Yearbook Editor



Sarah Bainbridge, Yearbook Student Extraordinaire



Cliff Patton, Mr. Lengemann's Aide

Kathryn Hollenbeck

Dear Katie,

We are very proud of you. You have brought us a great deal of joy with your smile and happy personality.

We wish you success in college and of course on the golf course, too. Keep smiling and enjoy life.

Love,

Mom and Dad



Cayce Cameron



Cayce,

You have made a great accomplishment! Through many struggles and heartaches you have endured with strength and perseverance. I can't wait to see where these assets will take you. Set your goals high and continue to fill your family with pride. I know your Daddy smiles from above.

All our love,

Mom, Carey, & Kevin



Nicole McQueen



We are so proud of all you have accomplished. We know that you will succeed in all that you do.

You are a special person and we will always love you.

Love,

Mom, Samantha, and Sean



Rachael Ashley Adamson Peters

Our Sweetie, Rachael

When someone is in your life for a REASON, it is usually to meet a need you have prayed for. They have come to assist you or to provide you with guidance and support, to aid you emotionally or spiritually. They may seem like a Godsend, and they are. When people come into your life for a SEASON, it is because your turn has come to share, grow, or learn. They may bring you experiences of peace or make you laugh. They may teach you something you have never done. They usually give you an unbelievable amount of joy. Believe it! It is real!

But...only for a season. The PRESENT is the gift from God that you receive when He puts someone in your life, whether it be for ten seconds, ten years or a hundred years. God doesn't promise us any certain time with someone and it's what we make of that time that is our gift. That's why we call it the PRESENT. So enjoy the PRESENT. We wish you happiness as you start a new journey in your life.

Love,

Mom & Dad



Theresa Doering

Without a humble but reasonable

Watching you grow into a young woman has filled our hearts with pride. There is no limit to what you can achieve with determination. We'll always be here for you!

SSSU

confidence in your

Love you always,

Mom

Dad

Tom



Believe in yourself! Have faith in your abilities!

own powers you cannot be successful or happy.

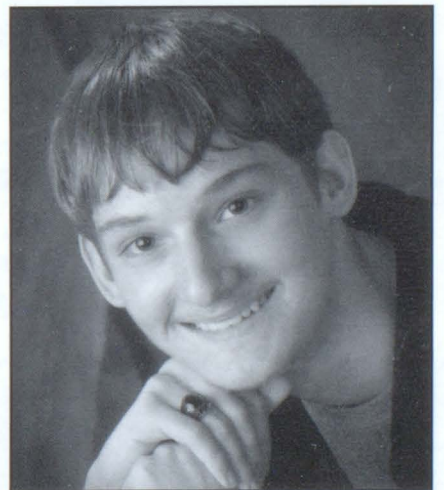
Matthew Wittstock

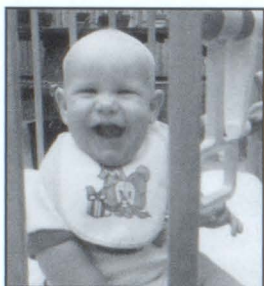
Congratulations Matt

You came into this world and our lives full of energy. Day and night you were wanting to discover the world around you, no time for sleep. You were not afraid to try anything. Now you're about to spread your wings, on your own, without Mom and Dad to catch you or bandage you up. Continue to make us proud. We know that once you set your mind to a task, you can accomplish anything. Just remember Dad, Mom, Nathan and Ian will always be there for you. Family is always first. May all your dreams come true.

Our hearts, our wishes, our prayers, and our love,

Dad, Mom, Nathan and Ian





Clifford Patton

It's hard to believe that this time has come. Seems like only yesterday you were this cute little boy playing outside with no worries. How things have changed! We are very proud of you and all your achievements in life, school, sports, and girls, you have done a great job! You show great sportsmanship during the sports you play. Always giving everything your all-never giving up. Being the leader everyone sees you to be. We are proud of your decision to defend our country in the Army National Guard. Even in the time of crisis you stand up for a new challenge.

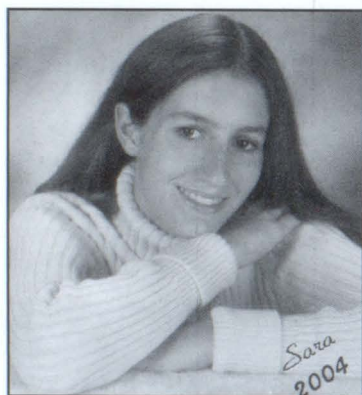
Good luck in all you do in the future.

We love you,

Mom, Dad, Robert, Jessica, and Granny



Sara Bosch

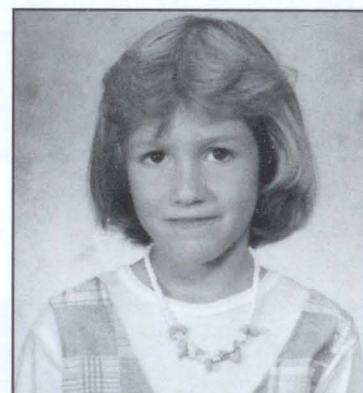


Congratulations Sara!

We're so proud of you.

Love,

Mom, Paul, Erin, Hannah and Austin



Randi Buckhanon

Congratulations

*Randi Lynne Buckhanon
and Class of 2004*

You once were our little tomboy.

Now, you're a beautiful young lady.

Always be true to yourself!

God Bless you and keep you in his arms.

Love, Dad, Mom, and Amanda



Meghan Lynn Martin

Meghan,

We are so proud of you. We have watched you grow from our small, curious, smart, and sweet little girl, into a beautiful young woman, starting out on your own journey of life. You are a caring, loving, and strong person. You stand up for your own beliefs and have set your goals for the future. Always be true to yourself. Pick yourself up when you fall down and follow your dreams. We know you can achieve them. We will always love and support you in all that you do. We love you!

Love, Mom and Dad



Meghan,

Thank you for everything you have done for me and always being there when I needed you the most.

You're a great big sister. Good luck with everything you do!

I love you!

Love, Jessica



Meg,

I am so proud of you. It doesn't seem like you should be graduating. It seems like just yesterday we were playing in the sand together. Just remember, I love you!

Love, Ashley

Shannon Nicole Pelsbaw

I hope you never lose your sense of wonder. You get your fill to eat, but always keep that hunger. May you never take one single breath for granted, God forbid love ever leave you empty handed. I hope you still feel small when you stand beside the ocean. Whenever one door closes, I hope one more opens. Promise me you'll give fate a fighting chance and when you get the choice to sit it out or dance, I hope you dance.

I hope you never fear those mountains in the distance, never settle for the path of least resistance. Living might mean taking chances, but they're worth taking. Lovin' might be a mistake, but it's worth making. Don't let some hell bent heart leave you bitter. When you come close to selling out, reconsider. Give the heavens above more than just a passing glance. And when you get the choice to sit it out or dance, I hope you dance (Time is a wheel in constant motion always) I hope you dance (Rolling us along). I hope you dance (Tell me who) I hope dance (Wants to look back on their years and wonder) (Where those years have gone).

I hope you still feel small when you stand by the ocean.

Whenever one door closes, I hope one more opens.

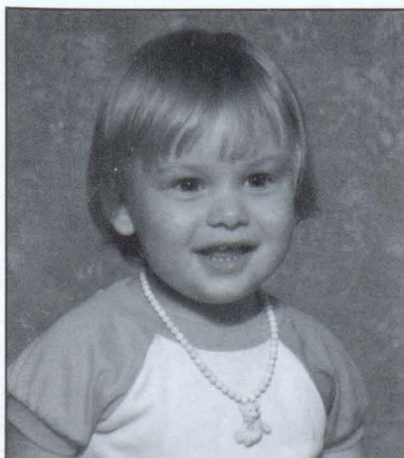
Promise me you'll give faith a fighting chance, and when you get the choice to sit it out or dance, Dance. I hope you dance. I hope you dance (Time is a wheel in constant motion always) I hope you dance (Rolling us along) I hope you dance (Tell me who) (Wants to look back on their years and wonder) I hope you dance (Where those years have gone). (Tell me who) I hope you dance (Wants to look back on their years and wonder) (Where those years have gone).

~LeAnn Womack

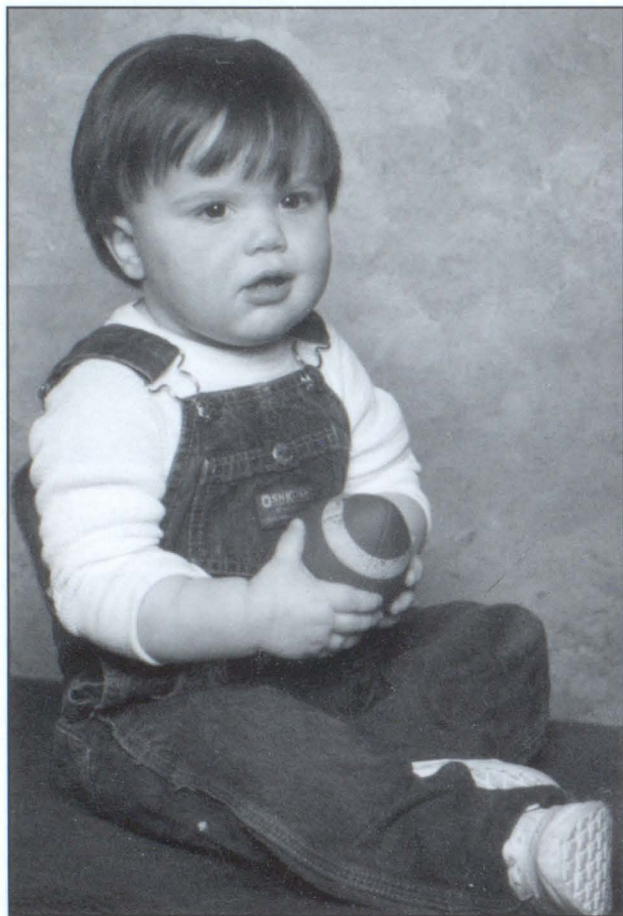
Congratulations!

Love,

Mom, Dad, Ashley, Molly



Luke Stuever



Luke,

*From football to tractors, and laughter to tears,
Your childhood memories will last you for years.*

*Now you have grown, and oh how handsome and smart!
Your leaving us will tug at our hearts.*

*Run fast, jump high and catch the ball,
Work hard, play smart and give it your all.*

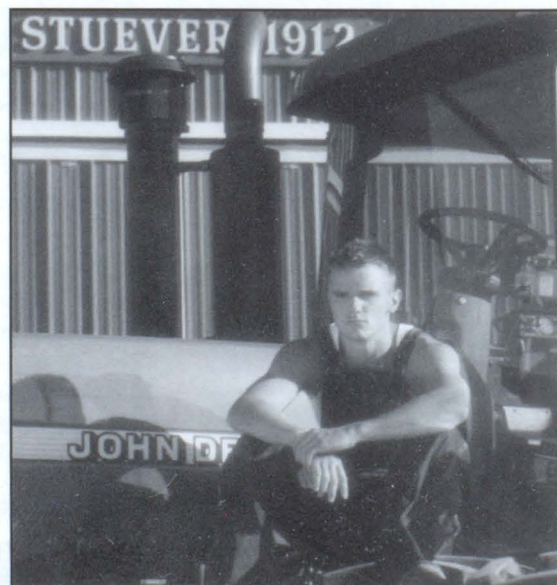
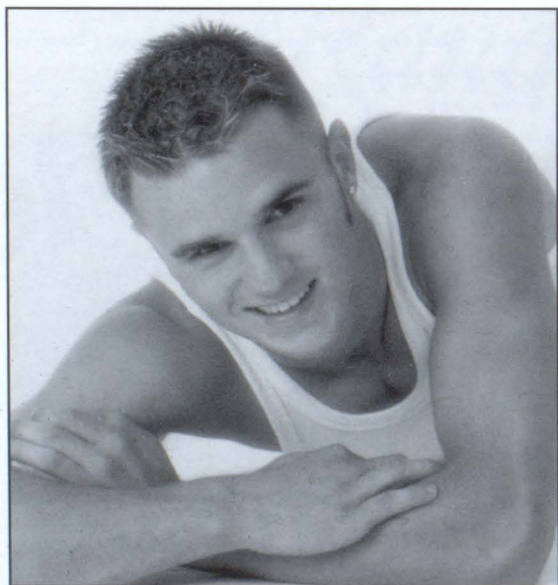
*Keep focused, be kind, play fair, fly straight,
For how you play this game called life, defines your fate.*

*You have been given tools and skills you need to grow strong.
So, plant yourself with faith, knowledge, and wisdom,
and your life will be long.*

*We know you can do it, so get out there and try,
We are sure that once you get started you will be able to fly!*

*We are so proud of you son, more than you know,
Use our love and God's gifts to put on a great show!*

Love, Mom and Dad



Alexandra Santi

Dolly,

You have grown from our young bathing beauty into a beautiful princess! You are so loved by your sisters and us. We adore you and support your dream. You have a unique personality that sets you apart from others. We love your soft, caring heart, your intentions to always do well and the way you always follow your own path. Your future begins with the decisions you make today. We know they will always be what is right for you!



Love, Mom, Dad, Natalia, & Shelbie XO



Nicole Gresell

Our desire for you is that your love of life may continue to shine, and that you will grow in understanding and experience so, with a clear conscience, you may value the things that really matter.



*"Promise me that you'll give
faith a fighting chance. And
when you get the choice to sit it
out or dance,
I hope you dance."*

~LeAnne Womack

*Love,
Mom, Dad, Justin,
Jacqueline, & Patrick*



Sarah Bainbridge



From the moment you were born you filled our lives with joy. We have watched you grow into a strong and beautiful young woman who knows what she wants and how to get it. You have accomplished so much and we are so proud of you.

Follow your dreams!

Congratulations Sugar Bear!

*We Love You,
Dad, Mom and Michael*

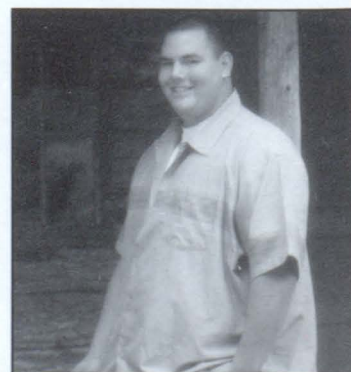
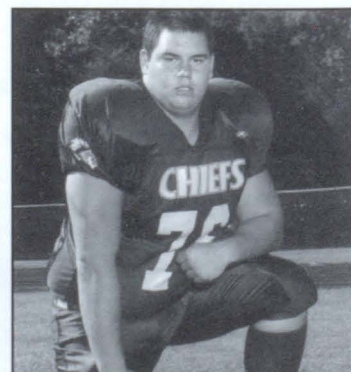


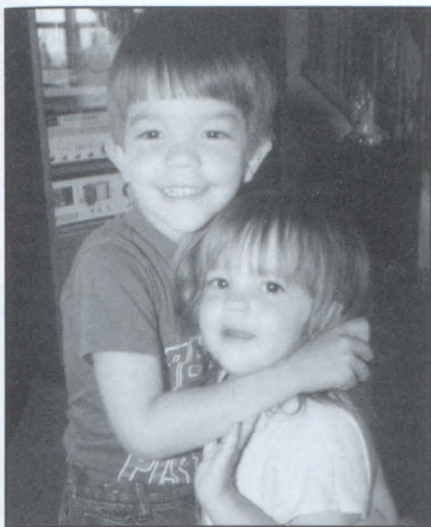
Anthony Robert Aguinaga



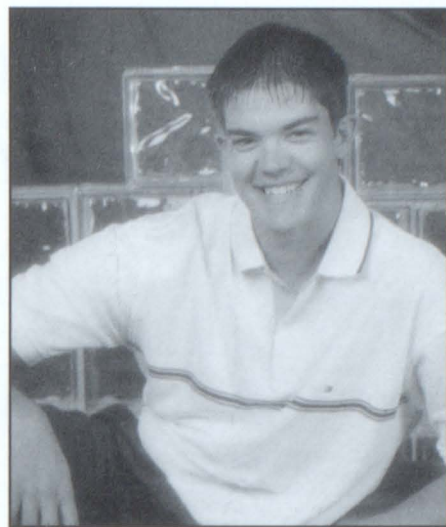
*Anthony,
We are so proud of you. The road has been long and somewhat hard, but you made the walk Bud, and now it is time to continue the path to success. We know you can do it. Always trust in God and you will find the way. We love you so very much and wish you all the happiness and success you so richly deserve.*

*God Bless You Anthony Robert,
All of our love always,
Mom, Abby, Maddie, Grandpa,
Grandma, and family*





Bradley Matthew Wright



We know that life hasn't always been easy for you. Learning and growing throughout the years, you've experienced joys and held back tears. Despite sometimes overwhelming pressure from others, you've stood by your convictions and ideals. Your quiet strength of character, determination to make good choices and wisdom beyond your years are just a few of the traits we admire about you. We know that you will always help others along life's way. You've already touched others with your kindness and compassion. Live your life to the fullest. Never stop dreaming your dreams. If you listen to your heart, you will accomplish anything. Remember that your family loves you, is proud of you, and will always be here for you.

*Love,
Mom, Dad, & Ashley*



Nina Cherie Forton



"Keep on Believing in You"
~E. Cunningham



*March to your own drum,
Look to your own shining star,
Dance to your own happy music,
Know just how special you are,
Follow the path you have chosen,
Dream till your dream has come true,
Climb to the top of your mountain,
Keep on believing in you.*

We are so proud of you Nina!

Love: Dad, Mom, Dawn, Bryan



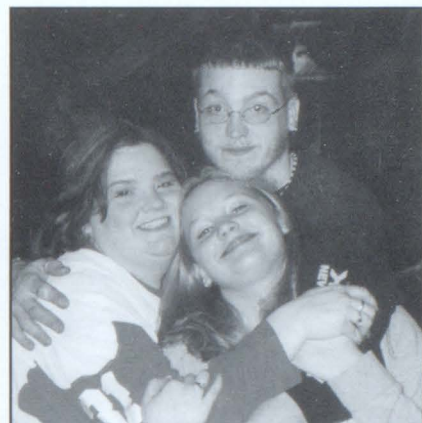
Rachael Ashley Adamson Peters

Baby Girl & Poopy, Two different names, one meaning which is LOVE. We have watched you grow from an annoying little sister to an amazing young woman & friend. We are so proud of you and of your accomplishments we can't wait to see what you do in the future. WE Love You Very Much.

"HAKUNA MATATA"

Always

Sissy & Garry



Edward G. O'Halloran

Remember Eddie

*You've already gone an extra
mile...now go another mile.*

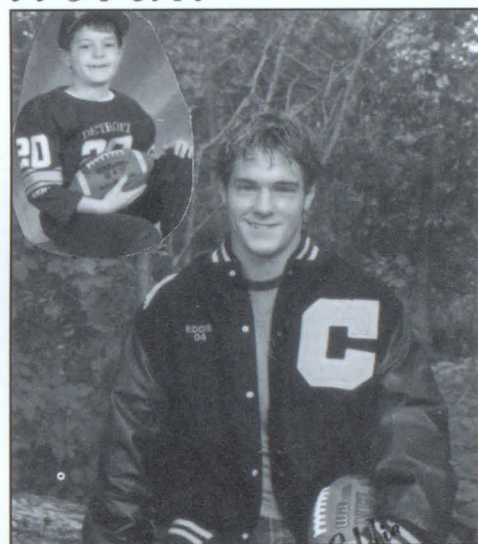
For all things are possible for those who believe.

All our love forever & ever,

Dad, Mom, Sinnie, Helen,

Rebecca, Rob, John, Brenden,

Hailey, & Jacob



Melissa Teatro

Dear Melissa,

*We are so very proud of you. As you start your journey
into the grown up world, know that you are loved and
we wish you only the best for your future. Don't
underestimate yourself and never compromise your
integrity.*

All our Love,

Dad, Grandma Teatro

Patty & Family XOXO



Matthew Sinda



To Our Son

*We wish you the strength
to face challenges with
confidence...*

*and the wisdom to choose your battles
carefully...*

*We wish you adventure on
your journey... May you always stop to help
someone along the way...*

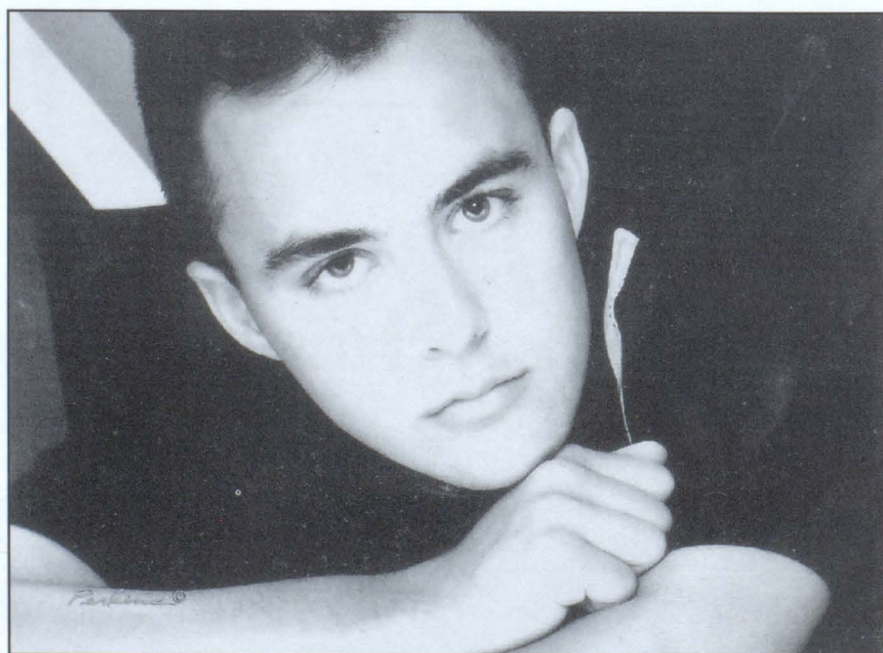
*Listen to your heart, respect others,
be an example of kindness
and compassion...*

Take risks with caution...

Remember how much you are loved...

We are so very proud of you!

*Congratulations on
your acceptance to the
United States
Military Academy
at
West Point.
Go Army.*



Nicholas Maurizio Mini



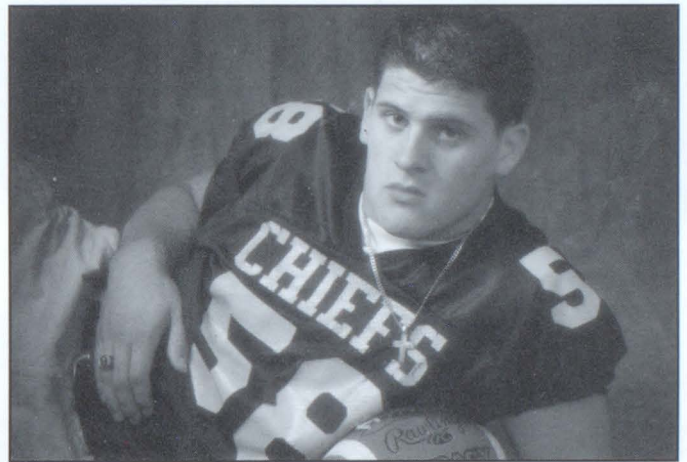
"Congratulations"

"Nicholas"

We are so proud of you!!

We love you so much!

Dad, Mom, and Joshua



Kevin Robert Hulett

"A leader is most effective when people barely know he exists. When his work is done, his aim fulfilled, his troops will feel they did it themselves."

-Laozu 6th Century Chinese Philosopher

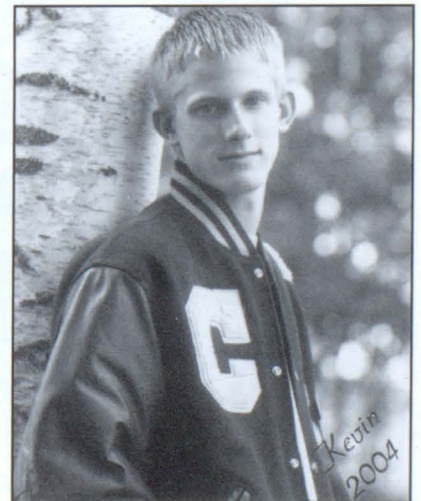
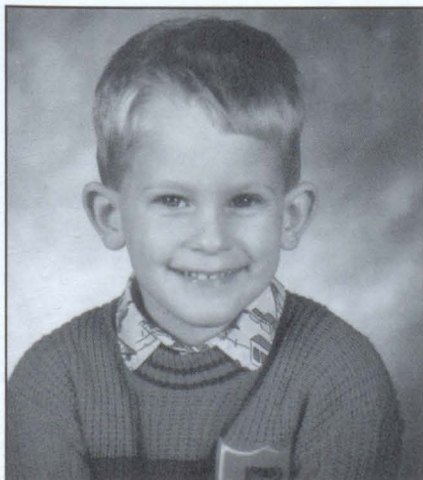
*From Legos, toy tractors
Kindergarten to Salutatorian
4-H Steer and Eagle Projects
To Cross Country and Track*

*You have been the pride and joy of our lives
Whatever path you choose, we are right behind you
Reach for your goals and "STICK" to them.*

*Life is a journey not a guided tour
Spread your wings and soar to new heights
Above all, always remain Kevin*

Love

Mom, Dad, and Gregg



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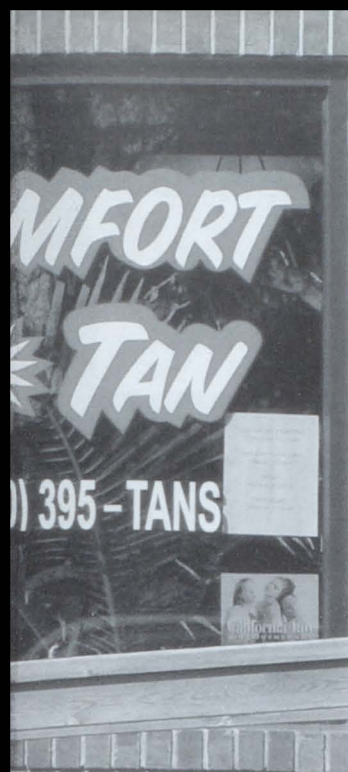
ROMEO

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YALE

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194 McMillian's Furniture
Store
194 Medicine Chest
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193 MediLodge of Yale
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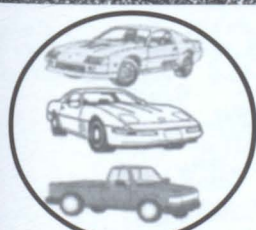
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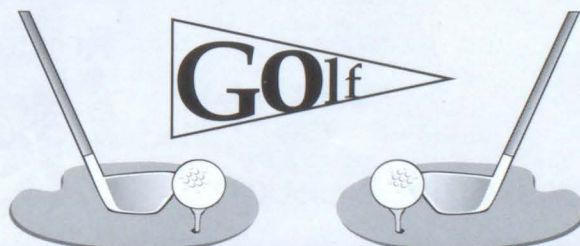
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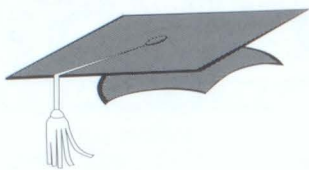
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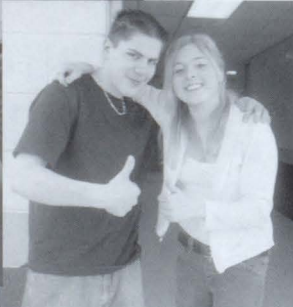
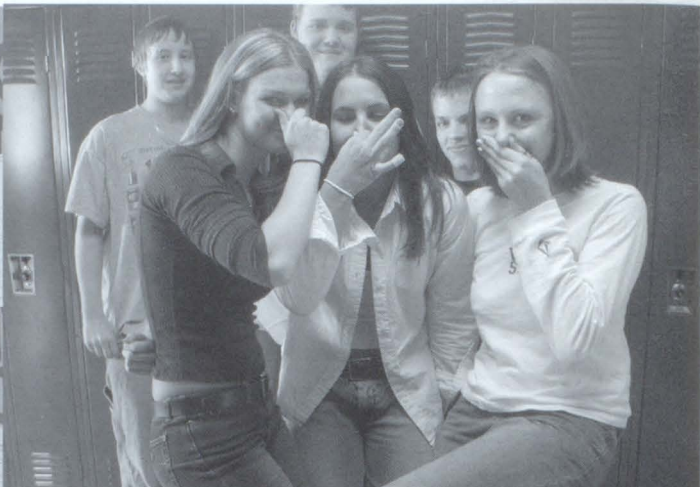
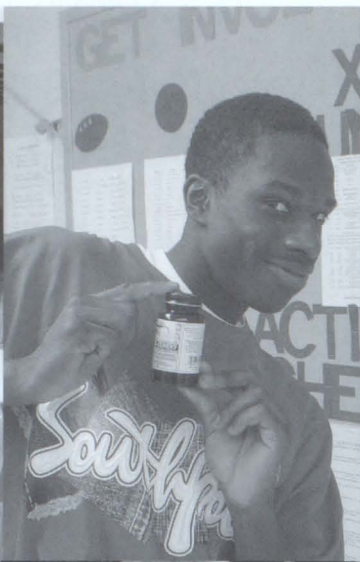
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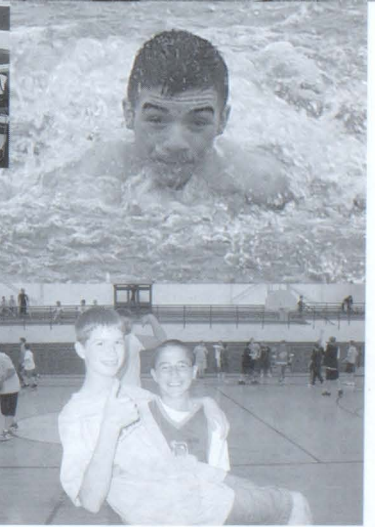
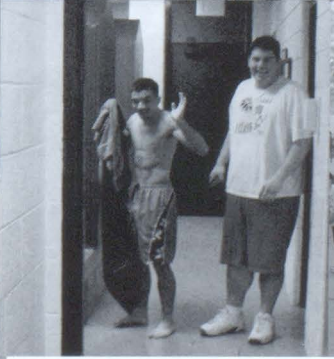
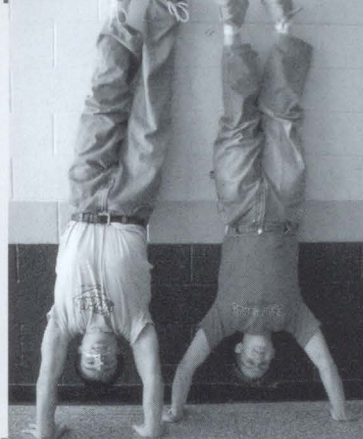


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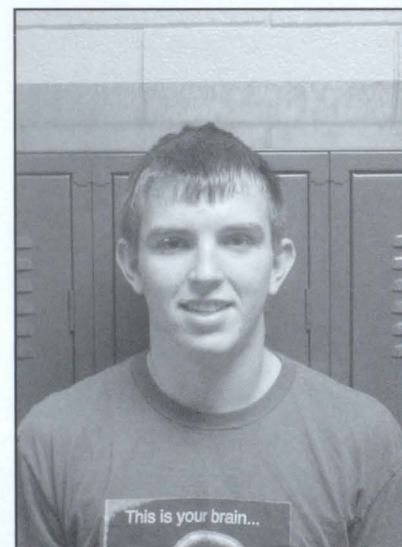
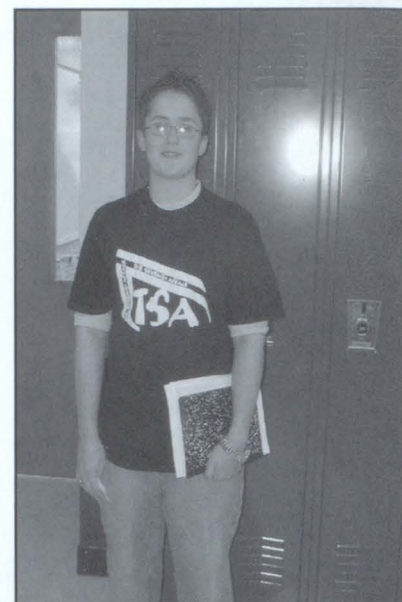




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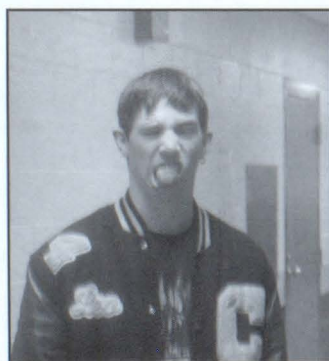
Here at Capac High School, there is so much to do. Over the past year there have been many school activities, sports, Homecoming, and Snowcoming, but above all, there have beenmemories! Even though all of your memories may not be pictured, the following pages will help you to find the ones that are!

Below: Junior John Bunker roaming the halls!



Above: Daisy Lopez and Brit-tany Ludington having a fun time working in Tech.

Above Right: Blaise Pewinski caught skippin' class.



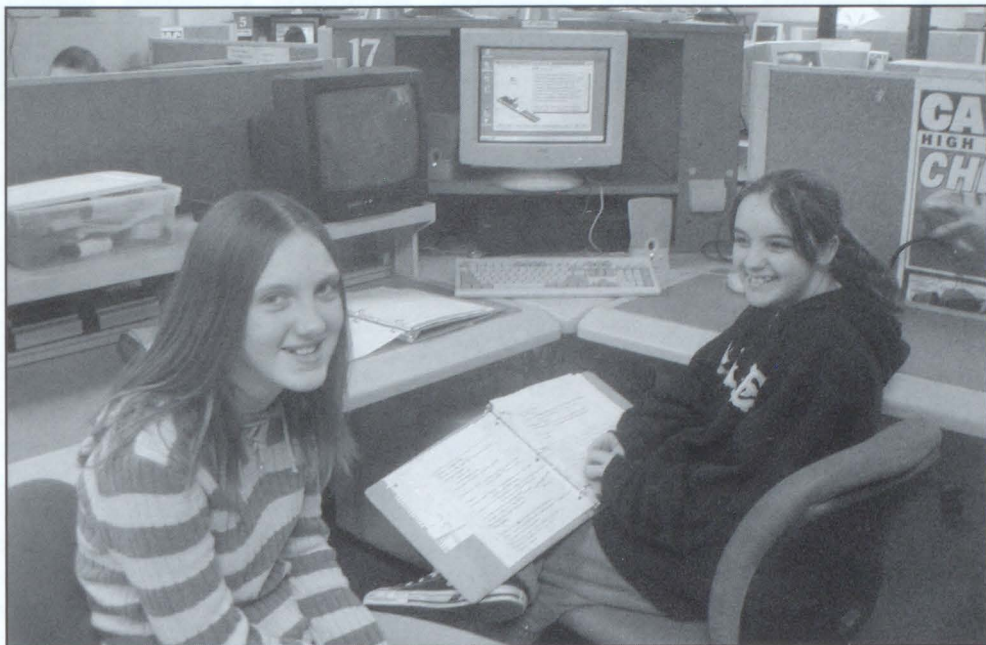
Senior, Leo Treadway



8th Grader, Sam Schultz



Senior, Ruthie Phillips



Top Left: Senior Cayce Cameron wondering what her friend Nichole Morrow is doing.

Top Right: 8th Graders Kayla Bringard and Angie Bonino working hard in Tech!!

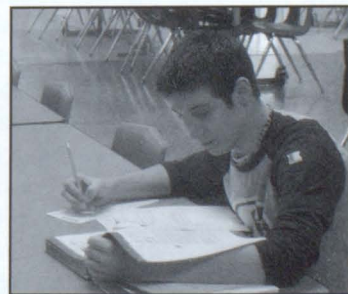
Far left: Katie Hollenbeck taking time out from Yearbook class for a picture.

Left: Seniors Sarah Bainbridge and Sara Bosch clowning around during 2nd hour.

Bottom Left: Ashley Martin and Sarah Pouliot taking time out from a busy day in Tech class.

Below Right: 8th grader Nick Krauss taking a break from a boring day of class.

Bottom Right: Justin Neville studying hard for the upcoming exams...keep up the good work!





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**Mr.
Lengemann**

This is Mr. Lengemann's second year as yearbook advisor. It was a lot of work but he did a great job! It couldn't have been done without him!



Sara Bosch

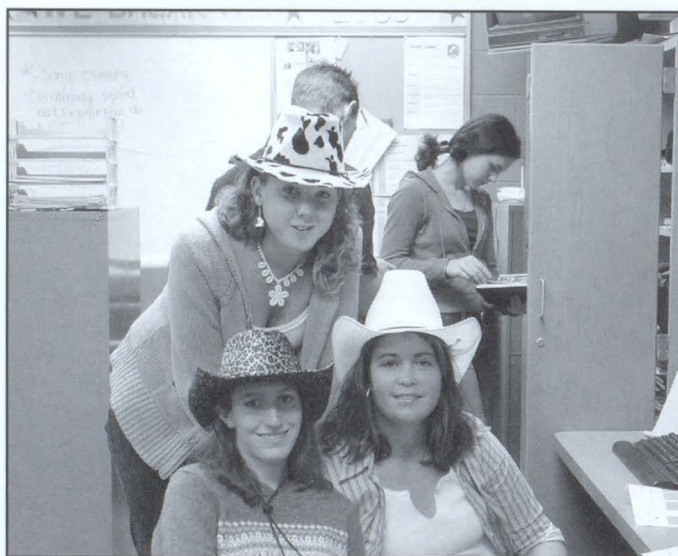
Sara was the 2003-2004 yearbook editor. She took on any challenge that was handed to her and did whatever Mr. Lengemann told her to do, even if she didn't want to!

Last But Not Least

To create and publish a yearbook is hard work. It takes time and effort, and that is exactly what this years yearbook staff did. They worked day after day to finish the yearbook for their fellow peers. Within the yearbook, memories, good and bad, can be found. When you look back years from now, this isn't just going to be a yearbook; it will be memories...which may bring a smile to your face or even a tear to your eye. It is said you can't freeze time, but you can...in pictures!

"When you look back years from now, this isn't going to be a yearbook; it will be memories."

--Sara Bosch



To All My Friends!

Congratulations to the 2003 - 2004 Yearbook Staff. You did a fantastic job this year. I would also like to thank all of the students, teachers, and administrators who took time out of their busy schedules to help us out on so many occasions. We can't do this alone, and the Capac community has supported us once again. We raised over five thousand dollars in advertisements with 75% of that money coming from the Capac area. We look forward to next year's book, and your continued support.

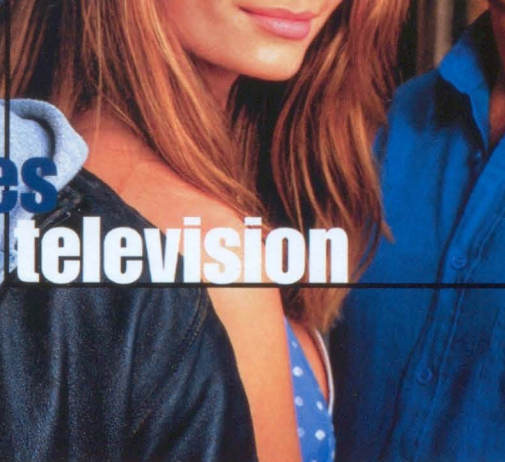
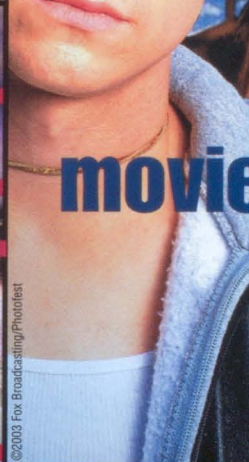
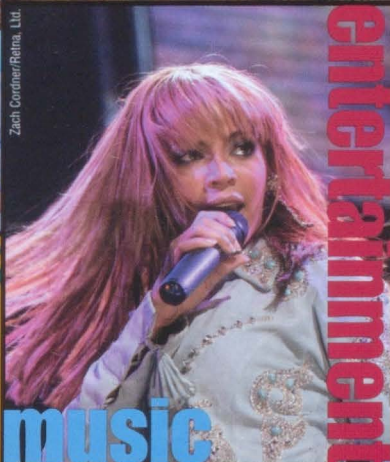
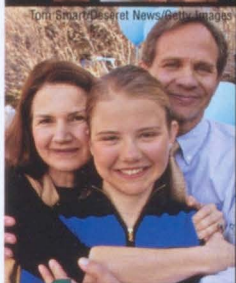
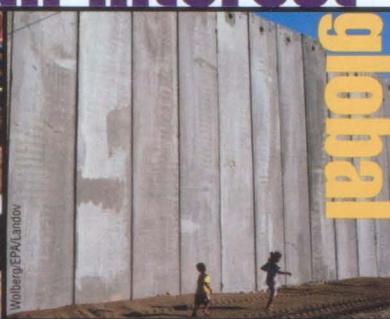
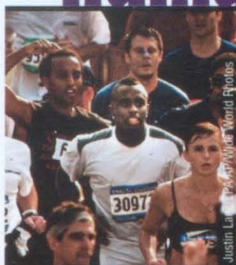
-- Mr. Lengemann

Colophon CAPACIAN 2004

"NOW That's What I Call Capac" was produced by the Capac High School Yearbook staff under the direction of Bill Lengemann. The 2004 Capacian was printed and bound by Jostens, Inc. of Clarksville, Tennessee. Capacian 2004 is the 65th edition of this distinguished and historical book.

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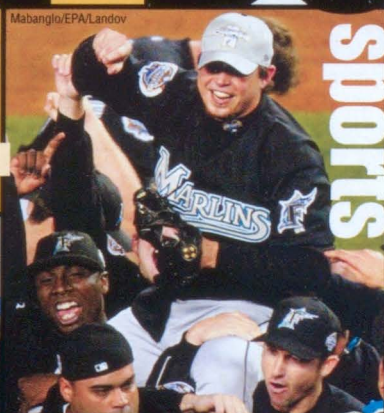
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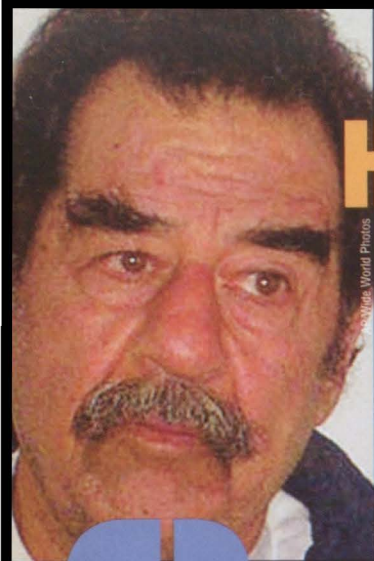


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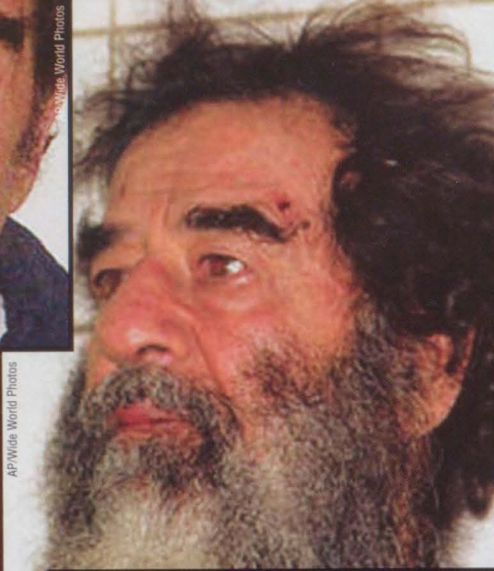
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HEADLINES

front page



AP/Wide World Photos



AP/Wide World Photos



U.S. Forces capture deposed Iraqi leader Saddam Hussein in a "spider hole" at a farm outside his hometown of Tikrit.

→ In October, the Federal Trade Commission initiates the National Do Not Call Registry to minimize the number of telemarketing calls consumers receive.



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→ President Bush becomes the first U.S. president to visit Iraq when he makes an unannounced Thanksgiving visit with troops stationed there.

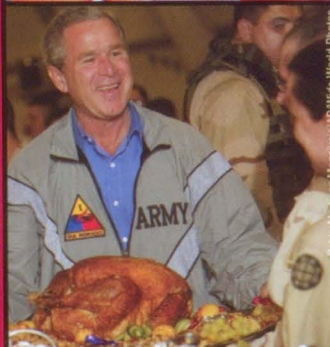


Photo: Marquez/Reuters/AP/Wide World Photos

→ The abduction of University of North Dakota student Dru Sjodin, 22, results in the arrest of convicted sex offender Alfonso Rodriguez Jr., 50.

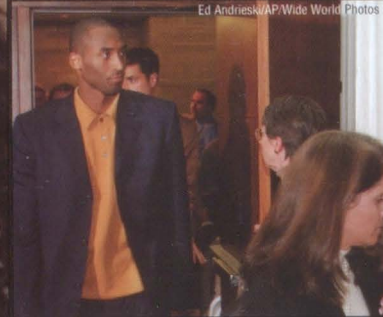


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Richard H. Cohen/Corbis
Ed Andries/AP/Wide World Photos

← A fatal Staten Island Ferry crash in New York harbor leaves 10 dead and dozens injured after the pilot loses consciousness and slams into the dock.



Gary Tramontina/Bloomberg News/Landov

← NBA star Kobe Bryant of the Los Angeles Lakers is charged with the sexual assault of a 19-year-old Colorado woman.



← A federal appellate court orders the removal of a Ten Commandments monument from the Alabama Supreme Court building, citing violation of the First Amendment.

flash



The economy shows signs of recovery when the Dow Jones Industrial Average tops 10,000 points for the first time in over 18 months on December 12.

The worst wildfires in California history claim 22 lives, destroy more than 3,400 homes and consume 750,000 acres of land.



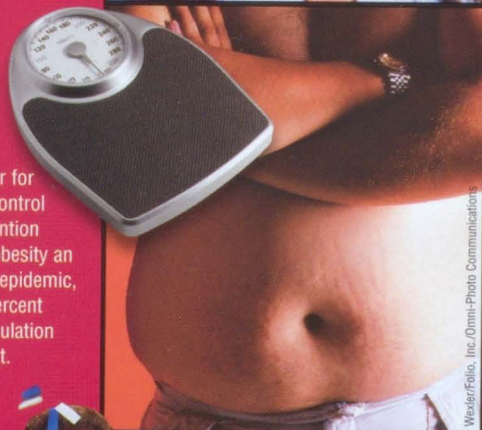
Frederic Larson/San Francisco Chronicle/Corbis SABA

→ Michael Jackson is arrested on multiple counts of child abuse after an accusation from a 12-year-old boy.



UPI/Landov

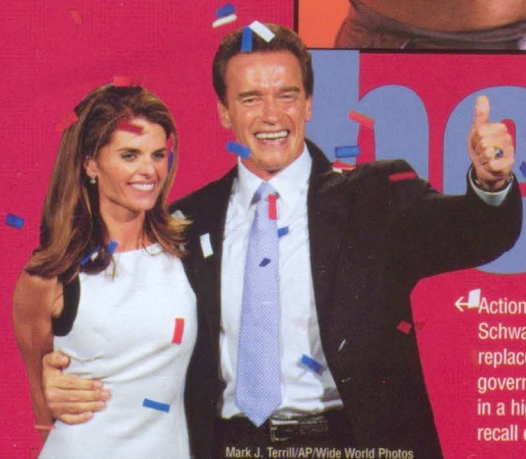
→ The Center for Disease Control and Prevention declares obesity an American epidemic, with 64 percent of the population overweight.



WestarFoto, Inc./Omni-Photo Communications



U.S. Army Pfc. Jessica Lynch, a POW of the war in Iraq, becomes a media sensation after her rescue by U.S. Forces is aired on the news.

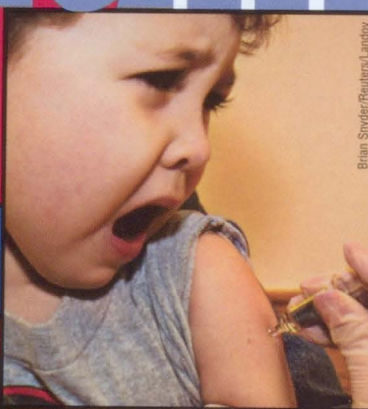


Mark J. Terrill/AP/Wide World Photos

← Action star Arnold Schwarzenegger replaces Gray Davis as governor of California in a highly publicized recall election.



On August 14, the largest North American blackout occurs when three Ohio line failures leave more than 50 million people in eight states and Canada without power.



Brian Snyder/Reuters/Landov

← Americans rush to receive vaccinations as the country is hit hard by a new strand of the influenza virus.

Larry Downing/Reuters NewMedia Inc./Corbis



↑ President Bush signs a controversial bill calling for a \$400 billion Medicare overhaul.



Reuters/Landov

← Scott Peterson stands trial on murder charges in the slaying of his pregnant wife, Laci, and their unborn son.



Reuters NewMedia Inc./Corbis

headlines

GLOBAL



Goran Tomasevic/Reuters/Landov



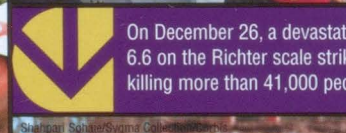
Rob Griffin/AP/Wide World Photos



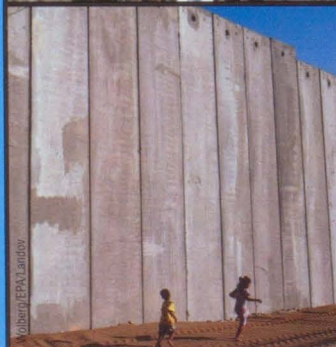
Franck Prevett/AP/Wide World Photos



Ben Curtis/AP/Wide World Photos



Alexandre Meneghini/AP/Wide World Photos



Vadim LEPK/Landov

← A European heat wave in August claims more than 19,000 lives, making it one of the world's deadliest hot-weather disasters.

← The World Health Organization reports that severe acute respiratory syndrome (SARS) infected more than 8,000 people in over 25 countries, killing 700.

← An Economic Community of West African States peacekeeping coalition ends 14 years of fighting between Liberian rebels and government forces, sending tyrant Charles Taylor into exile.

On December 26, a devastating earthquake measuring 6.6 on the Richter scale strikes the Iranian city of Bam, killing more than 41,000 people.

Shahpari Sahae/Syoma Collection/Corbis

On May 1, 43 days after the war in Iraq began, President Bush declares "major combat operations in Iraq have ended." As hundreds of thousands of U.S. and British forces remain to restore peace and deliver aid to Iraqi citizens, more soldiers are killed in the months after the war than during it.

→ Around the world, "flash mobs" — large groups of people recruited by anonymous organizers via the Internet — gather, perform a wild act and quickly disperse.

→ In a dramatic six-day ordeal, rescue workers save 44 of 46 Russian miners trapped in a water-filled coal mine.

→ Tens of thousands of Palestinians are cut off from family and livelihoods when Israel builds a concrete barrier beyond the cease-fire line in an effort to curtail Palestinian terrorist activities.

global

→ During the summer of 2003, low-risk prison inmates help battle Southern California's wildfires for only \$1 an hour.

→ At a St. Louis dog shelter, Cain, a one-year-old mutt, survives tranquilization and a trip to the gas chamber and is then adopted by the animal shelter owner.



Lower Manhattan Development Corp./AP/Wide World Photos

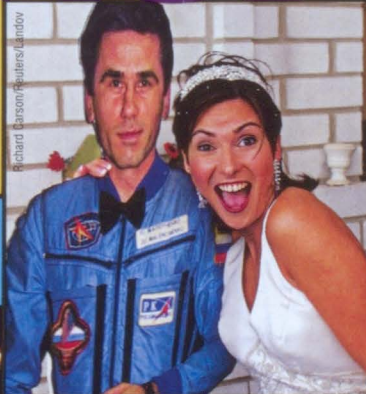


The world's tallest structure—a 1,776-foot spire—anchors a memorial entitled "Reflecting Absence," which is chosen to fill the World Trade Center site.

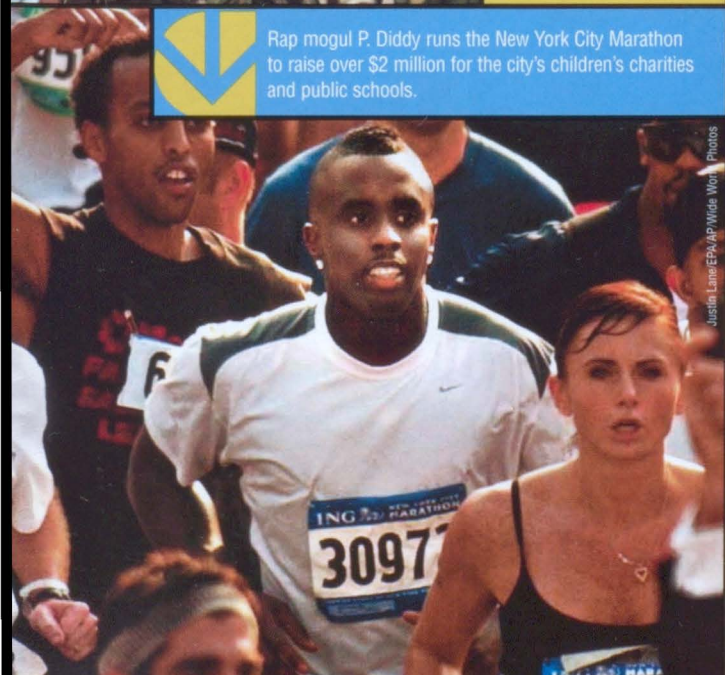
human interest



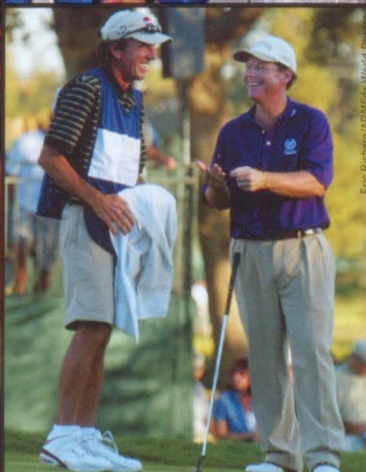
← Comedian Robin Williams travels to Baghdad to lighten the spirits of U.S. troops as he kicks off a holiday tour of U.S. bases in the Middle East.



← While aboard the International Space Station, Russian cosmonaut Yuri Malenchenko marries his American girlfriend by video link in the first "space wedding."



Rap mogul P. Diddy runs the New York City Marathon to raise over \$2 million for the city's children's charities and public schools.



↑ Iranian lawyer Shirin Ebadi wins the 2003 Nobel Peace Prize for human rights activism as she fights to improve the status of refugees, women and children in Iran.

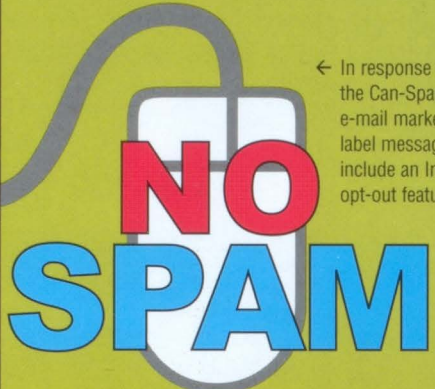
← Golfer Tom Watson donates his \$1 million Charles Schwab Cup winnings to fund research for Lou Gehrig's disease, which has stricken his caddie, Bruce Edwards.

SCIENCE



Ed Butt/AP/Wide World Photos

← British Airways and Air France ground the supersonic Concorde after 27 years of service. Despite their speed, the aircraft were uneconomical to operate.

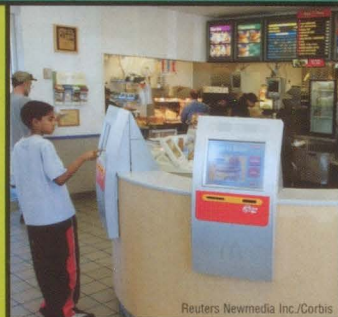


← In response to e-mail spam, the Can-Spam Act requires e-mail marketers to clearly label messages as ads and include an Internet-based opt-out feature.

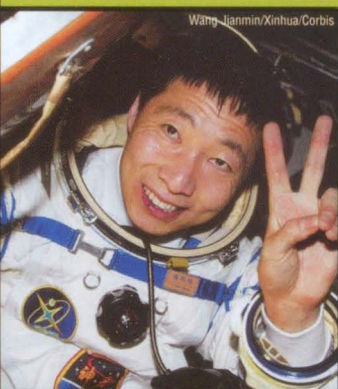


In January 2004, the Mars exploration rover Spirit lands safely and NASA releases the first 3-D images and the sharpest color photos ever taken of the surface of Mars.

→ Fast-food patrons can now get their food even quicker, thanks to McDonald's introduction of self-service ordering kiosks.



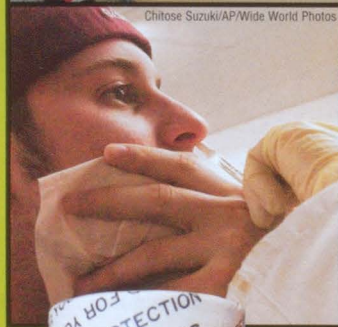
Reuters Newmedia Inc./Corbis



Wang Jianmin/Xinhua/Corbis

← In October, China becomes the third country to travel in space when the world's first successful taikonaut, Yang Liwei, returns to Earth after 21 hours in orbit.

→ FluMist, America's first intranasal influenza vaccine, provides needle-wary patients with an alternative for the 2003 flu season.



Chitose Suzuki/AP/Wide World Photos



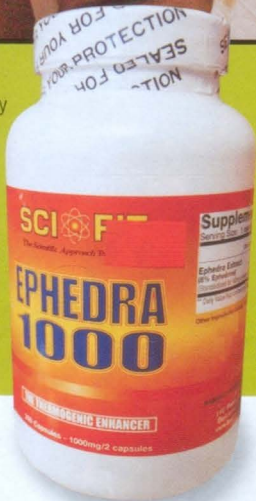
The Food and Drug Administration mandates that nutrition labels disclose the amount of cholesterol-increasing trans-fatty acids.

Akron One/AP/Wide World Photos

Nutrition Facts

Serving Size 1 cup (228g)	
Servings Per Container 2	
Amount Per Serving	
Calories 260	
	Calories from Fat 120
% Daily Value*	
Total Fat 13g	
Saturated Fat 5g	20%
Trans Fat 2g	25%
Cholesterol 30mg	10%
Sodium 600mg	28%
Total Carbohydrate 31g	10%
Dietary Fiber 0g	

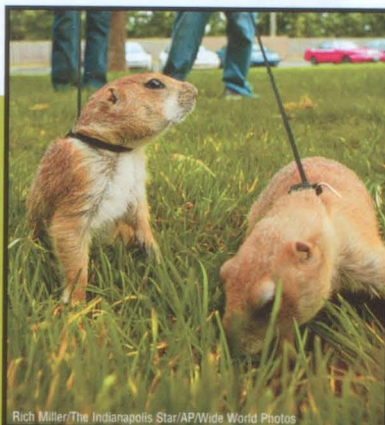
→ The Food and Drug Administration bans dietary supplements containing ephedra due to health concerns and warns consumers not to take products containing the stimulant.



Steven Sarna/AP/Wide World Photos

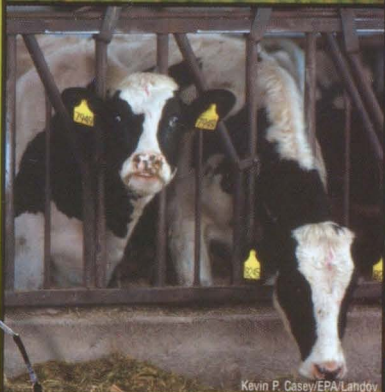
techno

→ In June, pet prairie dogs in Wisconsin, Illinois and Indiana infect people with monkeypox after being infected by a giant Gambian rat while in transit.



Rich Miller/The Indianapolis Star/AP/Wide World Photos

→ Federal workers in Washington kill a herd of 449 calves that include the offspring of a Holstein infected with mad cow disease.



Kevin P. Casey/EPA/Landov

Weathercock/Utne-Photo Communications



Hurricane Isabel knocks out power to more than 3.5 million people as it wreaks havoc on the nation's eastern seaboard.



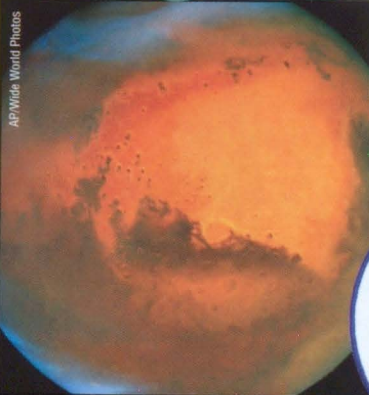
nature

← North American trees are threatened by Asian longhorned beetles, which allegedly arrived in Chinese wooden packing material.

Barbara Strnadova/Photo Researchers



The strongest solar storms to hit the Earth in 11 years cause northern lights to appear as far south as Texas.



AP/Wide World Photos

← In August, Mars' orbit brings it closer to Earth than it has been in 60,000 years.



↑ American scientists discover the deterioration of the atmosphere's ozone layer is slowing. The 1996 worldwide ban on CFC gases is credited for the improvement.

← Keiko, star of the *Free Willy* movies, dies of pneumonia at the age of 27.



John McCormico/AP/Wide World Photos



Hinrich B. Samara/DP&Lphoto

R TRENDS

Kevin Winter/Getty Images

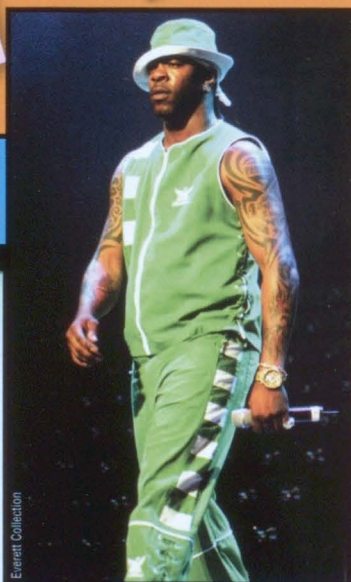


← Celebrities like FOX's "That '70s Show" star Ashton Kutcher make the "trucker hat" a fashion must-have.

← The country goes low-carb diet crazy, with dieters demanding food products and menu items with fewer carbohydrates.



The "Laverne and Shirley" look becomes fashionable again in the retro monogram clothing and accessory trend.



Everett Collection

← Popularized by music stars like Busta Rhymes and J.Lo, track suits are seen everywhere.



American teenagers take up knitting and form knitting clubs at many schools across the country.



Julita Klee/Corbis

→ Girls get into breakdancing at events like the Qween B Breakgirl competition in San Diego, the country's biggest female breakin' competition.

↓ With the resurgence of '80s-style rock music, '80s clothing styles make a comeback of their own.



Babatunde Martins



Graylock.com/Retna, Ltd.

↑ The year's hottest foot fashion is the Australian-made Ugg boot, which stays cool in heat and warm in cold.

Reynier/Reuters/Landov

trends





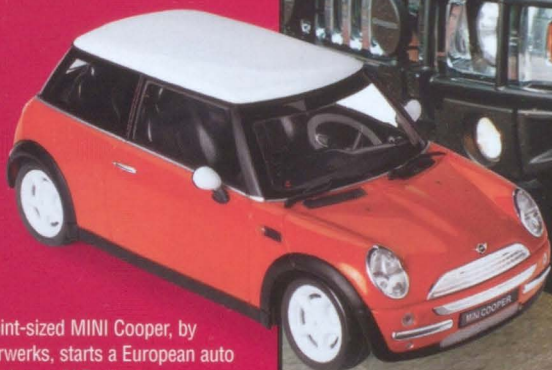
Mary Ann Chastain/AP/Wide World Photos

↑ The College Entrance Examination Board develops a revision of the SAT that tests for increased vocabulary and writing skills.



Ron Edmonds/AP/Wide World Photos

↑ The pint-sized MINI Cooper, by Motorwerks, starts a European auto revolution on U.S. streets.



Drivers find a spacious but expensive ride in the General Motors Hummer H2. In response to criticism, GM promises to release a more fuel-efficient version in the future.



AP/Wide World Photos

← To improve lunch and vending machine nutritional values, the U.S. Department of Agriculture issues tougher regulations for American schools.

lifestyle



Affordable, over-the-counter teeth whitening kits have consumers smiling, as they no longer have to visit the dentist for this cosmetic procedure.

Photodisc



← Avon, the world's largest direct seller of beauty products, introduces mark — a new cosmetic line intended for teens to sell.

David Parker/Omni-Photo Communications



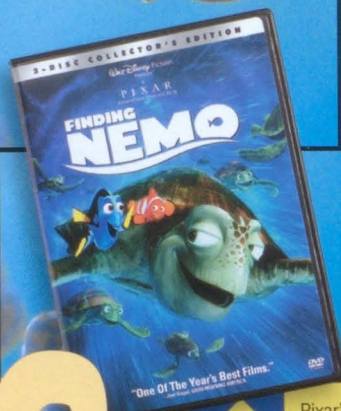
↑ In an effort to thwart counterfeiters, the U.S. Treasury releases a colorful new \$20 bill, with a background blend of blue, peach and green.



Wanted/Magnum Photos

← A new study reveals the Top 10 most dangerous U.S. occupations. Lumberjack tops the list.

MOVIES



Pixar's *Finding Nemo* swims to the top as the highest-grossing animated movie and top-selling DVD of all time in the United States.

→ Keira Knightley and Parminder Nagra get a kick out of breaking stereotypes on and off the soccer field in the British comedy *Bend It Like Beckham*.



→ The two most anticipated sequels of the year, *Matrix: Reloaded* and *Matrix: Revolutions* turn out to be major disappointments for fans and critics alike.



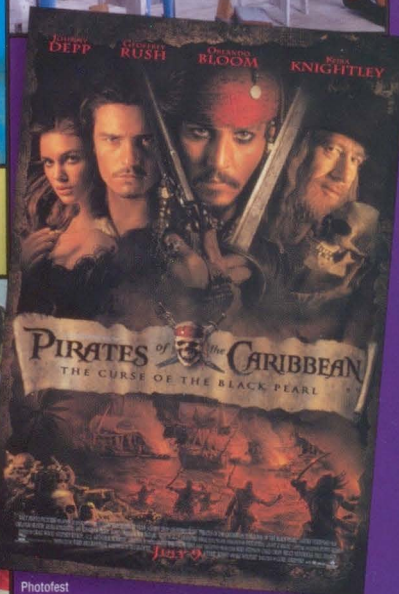
→ Tobey Maguire rides high in the successful summer flick *Seabiscuit*, nominated for an Academy Award for Best Picture.



← Bill Murray gives a career performance in *Lost in Translation*, from director and Golden Globe-winning screenwriter Sofia Coppola.



← Will Ferrell continues his comedic success in the heartwarming holiday hit *Elf*.



← Heartthrobs Johnny Depp and Orlando Bloom make Disney's *Pirates of the Caribbean: The Curse of the Black Pearl* a swashbuckling success.

Frodo and company complete their epic journey in *The Lord of the Rings: The Return of the King*, winner of the Golden Globe for Best Picture, Drama.

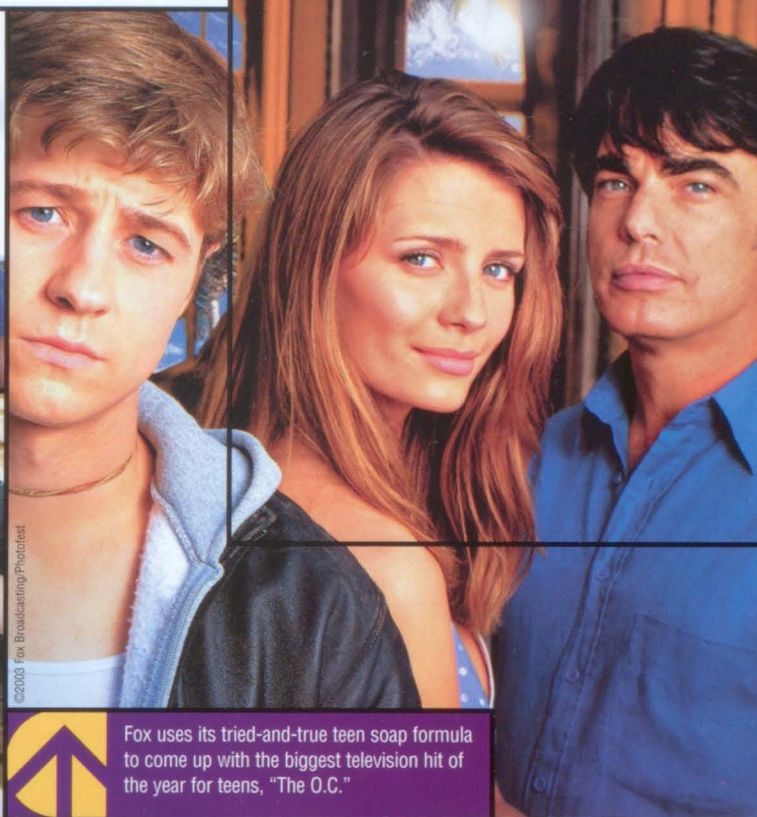
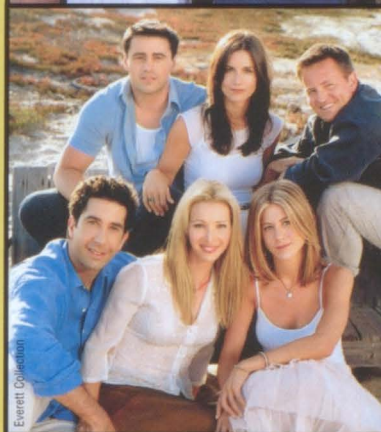
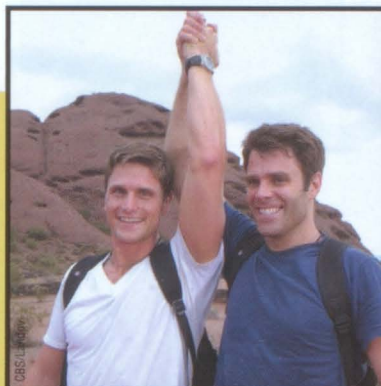


movies

→ The pulse-pounding CBS hit "The Amazing Race" wins the inaugural Emmy Award for Best Reality Program.

→ America bids farewell to the cast of "Friends" after the NBC sitcom's 10th and final season.

↓ In February 2004, CBS airs "Survivor: All-Stars," starring past "Survivor" winners and contestants.



Fox uses its tried-and-true teen soap formula to come up with the biggest television hit of the year for teens, "The O.C."

television



← Jessica Simpson, star of MTV's "Newlyweds" with husband Nick Lachey, makes entertainment headlines for mistaking Chicken of the Sea tuna for chicken.



Shows such as TLC's "Trading Spaces" and Bravo's "Queer Eye for the Straight Guy" create a new niche for the home improvement TV genre.



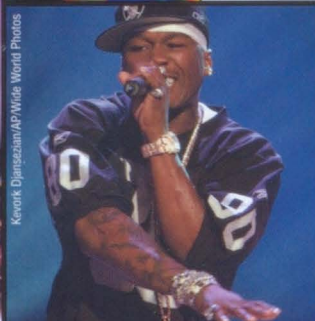
↑ Famous for "Three's Company" and star of ABC's "Eight Simple Rules for Dating My Teenage Daughter," actor John Ritter dies suddenly from heart failure in September.

← "Alias" star Jennifer Garner earns high viewer ratings for ABC TV and lights up the big screen in 13 Going on 30.

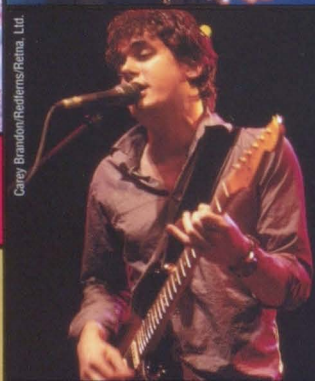
MUSIC



Kevin Dineen/AP/Wide World Photos



Carey Brandon/Redferns/Retna, Ltd.



← The legal battle between the music industry and music downloaders prompts lawsuits and online music purchasing outlets, while driving CD prices to their lowest point in a decade.

← According to Nielsen SoundScan, 50 Cent's debut, *Get Rich or Die Tryin'*, is 2003's best-selling album, with 6.5 million copies sold.

← Songwriter John Mayer wins a Grammy in 2003 for the album *Room for Squares* and follows it up with *Heavier Things*.



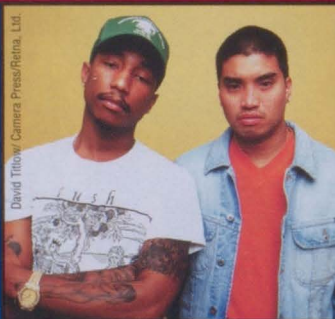
Zach Cordner/Redferns/Retna, Ltd.



Superstar Beyoncé Knowles stars on the big screen, releases a hit album, *Dangerously in Love*, and wins four *Billboard* Music Awards.

→ The Neptunes' Pharrell Williams and Chad Hugo receive three Grammy nominations as a production duo. Williams gets three more for collaborations with Snoop Dog and Jay-Z.

David Thibault/Camera Press/Retna, Ltd.



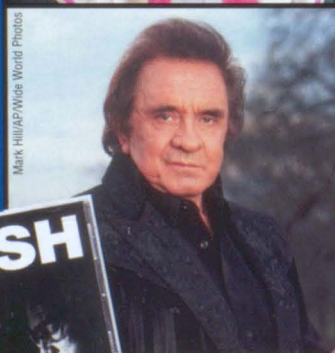
Frank Micelotta/Getty Images



→ OutKast's genre-busting album *Speakerboxxx/The Love Below*, featuring the infectious single "Hey Ya!," wins the Grammy for Album of the Year.

→ Country music legend Johnny Cash dies at 71, but wins three CMA awards posthumously, including Best Single for his remake of the Nine Inch Nails' "Hurt."

Mark Hill/AP/Wide World Photos



flash

Claiming that he has "had it with the rap game," Jay-Z, 33, retires after the release of *The Black Album*.



Coldplay claims the title of *Spin* magazine's Band of the Year, and the band's lead singer Chris Martin marries actress Gwyneth Paltrow.

Andy Cottrell/Camera Press/Retna, Ltd.



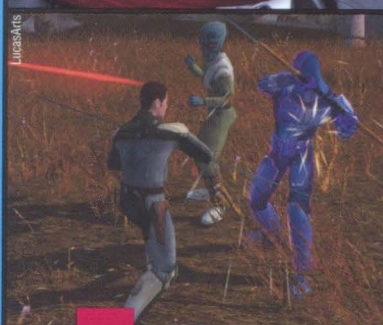
music

→ In December, Rolling Stones' legendary lead singer Mick Jagger, 60, is knighted by Prince Charles.



Camera Press/ROTA/Reina, Ltd.

→ Role-playing games like "Star Wars: Knights of the Old Republic" find mainstream success on consoles.



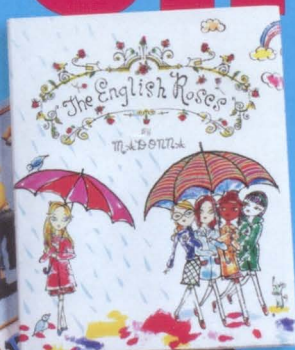
LucasArts



Cedar Point Amusement Park/Resort, Sandusky, Ohio

Cedar Point Amusement Park in Sandusky, Ohio, boasts the world's tallest, fastest roller coaster, the Top Thrill Dragster.

entertainment



← Pop diva-turned-author Madonna releases two children's books: *The English Roses* and *Mr. Peabody's Apples*. Her third book, *Yakov and the Seven Thieves*, arrives in late winter.

Two months after being mauled by a tiger, Roy Horn, half of the famed "Siegfried and Roy" wild animal entertainment act, is released from a Las Vegas hospital.

Ed Han Miller/Las Vegas Sun/Reuters NewMedia Inc./Corbis



Joan Marcus

← Hugh Jackman of *X2: X-Men United* showcases his singing ability on Broadway in *The Boy from Oz*.



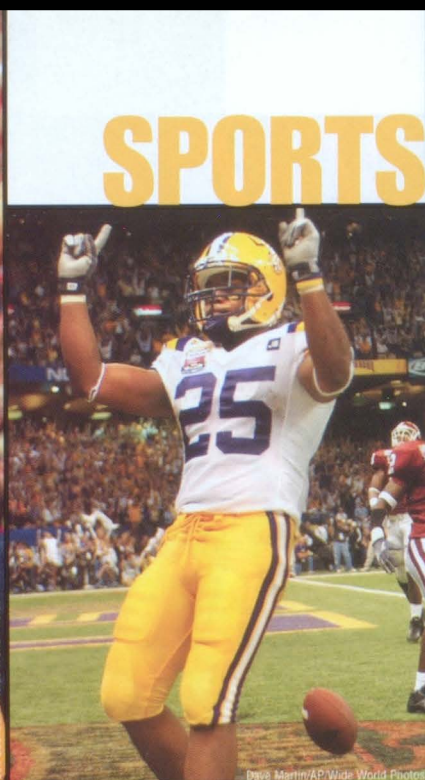
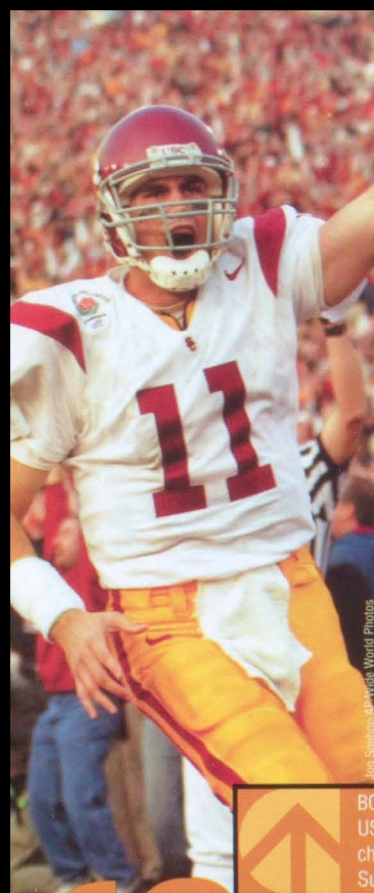
CBS/Landov

↑ On CBS's "Late Show" host David Letterman, 56, announces the November birth of his first child, a baby boy.

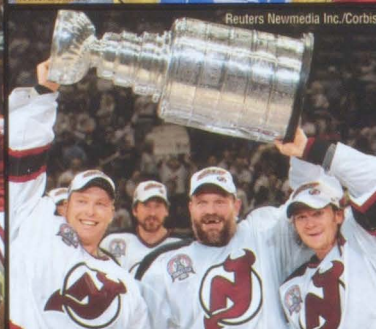
← After the success of his best-selling fantasy novel *Eragon*: *Inheritance*, author Christopher Paolini, 19, begins writing the much-anticipated sequel.



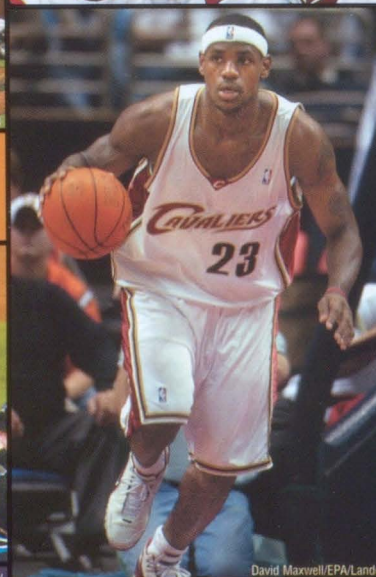
SPORTS



← Despite several crashes and severe dehydration, Lance Armstrong wins his fifth straight Tour de France by a mere 62 seconds.



← Behind the defensive brilliance of goalie Martin Brodeur, the New Jersey Devils win the 2003 NHL Stanley Cup by icing the Anaheim Mighty Ducks 3-0 in game seven.

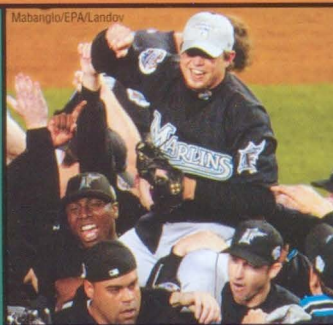


← High school phenomenon LeBron James, 19, is picked first in the 2003 NBA Draft by the Cleveland Cavaliers and enjoys instant success as a pro.

sports

BCS computers fail to invite the nation's No. 1 team, USC, to the 2004 championship game. The Rose Bowl champion USC Trojans share the national title with the Sugar Bowl champion LSU Tigers.

→ Led by MVP pitcher Josh Beckett, the Florida Marlins beat the heavily favored New York Yankees 2-0 in game six to win the 100th World Series.



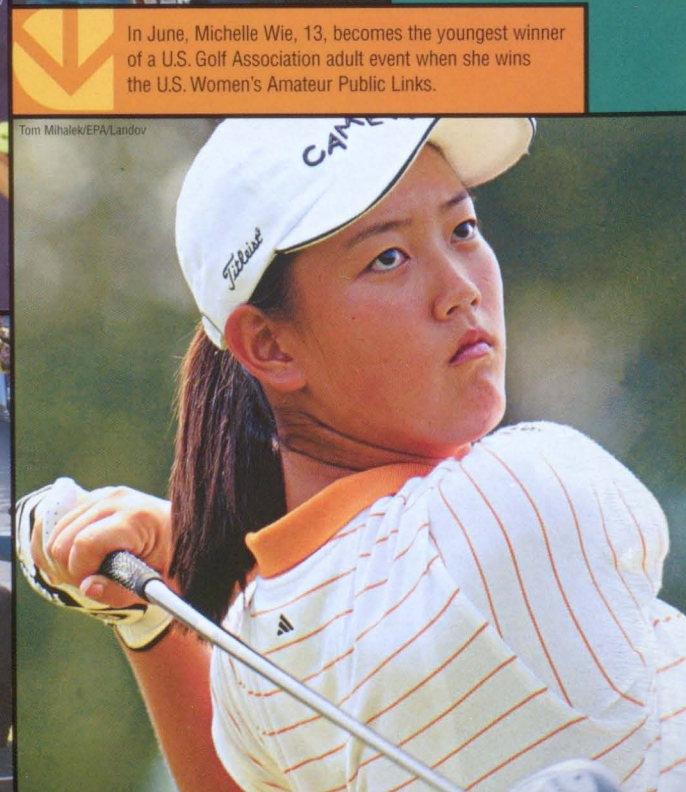
→ Tennis pro Andy Roddick, 21, also known as Mandy Moore's boyfriend, wins his first grand slam title at the U.S. Open in September.



→ In September, Kenya's Paul Tergat sets the world record in the Berlin Marathon, running the 26.2-mile course in just 2 hours, 4 minutes, 55 seconds.

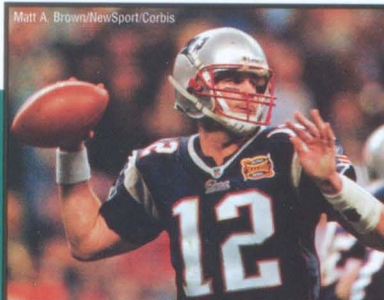


In June, Michelle Wie, 13, becomes the youngest winner of a U.S. Golf Association adult event when she wins the U.S. Women's Amateur Public Links.



→ The New England Patriots defeat the Carolina Panthers 32-29 with a field goal in the closing seconds to win Super Bowl XXXVIII.

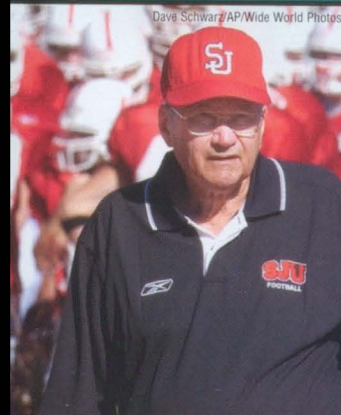
→ Due to a lack of revenue, the Women's United Soccer Association gets the boot after just three seasons.



Champion surfer Bethany Hamilton, 13, loses her arm in a shark attack. Just 10 weeks later, Hamilton places fifth in her age group at a National Scholastic Surfing Association meet in January 2004.

sports

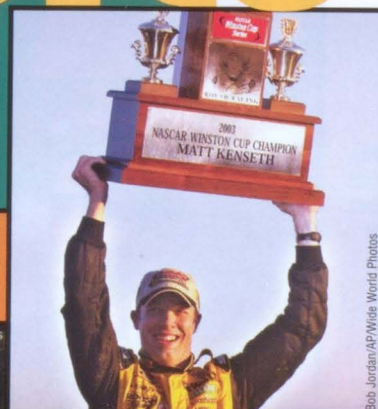
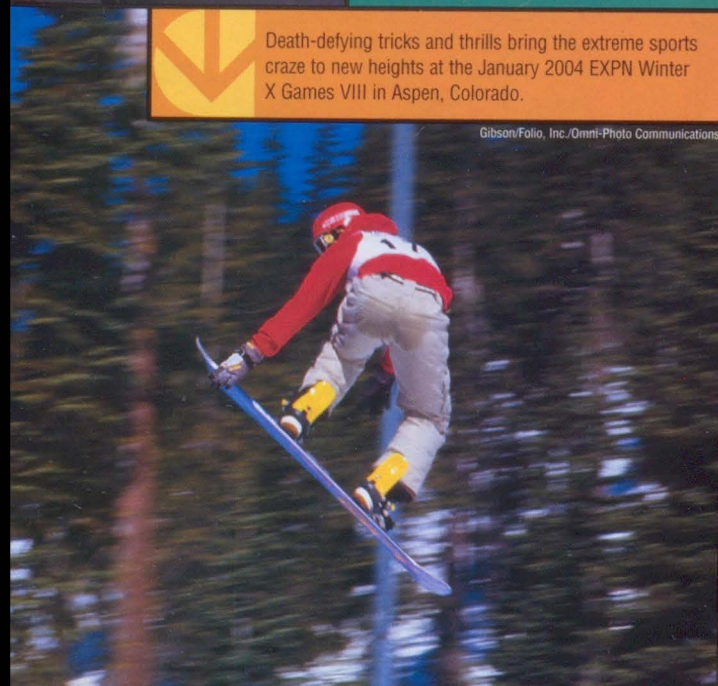
Dave Schwarz/AP/Wide World Photos



← St. John's University coach John Gagliardi, 77, leads his team to an undefeated NCAA Division III Football National Championship while also setting the NCAA Football record for coaching victories with 414.

Death-defying tricks and thrills bring the extreme sports craze to new heights at the January 2004 EXPN Winter X Games VIII in Aspen, Colorado.

Gibson/Folio, Inc./Omni-Photo Communications



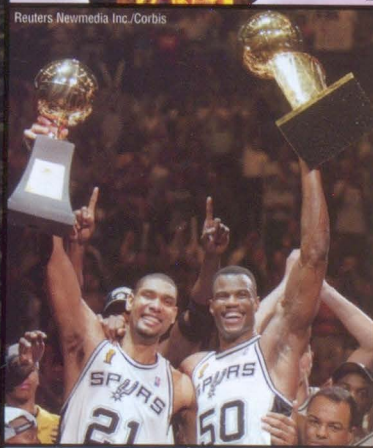
Reuters/Newmedia Inc./Corbis

← Matt Kenseth claims the NASCAR Winston Cup Series championship, after leading the standings through a record 33 races.



Gary Bogdan/NewSport/Corbis

↑ Freddie Adu, 14, becomes the youngest American pro team athlete in over 100 years when he signs with D.C. United of Major League Soccer.



← League MVP Tim Duncan and David Robinson — in his final game — lead the San Antonio Spurs to the 2003 NBA title with a 4-2 series win over the New Jersey Nets.

Faces



← In October, Mother Teresa of Calcutta is beatified by Pope John Paul II in Vatican City. This marks the final step before sainthood in the Roman Catholic Church.

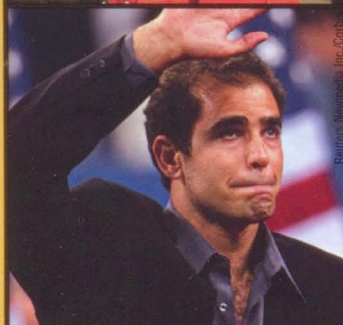
America loses three entertainment icons with the deaths of comedian Bob Hope, actress Katharine Hepburn and actor Gregory Peck.

→ In his first of a number of trials in several states, a Virginia jury sentences D.C. area sniper Lee Boyd Malvo, 18, to life without parole.



↑ The Pentagon releases decks of 55 cards to U.S. soldiers that feature the most-wanted Iraqi leaders. Dictator Saddam Hussein is the Ace of Spades.

→ After winning 64 career titles, including 14 grand slam events, and a record six years ranked No. 1, tennis great Pete Sampras retires at the U.S. Open in August.



→ Teen star Hilary Duff tops off her successful movie debut, *The Lizzie McGuire Movie*, with a hit pop album, *Metamorphosis*, and a nationwide tour.



After being abducted for nine months, Elizabeth Smart is rescued and returns home in March 2003. Her story is made into a TV movie that airs later in the fall.

